

The Virginian Pilot Insert Variation 9/16/12

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

*-in insert

Red Plum

\$5 off Alli products, 90 ct.+ (exp 12/13)

\$1/2 Brawny paper towels, giant roll+ (exp 10/16)*

\$2 off Centrum or Centrum Silver multivitamin or Flavorburst chews (exp 10/13)*

\$2 off Centrum Specialist, 56 ct.+ (exp 10/13)*

\$5 off Centrum ProNutrients (exp 10/13)*

\$2.50 off CoverGirl Outlast lip color (exp 10/31)*

\$5/2 CoverGirl lip items, excl Outlast lipcolor and trial size (exp 10/31)*

\$5 off Dermalilk product (exp 10/16)

.75/2 Domino sugar items, 2 lb+ (exp 11/30)*

.30/1 Domino Organic or Demerara items, 24 oz (exp 11/30)*

.55/1 Domino Organic Light or Agave Nectar (exp 11/30)*

\$2/2 Gain detergent or fabric softener, excl trial size (exp 10/31)*

\$1 off Gain detergent or fabric softener (exp 10/31)*

\$3 off Gillette disposable razor, excl trial size (exp 10/31)*

\$1 off IHOP At Home syrup (exp 12/31)

\$2 off L'Oreal haircolor (exp 10/28)*

\$5/2 L'Oreal haircolor (exp 10/28)*

\$1 off L'Oreal face item (exp 10/28)*

\$1 off L'Oreal moisturizer or serum treatment (exp 10/28)*

\$1 off L'Oreal cleanser (exp 10/28)*

\$1.50/3 Mars M&M's, Twix, Milky Way, 3 Musketeers or Snickers (exp 10/31)

\$3 off Nasal Ease allergy reliever (exp 10/31)*

\$1/2 Newman's own pasta sauce (exp 10/27)*

\$1/2 Newman's own salad dressing (exp 10/27)*

\$1 off Newman's own Thin & Crispy pizza (exp 10/27)*

.75/1 Perdue Perfect Portions boneless skinless chicken breasts (exp 11/12)

\$1/2 Rhodes frozen rolls or bread (exp 11/4)

.50/1 Success rice items (exp 12/9)*

\$5 off Swiffer Wetjet starter kit (exp 10/31)*

\$1 off Swiffer Wetjet refill (exp 10/31)*

\$1/2 **\$0.50/1** Tide Pods, 14-40 ct. (exp 10/31)

\$2 off Truvia baking blend with sugar or natural sweetener (exp 12/10)*

ADDITIONS:

\$0.75/1 L'Oreal any Studio Line styling product (11/11)

\$0.25/1 L'Oreal any Vive Pro shampoo or conditioner (11/11)

\$1.50/2 Pup-Peroni bag of dog snacks (11/15)
\$0.55/1 Mardi Gras package of napkins (12/31)
\$1/2 Nestle Pure Life water .5 liter multi-packs (15 pack or larger) (10/28)
\$4/1 Nutro natural choice bag dog food (11/11)
\$2/1 Benecol any spread (12/15)
\$1 on BOTH any 28oz+ Hungry Jack pancake mix AND Hungry Jack syrup (10/07)
\$1/3 Kellogg's Special K cereals (10/28)
\$1.50/2 Kellogg's Special K protein meal bars, snack bars, shakes, AND/OR Special K2O Water mixes (10/28)
\$1/1 Tradewinds 1-gallon bottle of slow brewed tea (10/28)
\$1/1 Alka-Seltzer any antacid product (11/10)
\$1 one Purina One dry cat food, any size AND any 2 3oz cans of wet cat food (12/16)
\$1/1 Alka-Seltzer any Plus product (11/10)
\$1 Scotties on 5 boxes OR 2 multi-packs facial tissue (10/13)

Smart Source

\$1 off 2000 Flushes automatic toilet bowl cleaner (exp 10/31)*
\$1/2 Alexia frozen items (exp 10/28)
\$1/2 Aussie products, excl trial size (exp 10/31)*
.40/3 Campbell's condensed, excl Cream of Mushroom and Chicken (exp 11/4)*
.40/4 Campbell's condensed Cream of Mushroom or Chicken (exp 11/4)*
.50/2 Campbell's 100% natural soup cans (exp 10/31)*
.75/1 Campbell's Slow Kettle Style soup (exp 10/31)*
\$1.50 off Caribou k-cup packs, 12 ct. (exp 10/28)*
\$2 off Caribou bag of coffee, 12 oz (exp 10/28)*
\$1/5 Chef Boyardee cans or microwave pasta (exp 10/28)
\$2 off Clairol Nice 'n Easy or Natural Instincts, excl trial size (exp 10/31)*
Free Clairol Herbal Essences conditioner or styler wyb shampoo (exp 10/31)
\$1/2 Dannon Oikos regular, Light and Fit, or Activia Breakfast Blend (exp 10/14)*
\$1 off Dr. Scholl's corn, callus, bunion, wart, blister, ingrown, odor-x (exp 11/9)*
\$3 off Dr. Scholl's Freeze Away (exp 11/9)*
\$3 off Dr. Scholl's For Her insoles (exp 10/7)*
\$3 off Dr. Scholl's Massaging Gel insoles (exp 10/7)*
\$4 off Dr. Scholl's Pain Relief Orthotic inserts (exp 10/7)*
\$5 off Dr. Scholl's Active Series insoles (exp 10/7)*
\$1/2 Egg Beaters cartons (exp 10/28)
\$1 off General Electric select Energy Smart or Energy Efficient (exp 12/16)*
\$1/2 \$0.75/1 General Mills Total Whole Grain or Raisin Bran cereal (exp 10/27)
Free Glade Expressions Oil Diffuser starter kit wyb jar candle, 4 oz (exp 10/28)*
\$1/2 Hershey's Bliss bags, 8 oz+ (exp 12/14)*
\$2/2 Hershey's Simple Pleasures chocolates (CVS mfr coupon) (exp 10/31)*
\$2 off Huggies GoodNites bedtime underwear, jumbo pk.+ (exp 10/13)*
.40/1 Huggies baby wipes, 56 ct.+ (exp 10/13)*
\$1 off Huggies diapers (exp 10/13)*
\$2 off Huggies Little Movers slip-on diapers (exp 10/13)*
\$1/4 Hunts canned tomatoes, 11 oz+ (exp 10/28)
\$1/2 Idaho Spuds potato items (exp 11/10)*

\$1 off \$0.75/1 Johnsonville premium cooking sausage (exp 10/31)
\$1/2 Jolly Time microwave popcorn (exp 10/31)
.35/1 Land O Lakes Omega 3 eggs (exp 12/31)
.75/1 Mitchum product, excl trial size (exp 10/21)
\$1/2 \$0.50/1 Nature Valley protein chewy bars, 5 ct.+ (exp 11/10)
\$3/2 Olay body wash bars, excl Simply Olay and trial size (exp 10/31)*
\$5 off Olay Pro-X or Regenerist facial moisturizer (exp 10/31)*
Free Pantene conditioner or styler wyb shampoo, max \$6.99 (exp 10/31)*
\$7/2 Prevacid 24 hour item, 42 ct. (exp 10/13)*
\$1/3 Rotel diced tomatoes (exp 10/28)
\$1 off Schick Quattro for woman razor or refill (exp 10/27)*
\$2 off Schick Quattro Titanium razor, trimmer, or refill (exp 10/27)*
.75/1 Scott towels, 4 rolls+ (exp 10/21)*
\$1 off Scott Naturals flushable wipes tub or refills (exp 10/21)*
\$1 off Scott extra soft bath tissue, 12 rolls+ (exp 10/21)*
\$1 off Spot Shot instant carpet stain and odor eliminator (exp 12/31)*
B1G1 Stride ID gum, max \$1.79 (exp 11/10)*
.50/1 Swanson Flavor Boost (exp 11/18)*
\$1.50 off Wholly Guacamole (exp 10/21)
\$1/2 WhoNu? cookies (exp 11/11)*

ADDITIONS:

\$1/2 Halls any single bags of halls drops 17ct+ (11/10)
\$0.50/1 Fiber One any flavor brownies (11/10)
\$0.75/1 Campbell's any Gourmet Bisque (10/20)
\$1/1 Tabasco brand, any size any flavor (10/31)
\$1/2 V8 64oz Splash beverages (10/28)
\$0.75/1 Kraft Fresh Take cheese and breadcrumb mix (10/20)
B1G1 Free Pioneer Meatloaf mix any flavor, up tp \$1.19 (10/13)
\$0.55/2 Pioneer gravy mixes, any (10/13)
B1G1 Free Herbal Essences Shampoo, get one conditioner or styler free up to \$6.99, ETS (10/31)
\$4/1 Zyrtec any product 24ct+ (10/6)
\$1/1 Land O' Lakes *oz 4 cheese Italian blend (11/30)
\$0.75/2 Scotch-Brite any scrub sponge or scour pad multi packs, dishwands and dishwand refills (10/31)
\$1/2 Jell-o any refrigerated snacks (10/16)