

Coupon Variations for The Post and Courier for Sunday, 8/19, you will have (2) inserts in your Sunday newspaper.

**(1) RedPlum**

**(1) Smart Source**

### **RedPlum 8/19**

**\$1 off** Benadryl Children's item, excl topical and trial size (exp 10/19)

**\$1 off** BonSavor product (exp 9/30)

**\$1/2** Brawny paper towel packages, 2 giant rolls+ (exp 9/16)

**\$1 off** C&H Light (exp 10/14)

**\$1 off** Carnation Breakfast Essentials (exp 10/29)

**.35/1** Dial liquid or foaming hand soap or bar, 3 pk.+ (exp 9/8)

**\$2/2** Dial, Dial for Men or Tone body washes, 6 oz+ (exp 9/8)

**\$1 off** Disney or Marvel item (exp 10/1)

**.55/1** Dixie napkins (exp 11/19)

**\$2 off** Garnier Nutrisse nourishing color creme (exp 9/29)

**\$3 off** Gillette Mach3 razor, excl disposables and trial size (exp 9/30)

**\$1 off** L.A. Looks product, 20 or 26 oz (exp 9/16)

**\$1/2** Land O'Frost Premium, Delishaved or Bistro favorites or (1) wrap or sub sandwich kit (exp 10/31)

**\$1 off** L'Oreal cosmetic (Walgreens manufacturer coupon) (exp 11/19)

**\$1 off** L'Oreal Ever shamp, cond, or treatment (Walgreens mfr) (exp 11/19)

**\$2 off** L'Oreal haircolor (Walgreens manufacturer coupon) (exp 11/19)

**\$2 off** L'Oreal skincare (Walgreens manufacturer coupon) (exp 11/19)

**.35/1** Minute Steamers (exp 11/17)

**.75/1** Nalley pickles, 16 oz+ (exp 10/14)

**\$1 off** Newman's Own complete skillet meal (exp 9/29)

**.50/1** Pringles Snack Stacks, excl trial size (exp 9/30)

**\$1/2** Pringles fat free cans, excl trial size (exp 9/30)

**\$1/4** Pringles Super Stack cans, 180 g+ (exp 9/30)

**\$1 off** Purex big value size, 128 oz or 54 ct.+ (exp 9/15)

**\$1.50/2** Purina Beggin packages, 25 oz+ (exp 11/19)

**\$1/2** Purina Beggin packages, 6 oz (exp 11/19)

**.50/1** Renuzit Tempting Indulgences adjustable air freshener (exp 9/2)

**.55/3** Renuzit adjustable air fresheners (exp 9/2)

**\$1 off** Renuzit Fresh Accents Air Freshener (exp 9/2)

**\$1 off** Right Guard Total Defense 5 deodorant (exp 9/16)

**\$1 off** Right Guard Total Defense 5 body wash or bar soap (exp 9/16)

**.55/1** Shady Brook Farms (exp 11/18)

**\$1 off** Soft Scrub product (exp 9/8)

**\$1 off** Sundown Naturals vitamin or supplement (exp 9/18)

**.75/1** Tennessee Pride Breakfast Sandwich Product (exp 10/31)

**.55/1** Tennessee Pride Mini Hot Dogs (Exp 10/31)

**\$1/2** Turkey Hill SunBrew Iced Tea 57.6 oz (Exp 11/30)

**\$10 off** Zyrtec product, 70 ct.+ (exp 8/26)

**\$5 off** Zyrtec product, 24 ct.+ (exp 9/15)

## Smart Source 8/19

- \$1 off** Activia breakfast blend, 4 pk. (exp 9/30)
- \$1 off** Arm & Hammer Spinbrush item (exp 11/30)
- \$2 off** Arm & Hammer Spinbrush Sonic battery-powered toothbrush (exp 11/30)
- \$1 off** BC 16ct (exp 11/30)
- \$1/3** Betty Crocker Hamburger, Tuna, or Chicken Helper (exp 10/13)
- \$1/2 off** Bissell with Febreze Freshness Carpet Cleaning Products (exp 10/31)
- \$1.25 off** California Olive Ranch extra virgin olive oil (exp 12/12)
- \$1 off** Clear Care cleaning and disinfecting solution, 12 oz+ (exp 9/30)
- .75/1** Finish Quantum (exp 9/22)
- .50/1** Finish Powerball tabs or gelpacs (exp 9/22)
- .50/1** French's french fried onions (exp 10/31)
- \$1 off** GenTeal Eye Drop (Exp 12/31)
- \$1 off** Goody's extra strength (Exp 11/30)
- \$1/2** Hershey's milk chocolate w/almonds or special dark chocolate (exp 10/14)
- \$2 off** Hershey's Simple Pleasures chocolate, 5.6 oz (exp 9/30)
- \$2/2** Hormel Refrigerated Entrees, Country Crock side dishes or Lloyds BBQ Tubs (exp 10/15)
- \$1/2** Hormel Compleats microwave meals (exp 10/15)
- .55/1** Hormel Compleats kids microwave meals (exp 10/15)
- \$5/2** John Freda Frizz-Ease Frizz eliminators, styles or Finishers (excludes shampoos/conditioners, hairspray or travel size) exp 9/15
- .55/2** Kraft Natural Shredded or Sliced Cheese (exp 9/19)
- \$1/2** Kraft Mayo or MiracleWhip (Exp 9/16)
- \$1/3** Kraft BBQ Sauce (Exp 9/16)
- \$1/2** Kraft Sizzling Salad Dinner Kits Exp 9/16
- \$1/2** Kozy Shack no sugar added puddings (exp 11/19)
- .75/1** Land O Lakes deli cheese, 1 lb (exp 10/31)
- \$1 off** LUnchables Lunch Combinations with Smoothie (Exp 10/14)
- \$1/2** Lysol Power & Free toilet bowl cleaners (exp 10/2)
- \$1/2** Lysol Power & Free bathroom triggers or bathroom wipes (exp 10/2)
- \$1/2** Lysol Power & Free multi-surface cleaner triggers (exp 10/2)
- \$1.50/2** Mitchum or Mitchum for Women product (exp 9/23)
- \$1 off** Opti-Free contact lens solution, 10 oz+ (exp 9/30)
- \$1 off** Oxiclean pre-treater (exp 10/31)
- \$1 off** Oxiclean versatile stain remover, 3 lb+ (exp 10/31)
- \$1 off** Oxiclean liquid or Max Force power packs (exp 10/31)
- \$1 off** Palermo's Pizza Hand Tossed or Primo Thin (xp 10/31)
- .55/1** Pet Ice Cream 1.75 quart or Frozen Novelty Item (exp 9/16)
- \$1/2** Post Pebbles Cereals or Treats 6.2 oz + (exp 9/30)
- .50/1** Progresso Recipe Starters cooking sauce (exp 10/13)
- \$1 off** Reynolds Wrap foil, 35 sq ft +, excl Wrappers (exp 9/30)
- \$3 off** ROC skincare product (Excludes trial sizes) exp 9/30
- \$3/2** Select Brands K-Cups packs, 12 ct. (exp 9/16)
- \$2 off** Snapware food or home storage item (exp 11/30)
- \$1 off** Tyson Any'tizers snacks, excl bone in wings (exp 11/19)
- \$1 off** Tyson Any'tizers snacks, excl bone in wings (exp 11/19)
- .75/1** Tyson stuffed mini bread bowls, breakfast bowls or mini chicken sandwiches (exp 11/30)
- \$1 off** Woolite detergent, 50 oz+ (exp 9/30)

**50/2** Yoplait Greek yogurt cups (exp 10/13)  
\$1 off Zaditor Eye Drops (Exp 12/31)