

The Virginian Pilot Insert Variation 9/9/12

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

*-in insert

RedPlum

Save \$1.50/1 Beneful Baked Delights dog snacks (12/9)

Save \$2/1 Beneful dog food (10/9)

Save \$3/6 Beneful Prepared Meals tubs or \$3/1 6ct variety pack (10/9)

Save \$3/1 Body Fortress powder (10/28)*

Save \$1/1 California Pizza Kitchen product (10/9)*

Save \$1/2 DiGiorno large pizzas (10/9)

Save \$.50/1 Emerald NutsBreakfast on the go! product 7.5oz+ (10/21)

Save \$1/1 Fergie/wet n wild nail polish (9/22)*

Save \$.25/1 Folgers coffee product (10/23)*

Save \$.75/2 Friskies cat treat packages (12/9)

Save \$2/1 Garnier moisturizer (12/9)*

BOGO: Buy family size 25.4oz Garnier Fructis shampoo or conditioner, get 13oz conditioner or shampoo free (10/20) *

Save \$2/1 Garnier Nutrisse product (10/21)*

Save \$.60/1 Lipton Tea & Honey To-Go or pitcher size box (11/4) ETS*

Save \$1/1 L'Oreal EverCreme, EverSleek, EverPure, EverStrong shampoo or conditioner (11/4)*

Save \$1/1 **Save \$2/1** L'Oreal EverStyle product (11/4)

Save \$2/1 L'Oreal EverCreme, EverSleek, EverPure, EverStrong treatment (11/4)*

Save \$2/1 L'Oreal Sublime Mousse haircolor (11/4)*

Save \$1/1 Maybelline New York foundation or powder (11/9)*

Save \$1/1 Nature's Bounty vitamin or supplement (10/9)*

Save \$2/1 Nature's Bounty Optimal Solutions product (10/9)*

Save \$50/1 Nestle Toll House morsels (11/30)

Save \$.50/2 Pop Secret products (10/21)

Save \$1.50/2 Purina Busy chew treat 9oz or smaller (12/9)

Save \$1/1 Purina Busy Bone with Real Chicken & Cheese (12/9)

Save \$1/1 Purina Cat Chow Healthy Weight 3.15lb (11/14)

Save \$1/2 Purina T-Bonz or Tiny T-Bonz 10oz+ (12/9)

Save \$3/2 Purina Busy chew treat 12oz+ (12/9)

Save \$2/2 Right Guard Total Defense 5 deodorant, body wash or bar soap products (10/7)*

Save \$1/2 Stouffer's single-serve entrees up to 21oz (12/31)

Save \$1/2 Wonka/Nestle stand-up candy bags 9-12oz (11/14)

ADDITIONS:

Uncle Ben's B3G1 Free up to \$1.40 any ready rice pouches (11/10)

Uncle Ben's Save \$1/4 any rice products (11/10)

Maybelline Save \$1/1 Superstay 24 lipcolor or any lip product (11/9)
Maybelline Save \$1/1 mascara (11/9)
Pringles Save \$0.75/1 multigrain 180g+ (10/31)
Listerine Save \$1/1 ultraclean 1L+ (10/20)
Listerine Save \$1/1 any mouthwash, ZERO, total care, fluoride defense 1L+ (10/20)
Listerine Save \$1/1 whitening rinse 16oz+ (10/20)
Listerine Save \$1/1 whitening gel (10/20)
Advil Save \$1/1 advil or advil migraine 20ct+ (12/08)
Advil Save \$1/1 respiratory product (12/08)
Hungry Jack Save \$1/2 hash brown potatoes (11/03)
Butterball Save \$0.55/1 turkey bacon or turkey breakfast sausage (11/03)
Wisk Save \$1/1 detergent (10/21)

SmartSource

Save \$2/2 Almay cosmetic items ets TARGET coupon (12/30)*
Save \$3/1 Bausch + Lomb OcuVite product (11/30)*
Save \$.50/1 Betty Crocker box muffin mix (11/3)*
Save \$.50/2 Betty Crocker boxed potatoes excludes Potato Buds and pouch (11/3)*
Save \$.75/1 Betty Crocker Shake-N-Pour desserts (11/3)*
Save \$1/1 Brut fragrance 3.5oz+ or anti-perspirant/deodorant 2oz+ dnd (10/9)*
Save \$.50/2 Chex Mix 4.5oz+ or 100 Calorie Snack (11/3)*
Save \$10/1 Claritin 70ct (9/16)*
Save \$2/1 Claritin 4oz or 10ct+ (10/7)*
Save \$4/1 Claritin 24ct+ (10/7)*
Save \$1/1 Colgate 360 manual toothbrush (9/29)*
Save \$1/1 Colgate Optic White mouthwash 8oz+ (9/29)*
Save \$1/1 Colgate Optic White, Total Advanced or Sensitive Pro-Relief 4oz+ (9/29)*
Save \$1/1 Delimex item (10/7)
Save \$.55/1 Dreamfields pasta (11/17)*
Save \$.50/1 Easy-Off cooktop or barbecue grill cleaner (10/21)
Save \$.50/1 Easy-Off oven cleaner (10/21)
Save \$5/1 Eclos product (12/31)*
Save \$1/1 Efferdent product (11/30)*
Save \$2/1 Enzymatic Therapy Probiotic Pearls product (12/31)*
Save \$.50/2 Fiber One Chewy Bars, 90 Calorie Chewy Bars or 90 Calorie Brownies (11/3)*
Save \$.50/1 Frenchs honey, honey mustard dipping sauce or horseradish mustard (12/31)*
Save \$.75/1 Frenchs dijon or honey dijon mustard (12/31)*
Save \$.50/1 Fun da-middles cupcake mix (11/3)*
Save \$.50/1 General Mills Cinnamon Toast Crunch Treats, Cocoa Puffs Treats, Lucky Charms Treats, Golden Grahams Treats, Chex Mix Treats or Milk 'n Cereal bars (11/3)*
Save \$1/3 General Mills cereals (10/20)*
Save \$.75/3 Hamburger Helper home cooked skillet meals (11/3)*
Save \$.55/1 Hormel bacon toppings product (11/5)*
Save \$1/2 Hormel chili products (11/5)*
Save \$1/1 Infusium 23 shampoo, conditioner or leave-in-treatment 6oz+ dnd (10/9)*
Save \$1/2 Knudsen cottage cheese 16oz+ (10/9)
Save \$.50/1 Lime-A-Way cleaner (10/21)

Save \$2/1 MidNite regular, for Menopause or PM (3/31)*
Save \$1/1 MiraLax 10ct or 14 dose (10/21)*
Save \$4/1 MiraLax 30 dose (10/21)*
Save \$5/1 MiraLax 30 dose (9/16)*
Save \$.50/1 Mop & Glo product (10/21)
Save \$.50/2 Nature Valley granola bars 5ct+ or granola thins (11/3)*
Save \$2/1 Nature's Way Alive! multi-itamin product (12/31)*
Save \$.25/1 Nissin Spoon it (12/9)
Save \$1/4 Nissin big cup noodles (12/9)
Save \$.60/3 Old El Paso products excluding refrigerated, frozen or soup (11/3)*
Save \$.75/1 Old English product (10/21)
Save \$1.50/2 Pert Plus 2-in-1 product 13.5oz+ dnd (10/9)*
Save \$.30/2 Pillsbury refrigerated Grands! biscuits (12/1)*
Save \$.40/2 Pillsbury Crescent dinner rolls (12/1)*
Save \$.50/2 **Save \$0.75/3** Pillsbury Toaster Strudel, Toaster Scrambles Pastries or pancakes (12/1)
Save \$.50/1 Progresso Recipe Starters cooking sauce (11/3)*
Save \$1/4 Progresso soup cans (11/3)*
Save \$1/1 Rachael Ray Nutrish Super Premium treats for dogs (12/9)
Save \$2/1 Rachael Ray Nutrish Super Premium food for dogs (12/9)
B2G1 Free Rachael Ray Nutrish Naturally Delish up to \$2.19 (12/9)
Save \$2/1 RevitaLens OcuTec multi-purpose disinfecting solution (10/15)*
Save \$2/1 Revlon Moon Candy or FrenchMix nail art ets TARGET coupon (10/8)*
Save \$5/1 Revlon foundation, powder, primer, blush or concealer (10/14)*
Save \$2/1 Similasan product (11/30)*
Save \$1.50/1 Starbucks coffee bag 11oz+ (11/15)*
Save \$1/1 Starbucks k-cup packs (11/15)*
Save \$1/1 Starbucks VIA Ready Brew excluding 3pk (11/15)*
Save \$.75/1 Sunsweet juicers dnd (12/8)
Save \$.75/1 Sunsweet Plumsmart or Plumsmart light dnd (12/8)*
Save \$.75/1 Sunsweet prune juice dnd (12/8)*
Save \$1/2 Sure 2.6oz+ deodorant dnd (10/9)*
Save \$.50/1 Tide detergent excludes PODS and trial (10/31)*
Save \$.35/1 **Save \$0.75/3** Totino's Rolls (12/1)
Save \$.40/6 Yoplait yogurt cups (11/3)*
Save \$.50/2 Yoplait Greek yogurt (11/3)*
Save \$.50/8 Yoplait yogurt cups (11/3)*
Save \$.75/2 Yoplait Go-GURT, Kids Cup yogurt, Trix multipack or Splitz (11/3)*

ADDITIONS:

Pediasure Save \$2/1 any product (10/06)
Ajax Save \$0.25/1 30oz+ dish liquid (9/29)
Ajax Save \$0.50/1 44oz all-purpose cleaner (9/29)
Ajax Save \$0.50/1 20ct auto dish packs (9/29)
Beano Save \$1/1 30ct+ tablets (11/30)
Fiber Choice Save \$1.50/1 any 90ct+ (11/30)
Ensure Save \$3/2 ensure multi-packs (11/4)
Ensure Save \$2/1 clear 4-pack (11/4)

SmartSource

Save \$2/1 Allegra regular 15ct or smaller, D 12hr 10ct, D 24hr 5c or Children's excludes 2ct and trial (10/31)

Save \$7/1 Allegra regular 30ct+, D 12hr 20+ or D 24hr 10ct+ (9/16)

Save \$1/1 Aveeno product excluding cleansing bars, trial sizes and 2.5oz body lotion sizes (10/15)*

Save \$2/2 Aveeno products excluding cleansing bars, trial sizes and 2.5oz body lotion sizes (10/15)*

Save \$4/1 Bengay Zero Degrees, cold therapy or Pain Relief + Massage product ets (9/23)*

Save \$.40/2 Campbell's condensed soups excluding Chicken Noodle, Tomato and Great for Cooking (10/21)*

Save \$.40/2 Campbell's Spaghetti's (10/21)*

Save \$.40/4 Campbell's condensed Chicken Noodle and Tomato soups (10/21)*

Save \$.75/2 Campbell's microwaveable bowls or soup on the go cups (10/31)*

Save \$2/1 Clear Care cleaning and disinfecting solution 12oz+ (10/31)

Save \$.75/1 Dole fruit smoothie shaker (11/30)*

Save \$1/2 Hershey's Chocolates 9.4oz+ bags (10/20)*

Save \$1/2 Hershey's stand-up bags 8oz+ (11/23)*

Save \$.75/1 Johnson's baby product excluding 1-4oz sizes, Buddies and Kids 1ct sudzing bar (11/4)*

Save \$1/1 **Save \$0.50/1** Johnsonville Italian sausage (10/31)

Save \$1/1 Neutrogena acne product (11/4)*

Save \$2/1 Neutrogena All-in-1 acne control facial treatment (11/4)*

Save \$2/1 Neutrogena Rapid Tone Repair moisturizer (11/4)*

Save \$2/1 Neutrogena ultra-gentle daily cleaner (10/13)*

Save \$3.50/both Neutrogena ultra-gentle daily cleaner AND ultra-gentle soothing lotion or cream (10/13)*

Save \$2/1 Opti-Free PureMoist contact lens solution 10oz+ (10/31)

Save \$.75/1 Pepperidge Farm Baked Naturals (12/2)*

Save \$1/3 **Save \$0.40/2** Prego sauces (10/6)

Save \$.75/2 **Save \$0.60/2** Swanson premium white chunk chicken breast (11/15)

Save \$1.50/2 YoCrunch Greek multipacks (12/31)*

Save \$1/2 YoCrunch yogurt multipacks (12/31)*

Save \$1/4 YoCrunch yogurt 6oz cups (12/31)*

ADDITIONS:

V8 Save \$1/1 V-Fusion +Energy 6 pack (10/31)

V8 Save \$1/1 V-Fusion 36oz smoothie (10/31)

Campbell's Save \$0.50/4 Chunky soup or Chili (10/31)

V8 Save \$0.75/2 vegetable juice (10/21)

V8 Save \$0.75/1 vegetable juice 6 pack (10/21)

Pepperidge Farm Save \$0.75/1 Goldfish bread package (12/2)

Pepperidge Farm Save \$1/2 packages frozen bread or rolls (11/18)

Dreamfields Save \$0.55/1 package, any variety (11/17)

Similasan Save \$1.50/1 any product (11/30)

Dr. Oetker Ristorante Save \$1/2 pizzas any variety (12/31)

Rachael Ray Save \$2/1 Nutrish Super Premium dog food, any variety (12/9)

Rachael Ray B2G1 Free Nutrish Naturally Delish any variety up to \$2.19 (12/9)

Rachael Ray Save \$1/1 Nutrish Super Premium dog treats any variety (12/9)

Land O'Lakes Save \$0.35/1 package all natural eggs (12/31)

Land O'Lakes Save \$0.35/1 package Omega 3 eggs (12/31)
Lance Save \$0.75/1 Cracker Creations (11/30)