

Black = You got this coupon!

Red = Not in this insert.

Blue = A **Change in value** or a new coupon not in the preview.

RedPlum 1/08

\$1.00 off 9Lives wet cat food (1) 12 pack, 12 indiv. Cans, or (3) 4packs (exp 3/10)

\$1/2 Always or Tampax (Target coupon) (exp 4/1)

\$1 off Arrowhead sparkling mountain spring water, .5 L 6 pk. or (2) 1 L (exp 2/19)

\$1 off Axe 4 oz bodyspray, 2.7 or 3 oz deodorant, excl trial sizes (exp 2/4)

B1G1 Axe shower gel or detailer, max \$5.99 (exp 1/22)

\$1 off Beano Meltaways (exp 3/31)

\$1 off Beano product (exp 3/31)

\$1 off Carbona 2in1 Carpet Cleaner (Exp 4/7)

\$1 off Carbona 2in1 Steam Carpet Cleaner (Exp 4/7)

\$1 off Carbona 2in1 Oven Rack & Grill Cleaner (Exp 4/7)

\$1 off Carbona oven cleaner (Exp 4/7)

\$1 off Carbona Ceramic Cooktop Cleaner (Exp 4/7)

\$1 off Carbona Household Cleaner (Exp 4/7)

\$2.50 off Clearblue ovulation or pregnancy test (Target coupon) (exp 4/1)

\$1 off Diabetic Tussin product, 8 oz (exp 3/31)

\$1/1 Dove Promises Chocolate Bag 8.5-9.5 oz (Exp 2/19)

\$1/2 Emerald 100 calorie packs (exp 3/4)

\$.75/1 Emerald Breakfast on the go! or nuts canister, 7.5 oz + (exp 3/4)

\$2 off FiberChoice product (exp 2/28)

\$3 off Garnier HerbaShine color creme (exp 2/19)

\$2 off Garnier moisturizer (exp 4/8)

\$1 off Hunt's Manwich 15.5 oz AND Sara Lee Soft & Smooth buns (exp 2/28)

\$.55/1 Jimmy Dean product, excl rolls (exp 2/19)

\$.55/2 Jimmy Dean rolls (exp 2/19)

\$1 off Kettle Baked Potato Chips, 4 oz bag (exp 3/17)

\$1 off Kettle Reduced Fat Potato Chips, 8 oz bag (exp 3/17)

\$1 off Kibbles 'n Bits dry dog food (exp 3/4)

\$3 off L'Oreal shade of Preference (exp 3/4)

\$2 off Maybelline face product (exp 3/8)

\$1 off Maybelline mascara (exp 3/8)

\$1/2 MET-Rx Big 100 or Protein Plus bars (exp 2/29)

\$2 off Multi-betic diabetes multi-vitamin/mineral (exp 3/31)

\$7 off Nature's Bounty Co Q-10 Ubiquinol (exp 2/21)

\$.75/1 Newman's Own lite salad dressing (exp 2/18)

\$1 off Pepto, DayQuil, Vapo, NyQuil or Prilosec OTC (Target coupon) (exp 4/1)

\$1/1 Perdue Simply Smart Chicken Product (Exp 3/4)

\$5 off PUR faucet-mount system AND replacement pk. (Target coupon) (exp 4/1)

\$1/2 Pure Protein bars (exp 2/18)

\$1 off Pure Protein powder or drink (exp 2/18)

\$1 off Suave body lotion, 18 oz +,

\$.50/1 Suave deodorant, excl trial sizes (exp 2/5)

\$1/2 Suave Kid's hair products, excl trial size (exp 2/5)

\$1/2 Suave Men's hair products, excl trial size (exp 2/5)
B2G1 Suave Naturals or Men's body wash, excl trial size, max \$4 (exp 2/5)
\$1/2 Suave Professionals hair products, excl trial size (exp 2/5)
.75/1 Truvia natural sweetener (exp 5/31)
\$1 off Truvia natural sweetener (exp 3/31)
Free Uncle Ben's Country Inn Rice Dish WYB (3) pouches Uncle Ben's Ready Rice (exp 3/5)
b1g1f Whiskas Temptations treats for cats (up to 1.89) (Exp 2/18)

SmartSource 1/08

\$2 off Afrin nasal spray (exp 2/5)
\$2 off Airborne product (exp 4/1)
\$.55/1 Barilla whole grain pasta (exp 3/4)
\$5 off Bausch+Lomb OcuVite (exp 3/31)
\$1 off Benefiber product (exp 2/25)
\$5/2 Benefiber products (exp 2/25)
\$3/2 Benefiber, Gas-X, Prevacid 24 Hour, Maalox Advanced (exp 3/29)
B1G1 BIC disposable razor, up to \$6.99 (exp 2/5)
\$1 off Biotrue multi-purpose solution (exp 2/8)
\$3 off Biotrue multi-purpose solution, twin pk. (exp 2/8)
.50/1 Birds Eye Steamfresh Chef's favorites variety (exp 2/26)
\$5 off Bob Harper's Smart Weight Loss, 72 ct. (exp 3/8)
\$1/2 Boca meatless product (exp 3/4)
\$1 off Cepacol product (exp 2/19)
.50/1 CHI-CHI's Salsa Jar or CHI-CHI's Snackers Salsa & Cheese Cups 12 oz+ (Exp 3/4)
.50/1 CHI-CHI's Tortillas any variety (Exp 3/4)
\$1/2 Cream of Wheat packages, 11 oz + (exp 3/31)
\$1 off Delsym children's or adult product (exp 2/29)
\$.75/1 Dole All Natural Fruit in 100% Juice (exp 3/31)
\$1/1 Dole Real Fruit Bites (Exp 4/1)
\$1/2 Dole frozen fruit single-serve cups (exp 4/1)
\$.75/2 Dole Fruit Bowls Fruit in 100% Juice (exp 3/31)
.75 off Eatsmart naturals snack, 4 oz + (exp 2/29)
\$1.50 off Excedrin product, 80 ct. + (exp 2/25)
\$1 off Excedrin product, 20 ct. + (exp 2/25)
\$3/1 e.p.t product (Exp 4/9)
.75 off Finish Dishwasher Cleaner (exp 3/4)
.55 off Finish JET-DRY Rinse agent (Exp 3/4)
\$1 off Foster Farms boneless & skinless fresh chicken breast (exp 3/31)
\$1 off Gas-X Prevention (exp 4/14)
\$1 off Gas-X product (exp 4/14)
\$3 off Glucerna Hunger Smart (exp 2/29)
\$2.50/2 Glucerna products (exp 2/29)
Free Hershey's Air Delight bar wyb any milk chocolate bar, max \$1.19 (exp 2/8)
\$1/2 Hershey's Kisses, 9.4 oz + (exp 2/8)
.50/1 Hormel Natural Choice deli sandwich meat (exp 3/2)
\$1 off Hunt's Manwich 15.5 oz AND Sara Lee Soft & Smooth buns (exp 2/28)
\$1 off International Delight coffee creamer singles (exp 2/28)

.75/1 International Delight pint or quart (exp 2/28)
\$1/2 Jamba frozen smoothies, 8 oz (exp 3/31)
.60/1 Jell-O refrigerated snacks (exp 2/28)
\$1 off Ken's dressing, 16 oz (exp 2/28)
\$1.50/3 La Victoria products, 12 oz + (exp 3/4)
\$1/2 Land O Lakes All Natural Eggs (Exp 2/29)
\$1 off Maalox Advanced (exp 4/7)
\$2.50/2 Maalox Advanced (exp 4/7)
.50/1 Mariani dried fruit snack (exp 2/29)
.50 off Marzetti Simply Dressed salad dressing (exp 2/29)
\$1 off Method dish product (exp 3/31)
\$2 off Method laundry product (exp 3/31)
.75/1 Mitchum men or women, excl trial sizes (exp 2/12)
\$3/1 Monistat product (Exp 4/9)
\$2/3 Nabisco select cookies and crackers (exp 1/27)
\$3 off Nature's Bounty Fish Oil (exp 2/21)
\$2 off Nature's Bounty Hair, Skin and Nails (exp 2/21)
\$1 off Nature's Bounty vitamin or supplement (exp 2/21)
.15/1 Odwalla bar (exp 4/15)
.55/1 Odwalla beverage, 12 oz (exp 4/15)
\$1 off Planters Nut-rition, 8.75-10.25 oz (exp 3/31)
\$2/\$5 3M Post-it label purchase (exp 3/5)
\$2/\$5 3M Post-it note dispenser purchase (exp 3/5)
\$1/\$5 3M Post-it Super Sticky notes purchase (exp 3/5)
\$2/\$5 3M Post-it tabs, flags or pocket product purchase (exp 3/5)
\$7/2 Prevacid 24 hour products, 28 or 42 ct. (exp 1/28)
\$1.50/10 Purina Alpo cans (exp 2/20)
\$2 off Purina Alpo variety pk., 8 ct. + (exp 2/20)
\$2/2 Purina Beggin' Strips (exp 4/8)
\$2/2 Purina Busy dog chew (exp 4/8)
.75/1 Resolve carpet cleaner (exp 2/29)
\$3 off Resolve Easy carpet cleaner (exp 2/29)
\$1/2 Resolve Laundry Pre-treat products (Exp 2/19)
\$5 off Schiff Move Free product (exp 4/30)
\$2/2 Scrubbing Bubbles One Step toilet bowl cleaner refills (exp 2/28)
\$4 off Scrubbing Bubbles One Step toilet bowl cleaner starter kit (exp 2/18)
\$1/2 Smart Balance buttery spreads or sticks (exp 2/22)
.75/1 Smart Balance cooking oil or spray (exp 2/22)
\$1.50 off Smart Balance enhanced milk (exp 2/22)
.75/1 Smart Balance omega plus light mayonnaise dressing (exp 2/22)
.75/1 Smart Balance rich roast peanut butters (exp 2/22)
\$1.50 off Springer Mountain Farms Fresh Tray Pack or Whole Chicken (Exp 2/29)
\$.55/1 Sunsweet Plumsmart or Light (exp 3/31)
\$1 off Tena product (exp 4/30)
\$1/2 The Laughing Cow Mini Babybel (exp 3/31)
\$1/3 Trident single packs (exp 3/4)
\$1/1 Tyson Grilled & Ready frozen product (Exp 4/8)
.55/1 Tyson Grilled & Ready refrigerated product (Exp 4/8)

\$1/2 Valley Fresh Natural Chicken Breast (Exp 2/29)
\$1/2 Zest products (Exp 2/5)
\$1/2 Zest 18oz body wash (Exp 2/5)

SmartSource 1/08

\$2/\$5 3M Post-it label purchase (exp 3/5)
\$2/\$5 3M Post-it note dispenser purchase (exp 3/5)
\$1/\$5 3M Post-it Super Sticky notes purchase (exp 3/5)
\$2/\$5 3M Post-it tabs, flags or pocket product purchase (exp 3/5)
.75/2 3M Scotch-Brite scrub sponge, 3 pk. (exp 2/29)
\$2 off Aveeno facial care product, excl trial sizes and cleansing bars (exp 2/29)
\$2 off Aveeno hair care or body wash product, excl trial sizes (exp 2/29)
\$1 off Aveeno hand & body lotion or baby product (exp 2/29)
\$1.50 off Band-Aid AND Neosporin products, excl trial sizes (exp 3/31)
\$2 off Bengay product, excl trial sizes (exp 4/1)
\$1 off BIC stationery product (exp 2/15)
.50/1 Birds Eye Steamfresh Chef's favorites variety (exp 2/26)
\$1/4 Campbell's Chunky soup or Chunky Chili (exp 2/19)
\$.40/4 Campbell's condensed chicken noodle & tomato soups (exp 3/15)
\$.40/3 Campbell's select condensed soups (exp 3/15)
\$.50/2 Campbell's microwavable bowls or Soup at Hand varieties (exp 3/15)
\$1/4 Campbell's Select Harvest soup (exp 2/19)
\$1 off Campbell's Slow Kettle style soup (exp 2/19)
.50/1 Carefree product, excl 18-22 ct. (exp 2/15)
\$2 off Clean & Clear product, excl trial sizes (exp 2/29)
\$3 off Cortaid product (exp 3/31)
\$1 off Destin product, excl trial sizes (exp 2/19)
\$1/1 Dulcolax product (Exp 4/30)
\$3/2 Dulcolax products (Exp 4/30)
\$1/2 Golden Grain pasta (exp 2/29)
.50/1 Green Works product (exp 2/19)
Free Hill's Science Diet (3) cans wyb cat food max \$3.90 (exp 3/15)
Free Hill's Science Diet (3) cans wyb dry dog food max \$6 (exp 3/15)
\$1 off Hill's Science Diet (4) cans or (1) Simple Essentials light treats (exp 2/29)
\$3 off Hill's Science Diet light cat food 7 lb + or light dog food 15.5 lb + (exp 2/29)
\$1 off Johnson & Johnson baby product, excl 1-4 oz (exp 2/19)
\$3/3 Johnson & Johnson Red Cross products, excl first aid kits (exp 3/31)
\$3 off K-Y product, excl trial size (exp 3/31)
\$2.50 off Lactaid Fast Act dietary supplement, 32 ct. + (exp 3/31)
.50/1 Land O Lakes Fresh Buttery Taste Spread Product (Exp 3/31)
.50/1 Land O Lakes Margarine (Exp 3/31)
.50/1 Listerine Antiseptic or Zero mouthwash, 1 L + (exp 3/31)
\$1 off Listerine Kid's rinse 500 mL or Reach kids toothbrush (exp 3/31)
\$1 off Listerine Total Care or Restoring 1 L or Advanced 1 L + (exp 3/31)
\$1 off Listerine whitening rinse product, 16 oz + (exp 3/31)
\$2 off Lubriderm product, 8, 13.5 or 16 oz (exp 2/29)
\$1.50 off Marzetti Simply Dressed salad dressing (exp 2/29)

\$2 off Nature Made fish oil, 1200 mg (exp 2/15)
 \$1 off Neosporin lip health product, excl trial size (exp 3/31)
 \$2 off Neutrogena face makeup product, excl trial size (exp 3/31)
 \$2 off Neutrogena facial moisturizing treatment, excl trial size (exp 3/31)
 \$1 off Neutrogena lip or eye makeup product, excl trial size (exp 3/31)
 \$1.50 off Neutrogena skin or hair care product (exp 3/31)
 \$1 off o.b. product, excl trial size (exp 2/15)
 \$10/2 OneTouch meter (exp 3/31)
 \$4 off OneTouch Ultra Blue test strips, 25 ct. (exp 3/31)
 .40/1 Pepperidge Farm Deli Flats rolls, Light Style or Very Thin Breads (Exp 3/11)
 \$5 off Philips Sonicare brush heads or Xtreme toothbrush (exp 3/31)
 \$15 off Philips Sonicare select rechargeable toothbrush (exp 3/31)
 \$10 off Philips Sonicare rechargeable toothbrush or AirFloss (exp 3/31)
 \$1 off Pom Wonderful product (exp 3/31)
 .55/1 Post Pebbles treats (exp 2/26)
 .50/2 Prego Italian sauce jars (exp 3/31)
 .50/2 Prego Smart Italian sauce jar (exp 3/31)
 \$3 off RoC anti-aging product, excl trial size (exp 2/29)
 \$10 off Rogaine hair re-growth treatment product, excl trial size (exp 4/1)
 \$1 off Schick disposable razor pk., excl 2 ct. (exp 2/29)
 \$3/2 Schick disposable razor pk., excl 2 ct. (exp 2/19)
 \$5 off Schiff Move Free product (exp 4/30)
 \$2 off Splenda Essentials no cal sweetener (exp 2/20)
 \$1 off Splenda sugar blend, brown sugar blend or sweetener pks (exp 2/20)
 \$1.00 off Stayfree product, excl trial size (exp 2/15)
 .55/2 Sunny product (exp 3/31)
 .75/2 Swanson broth or stock carton (exp 3/31)
 \$1 off Swanson Flavor Boost concentrated broth (exp 3/31)
 \$1 off Traditional Medicinals tea (exp 4/30)
 \$1 off V8 V-Fusion 36 oz smoothie (Exp 2/19)
 \$1/2 V8 V-Fusion 46 oz Reg, Tea or 8oz 6pk cans beverage (Exp 2/19)
 \$2 off Viactiv Soft Chews dietary supplement (exp 3/31)
 \$2 off Visine soothing wipes product, 0.5 oz +, excl trial size (exp 4/1)

SmartSource 1/08 (General Mills)

.50/2 Betty Crocker Fruit Shapes, By the Foot, Roll-Ups or Gushers (exp 3/3)
 \$1/5 Betty Crocker Hamburger Helper (exp 3/3)
 \$1/5 Betty Crocker Hamburger Helper (exp 3/3)
 \$1/3 General Mills cereals, any (exp 2/18)
 .50/2 General Mills Chex Mix or 100 cal snack, 4.5 oz + (exp 3/3)
 .40/1 General Mills Fiber One 90 cal chewy bars or brownies (exp 3/3)
 .40/1 General Mills Fiber One reg or 90 cal chewy bars or brownies (exp 3/3)
 .50/1 General Mills select cereal treats bars (exp 3/3)
 .60/3 Green Giant frozen boxed vegetables (exp 3/3)
 .40/1 Green Giant Just for One vegetables (exp 3/3)
 .75/2 Nature Valley granola bars, nut clusters or thins (exp 3/3)
 .40/2 Pillsbury Crescent dinner rolls (exp 3/31)
 .40/1 Pillsbury Crescent dinner rolls wyb Italian meal breads (exp 3/31)

.75/2 Pillsbury refrigerated cookie dough (exp 3/31)
[.35/3 Pillsbury Grands! Jr. Biscuits \(Exp 3/31\)](#)
.30/2 Pillsbury refrigerated Grands biscuits (exp 3/31)
.30/1 Pillsbury Reg or Grands sweet rolls (exp 3/31)
.50/2 Pillsbury Toaster Strudel, Scrambles or Pancakes (exp 3/31)
.50/1 Progresso Panko Crispy Bread crumbs (exp 3/3)
\$1/4 Progresso soup cans (exp 3/3)
[.60/3 Totino's Crisp Crust Party pizza \(exp 3/31\)](#)
[.40/2 Totino's Pizza Rolls \(exp 3/31\)](#)
.75/1 Yoplait frozen smoothie (exp 3/3)
.75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk or Splitz yogurt (exp 3/3)
[.75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk or Splitz yogurt \(exp 3/3\)](#)
.75/1 Yoplait light yogurt with granola (exp 3/3)
.40/6 Yoplait yogurt (exp 3/3)

Target Insert 1/08

(all Store Coupons, all exp 1/14)

\$1 off Aveeno baby item, 18 oz
\$2 off Aveeno or Neutrogena facial moisturizer item, excl trial size
\$1 off Aveeno or Neutrogena hair care item, excl trial size
\$1 off Aveeno, Neutrogena or Clean & Clear facial cleanser or acne treatment
\$1 off Aveeno, Neutrogena or Lubriderm hand or body skin care item
.25/1 Band-Aid adhesive bandages, 6 ct. +, excl trial size
.50/1 Bengay Zero Degrees menthol pain relief gel, 3 oz
\$1 off Carefree feminine care item, excl trial size
.50/1 Cortaid Advanced 12 hr anti-itch cream, 1.5 oz
.50/1 Desitin diaper rash treatment, 4 oz +
.50/1 Johnson & Johnson baby bath 8 oz + or skin care item
.50/1 K-Y intimacy item
\$1 off Lactaid ultra caplets, 60 ct.
.75/1 Listerine mouthwash, 1 L +
.50/1 Neosporin original antibiotic ointment
\$2 off Neutrogena face cosmetic item, excl eye and lip items
\$1 off o.b. feminine care item, excl trial size
\$10 off OneTouch blood glucose meter
.50/2 Red Cross First Aid waterproof tape, half inch 10 yd
\$3/2 RoC skin care items
\$3 off Rogaine topical solution or foam, excl trial size
\$1 off Splenda sweetener pks, 80 or 100 ct.
\$1 off Stayfree feminine care item, excl trial size
\$1.50 off Tylenol Precise pain relief, excl trial size
\$1 off Viactiv Calcium milk chocolate soft chews, 100 ct.
.25/1 Visine Totality multi-symptom eye drops
\$2 off Zyrtec adult allergy relief item, 12 ct. +

Walmart Insert 1/08

(all Manufacturer Coupons, all exp 2/04)

\$2 off Goodnites underwear, excl trial size

\$3 off Huggies Little Movers slip-on diapers, 64 ct. +

\$2 off Huggies Pull-Ups training pants, excl trial size

\$2 off Huggies Snug & Dry diapers, excl trial size