

Coupon Variations for The Post and Courier, 1/29, you will have (4) inserts in your Sunday newspaper.

(2) RedPlum– listed all together below

(1) Procter & Gamble

(1) SmartSource

RedPlum 1/29

\$3 off Abreva product (exp 8/29)

\$1 off Advantage select personal care products (exp 4/30)

\$1 off Bertoli frozen meal or soup (exp 2/26)

.40/1 Best Foods product, 16.5 oz + (exp 2/26)

\$1.50 off Breathe Right product, max 12 ct. (exp 3/15)

\$2 off Breathe Right product, 26 ct. + (exp 3/15)

\$1/2 Brillo Estracell sponge products (exp 3/31)

.55/1 Brillo Soap Pads 10 ct or 18 ct (exp 3/31)

.75/1 Caress body wash 12 oz + or 6 bar pk. +, excl trial size (exp 2/26)

\$1.50 off Citrucel fiber product (exp 4/30)

\$1 off Cooked Perfect Meatballs (exp 3/31)

\$1.50/2 off Degree Men Adrenaline series deodorant, excl trial size (exp 2/26)

\$1.50/2 off Degree Women Premium deodorant or body mist (exp 2/26)

\$1 off Dove Beauty bar, 6 pk. +, excl Men+Care (exp 2/26)

\$1 off Dove body wash, 12 oz +, excl Men+Care (exp 2/26)

\$2 off Dove Clinical Protection deodorant (exp 2/26).75/1 Dove Go Sleeveless or Go Fresh deodorant (exp 2/26)

\$1 off Dove hair care product, excl trial size (exp 2/26)

\$1 off Dove Men+Care body and face bar, 6 bar pk. + (exp 2/26)

\$1 off Dove Men+Care body & face wash or Active Clean shower tool (exp 2/26)

\$1 off Dove Men+Care deodorant, 2.7 or 3 oz (exp 2/26)

\$1.50 off Ecotrin Aspirin Therapy product (exp 4/30)

.50/2 Furmano's Tomatoes (exp 3/31)

\$1 off The Goodlife Recipe food for cats (exp 3/24)

\$1 off The Goodlife Recipe treats for cats (exp 3/24)

.25/1 Hellmann's product 16.5 oz + (exp 2/26)

.55/1 Hillshire Farm rope smoked sausage (exp 3/24)

.60/1 I Can't Believe It's Not Butter product (exp 2/26)

\$1/2 Keebler crackers or Sunshine Cheez-it crackers, 8-16 oz (exp 3/25)

.50/2 Knorr recipe, sauce or gravy mix (exp 2/26).50/2 Knorr Rice and Pasta Sides (exp 2/26)

.50/1 Lipton tea bags (exp 2/26)

.60/1 Lipton tea bags, to go or iced tea (exp 2/26)

.50/1 Lipton Cup-a-soup or Lipton Soup Secrets product excludes trial and travel size (exp 2/26)

\$1/2 Mars Valentine's Day product (exp 2/14)

\$1 off Monterey Gourmet Foods pasta or sauce (exp 3/31)

\$1 off Nalley pickles, 16 oz + (exp 3/24)

\$1.50 off Os-Cal calcium supplement (exp 4/30)

\$1/2 Pedigree select dog chews (exp 3/3)

\$2 off Porcelana product (exp 3/31).30/1 Q-tips cotton swabs product, 170 ct. + (exp 2/26)

.60/2 Ragu pasta sauce, excl trial size (exp 2/26)

\$1/2 Riceworks 5.5 oz (exp 3/11)

\$1/2 Tums product, 24 ct. + (exp 3/29)

\$1 off Vaseline Intensive Rescue, 3 oz + (exp 2/26)
 \$1 off Vaseline Total Moisture, Aloe Fresh or Cocoa Radiant, 3 oz + (exp 2/26)
 .50/1 Wildwood Organic Emerald Valley Kitchen salsa or hummus (exp 3/31).75/1 Wildwood Organic water pack or vacuum pack tofu (exp 3/31)
 .50/1 Wish-Bone dressing, excl trial size (exp 2/26)

\$1 off Advil, Dimetapp or Robitussin congestion relief, excl trial size (exp 3/31)
 \$1 off Advil, Advil PM, Children's Advil, or ThermaCare (exp 3/31).50/2 Carnation evaporated milk cans, 12 oz (exp 4/30)
 \$1 off Centrum Reg, Specialist, ProNutrients or Caltrate product (exp 3/31)
 .55/1 Coffee-Mate Natural Bliss product (exp 4/22)
 \$2/2 DiGiorno large pizza (exp 2/5)
 .50/2 Dole canned pineapple (exp 4/30)
 \$1.50/2 Emerald Nuts product, 9 oz + (exp 3/11)
 \$1 off Eucerin Hand or Body Product 2-16.9 oz (exp 2/18)
 \$1 off Purina Fancy Feast dry cat food bag, 3 lb + (exp 4/29)
 \$1/18 Purina Fancy Feast Elegant Medleys cans (exp 4/29)
 \$1/24 Purina Fancy Feast cans (exp 4/29)
 \$1/4 Purina Appetizers for cats trays, 2 oz (exp 4/29)
 \$1 off Kettle Brand chips, 4 oz + (exp 3/11)
 \$1 off L'Oreal Paris lip product (exp 3/25)
 \$1 off L'Oreal Paris nail product (exp 3/25)
 \$1 off L'Oreal Paris skincare product, excl trial size (exp 3/25)
 \$2 off L'Oreal Age Perfect Hydra-Nutrition product (exp 3/25)
 \$2 off L'Oreal Excellence reg to-go shade (exp 3/25)
 \$2 off L'Oreal True Match makeup or Paris face cosmetic product (exp 3/25)
 \$3 off L'Oreal Elnett hairspray, 11 oz (exp 3/25)
 \$4/2 L'Oreal Paris face cosmetic product (exp 3/25)
 \$1 off Marcal Small Steps towel, bath tissue or (2) napkins (exp 3/10)
 .50/1 Minute Rice product (exp 4/30)
 .75/1 Nasoya pasta product (exp 4/30)
 \$1.25/2 Nasoya product (exp 4/30)
 \$1/2 Nestle or Wonka fun size bags, 9 oz + (exp 2/29)
 .50/2 Pop Secret product (exp 3/11)
 .50/1 Pringles Snack Stack, excl trial size (exp 2/29)
 \$1/4 Pringles Super Stack cans, 180 g + (exp 2/29)
 .75/1 Purina Cat or Kitten Chow, 6 lb + (exp 3/25)
 \$1 off Purina select dog food, 4 lb + (exp 3/4)
 \$1 off Purina Tidy Cats, 7 lb + (exp 4/29)
 \$1 off Purina T-Bonz or Tiny T-Bonz (exp 4/29)
 \$1/2 Purina Whisker Lickin's (exp 4/29)
 \$2 off Purina Chef Michael's Canine Creations dry dinners, 4.5 lb + (exp 2/26)
 \$2 off Purina (12) cans or 12 ct variety pack of Mighty Dog (exp 3/19)
 B4G2 Purina cans of Chef Michael's Canine Creations, max \$1.86 (exp 2/26)
 \$2 off Sarna anti-itch product (exp 3/31)
 \$2 off Stouffer's multi-serve entree, 28-96 oz (exp 4/30)

Procter & Gamble 1/29 (all exp 2/29)

\$1.50 off Bounce or Gain dryer bar, excl trial sizes.25/1 Bounty towels or napkins

.50/1 Cascade ActionPacs

.25/1 Charmin product

\$2 off Clairol hair color, excl trial sizes

\$5/2 Clairol Natural Instincts hair color, excl trial sizes

\$1 off Covergirl product, excl trial sizes

\$2.50/2 Covergirl products, excl trial sizes

.75/1 Crest rinse, 458 mL +

\$1/2 Crest toothpastes liquid or gel, 4 oz +

\$10 off Crest select Whitestrips

.50/1 Dawn Power Clean, Oxi or bleach alternative

\$2 off Downy or Gain Unstopables or Fireworks

.75/1 Duracell CopperTop, Ultra Power, Ultra Photo Lithium batteries

\$1.50 off Duracell rechargeable, charge or 6pk+ hearing aid batteries

\$1 off Duracell Ultra Power

\$1 off Febreze candle, excl Home Collection

\$1 off Febreze Luminary device refill

\$1 off Febreze Set & Refresh

\$2 off Febreze Home Collection Diffuser or Candle

FREE Febreze Air Effects or Fabric Refresher wyb Fabric Refresher, max \$5.50

FREE Febreze scented shades refill wyb flameless luminary wooden lamp base

FREE Febreze Noticeables warmer wyb Noticeables refill, max \$3.29

\$1 off Gillette body wash, excl trial sizes

\$1 off Gillette deodorant, excl trial sizes

\$1 off Gillette Fusion ProSeries skin care product, excl trial sizes

\$1 off Gillette Fusion shave prep, excl trial sizes

\$3 off Gillette Fusion ProGlide razor wyb 4 ct + cartridge, excl trial sizes

\$1/2 Head & Shoulders shampoos or conditioners, excl trial sizes

\$3 off Iams dry dog or cat food

.25/1 Ivory or bar or body wash or Safeguard bar, excl trial sizes

\$1 off Metamucil product, excl trial sizes

\$1 off Metamucil fiber singles, capsules or wafers, excl trial sizes

\$1 off Olay bar, body wash or in-shower body lotion, excl trial sizes

\$5 off Olay Pro-X facial moisturizer, excl trial sizes

FREE Olay 4 bar soap pk. wyb select Olay facial moisturizer or Hair Removal.50/1 Old Spice body spray or fragrance, excl trial sizes

.50/2 Old Spice products, excl trial sizes

\$1 off Old Spice body wash wyb deodorant, excl trial sizes

.75/1 Oral-B floss or floss picks, 30 ct.

.75/1 Oral-B select power toothbrushes or \$.75/2 select manual toothbrushes

\$20 off Mail in Rebate Oral-B select rechargeable toothbrush

\$5 off Oral-B replacement brush heads, 3 ct +

.50/1 Pampers wipes, 60 ct +

\$1.50 off Pampers diapers or pants

\$1/2 Pantene products, excl trial sizes

\$2 off Prilosec OTC

.25/3 Puffs singles or .25/1, 3 pk.

\$1 off Scope mouthwash, 710 mL +
\$1 off Secrets Outlast, excl trial sizes
\$.50/1 Swiffer refill or Dust & Shine, excl trial sizes
\$1 off Swiffer product
\$1 off Swiffer dusters 6 ct., dry cloth 32 ct, wet cloths 24 ct, WetJet pads 17 ct.50/1 Tide detergents or Stain Release or Downy Bounce, excl trial sizes
\$1/2 Tide detergents or Stain Release or Downy Bounce, excl trial sizes
\$2/3 Tide detergents or Stain Release or Downy Bounce excl trial sizes
\$1 off Vicks product, excl trial sizes and Vapo drops
\$3 off Vicks Nature Fusion product

SmartSource 1/29

[.55/1 2000 Flushes Toilet Cleaner \(Exp 4/30\)](#)

\$1 off Air Wick Flip & Fresh (exp 2/26)

\$1.50 off Air Wick Freshmatic refill (exp 2/26)

\$2 off Air Wick Freshmatic Ultra starter kit or Gadget Only pk. (exp 2/26)

\$2 off Alka-Seltzer Plus product (exp 4/30)

\$1 off Alka-Seltzer product (exp 4/30)

\$1 off Bayer Aspirin, 20 ct. + (exp 4/30)

[\\$1.50 off Biz product \(exp 3/31\)](#)

\$4 off Biz product AND Lady & the Tramp Blu-ray combo pk. (exp 3/31)

\$1 off Blue Diamond almonds can, 6 oz + (exp 4/30)

[\\$1 off Carpet Fresh Instant Carpet Odor Eliminator \(Exp 4/30\)](#)

\$1 off Colgate 360 battery powered toothbrush or refill (exp 2/18).40/1 Colgate adult or kids manual toothbrush (exp 2/18).50/1 Colgate toothpaste 4 oz + (exp 2/18)

[.75/2 Dole gels \(exp 4/30\).75/1 Dole parfaits \(exp 4/30\).75/1 Don Francisco's coffee \(exp 3/15\)](#)

[\\$1 off Don Francisco's Family Reserve coffee \(exp 3/15\)](#)

[.75/1 Efferdent or Effergrip product \(exp 3/30\)](#)

[.50/1 Eggland's Best Cage Free dozen or Organic dozen eggs \(exp 6/30\).35/1 Eggland's Best eggs \(exp 6/30\)](#)

[.35/1 Eggland's Best Hard-cooked & peeled eggs \(Exp 6/30\)](#)

[.75/1 El Monterey Mexican snacks \(exp 4/30\)](#)

[\\$3/2 Ensure 4 packs \(exp 3/25\)](#)

[\\$1 off Everybody's Nuts bags, 7 oz + \(exp 5/31\)](#)

[\\$1 off Foster Farms cooked chicken or turkey meatballs \(exp 4/30\).55/1 Frigo Cheese Heads string cheese 10 oz + \(exp 4/30\).40/2 General Mills Chex Mix 4.5 oz + or 100 cal snack \(exp 3/24\).50/1 General Mills FiberOne cereal \(exp 3/10\)](#)

[.35/1 Golden Flake Snacks 5 oz + \(exp 3/31\)](#)

[\\$1 off Hartz Crunch'n Clean \(exp 3/15\)](#)

[\\$1 off Heinz 57 Sauce \(exp 3/31\)](#)

[\\$5/\\$15+ Hasbro Sesame Street plush purchase \(exp 2/19\)](#)

[\\$2 off Hill's Science Diet Ideal Balance cat or dog food \(exp 3/31\)](#)

[\\$2.50 off Icaps eye vitamin and mineral product \(exp 3/30\)](#)

[\\$1 off Irish Spring body wash, excl 2.5 oz \(exp 2/18\)](#)

[\\$1 off Irish Spring deodorant \(exp 2/18\)](#)

[.50/1 Irish Spring multi-bar pk, 3 pk. + \(exp 2/18\)](#)

[\\$1.50/2 Kaukauna cups, balls or logs \(exp 4/30\)](#)

.75/1 Kleenex hand towels (exp 3/26)
\$1 off MiraLax product, 10 or 14 dose (exp 3/11)
\$3 off MiraLax product, 30 dose (exp 3/11)
\$1 off Nature Made product (exp 2/29)
\$3/2 Nature Made product (exp 2/29).50/1 Old El Paso product, excl refrigerated, frozen or soup (exp 3/24)
\$1.50 off Opti-Free RepleniSH or Express solution, 10 oz + (exp 3/30)
.40/1 The Original Texas Toast Croutons (exp 3/25)
.25/1 Palmolive Ultra dish liquid (exp 2/18).50/1 Palmolive Ultra Soft Touch dish liquid, 20 oz + (exp 2/18).40/2 Pillsbury Crescent dinner rolls (exp 4/21).40/2 Pillsbury Refrigerated Italian meal breads (exp 4/21)
\$1.50/2 Planters peanuts, 4-21.25 oz (exp 4/30)
\$1 off Revlon beauty tool (exp 2/26)
.50/1 Scotch-Brite Botanical Disinfecting Wipes (exp 3/15)
\$1 off Smithfield Bacon (exp 3/11)
.50/1 Softsoap bar soap, 2 pk. + (exp 2/18).75/1 Softsoap body wash, 12 oz + (exp 2/18).40/1 Softsoap hand soap pump 8 oz + or refill (exp 2/18)
B1G1 Speed Stick or Lady Speed Stick deodorant, excl trial size (exp 2/15)
\$1 off Spot Shot Instant Carpet Stain & Odor Eliminator (exp 4/30)
\$1 off Systane or GenTeal product (exp 3/30)
.55/1 Tai Pei regular or Stir Fry Creations snack or entree (exp 3/31)
.75/3 Totino's Crisp Crust Party pizza (exp 4/21).35/1 Totino's Pizza Rolls (exp 4/21).75/1 Totino's Pizza Stuffers (exp 4/21).75/1 Vlasic pickles jar (exp 3/31)
.55/1 X-14 Mold/Mildew Tile Stain Eliminator (Exp 4/30)