

Coupon Variations for The Post and Courier – Charleston for 4/01, you will have (3) inserts in your Sunday newspaper.

Be on the lookout for:

(1) Proctor & Gamble

(1) RedPlum

(1) SmartSource

Proctor & Gamble 4/01

(all exp 4/30)

.50/1 Always pads, Lean or Feminine cleansing cloths

\$1 off Always Infinity 12 ct., or Radiant Infinity

\$1 off Always pantiliner, 30 ct.+

\$1 off Bounty Basic towels, 6 ct.+ .50/1 Bounty Quilted napkins.25/1 Cascade product

[.25/1 Charmin product](#)

\$3 off Clairol Nice 'n Easy Foam or Perfect 10 hair color

\$1 off Clairol hair color

\$1 off Covergirl product

\$1 off Crest select white strips.25/1 Crest rinse.25/1 Crest toothpaste, 4 oz+.50/1 Dawn Hand

Renewal.25/1 Dawn product

.50/1 Downy Unstopables or Gain Fireworks.75/1 Duracell product

\$1.50 off Duracell rechargeable batteries, charger, or hearing aid batteries, 6 pk.+ .50/1 Febreze Air Effects

\$1 off Fixodent adhesive.75/1 Fixodent cleanser

\$1 off Gillette Fusion skin care

\$1 off Gillette body wash or deodorant

\$3 off Gillette Fusion ProGlide razor wyb Fusion ProGlide cartridge

Free Gillette Series shave prep wyb Mach3 cartridge 4 ct.+, max \$2.99

\$2 off Gillette Venus razor, refill or disposable

\$5 off Gillette Venus ProSkin, Embrace, Breeze or bikini razor AND (1) refill

B1G1 Head & Shoulders product, max \$9.99

\$1/2 Herbal Essences or Aussie products

\$1/2 Ivory bars or body washes or Safeguard bars

\$1 off Olay bar, body wash, or in-shower body lotion

\$1 off Olay facial moisturizer or cleanser

\$3 off Olay Regenerist, facial hair removal, Total Effects moisturizer or cleanser

\$5 off Olay Pro-X facial moisturizer or cleanser

\$1 off Old Spice body wash wyb deodorant.50/1 Oral-B Glide floss 35 M+ or floss picks 30 ct.+

.50/1 Oral-B Pro-Health Clinical Pro Flex toothbrush

\$1/2 Pampers diapers or pants.50/1 Pampers wipes, 60 ct.+

\$1/2 Pantene product

\$1 off Prilosec OTC

\$1/2 Secret product

\$3 off Swiffer WetJet starter kit

\$5 off Swiffer SweeperVac starter kit

.50/1 Tampax product, 18 ct.+

\$1 off Tampax Pearl, Pearl Compak, or Radiant, 16 ct.+ .50/1 Tide washing machine cleaner

\$2/3 Tide, Downy, Bounce or Tide Stain Release

\$1/2 Tide, Downy, Bounce or Tide Stain Release.50/1 Tide, Downy, Bounce or Tide Stain Release

RedPlum 4/01

\$1 off Adams Flea & Tick Spot On, 1 month supply (exp 4/30)

\$5 off Adams Flea & Tick Spot On, 3 month supply (exp 4/30)

\$2 off Adidas men's personal care item (exp 6/30)

\$1 off Advil product, 20 ct.+ (exp 6/30)

\$1 off Advil PM, 16 ct.+ (exp 6/30)

\$2 off Advil Children's (exp 6/15)

\$1 off All Mighty Pacs or liquid laundry detergent, 24 loads+ (exp 6/2).75/1 Crest 3D White toothpaste (Target coupon), excl trial sizes (exp 5/13)

\$1 off Dunkin' Donuts coffee, 11 oz+ (exp 6/30)

\$2 off Garnier moisturizer (exp 7/1)

\$1 off Garnier Fructis shampoo or conditioner, excl trial sizes (exp 5/13)

\$1 off Garnier Fructis style item, excl trial sizes (exp 6/1)

\$2 off Garnier Nutrisse nourishing color foam (exp 6/1)

\$5 off Gillette ProGlide Styler, Proglide or Venus razor AND cartridge pk. (Target coupon), excl trial sizes (exp 5/13)

.40/1 House-Autry Cornbread or Biscuit mix 8 oz (exp 7/31)

.50/1 Southern Baked Coating Mix 6 oz (exp 7/31)

.55/1 Idaho Spuds signature potato bits, 13.7 oz (exp 5/27)

.75/3 Keebler Ready Pie Crust (exp 5/13)

.75/1 L'Oreal Studio Line styling product (exp 5/27).75/1 L'Oreal Vive Pro shampoo or conditioner (exp 5/27)

\$2 off Lubriderm product, 16, 13.5, or 8 oz (exp 5/31)

.75/1 Meow Mix dry cat food, 3 lb+ (exp 5/26)

\$2/2 Met-Rx Big 100 bars (exp 5/31)

\$2/2 Met-Rx Protein Plus bars (exp 5/31)

\$1.50/2 Milk-Bone dog snacks (exp 6/1).75/1 Nalley product, 16 oz+ (exp 5/20)

\$1 off Nature's Bounty B vitamin (exp 5/1)

\$1 off Nature's Bounty vitamin or supplement (exp 5/1).50/1 Newman's Own pasta sauce (exp 5/12).50/1 Newman's Own salad dressing (exp 5/12)

\$1 off Newman's Own complete skillet meal (exp 5/12)

\$1 off Newman's Own Thin and Crispy pizza (exp 5/12)

.75/1 Olay bar soap multipk. or bodywash (Target coupon) (exp 5/13)

\$1.50 off Olay Professional Pro-X facial skin care (Target coupon) (exp 5/13)

\$1 off Rimmel Lasting Finish lipstick by Kate Moss (exp 5/15)

\$1 off Rimmel product (exp 5/15)

\$1.50 off Scott's Liquid Gold wood cleaner and preservative (exp 6/30).75/1 Secret deodorant (Target coupon), excl trial sizes (exp 5/13).55/1 State Fair product (exp 5/27)

Free \$5 Target gift card wyb (3) Clairol Natural Instincts hair color, Olay facial skin care, or Covergirl cosmetics (Target coupon), excl trial sizes (exp 4/15)

\$1 off Thermacare product, 2 ct.+ (exp 6/30)

\$1.50 off Tums freshers (exp 6/1)

\$1/2 Tums product, 24 ct.+ (exp 6/1)

\$1/3 Uncle Ben's Plain White or Brown Rice products (exp 6/03)

\$1 off Uncle Ben's Ready Rice pouch and Uncle Bens Long Grain & Wild Rice Product (exp 6/3)

\$1/3 Vanity Fair Napkins or Guest Hand Towels (exp 7/1)

.75/1 Welch's Natural Spreads (exp 6/30)

.50/2 Zatarains Breadings or Boils (exp 6/30)

\$4 off Zyrtec product, 24 ct.+ (exp 4/30)

\$8/2 Zyrtec products, 24 ct.+ (exp 4/30)

Smart Source 4/01

\$2 off Allegra D or Children's (exp 5/5)

\$7 off Allegra product, excl D and Children's (exp 4/8)

\$1 off Baker's Secret product (exp 7/1)

\$2 off Bio-Oil product (exp 6/30)

.50/2 Birds Eye C&W varieties (exp 4/29)

.50/2 Birds Eye or Birds Eye Steamfresh varieties (exp 4/29)

\$1.25 off Biz product (exp 5/13)

.75/1 Black Magic (exp 6/15)

.35/1 Bob Evans Refrigerated Side Dish (exp 6/3)

\$1 off Bruce's Sweet Potatoes 21 oz (Exp 5/31)

.40/4 Campbell's Condensed Great for Cooking soups (Exp 6/30)

\$1/2 Cape Cod Potato Chips 7 oz + (exp 5/15)

.55/1 Chinet Colors plates (exp 7/1)

\$1 off Chinet Cut Crystal plates or cups (exp 6/30)

\$1 off Coca-Cola Large wyb Publix Cobb or Chef Salad (exp 4/31)

.75/1 Comet stainless steel spray, cream cleanser, bath spray or cream (exp 9/1)

\$2 off CorningWare product (exp 7/1)

\$1/2 Dreyer's fruit bars (exp 5/31)

Free Duncan Hines Flavor Mix wyb Frosting Creations Starter (Exp 6/30)

\$1/2 Edy's Fruit Bars (Exp 5/31)

\$1 off Everybody's Nuts product, 7 oz+ bag (exp 8/31)

\$2/2 Ensure multi-packs (exp 5/31)

\$1 off Gold Bond Ultimate body wash, excl 1.5 oz (exp 6/30)

\$1 off Gold Bond Ultimate lotions and creams, excl 1 oz (exp 6/30)

\$2 off Gold Bond Ultimate daily moisturizers, excl 1.5 oz (exp 6/30)

\$2 off Gold Bond Ultimate Sheer Ribbons (exp 6/30)

.75/1 Gumout performance chemical (exp 6/15)

\$1/2 off Hormel chili (exp 5/28)

.50/1 Huggies baby wipes, 56 ct.+ (exp 4/28).60/1 Jell-O refrigerated snack (exp 5/1)

\$1 off McCain purely potatoes frozen potato product (exp 5/31)

\$1/2 Mariani dried fruit snacks, 4 oz+ (exp 6/30)

\$1 off Maxwell House product (exp 5/1)

.55/1 Nexcare product (exp 5/31).40/2 Pillsbury refrigerated pizza crust, breadsticks, loaves or rolls (exp

6/23).40/2 Pillsbury sweet rolls or Grands! sweet rolls (exp 6/23).40/3 Pillsbury crescent dinner rolls

(exp 6/23).40/3 Pillsbury Grands! biscuits (exp 6/23).50/2 Pillsbury rolled refrigerated pie crusts (exp 6/

23).75/2 Pillsbury refrigerated cookie dough (exp 6/23)

\$1.50/10 Purina single Alpo cans (exp 5/14)

\$2 off Purina Alpo 8 ct or larger variety pack (exp 5/14)

\$1 off Purina One dry cat food AND (2) 3 oz cans One wet cat food (exp 7/1)

\$2 off Purina variety pk., 8 ct.+ (exp 5/14)

\$1 off Pyrex product (exp 7/1)
\$2 off Qunol Ultra CoQ10 30ct(exp 5/30)
\$3 off Qunol Ultra CoQ10 120 ct (Exp 5/30)
.75/1 Rain-x (exp 6/15)
\$1 off Rain-x wiper Blade (exp 6/15)
\$1 off Revlon beauty tool (exp 4/30)
\$1 off Revlon color cosmetic (exp 5/6)
\$2 off Revlon face product (exp 5/6)
\$1/2 Ritz Crackerfuls (exp 6/30)
\$1.50 off Rubbermaid glass container w/ easy find lid (exp 5/6)
\$1 off Rubbermaid easy find lids, lock-its, produce saver or premier (exp 5/6)
\$1.75 off Schick disposable razor pk., excl 2 ct. (exp 4/29)
Free Scrubbing Bubbles Fresh Brush starter or refill wyb toilet gel (exp 4/28)
\$1 off Seapak Item (exp 5/30)
\$1.50 off Similasan product (exp 6/24)
.50/1 Sister Shubert Product (exp 6/01)
.75/1 Smart Balance cooking oil or spray (exp 5/16).75/1 Smart Balance Omega Plus light mayonnaise dressing (exp 5/16).75/1 Smart Balance Rich Roast peanut butter (exp 5/16)
\$1.50 off Smart Balance enhanced milk (exp 5/16)
\$1/2 Smart Balance buttery spreads or sticks (exp 5/16)
\$2 off Smithfield Ham (exp 5/31)
\$1 off Splenda Essentials (exp 6/23)
\$2 off Splenda sugar blend or brown sugar blend (exp 6/23)
.75/2 Swanson broth or stock cartons or Flavor Boost broth (exp 6/30)
.50/5 Swanson cans of broth (exp 6/30)
.50/1 Treasure Cave cheese, 4 oz+ (exp 7/31)
\$1 off Trident or Dentyne gum, 80 ct.+ (exp 5/26).75/1 Vlasic product (exp 5/31)
\$1 off Yuban coffee (exp 5/1)