

The Post and Courier Coupon Variations 8/07, We only received (3) inserts.

(1) RedPlum

(2) SmartSource

(1) Target insert – DID NOT RECEIVE

RedPlum 8/07

\$1/2 Ball Park franks (exp 9/2)

.75/1 Ball Park Angus beef franks (exp 9/2)

.75/2 Ball Park franks (exp 9/2)

.55/1 Ball Park buns (exp 9/2)

\$1 off Cesar treats (exp 9/18)

B3G1 Cesar Canine Cuisine entress, max \$1.19 (exp 10/31)

\$1 off Cramp 911 product, 4.5 mL (exp 7/31/12)

\$3 off Cramp 911 product, 21 mL (exp 7/31/12)

\$10 off Dermal Silk Face Lift (exp 8/31)

.35/1 Dial bar or liquid hand soap (exp 8/30)

\$1/2 Dial body wash, excl trial size (exp 8/30)

\$1 off Disney vitamin (exp 9/20)

\$1 off Emerald Breakfast on the Go, 7.5 oz + (exp 10/2)

\$2 off Ester-C tablet, gummy or powder (exp 9/20)

\$10 off DermaSilk Five Minute face lift or 90 Second eye lift (exp 8/31)

\$1 off Emerald Breakfast on the Go Product 7.5 oz + (exp 10/02)

\$1/2 Five Star product (exp 9/30)

\$2 off Five Star binder (exp 9/30)

\$4 off Flex-a-min product (exp 9/20)

\$2 off Garnier moisturizer (exp 9/18)

\$2 off Garnier Nutrisse shade or Multi-Lights kit (exp 9/17)

\$3 off Garnier Herbashine (exp 9/17)

.50/1 Goya ripe plantains (exp 11/15)

\$1 off Goya rice mix (exp 11/15)

\$1 off Herbal Essences or Aussie product, excl trial size (exp 9/30)

\$2 off i-cool for menopause or i-cool+D for menopause + bone cooling (exp 10/31)

\$1 off IHOP At Home frozen breakfast item (exp 10/7)

\$1.50/2 Jimmy Dean Sausage Rolls (Exp 9/30)

\$1/2 Keebler cookies, 6.6 oz + (exp 10/2)

\$1/2 Keebler or Sunshine multipk, 11.52 oz + (exp 10/2)

\$1/2 Kellogg's cereals, 8.7 oz + (exp 9/18)

\$1/2 Kellogg's Eggos frozen product, 5.3 oz + (exp 10/2)

\$1/2 Kellogg's fruit flavored snacks, 10 ct. + (exp 10/2)

\$1/2 Kellogg's Nutri-Grain cereal bars, 6 ct. + (exp 10/2)

\$1/2 Kellogg's Rice Krispies treats, 8 ct. + (exp 10/2)

\$1 off Kettle brand potato chips, 4 oz (exp 10/1)

\$1 off Kettle brand potato chips, 5 oz + (exp 10/1)

\$1 off L'Oreal Paris lip product (exp 10/2)

\$1 off L'Oreal skincare (exp 10/2)

\$2 off L'Oreal Paris Infallible lip product (exp 10/2)

\$3/2 L'Oreal skincare (exp 10/2)

\$1 off Loctite Control super glue (exp 9/10)

\$1 off Maybelline New York eyeshadow or eyeliner (exp 10/17)
\$1 off Maybelline New York mascara (exp 10/17)
\$2/2 Met-Rx Big 100 bars (exp 9/17)
\$2/2 Met-Rx Protein Plus bars (exp 9/17)
\$1/2 MorningStar Farms Veggie Foods product (exp 10/2)
\$3 off Nature's Bounty Co Q-10 supplement (exp 9/20)
\$2 off Nature's Bounty letter vitamin (exp 9/20)
\$2 off Nature's Bounty Your Life multivitamin (exp 9/20)
\$1 off Nutra nail product (exp 10/31)
\$7 off Osteo Bi-Flex caplet, softgel or powder (exp 9/20)
\$1 off Pedigree dry dog food, 3.15 lb + (exp 9/11)
\$1 off Pedigree Little Champions pouches 8-12 ct, (6) singles, or 13.2 oz cans (exp 9/11)
\$1 off Pedigree dog treats (exp 9/11)
\$2 off Polident product (exp 9/11)
\$1 off Poligrip product (exp 10/8)
.50/1 Purex laundry detergent, 50 oz + (exp 8/20)
\$3/3 Purina Tidy Cats jugs, 14 lb (exp 11/7)
B2G1 Renuzit Adjustables air fresheners, max \$4.17 (exp 8/21)
\$1 off Sara Lee deli meat from the deli counter, .5 lb + (exp 9/30)
\$1 off Sara Lee Pre-Sliced meat (exp 9/30)
\$1 off Sara Lee Sweet Goods product (exp 10/31)
.55/1 Smuckers fruit spread products (exp 10/7)
\$1.50 off Soft Scrub product (exp 9/14)
\$1 off Sundown or Marvel vitamin or supplement (exp 9/20)
\$2 off Sundown fish oil or Co Q-10 (exp 9/20)
\$1 off Tropicana Pure Premium Product (exp 9/30)
\$1/2 Waverly Paper Products (exp 12/18)
\$4 off Zyrtec product, 24 ct. + (exp 9/30)
\$6 off Zyrtec product, 24 ct. + (exp 8/14)

SmartSource 8/07

\$1 off Alpine Lace deli cheese, 1 lb (exp 9/30)
\$1/2 Alpine Lace deli cheese (exp 9/30)
\$1 off Avery heavy duty binder (exp 9/30)
.40/1 Ban deodorant, 1.5 oz + (exp 10/9)
\$1 off Ban solid deodorant (exp 10/9)
\$1 off Bissell Carpet Cleaning powder or foam (exp 9/30)
.55/1 Blue Diamond Almondmilk (exp 11/30)
.50/1 Carolina Pride Jumbo Franks (exp 12/30)
.50/1 Carolina Pride Bun Size Franks (exp 12/30)
.35/1 Chef Boyardee Cans or Microwave Pastas (exp 9/18)
\$2 off Clairol hair color (exp 9/30)
\$1 off Clear Eye Product (exp 11/30)
.75/1 Command product (exp 9/11)
\$1 off Dannon Activia yogurt, 12 pk. (exp 9/10)
\$1/3 Dannon Activia Selects yogurt (exp 9/10)
.50/1 Dole canned juice, 46 oz or 6 oz 6 pk. (exp 11/30)

\$1.25/30 Fancy Feast cans, 3 oz (exp 11/6)
B3G1 Fancy Feast Gravy Lovers cans, 3 oz, max .80 (exp 11/6)
\$1/2 GUM oral care products (exp 10/31)
.55/1 Hormel Compleats microwave meal (exp 10/10)
\$1 off Joint Juice product (exp 10/7)
\$1.50/2 Kotex liners, 33 ct. + (exp 9/17)
\$1.50/2 Kotex security tampons (exp 9/17)
\$2/2 Kotex pads (exp 9/17)
\$1/2 Land O Lakes Eggs (exp 9/30)
.50/2 Land O Lakes Butter (exp 9/30)
.75/1 Land O Lakes Cinnamon Sugar Butter Spread (exp 9/30)
.40/1 Land O Lakes Spreadable Butter (Exp 9/30)
.75/1 L'Oreal Vive Pro shampoo or conditioner (exp 10/2)
\$1 off L'Oreal Studio Line stylant or Vive Pro Glossy stylant (exp 10/2)
\$1 off Lysol disinfectant spray, 12 oz + (exp 9/6)
\$1 off Lysol Neutra Air fabric mist or aerosol can (exp 9/6)
\$1/2 Lysol Bathroom or All Purpose cleaners (exp 9/6)
\$1/2 Lysol Disinfecting wipes (exp 9/6)
\$1/2 Lysol Toilet Bowl cleaner or No Mess Automatic Toilet Bowl cleaner (exp 9/6)
\$3 off Lysol No-Touch hand soap system (exp 9/6)
.75/1 Mariani dried fruit snack, 3 oz + (exp 10/31)
\$1 off Mayfield Dairy Nutty Buddy SuperScoops (Exp 9/30)
.75/2 Nabisco cookies or crackers (exp 9/5)
.50/1 Old El Paso product, excl refrigerated, frozen or soup (exp 10/1)
\$1 off Oscar Mayer Carving Board meat (exp 9/18)
.35/1 Pam cooking spray (exp 9/18)
\$1 off Paseo bath tissue 12 roll or paper towels 8 roll (exp 11/30)
.50/1 Peter Pan Peanut Butter or Spread and 1 loaf of Bimbo Bread (exp 9/18)
.50/1 Kraft Philadelphia Minis, 4 pk. (exp 9/9)
\$10 off Philips Sonicare rechargeable toothbrush, excl Xtreme battery (exp 11/30)
\$15 off Philips Sonicare DiamondClean FlexCare toothbrush (exp 11/30)
\$5 off Philips Sonicare multipk brush heads or Xtreme toothbrush (exp 11/30)
\$1 off Purina Beneful Snackin' Slices (exp 11/7)
\$2 off Purina Beneful Healthy Fiesta (exp 11/1)
B4G2 Purina Beneful Prepared Meals tubs, max \$4.58 (exp 11/1)
.75/1 Schick Hydro shave gel (exp 9/18)
\$2 off Schick Hydro razor (exp 9/18)
\$2 off Schick Hydro refill (exp 9/18)
.50/1 Scotch packaging tape (exp 12/31)
\$1/2 Scotch Magic Greener tape (exp 11/18)
\$1/2 Scotch Pop-Up tape products (exp 12/31)
\$1/3 Scotch Magic tape products (exp 11/18)
\$1/3 Scotch Magic tape rolls (exp 12/31)
\$2 off Scotch Easy-Grip packaging tape dispenser (exp 12/31)
\$1.50 off Springer Mountain Farms Fresh Chicken (Exp 11/30)
.45/3 Snack Pack Pudding varieties (Exp 9/18)
\$1 off St Joseph 81mg Aspirin (Exp 12/07)
.25/1 SunnyD product (exp 11/30)

[\\$1/2 Laughing Cow cheese wedges or Mini Babybel cheese \(exp 10/31\)](#)
[\\$1/3 Trident, Stride or Dentyne gum, multipk or bottles \(exp 10/2\)](#)
[.75/1 Twizzlers candy, 10 oz + \(exp 10/31\)](#)
[\\$1 off Tyson Any'tizers snacks \(exp 11/13\)](#)
[\\$1 off Tyson Any'tizers snacks \(exp 11/13\)](#)
[.50/1 Campbell's V8 vegetable juice, 46 oz + \(exp 9/18\)](#)
[.50/1 Campbell's V8 V-Fusion juice, 46 oz + \(exp 9/18\)](#)
[\\$1.50 off Campbell's V8 vegetable juice, 5.5 or 11.5 oz can 6 pk. \(exp 9/18\)](#)
[\\$1 off Campbell's V8 V-Fusion tea, 46 oz or 8 oz 6 pk. \(exp 9/18\)](#)
[\\$1/10 Weight Watchers Smart Ones \(exp 4/30\)](#)
[\\$1/2 Weight Watchers Smart Ones Satisfying Selections product \(exp 4/30\)](#)
[\\$1 off Woolite detergent, 50 oz + \(exp 9/18\)](#)
[\\$3 off Zegerid OTC product \(exp 10/2\)](#)
[\\$6 off Zegerid OTC product, 42 ct. \(exp 10/2\)](#)
[\\$1.50 off Ziploc containers \(exp 9/17\)](#)
[\\$1/2 Ziploc bags \(exp 9/17\)](#)

SmartSource 8/07

[.40/1 Betty Crocker cookie mix, 17.5 oz + \(exp 10/1\)](#)
[.50/2 Betty Crocker Fruit shapes, by the Foot, Gushers or Roll-Ups \(exp 10/1\)](#)
[.75/2 Betty Crocker SuperMoist cake mix AND Ready to Spread frosting \(exp 10/1\)](#)
[.75/2 Betty Crocker Supreme Brownie or Dessert Bar mix \(exp 10/1\)](#)
[.50/1 Bisquick baking mix 20 oz + or Shake 'n Pour 10.6 oz \(exp 10/1\)](#)
[\\$1/3 General Mills select cereals \(exp 9/17\)](#)
[.50/2 General Mills Chex Mix Reg or 100 Cal, 4.5 oz + \(exp 10/1\)](#)
[.40/1 General Mills Fiber One Chewy bars or 90 Cal Brownies \(exp 10/1\)](#)
[.75/1 General Mills Fiber One 90 Cal brownies \(exp 10/1\)](#)
[\\$1/5 Betty Crocker Hamburger, Tuna or Chicken Helper \(exp 10/1\)](#)
[\\$1/5 Betty Crocker Hamburger, Tuna or Chicken Helper \(exp 10/1\)](#)
[.75/1 Nature Valley Granola Thins \(exp 10/1\)](#)
[.75/2 Nature Valley Granola bars 6 ct. + or Granola Nut Clusters \(exp 10/1\)](#)
[\\$1 off Old El Paso Tortilla Stuffers microwavable meal \(exp 10/1\)](#)
[.30/2 Pillsbury Grands refrigerated biscuits \(exp 10/29\)](#)
[.40/1 Pillsbury pizza crust wyb breadsticks, loaves or dinner rolls \(exp 10/29\)](#)
[.40/2 Pillsbury Crescent dinner rolls \(exp 10/20\)](#)
[.50/2 Pillsbury Reg or Grands Sweet rolls \(exp 10/29\)](#)
[.75/2 Pillsbury Cookie dough \(exp 10/29\)](#)
[\\$1 off Pillsbury Sweet Moments desserts \(exp 10/29\)](#)
[.50/2 Pillsbury Toaster Strudel, Toaster Scrambles, or Pancakes \(exp 10/29\)](#)
[\\$1/4 Progresso soup \(exp 10/1\)](#)
[.40/2 Totino's pizza rolls \(exp 10/29\)](#)
[.60/3 Totino's Crisp Crust Party pizza \(exp 10/29\)](#)
[.50/1 General Mills Cereal bars \(exp 10/1\)](#)
[.50/1 Yoplait yogurt, multipk \(exp 10/1\)](#)
[.50/1 Yoplait Original or Light yogurt, 4 pk. \(exp 10/1\)](#)
[.75/1 Yoplait Frozen smoothie \(exp 10/1\)](#)

.75/1 Yoplait Light Parfait yogurt (exp 10/1)
.75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk or Splitz yogurt (exp 10/1)
.75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk or Splitz yogurt (exp 10/1)
.40/6 Yoplait yogurt cups (exp 10/1)
.50/8 Yoplait yogurt cups (exp 10/1)

Target Insert 8/07

\$1 off all laundry detergent, excl trial size
.75/1 Bertolli pasta sauce, 15 oz +
\$1.50 off Bertolli frozen meal, 21.7-24 oz
\$1 off Dove shampoo, conditioner or hairspray, excl trial size
\$1 off Dove Ultimate deodorant, excl trial size
\$1 off Kleenex facial tissue, 4-6 pk, excl pocket pk.
\$1.50 off Pond's facial care, excl trial size
\$1 off Q-tips cotton swabs, 285 ct. +
Free Ziploc 4 ct. med. square container wyb (3) select SC Johnson products
.75/1 Skippy peanut butter, 15 oz +
\$1 off Snuggle fabric softener liquid or sheets, excl trial size
\$1 off Surf laundry detergent powder
\$1.50 off Viva paper towels, 8 pk. +
\$1.50/2 Wish-Bone dressing, 7 oz +
\$1 off Wisk liquid laundry detergent, excl trial size