

## RedPlum 1/08

[\\$1/12 9Lives canned cat food \(3/10\)](#)

~~\$1/2 Always or Tampax (Target coupon) (exp 4/1)~~

~~\$1 off Arrowhead sparkling mountain spring water, .5 L 6 pk. or (2) 1 L (exp 2/19)~~

\$1 off Axe 4 oz bodyspray, 2.7 or 3 oz deodorant, excl trial sizes (exp 2/4)

B1G1 Axe shower gel or detailer, max \$5.99 (exp 1/22)

\$1 off Beano Meltaways (exp 3/31)

\$1 off Beano product (exp 3/31)

[.55/1 Bigelow product \(3/31\)](#)

[\\$1/1 Carbona 2 in 1 carpet cleaner \(4/7\)](#)

[\\$1/1 Carbona 2 in 1 steam carpet cleaner \(4/7\)](#)

[\\$1/1 Carbona 2 in 1 oven rack and grill cleaner \(4/7\)](#)

[\\$1/1 Carbona oven cleaner \(4/7\)](#)

[\\$1/1 Carbona ceramic cooktop cleaner \(4/7\)](#)

[\\$1/1 Carbona household cleaner \(4/7\)](#)

~~\$2.50 off Clearblue ovulation or pregnancy test (Target coupon) (exp 4/1)~~

[\\$1/2 Del Monte fruit cups \(3/31\)](#)

\$1 off Diabetic Tussin product, 8 oz (exp 3/31)

\$1/2 Emerald 100 calorie packs (exp 3/4)

\$.75/1 Emerald Breakfast on the go! or nuts canister, 7.5 oz + (exp 3/4)

~~\$2 off FiberChoice product (exp 2/28)~~

\$3 off Garnier HerbaShine color creme (exp 2/19)

\$2 off Garnier moisturizer (exp 4/8)

[\\$1 off Hunt's Manwich AND Sara Lee soft and smooth buns \(2/18\)](#)

\$.55/1 Jimmy Dean product, excl rolls (exp 2/19)

[\\$1/2 Jimmy Dean rolls \(exp 2/19\)](#)

[\\$1/3 Kellogg's Cereals \(2/19\)](#)

\$1 off Kettle Baked Potato Chips, 4 oz bag (exp 3/17)

\$1 off Kettle Reduced Fat Potato Chips, 8 oz bag (exp 3/17)

\$1 off Kibbles 'n Bits dry dog food (exp 2/4)

\$3 off L'Oreal shade of Preference (exp 3/4)

~~\$2 off Maybelline face product (exp 3/8)~~

~~\$1 off Maybelline mascara (exp 3/8)~~

\$1/2 MET-Rx Big 100 or Protein Plus bars (exp 2/29)

\$2 off Multi-betic diabetes multi-vitamin/mineral (exp 3/31)

~~\$7 off Nature's Bounty Co Q-10 Ubiquinol (exp 2/21)~~

[\\$1 off Nature's Bounty vitamin or supplement \(exp 2/17\)](#)

\$.75/1 Newman's Own lite salad dressing (exp 2/18)

\$1 off Pepto, DayQuil, Vapo, NyQuil or Prilosec OTC (Target coupon) (exp 4/1)

[\\$1/1 Perdue simply smart chicken product \(3/4\)](#)

~~\$5 off PUR faucet mount system AND replacement pk. (Target coupon) (exp 4/1)~~

\$1/2 Pure Protein bars (exp 2/18)

\$1 off Pure Protein powder or drink (exp 2/18)

[.75/2 Quaker chewy granola or smashbar bars \(2/18\)](#)

[.50/3 Scotties facial tissues \(2/11\)](#)

\$1 off Suave body lotion, 18 oz +,

[\\$.50/1 Suave deodorant, excl trial sizes \(exp 2/5\)](#)

\$1/2 Suave Kid's hair products, excl trial size (exp 2/5)

\$1/2 Suave Men's hair products, excl trial size (exp 2/5)

B2G1 Suave Naturals or Men's body wash, excl trial size, max \$4 (exp 2/5)

\$1/2 Suave Professionals hair products, excl trial size (exp 2/5)

[B1G1 Temptations treats for cats \(2/18\)](#)

.75/1 Truvia natural sweetener (exp 5/31)

\$1 off Truvia natural sweetener (exp 3/31)

[B3G1 Uncle Ben's ready rice \(3/5\)](#)

[Free Zephyrhills spring water 1 liter wyb sparkling water 1 liter \(2/19\)](#)

## SmartSource 1/08 – Ken's Dressing

\$2 off Afrin nasal spray (exp 2/5)

\$2 off Airborne product (exp 4/1)

[\\$1/2 Barilla whole grain pasta \(exp 3/4\)](#)

\$5 off Bausch+Lomb OcuVite (exp 3/31)

\$1 off Benefiber product (exp 2/25)

\$5/2 Benefiber products (exp 2/25)

\$3/2 Benefiber, Gas-X, Prevacid 24 Hour, Maalox Advanced (exp 3/29)

B1G1 BIC disposable razor, up to \$6.99 (exp 2/5)

~~\$1 off Biotrue multi-purpose solution (exp 2/8)~~

~~\$3 off Biotrue multi-purpose solution, twin pk. (exp 2/8)~~

\$1/2 Boca meatless product (exp 3/4)

[.50/1 Chi-Chi's salsa or snackers salsa and cheese cups \(3/4\)](#)

[.50/1 Chi-Chi's tortillas \(3/4\)](#)

\$1 off Cepacol product (exp 2/19)

\$1 off Delsym children's or adult product (exp 2/29)

[.55/1 DenTek flosser or interdental cleaner \(3/4\)](#)

[\\$2/1 DenTek dental guard \(3/4\)](#)

\$.75/1 Dole All Natural Fruit in 100% Juice (exp 3/31)

\$1/2 Dole frozen fruit single-serve cups (exp 4/1)

\$.75/2 Dole Fruit Bowls Fruit in 100% Juice (exp 3/31)

[\\$1/1 Dole real fruit bites \(4/1\)](#)

\$1 off EatSmart naturals snack, 4 oz + (exp 2/29)

[\\$3/1 e.p.t. product \(4/9\)](#)

\$1.50 off Excedrin product, 80 ct. + (exp 2/25)

\$1 off Excedrin product, 20 ct. + (exp 2/25)

~~\$1 off Foster Farms boneless & skinless fresh chicken breast (exp 3/31)~~

\$1 off Gas-X Prevention (exp 4/14)

\$1 off Gas-X product (exp 4/14)

\$3 off Glucerna Hunger Smart (exp 2/29)

\$2.50/2 Glucerna products (exp 2/29)

Free Hershey's Air Delight bar wyb any milk chocolate bar, max \$1.19 (exp 2/8)

\$1/2 Hershey's Kisses, 9.4 oz + (exp 2/8)

.50/1 Hormel Natural Choice deli sandwich meat (exp 3/2)

~~\$1 off International Delight coffee creamer singles (exp 2/28)~~

~~.75/1 International Delight pint or quart (exp 2/28)~~

\$1/2 Jamba frozen smoothies, 8 oz (exp 3/31)

.60/1 Jell-O refrigerated snacks (exp 2/28)

[\\$1/1 Kemps frozen yogurt \(2/18\)](#)

[\\$1/2 Ken's dressing, 16 oz \(exp 2/28\)](#)

[\\$1/1 Ken's Marinade \(2/28\)](#)

[B2G1 Ken's dressing, 9 oz \(2/28\)](#)

[\\$1/1 Kids Relief product \(3/31\)](#)

[\\$1 off Land O Lakes cheese 1 lb or 2 packages \(2/29\)](#)

\$1/2 The Laughing Cow Mini Babybel (exp 3/31)

~~\$1.50/3 La Victoria products, 12-oz + (exp 3/4)~~

\$1 off Maalox Advanced (exp 4/7)

\$2.50/2 Maalox Advanced (exp 4/7)

~~.50/1 Mariani dried fruit snack (exp 2/29)~~

\$1 off Method dish product (exp 3/31)

\$2 off Method laundry product (exp 3/31)

~~.75/1 Mitchum men or women, excl trial sizes (exp 2/12)~~

[\\$3/1 Monistat product](#)

[\\$3/3 Nabisco select cookies and crackers \(exp 1/27\)](#)

~~\$3 off Nature's Bounty Fish Oil (exp 2/21)~~

~~\$2 off Nature's Bounty Hair, Skin and Nails (exp 2/21)~~

~~\$1 off Nature's Bounty vitamin or supplement (exp 2/21)~~

~~.15/1 Odwalla bar (exp 4/15)~~

~~.55/1 Odwalla beverage, 12 oz (exp 4/15)~~

\$1 off Planters Nut-rition, 8.75-10.25 oz (exp 3/31)

[\\$1 off Planters Nut-rition bars or big nut bars \(exp 3/31\)](#)

\$7/2 Prevacid 24 hour products, 28 or 42 ct. (exp 1/28)

\$1.50/10 Purina Alpo cans (exp 2/20)

\$2 off Purina Alpo variety pk., 8 ct. + (exp 2/20)

\$2/2 Purina Beggin' Strips (exp 4/8)

\$2/2 Purina Busy dog chew (exp 4/8)

.75/1 Resolve carpet cleaner (exp 2/29)

\$3 off Resolve Easy carpet cleaner (exp 2/29)

[\\$1/2 Resolve laundry pre-treat products \(2/19\)](#)

\$5 off Schiff Move Free product (exp 4/30)

\$2/2 Scrubbing Bubbles One Step toilet bowl cleaner refills (exp 2/28)

\$4 off Scrubbing Bubbles One Step toilet bowl cleaner starter kit (exp 2/18)

[.75/1 Silk quart or larger or multipack \(2/8\)](#)

\$1/2 Smart Balance buttery spreads or sticks (exp 2/22)

.75/1 Smart Balance cooking oil or spray (exp 2/22)

\$1 off Smart Balance enhanced milk (exp 2/22)

.75/1 Smart Balance omega plus light mayonnaise dressing (exp 2/22)

.75/1 Smart Balance rich roast peanut butters (exp 2/22)

\$.55/1 Sunsweet Plumsmart or Light (exp 3/31)

\$1 off Tena product (exp 4/30)

[.75/1 Tetley tea box \(2/29\)](#)

~~\$1/3 Trident single packs (exp 3/4)~~

[\\$1/1 Tyson grilled and ready frozen product \(4/8\)](#)

[.55/1 Tyson grilled and ready refrigerated product \(4/8\)](#)

[\\$1/2 Valley Fresh chicken breast \(2/29\)](#)

[\\$1/2 Zest products – 3 bars or body wash \(2/5\)](#)

[\\$1/2 Zest body wash 18 oz. \(2/5\)](#)

## SmartSource 1/08 – Healthy Essentials

- \$2/\$5 3M Post-it label purchase (exp 3/5)
- \$2/\$5 3M Post-it note dispenser purchase (exp 3/5)
- \$1/\$5 3M Post-it Super Sticky notes purchase (exp 3/5)
- \$2/\$5 3M Post-it tabs, flags or pocket product purchase (exp 3/5)
- ~~\$.75/2 3M Scotch-Brite scrub sponge, 3 pk. (exp 2/29)~~
- \$2 off Aveeno facial care product, excl trial sizes and cleansing bars (exp 2/29)
- \$2 off Aveeno hair care or body wash product, excl trial sizes (exp 2/29)
- \$1 off Aveeno hand & body lotion or baby product (exp 2/29)
- \$1.50 off Band-Aid AND Neosporin products, excl trial sizes (exp 3/31)
- \$2 off Bengay product, excl trial sizes (exp 4/1)
- \$1 off BIC stationery product (exp 2/15)
- .50/1 Birds Eye Steamfresh Chef's favorites variety (exp 2/26)
- \$5 off Bob Harper's Smart Weight Loss, 72 ct. (exp 3/8)
- [\\$1/1 Bubba burger \(2/12\) – Publix coupon](#)
- \$1/2 Campbell's Chunky soup or Chunky Chili (exp 2/19)
- \$.40/4 Campbell's condensed chicken noodle & tomato soups (exp 3/15)
- \$.40/2 Campbell's select condensed soups (exp 3/15)
- \$.50/2 Campbell's microwavable bowls or Soup at Hand varieties (exp 3/15)
- \$1/2 Campbell's Select Harvest soup (exp 2/19)
- \$1 off Campbell's Slow Kettle style soup (exp 2/19)
- .50/1 Carefree product, excl 18-22 ct. (exp 2/15)
- \$2 off Clean & Clear product, excl trial sizes (exp 2/29)
- [\\$2/1 Corky's BBQ ribs \(2/12\) – Publix coupon](#)
- \$3 off Cortaid product (exp 3/31)
- \$1/2 Cream of Wheat packages, 11 oz + (exp 3/31)
- \$1 off Destin product, excl trial sizes (exp 2/19)
- [\\$1/1 Ducolax product \(4/30\)](#)
- [\\$3/2 Ducolax products \(4/30\)](#)
- [.55/1 Friendship cottage cheese or sour cream \(2/29\)](#)
- ~~\$.1/2 Golden Grain pasta (exp 2/29)~~
- [\\$1/1 Gordo's cheese dip \(2/12\) – Publix coupon](#)
- .50/1 Green Works product (exp 2/19)
- Free Hill's Science Diet (3) cans wyb cat food max \$3.90 (exp 3/15)
- Free Hill's Science Diet (3) cans wyb dry dog food max \$6 (exp 3/15)
- ~~\$.1 off Hill's Science Diet (4) cans or (1) Simple Essentials light treats (exp 2/29)~~
- ~~\$.3 off Hill's Science Diet light cat food 7 lb + or light dog food 15.5 lb + (exp 2/29)~~
- [\\$1/2 Hillshire farm cocktail links \(2/12\) – Publix coupon](#)
- \$1 off Johnson's baby product, excl 1-4 oz (exp 2/19)
- \$3/3 Johnson & Johnson Red Cross products, excl first aid kits (exp 3/31)
- [\\$1/2 Johnsonville bratwursts or Italian links \(2/12\) – Publix coupon](#)
- [\\$1/1 Kraft shredded cheese \(2/12\) – Publix coupon](#)
- \$3 off K-Y product, excl trial size (exp 3/31)
- \$2.50 off Lactaid Fast Act dietary supplement, 32 ct. + (exp 3/31)
- [.35/1 Land O'Lakes fresh buttery taste spread product \(3/31\)](#)
- [.35/1 Land O'Lakes margarine \(3/31\)](#)
- .50/1 Listerine Antiseptic or Zero mouthwash, 1 L + (exp 3/31)
- \$1 off Listerine Kid's rinse 500 mL or Reach kids toothbrush (exp 3/31)
- \$1 off Listerine Total Care or Restoring 1 L or Advanced 1 L + (exp 3/31)
- \$1 off Listerine whitening rinse product, 16 oz + (exp 3/31)

\$2 off Lubriderm product, 8, 13.5 or 16 oz (exp 2/29)  
[\\$1 off Marzetti Simply Dressed salad dressing \(exp 2/29\)](#)  
[\\$1/2 Mueller's whole grain pasta \(2/29\)](#)  
[.75/2 Musselman's single serve applesauce \(2/28\)](#)  
\$2 off Nature Made fish oil, 1200 mg (exp 2/15)  
\$1 off Neosporin lip health product, excl trial size (exp 3/31)  
\$2 off Neutrogena face makeup product, excl trial size (exp 3/31)  
\$2 off Neutrogena facial moisturizing treatment, excl trial size (exp 3/31)  
\$1 off Neutrogena lip or eye makeup product, excl trial size (exp 3/31)  
\$1.50 off Neutrogena skin or hair care product (exp 3/31)  
\$1 off o.b. product, excl trial size (exp 2/15)  
[\\$1/1 Old Wisconsin snack bites or beef summer sausage \(2/12\) – Publix coupon](#)  
[\\$10/1 OneTouch meter \(exp 3/31\)](#)  
~~\$4 off OneTouch Ultra Blue test strips, 25 ct. (exp 3/31)~~  
[.40/1 Pepperidge farm deli flats, light style, or very thin breads \(3/11\)](#)  
[\\$1/1 Perdue frozen chicken individually wrapped chicken breasts \(2/12\) – Publix coupon](#)  
\$5 off Philips Sonicare brush heads or Xtreme toothbrush (exp 3/31)  
\$15 off Philips Sonicare select rechargeable toothbrush (exp 3/31)  
\$10 off Philips Sonicare rechargeable toothbrush or AirFloss (exp 3/31)  
[\\$1/2 Polaner with fiber jars \(3/31\)](#)  
~~\$1 off Pom Wonderful product (exp 3/31)~~  
.55/1 Post Pebbles treats (exp 2/26)  
.75/2 Prego Italian sauce jars (exp 3/31)  
.75/2 Prego Smart Italian sauce jar (exp 3/31)  
\$3 off RoC anti-aging product, excl trial size (exp 2/29)  
\$10 off Rogaine hair re-growth treatment product, excl trial size (exp 4/1)  
[\\$1/2 Sargento sliced cheese \(2/12\) – Publix coupon](#)  
[.75/1 Sea Best product \(4/8\)](#)  
\$1 off Schick disposable razor pk., excl 2 ct. (exp 2/29)  
\$3/2 Schick disposable razor pk., excl 2 ct. (exp 2/19)  
[\\$1/2 Smithfield regular or thick sliced bacon \(2/12\) – Publix coupon](#)  
\$2 off Splenda Essentials no cal sweetener (exp 2/20)  
\$1 off Splenda sugar blend, brown sugar blend or sweetener pks (exp 2/20)  
[\\$1.50/1 Springer Mountain farms fresh tray pack or whole chicken \(2/29\)](#)  
[\\$1/1 Stayfree product \(2/15\)](#)  
~~B1G1 Stayfree product, excl trial size, max \$4.49 (exp 2/15)~~  
~~.55/2 Sunny product (exp 3/31)~~  
[\\$1.25/3 Swanson broth or stock carton \(exp 3/31\)](#)  
\$1 off Swanson Flavor Boost concentrated broth (exp 3/31)  
~~\$1 off Traditional Medicinals tea (exp 4/30)~~  
[\\$1/1 Tyson bag any'tizers wings, popcorn chicken, chunks, bites, quesadippers, or fries \(2/12\) – Publix coupon](#)  
[\\$1/1 V8 V-fusion 36 oz smoothie \(2/19\)](#)  
[\\$1/2 V8 V-fusion regular or tea \(2/19\)](#)  
\$2 off Viactiv Soft Chews dietary supplement (exp 3/31)  
\$2 off Visine soothing wipes product, 0.5 oz +, excl trial size (exp 4/1)  
[\\$1/1 Wright brand bacon \(2/12\) – Publix coupon](#)

## SmartSource 1/08 (General Mills)

- .50/2 Betty Crocker Fruit Shapes, By the Foot, Roll-Ups or Gushers (exp 3/3)
- \$1/5 Betty Crocker Hamburger Helper (exp 3/3)
- [\\$1/5 Betty Crocker Hamburger Helper \(exp 3/3\)](#)
- \$1/3 General Mills cereals, any (exp 2/18)
- .50/2 General Mills Chex Mix or 100 cal snack, 4.5 oz + (exp 3/3)
- .40/1 General Mills Fiber One 90 cal chewy bars or brownies (exp 3/3)
- .40/1 General Mills Fiber One reg or 90 cal chewy bars or brownies (exp 3/3)
- .50/1 General Mills select cereal treats bars (exp 3/3)
- .60/3 Green Giant frozen boxed vegetables (exp 3/3)
- .40/1 Green Giant Just for One vegetables (exp 3/3)
- .75/2 Nature Valley granola bars, nut clusters or thins (exp 3/3)
- .40/2 Pillsbury Crescent dinner rolls (exp 3/31)
- .40/1 Pillsbury Crescent dinner rolls wyb Italian meal breads (exp 3/31)
- [\\$1/3 Pillsbury refrigerated cookie dough \(exp 3/31\)](#)
- .30/2 Pillsbury refrigerated Grands biscuits (exp 3/31)
- .30/1 Pillsbury Reg or Grands sweet rolls (exp 3/31)
- .50/2 Pillsbury Toaster Strudel, Scrambles or Pancakes (exp 3/31)
- .50/1 Progresso Panko Crispy Bread crumbs (exp 3/3)
- \$1/4 Progresso soup cans (exp 3/3)
- [\\$1/5 Totino's Crisp Crust Party pizza \(exp 3/31\)](#)
- [.40/2 Totino's Pizza Rolls \(exp 3/31\)](#)
- .75/1 Yoplait frozen smoothie (exp 3/3)
- [.75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk or Splitz yogurt \(exp 3/3\)](#)
- .75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk or Splitz yogurt (exp 3/3)
- .75/1 Yoplait light yogurt with granola (exp 3/3)
- .40/6 Yoplait yogurt (exp 3/3)

## Target Insert 1/08

### (all Store Coupons, all exp 1/14)

- \$1 off Aveeno baby item, 18 oz
- \$2 off Aveeno or Neutrogena facial moisturizer item, excl trial size
- \$1 off Aveeno or Neutrogena hair care item, excl trial size
- \$1 off Aveeno, Neutrogena or Clean & Clear facial cleanser or acne treatment
- \$1 off Aveeno, Neutrogena or Lubriderm hand or body skin care item
- .25/1 Band-Aid adhesive bandages, 6 ct. +, excl trial size
- .50/1 Bengay Zero Degrees menthol pain relief gel, 3 oz
- \$1 off Carefree feminine care item, excl trial size
- .50/1 Cortaid Advanced 12 hr anti-itch cream, 1.5 oz
- .50/1 Desitin diaper rash treatment, 4 oz +
- .50/1 Johnson & Johnson baby bath 8 oz + or skin care item
- .50/1 K-Y intimacy item
- \$1 off Lactaid ultra caplets, 60 ct.
- .75/1 Listerine mouthwash, 1 L +
- .50/1 Neosporin original antibiotic ointment
- \$2 off Neutrogena face cosmetic item, excl eye and lip items
- \$1 off o.b. feminine care item, excl trial size
- \$10 off OneTouch blood glucose meter
- .50/2 Red Cross First Aid waterproof tape, half inch 10 yd

\$3/2 RoC skin care items  
\$3 off Rogaine topical solution or foam, excl trial size  
\$1 off Splenda sweetener pks, 80 or 100 ct.  
\$1 off Stayfree feminine care item, excl trial size  
\$1.50 off Tylenol Precise pain relief, excl trial size  
\$1 off Viactiv Calcium milk chocolate soft chews, 100 ct.  
.25/1 Visine Totality multi-symptom eye drops  
\$2 off Zyrtec adult allergy relief item, 12 ct. +

## **Walmart Insert 1/08**

**~~(all Manufacturer Coupons, all exp 2/04)~~**

~~\$2 off Goodnites underwear, excl trial size~~

~~\$3 off Huggies Little Movers slip-on diapers, 64 ct. +~~

~~\$2 off Huggies Pull-Ups training pants, excl trial size~~

~~\$2 off Huggies Snug & Dry diapers, excl trial size~~