

The Virginian Pilot Insert Variation 8/5/12

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

*-in insert

General Mills

Betty Crocker Save \$.75/2 Ready to Spread Frosting, 17.5oz+ cookie mix, Supreme Brownie Mix, Dessert Bar or Box Muffin Mix (9/29)*

Bisquick Save \$.50/1 40oz+ Original or Heart Smart (9/29)*

Cereal Save \$1/3 boxes (9/15)*

Cheerios Save \$1/2 boxes (9/15) *

Chex Mix Save \$.50/2 4.5oz+ Mix or 100 Calories snack (9/29)*

Fiber One Save \$.50/1 Chewy Bars (9/29)*

Fiber One Save \$.75/1 Nutty Clusters & Almonds cereal (9/15)*

Fun da-middles Save \$.50/1 cupcake mix (9/29)*

Hamburger Helper Save \$.75/3 (9/29)*

Nature Valley Save \$.50/1 Protein Chewy Bars 5ct+ (9/29)*

Nature Valley/Fiber One Save \$.75/3 NV Granola Bars 5ct+, NV Granola Thins, FO Chewy Bars, FO 90 Calories Chewy Bars or FO 90 Calories Brownies (9/29)*

Pillsbury Save \$.50/1 Baguette chips 7oz+ (9/29)*

Pillsbury Save \$.50/2 Toaster Strudel, Toaster Scrambles Pastries or Pancakes (10/27)*

Pillsbury Save \$.55/1 frozen Egg Scrambles or Grands! Biscuit Sandwiches (10/27)*

Snacks Save \$.75/2 Betty Crocker Fruit Shapes, Fruit by the Foot, Fruit Gusher Fruit Roll-Ups, Ocean Spray Fruit Flavored Snacks, Mott's Fruit Flavored Snacks or Sunkist Fruit Flavored Snacks (9/29)*

Totino's Save \$.75/3 Rolls packages (10/27) **Save \$0.40/2**

Treats Save \$.50/1 Cinnamon Toast Crunch treats, Cocoa Puffs treats, Lucky Charms treats, Golden Grahams treats, Chex Mix treats or Mil 'n Cereal bars (9/29)*

Yoplait Save \$.35/1 Go-GURT, Kids Cup, Trix multipack or Splitz yogurt (9/29)*

Yoplait Save \$.40/6 yogurt cups (9/29)*

Yoplait Save \$.50/8 yogurt cups (9/29)*

Yoplait Save \$.75/2 Go-GURT, Kids Cup, Trix multipack or Splitz yogurt (9/29)*

ADDITIONS:

No additions

RedPlum

Align/Prilosec Save \$3/1 Prilosec OTC 42ct or Align 42ct (10/6) TARGET

Claritin Save \$4/1 15ct+ (9/2)*

DermaSilk Save \$5/1 full size product (8/18)*

Disney/Marvel Save \$1/1 character shaped vitamins (9/20)*

Ester-C Save \$1/1 product (9/4)*
 Five Star Save \$1/2 products including student planning (9/30)*
 Five Star Save \$1/2 Reinforced Filler Paper products (9/30)*
 Five Star Save \$2/1 binder including Flex Hybrid Note Binder (9/30)*
 Garnier Save \$2/1 Herbashine color creme (9/16)*
 Gillette B1G1 free disposable razor up to Save \$12.99 (9/30)*
 Herbal Essences/Aussie Save \$3/2 products (9/30)*
 L'Oreal Save \$5/1 Paris Youth Code kit (9/30)*
 L'Oreal 1/1 Paris skincare item (9/30)*
 Maybelline Save \$1/1 lip product (10/5) **mascara product**
 Meow Mix Save \$.75/1 dry cat food bag 3lb+ (9/29)*
 Meow Mix Save \$1/6 cat food single cups or Save \$1/1 cat food variety pack (9/29)*
 MET-Rx Save \$2/2 Big 100 bars (9/16)*
 MET-Rx Save \$2/2 Protein Plus bars (9/16)*
 MorningStar Save \$.75/1 veggie foods product (9/30)*
 Nature's Bounty Save \$1/1 product (9/4)*
 Nature's Bounty Save \$3/1 Optimal Solutions product (9/4)*
 Nutella Save \$1/1 jar 13oz+ (10/31)*
 Olay Save \$1/1 Simply products (9/30) **Save \$1/2**
 Osteo Bi-Flex Save \$3/1 80ct+ (9/4)*
Pepto-Bismol Save \$.50/1 item excludes 8oz liquid (10/6) TARGET
 Pup-Peroni Save \$1.50/2 dog snacks bags 5.6oz+ (10/1)*
 Sundown Naturals Save \$1/1 product (9/4)*
 Venus/Daisy B1G1 free disposable razor up to Save \$7.99 ets (9/30)*
ZzzQuil Save \$1/1 liquid 12-24oz or caplets 24-48ct (10/6) TARGET

ADDITIONS:

Kellogg's Save \$1/3 cereals (9/16)
 Kellogg's Save \$0.75/2 Nutri-grain bars (9/30)
 Kellogg's Save \$1/2 Eggo frozen products (9/30)
 Kellogg's Save \$0.75/2 fruit snacks (9/30)
 Kellogg's Save \$1/2 Rice Krispies treats (9/30)
 Keebler Save \$1/2 Keebler or Sunshine multi-packs (9/30)
 Meaty Bone Save \$1/2 dog snacks (10/15)
 Purex Save \$1/2 28oz or larger (9/4)
 Francesco Rinaldi \$0.50/1 any size glass jar (9/9)
 Moist and Meaty Save \$1/1 36oz+ (9/17)
 B1G1 Nature's Bounty, Osteo Bi-Flex, Disney and Ester-C (8/11)
 Domino Save \$0.75/1 any light product (9/30)
 Ball Park Save \$0.55/1 anus product (9/2)
 Ball Park Save \$0.75/2 any products (9/2)
 Sara Lee Save \$1/0.5 lbs or more at deli OR on any package of presliced meat (9/16)

Smartsources

ACT Save \$1/1 product (9/23)
Allegra Save \$2/1 product (9/38)
 Baileys Save \$1/1 coffee creamer dnd (9/30)*

Ban Save \$.40/1 product 1.5oz+ (9/1)*
Ban Save \$1/1 solid (9/1)*
BIC Save \$3/1 disposable razor (9/2)*
Blink Save \$1/1 Tears or GelTears (9/10)*
Command Save \$.75/1 product dnd (9/9)*
Complete Save \$1/1 12oz+ (9/10)*
Complete Save \$1/1 Blink-N-Clean lens drops or contacts lubricant eye drops (9/10)*
Cortizone 10 Save \$1/1 product (9/23)
Fancy Feast Save \$1/18 Elegant Medleys cans (11/5)*
Fancy Feast B3G1 free Mornings cat food up to Save \$.90 (11/5)*
Farmer John Save \$2/1 smoked sausage (9/5)
G.U.M Save \$1/2 oral care products (10/31)
Glade Free Expressions fragrance mist starter kit when you buy any refill up to Save \$4.49 (9/15)*
Glade Free Oil Diffuser starter kit when you buy any refill up to Save \$8.99 (9/15)*
Gold Bond Medicated Save \$1/1 product (9/23)
Gold Bond Ultimate Save \$1/1 product (9/23)
Icy Hot/Aspercreme Save \$1/1 product (9/23)
John Frieda Save \$10 off Precision Foam Colour with purchase of both shampoo and conditioner (9/9)*
Lea & Perrins Save \$1/1 Worcestershire sauce 10oz+ (10/15)*
Lysol Save \$3/1 No Touch hand soap system starter kit or dispenser only (9/4)*
Mariani Save \$.50/1 dried fruit snacks 4oz+ dnd (9/30)
Mentos Save \$1/2 bottles 45pc+(10/5)*
Mentos Save \$1/3 bottles 15pc+(10/5)*
Nabisco Save \$.75/2 cookies or crackers 4.05-27.5oz (10/5) **Save \$1/2**
Nonni's Save \$1/1 Biscotti Bites (10/5)*
OneTouch Save \$45/1 Verio IQ meter (10/5)
Peet's Coffee Save \$2/1 medium roast Cafe Domingo or Cafe Solano 12oz bag (9/30)
Philips Save \$10/1 Sonicare rechargeable toothbrush excludes Xtreme (9/30)*
Philips Save \$15/1 Sonicare DiamondClean, FlexCare+ or FlexCare rechargeable toothbrush (9/30)*
Philips Save \$5/1 Sonicare brush heads or Sonicare Xtreme toothbrush (9/30)*
Pilot Save \$1/1 2pk+ Bottle 2 Pen (B2P) or FriXion erasable pens or highlighters (9/30)*
Raid Save \$1/1 ant & roach product (9/15)*
Raid Save \$1/1 ant gel (9/15)*
Revlon Save \$1/1 color cosmetic (9/9)*
Scotch Save \$.25/1 Magic Tape product (10/31)*
Scotch Save \$1/1 Magic Tape one-handed tape dispenser (10/31)*
Scotch Save \$1/1 pop-up tape product (10/31)*
Scotch Save \$1/1 restickable shapes, sheets, tabs, dots or strips (10/31)*
Similac Save \$1/1 Prenatal box (9/1)*
Similac Save \$2/1 Simplysmart bottle or 2pack (9/1)*
Simple Save \$1/1 facial skincare product (9/2)*
Simple Save \$3/both cleanser and moisturizer (9/2)*
Smart Balance Save \$.50/1 spreadable butter & canola oil blend (9/19)*
Smart Balance Save \$1/1 enhanced milk carton (9/19) **Save \$0.75/1**
Unisom Save \$1/1 product (9/23)
UP2U Save \$1/2 packs dnd (10/5)*
Wholly Guacamole Save \$1/1 product (9/2)

ADDITIONS:

V8 Save \$0.75/1 46oz or 6pack cans (9/16)

V8 Save \$1/1 any one V-fusion Sparkling 4pack (9/16)

International Delight Save \$1.50/2 half gallons (10/31)

International Delight Save \$1/1 half gallon (9/30)

Spam Save \$1/2 10oz meal for one (10/01)

Hormel Save \$1/1 sandwich makers (10/01)

Valley Fresh Save \$1/2 chicken breast canned (10/01)

Zoneperfect Save \$0.55/1 product (9/2)

Pediasure Sace \$2/1 product (9/2)

Spam Save \$1/2 single products (10/01)

Spam Save \$1/2 120z products (10/01)

Popcorn, Indiana Save \$1.50/2 8ct or family size (9/30)

Expo Save \$1/1 8 pack or larger original, 4 pack+ neon, 4 pack+ washable (9/30)

Prevacid Save \$3/1 42ct 24 hr (10/5)

Almay Save \$2/1 any cosmetic product (9/16)

Dr. Scholl's Save \$2/1 any massaging insoles (10/5)