

Coupon Variations for the Post and Courier for 8/05.

(1) RedPlum

(2) Smart Source

RedPlum 8/05

.55/1 Ball Park Angus Product (Exp 9/2)

.75/2 Ball Park Products (exp 9/2)

\$3/2 Clairol Herbal Essences or Aussie items, excl trial size (exp 9/30)

\$4 off Claritin product, 15 ct.+ (exp 9/2)

\$5 off DermaSilk full size product (exp 8/18)

\$1 off Disney Marvel character shaped vitamins (exp 9/20)

.75/1 Domino Light Sugar (exp 9/30)

\$1 off Ester-C product (exp 9/4)

\$1/2 Five Star products (exp 9/30/2012)

\$1/2 Five Star reinforced filler paper items (exp 9/30)

\$2 off Five Star binder (exp 9/30)

.50/1 Francesco Rinaldi glass jar pasta jar (exp 9/9_

\$2 off Garnier HerbaShine color creme (exp 9/16)

B1G1 Gillette disposable razor, max \$12.99, excl trial size (exp 9/30)

\$5 off L'Oreal Youth Code kit (exp 9/30)

\$1 off L'Oreal skincare item, excl trial sizes (exp 9/30)

\$1 off Maybelline lip item (exp 10/5)

.75/1 Meow Mix dry cat food, 3 lb+ (exp 9/29)

\$1/6 Meow Mix cat food single cups or (1) variety pk. (exp 9/29)

\$2/2 Met-Rx Big 100 bars (exp 9/16)

\$2/2 Met-Rx Protein Plus bars (exp 9/16)

.75/1 MorningStar Farms veggie foods product (exp 9/30)

\$1 off Nature's Bounty product (exp 9/4)

\$3 off Nature's Bounty Optimal Solutions item (exp 9/4)

\$1 off Nutella jar, 13 oz+ (exp 10/31)

\$1/2 off Olay Simply items, excl trial size (exp 9/30)

\$3 off Osteo Bi-Flex, 80 ct.+ (exp 9/4)

.50/1 Pepto-Bismol product, excl 8 oz liquid (Target coupon) (exp 10/6)

\$3 off Prilosec OTC, 42 ct. or Align, 42 ct. (Target coupon) (exp 10/6)

\$1.50/2 Pup-Peroni dog snacks bags, 5.6 oz+ (exp 10/1)

\$1 off Purex Crystals 28 oz + (exp 9/04)

\$1 off Sara Lee ½ lb meat from the service deli OR 1 Package of Sara Lee pre-sliced (exp 9.16)

\$1 off Sundown Naturals product (exp 9/4)

B1G1 Venus Daisy disposable razor, max \$7.99, excl trial size (exp 9/30)

\$1 off Vicks ZzzQuil liquid, 12-24 oz, or caplets, 24-48 ct. (Target) (exp 10/6)

Smart Source 8/05

\$1 off ACT product, excl trial size (exp 9/23)
\$2 off Allegra product, excl trial size (exp 9/8)
\$1 off Bailey's coffee creamer (exp 9/30)
.40/1 Ban product, 1.5 oz+ (exp 9/1)
\$1 off Ban solid (exp 9/1)
\$3 off BIC disposable razor, excl trial size (exp 9/2)
\$1 off Blink tears or geltears (exp 9/10)
.75/1 Command product (exp 9/9)
\$1 off Complete product, 12 oz+ (exp 9/10)
\$1 off Complete Blink-N-Clean lens drops or contacts eye drops (exp 9/10)
\$1 off Cortizone 10 product, excl trial size (exp 9/23)
\$1/18 Fancy Feast Elegant Medleys cans (exp 11/5)
B3G1 Fancy Feast Mornings cat food, max 90¢ (exp 11/5)
\$2 off Farmer John smoked sausage (exp 9/5)
Free Glade Expressions Fragrance Mist starter kit wyb any refill (exp 9/15)
Free Glade Oil Diffuser starter kit wyb any refill, max \$8.99 (exp 9/15)
\$1 off Gold Bond Medicated item, excl trial size (exp 9/23)
\$1 off Gold Bond Ultimate item, excl trial size (exp 9/23)
\$1/2 Gum oral care products (exp 10/31)
\$1 off Icy Hot Aspercreme product, excl trial size (exp 9/23)
\$10 off John Frieda Precision Foam Colour wyb shamp & cond (exp 9/9)
\$1 off Lea & Perrins Worcestershire sauce, 10 oz+ (exp 10/15)
\$3 off Lysol No Touch hand soap system starter kit or dispenser only (exp 9/4)
.50/1 Mariani dried fruit snacks, 4 oz+ (exp 9/30)
\$1/2 Mentos bottles, 45 pc+ (exp 10/5)
\$1/3 Mentos bottles, 15 pc+ (exp 10/5)
.75/2 Nabisco cookies or crackers, 4.05-27.5 oz (exp 10/5)
\$1 off Nonni's Biscotti Bites (exp 10/5)
\$45 off OneTouch Verio IQ meter (exp 10/5)
\$2 off Peet's Coffee medium roast Cafe Domingo or Cafe Solano (exp 9/30)
\$10 off Philips Sonicare rechargeable toothbrush, excl Xtreme (exp 9/30)
\$15 off Philips Sonicare DiamondClean, FlexCare+, or FlexCare (exp 9/30)
\$5 off Philips Sonicare brush heads or Xtreme toothbrush (exp 9/30)
\$1 off Pilot Bottle 2 Pen (B2P) or FriXion pens or highlighters, 2 pk+ (exp 9/30)
\$1 off Raid ant & roach item (exp 9/15)
\$1 off Raid ant gel (exp 9/15)
\$1 off Revlon color cosmetic (exp 9/9)
.25/1 Scotch Magic Tape (exp 10/31)
\$1 off Scotch Magic Tape one-handed tape dispenser (exp 10/31)
\$1 off Scotch pop-up tape item (exp 10/31)
\$1 off Scotch restickable shapes, sheets, tabs, dots, or strips (exp 10/31)
\$1 off Similac prenatal box (exp 9/1)
\$2 off Similac SimplySmart bottle or 2 pk. (exp 9/1)
\$1 off Simple facial skincare product, excl trial sizes (exp 9/2)

\$3 off Simple cleanser AND moisturizer, excl trial sizes (exp 9/2)
.50/1 Smart Balance spreadable butter & canola oil blend (exp 9/19)
\$1 off Smart Balance enhanced milk (exp 9/19)
\$1 off Unisom product, excl trial size (exp 9/23)
\$1/2 UP2U packs (exp 10/5)
\$1 off Wholly Guacamole item (exp 9/2)

Smart Source 8/05

.75/2 Betty Crocker Ready to Spread frosting, 17.5 oz+, cookie mix, Supreme Brownie mix, dessert bar or box muffin mix (exp 9/29)
.50/1 Betty Crocker Fun da-middles cupcake mix (exp 9/29)
.75/3 Betty Crocker Hamburger Helper (exp 9/29)
.75/2 Betty Crocker fruit shapes, Fruit by the Foot, Fruit Gushers, Fruit Roll-Ups, or Ocean Spray, Mott's or Sunkist Fruit Flavored Snacks (exp 9/29)
.50/1 Bisquick Original or Heart Smart, 40 oz+ (exp 9/29)
.50/1 Fiber One chewy bars (exp 9/29)
.75/1 Fiber One Nutty Clusters & Almonds cereal (exp 9/15)
\$1/3 General Mills cereal (exp 9/15)
\$1/2 General Mills Cheerios cereal (exp 9/15)
.50/2 General Mills Chex Mix, 4.5 oz+, or 100 Calories snack (exp 9/29)
.50/1 General Mills treats: Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms, Golden Grahams, or Chex Mix or Mil 'n Cereal bars (exp 9/29)
.50/1 Nature Valley protein chewy bars, 5 ct.+ (exp 9/29)
.75/3 Nature Valley granola bars, 5 ct.+ or granola thins, or Fiber One chewy bars, 90 calories chewy bars or 90 calories brownies (exp 9/29)
.50/1 Pillsbury baguette chips, 7 oz+ (exp 9/29)
.50/2 Pillsbury Toaster Strudel, Toaster Scrambles or pancakes (exp 10/27)
.55/1 Pillsbury frozen egg scrambles or Grands! biscuit sandwiches (exp 10/27)
.40/2 Totino's rolls (exp 10/27)
.35/1 Yoplait Go-Gurt, Kids Cup, Trix multiplk. or Splitz yogurt (exp 9/29)
.40/6 Yoplait yogurt cups (exp 9/29)
.50/8 Yoplait yogurt cups (exp 9/29)
.75/2 Yoplait Go-Gurt, Kids Cup, Trix multiplk. or Splitz yogurt (exp 9/29)