

PATRICK MELVILLE TIPS:

What cut will create the most volume for fine, long hair? What should we ask for at the salon?

“The cut that is best for fine long hair is a cut that has long layers ... some softer shorter pieces around the face. Also add a sweeping fringe that sweeps to the side and will create a lot of versatility and give hair maximum volume. Products are key such as lightweight volumizing spray at the root because as you know, volume comes from the root. Be careful and make sure to tell your stylist to keep the layers long as layers can also thin the hair if too short.”

I have long black hair that used to be shiny and silky, now it has lost some of its luster. How can I get it back?

“The best way to get back luster is to use the **Aveeno Nourish+ Shine Shampoo and Conditioner** along with the **Aveeno Living Color Shine Glaze** which can be used on all hair types. This will give you maximum shine and close the cuticle and boost the life back into your hair.”

I'd love to hear Patrick Melville's specifics on hair care for extensions and hair care for mixed hair (like hair for half black / half Hispanic, Hispanic hair care problems)

“The best way to treat extensions is to make sure they do not stay in too long or grow out too much as this will put stress on your own hair when using styling tools. Best way to take care of them is to be sure to condition the every time you shampoo and to use the **Aveeno Nourish+ Leave in Conditioner** before styling. This will make the extensions more manageable and will lock in moisture. This also applies to African American hair or Hispanic hair as it tends to be drier by nature and coarser. Like your skin, when its dry you need to apply more moisture. The leave in conditioner locks in moisture and helps elasticity to lessen breakage.”

I'd love to get the scoop from Patrick about how to make thin hair look thicker. Mine just gets super stringy as it grows longer. It's awful!

“Make sure you trim your hair on a regular basis and do not use any type of oil or silicone based products. You want to use a volumizing spray and apply a lightweight styling glaze to damp hair before blowing dry. Do not over blow dry and when you are finished use the **Aveeno Nourish+ Style Fortifying Hairspray** to create fullness and body, making hair swell and look thicker.”

Does Patrick have any hairstyle tips to get women over 40 out of the hair "frump"? Maybe some tips on how to update a look. Most images and tips I get are for young women, so I'd love some for "older" women.

“As you may know, women over 40 do not have to cut off their hair to look less frumpy. I suggest cutting the hair to the collarbone with some longer layers. This will give the hair some energy and still allow you to be very versatile with styling options. For example this cut allows you to put your hair back into a low chignon or a French twist. This will still give you that soft sexy look without having to cut off your locks while still being youthful and feminine.”