

Friday September 21st

11:30-12:45 pm – Registration for Paint Workshop (must sign up for class online)

1:00 -4:00 pm – Paint Workshop

3:00-6:00 pm – Becoming Registration in Spillman Auditorium

4:30-6:00 pm – Dinner

6:00-7:45pm – **Welcome & Keynote Address**

Living a Hospitable Life (Jenny)

We are all busy and think that tomorrow or next week will be better. It's time to embrace the day and the toys on the floor and open up our hearts and homes. Learn tips for frugal entertaining, and ways to make entertaining less stressful.

8:15 pm - Girls' Night In

Let your hair down and enjoy a chance to try out some of this years hottest beauty items. Enjoy special savings and deals plus get free products from the biggest beauty brands.

Girls Night In Sponsored by: CVS Pharmacy



Saturday September 22nd

6:45-8:15 am – Breakfast

8:30-9:30 am – **Keynote Address**

Leaving a Legacy: the Power of Meaningful Moments & Traditions (Jen)

We all are leaving a legacy, but what kind of legacy do you wish to leave? Regardless of our stage of life, Jen will encourage us to maximize family time and build strong family ties by weaving simple traditions into everyday life. Learn how to create powerful lifelong associations between family bonding, traditions, and the values that you cherish. You will leave with creative ideas, both crazy and meaningful, that you can implement immediately and you don't even have to spend a dime.

9:30-9:45 am - Break

9:45-11:15 am – **Session #1**

Creating Purposeful Moments in our Mothering: Casting a Long Term Vision (Rachel)

Whether you have one child or a house full, understanding your long-term vision of mothering is key. These days seem long, yet the years are short, so be blessed by the wisdom of a mother who has maneuvered these waters for decades.

It doesn't have to be perfect to be beautiful (The Nester)

We've forgotten some of the most important parts to creating a beautiful and meaningful home. Come learn the secrets the decorating magazines don't usually talk about like embracing imperfection, risk taking, and 15 of the Nester's top decorating tips.

Using Photography to Transform Your Family's Moments into Memories (Dawn)

Embrace your role as your family's primary photographer and memory keeper! This session will equip you as we discuss composition tips, candid shots, family photos, basic photo editing, and more. Preserve your family's memories—both big and small—and turn them into meaningful art making the most of the equipment you have, including your camera phone.

Everything you want to know about Painting Furniture (MJ)

During this session MJ and Trish will discuss how paint can change the look of your furniture and home decor. They will give attendees advice on using types of paint they already have on hand, plus they will provide an overview and demo of CHALK PAINT™ decorative paint by Annie Sloan. They will explain and demonstrate how to use Chalk Paint™ and waxes on furniture and many other surfaces in your home to take existing items and frugal finds to a creative new level. We are talking wood, brass, porcelain, fabric, shiny, dull and everything in between! Bring your paint questions...they have the answers.

Session Sponsored by: Annie Sloan Unfolded



Creative Inspiration and Easy Trash to Treasure Projects (Angela)

Find creative inspiration in your everyday routine. Explore areas in your life that get the creative juices flowing. Help the environment by turning trash into treasure with easy craft and beautiful home decor projects. Also, see how ordinary objects that usually end up in a landfill can become charming pieces of art.

11-11:15 am – Break

11:15-12:30 pm – **Session #2**

Conquering Meal Time Mountain with 10 Minute, \$10 Dinners (& less) (Jen)

It's 5:00 pm and the dreaded, "What's for dinner?" question beckons once again. If there's one day to day stress point with which every Family Manager deals, it's getting organized in the kitchen without spending a fortune to feed the family. Let's tackle this dilemma together as we brainstorm meal-planning tips (even if you're not a planner), C.O.S.T. Cooking (Cook Once, Serve Twice), One hour power cooking sessions, and ways to save in the kitchen even if you never desire to cut coupons (gasp). Jen will finish with ideas to make your house a haven with a "Welcome Home" mentality; entertaining on a budget is so much easier than you ever thought possible.

Creative Inspiration and Easy Trash to Treasure Projects (Angela)

See session details above.

A Fresh Look at Beauty and Style (Kate)

This professional hairstylist wants to break the barrier between client and stylist. You'll hear some important tips to getting the most out of your time in the salon and how to understand your hair. We'll also talk about product, tools, and hairstyle options. Learn from a lover of shopping her experience on streamlining what to buy, why to buy it, and how to know where to save vs. splurge.

It doesn't have to be perfect to be beautiful (The Nester)

See session details above.

Everything you want to know about Painting Furniture (MJ)

See session details above.

12:30-2:00 pm – Lunch

2:00-3:15 – **Session #3**

Becoming a Professional at Online Shopping (Jenny)

In today's world you can buy almost anything online! Not just clothing, but groceries, diapers, music, and so much more. At this rate, you need to know how to find the best deals when you're shopping online. Take it from someone who has done her fair share of surfing the net for deals. Learn a number of ways to get a deal on anything online. We'll cover online coupons, cash back, rebates, reward programs, and much more. If there's a deal out there, let's find it!

Session Sponsored by: RetailMeNot



Using Photography to Transform Your Family's Moments into Memories

(Dawn)

See session details above.

It Doesn't Have to be Perfect to be Beautiful (The Nester)

See session details above.

A Fresh Look at Beauty and Style (Kate)

See session details above.

Creating Purposeful Moments in our Mothering: Casting a Long Term Vision (Rachel)

See session details above.

3:15-3:30 pm – Break

3:30-4:45 pm – **Session #4**

Living Large on Less (Jen)

With five children, Jen can make a dollar stretch with the best of them. Learn simple tips and encouragement on how you can enjoy a full priced life on a half priced budget. She shares her family's personal story of navigating difficult financial circumstances and gives her expertise on cutting household budgets dramatically without giving up on quality. Packed with practical insights, Jen will cover nearly every aspect of home management from creating the dreaded "B" word that works for you (budgeting), thrifting as a lifestyle with pro tips on trash to treasure discoveries, holiday shopping, buying with children, as well as putting together a designer wardrobe for pennies on the dollar Frugal Fashionista style. If you've ever wanted ideas for living on less, this workshop is for you.



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See session details above.

5:00-5:30pm – Closing (and wrap up giveaways)