

Coupon Variations for The Post and Courier 10/07– You will have (3) inserts in your Sunday newspaper.

(1) Red Plum

(2) Smart Source

Red Plum 10/07

\$1 off A Taste of Thai coconut milk AND peanut sauce mix (exp 12/31)

\$2 off Allegra 24 hr 5 or 15 ct., 12 hr 12 ct., or Children's, excl 2 ct. (exp 12/31)

\$4 off Allegra 30 ct.+ or any D (exp 12/31)

..75/2 Bar S 1 lb Classic Jumbo and/or Bun length franks (Exp 12/10)

.55/1 ChapStick Active Sport Ready (exp 11/17)

\$1/2 ChapStick products (exp 11/17)

\$1 off Citrucel fiber therapy item (exp 12/7)

\$1/2 Clairol Herbal Essences or Aussie products, excl trial size (exp 11/30)

\$5 off DermaSilk full size product (exp 11/17)

.35/1 Dial liquid or foaming hand soap or bar, 3 pk.+ (exp 11/3)

\$1 off Dial lotion, 12 oz+ (exp 11/3)

\$1/2 Dial regular or for Men body washes, 6 oz+ (exp 11/3)

\$2 off Ester-C tablet or powder (exp 11/21)

\$1 off Folgers Gourmet Selection K- Cup (Exp 11/21)

\$1 off Folgers Gourmet Selections coffee (exp 11/21)

\$1 off Garnier moisturizer (exp 1/7/2013)

\$1 off Gaviscon antacid (exp 12/7)

\$2 off Gillette disposable razors, excl trial size (exp 11/30)

\$4 off Gillette Fusion ProGlide razor including Styler, excl trial size (exp 11/30)

\$2 off Gillette Venus, Daisy, or Daisy3 disposable razor (exp 11/30)

.55/1 Jimmy Dean product, excl rolls (exp 11/11)

.75/2 Jimmy Dean rolls (exp 11/11)

\$1 off Kibbles 'n Bits dry dog food (exp 12/6)

\$1 off L.A. Looks product, 20 or 26 oz (exp 10/31)

\$1/2 Land O'Frost Premium, Delishaved or Bistro Favorites or (1) kit (exp 12/15)

\$1.75/2 McCormick regular or Gourmet spices or herbs (exp 11/4)

\$1.50/2 Milk-Bone dog snacks (exp 12/2)

\$1.50/2 Milo's Kitchen dog snacks (exp 12/2)

.50/1 Mocha Mix non-dairy creamer (exp 3/31/2013)

.75/1 Mother's cookies, 11.5 oz+ (exp 12/2)

\$1 off Nature's Bounty vitamin or supplement (exp 11/6)

\$4 off Nature's Bounty Optimal Solutions supplement (exp 11/6)

\$5 off Nature's Bounty Optimal Solutions protein & vitamin shake (exp 11/6)

.75/1 Nestle Toll House Ultimates refrigerated cookie dough (exp 12/31)

\$3 off Osteo Bi-Flex One Per Day item (exp 11/21)

\$5 off Osteo Bi-Flex product, 80 ct.+ (exp 11/21)

\$1.50/2 Pup-Peroni dog snacks (exp 12/2)

\$1 off Purex Crystal 28 oz (Exp 11/04)

\$1 off Purex detergent 128 oz/54 ct + (exp 11/4)

\$1 off Right Guard Total Defense 5 body wash or bar soap (exp 11/4)

\$2/2 Right Guard Total Defense 5 deodorant (exp 11/4)

.50/1 Second Nature 99% pure egg whites (exp 3/31/2013)

\$1 off Soft Scrub cream or gel item (exp 10/27)

\$1 off Soft Scrub spray item (exp 10/27)
.75/2 Whisker Lickin's cat treats (exp 1/7/2013)
\$1/2 Wrigley Skittles, Starburst, Life Savers Gummy or Grab Bag (exp 10/31)

Smart Source 10/07

.50/2 Betty Crocker boxed potatoes, excl Potato Buds and Pouch (exp 12/1)
.75/1 Betty Crocker Shake-N-Pour desserts (exp 12/1)
.75/2 Betty Crocker Ready to Spread frosting or select dessert mix (exp 12/1)
.75/3 Betty Crocker Hamburger Helper home cooked skillet meals (exp 12/1)
.50/2 Betty Crocker, Ocean Spray, Mott's or Sunkist fruit snacks (exp 12/1)
.50/2 Chex Mix, 4.5 oz+ or 100 calorie snack (exp 12/1)
.75/1 Fiber One cereal boxes (exp 11/17)
\$1/3 General Mills cereal boxes (exp 11/17)
.75/1 Green Giant Seasoned Steamers (exp 12/1)
.75/3 Nature Valley or Fiber One select bars, thins or brownies (exp 12/1)
.30/2 Pillsbury refrigerated Grands! biscuits (exp 12/29)
.40/2 Pillsbury crescent dinner rolls (exp 12/29)
.40/2 Pillsbury sweet rolls or Grands! sweet rolls (exp 12/29)
.50/2 Pillsbury Toaster Strudel, Scrambles pastries or pancakes (exp 12/29)
\$1/4 Progresso soup cans (exp 12/1)
.75/1 Progresso Kitchen Favorites or Wanchai Ferry dry dinner kits (exp 12/1)
.40/2 Totino's rolls snacks (exp 12/29)
.30/1 Yoplait Simplait yogurt (exp 12/1)
.40/6 Yoplait cups (exp 12/1)
.50/8 Yoplait cups (exp 12/1)
.75/1 Yoplait Greek yogurt, 4 pk., or Greek yogurt w/ granola, 2 pk. (exp 12/1)
.75/2 Yoplait Go-Gurt, Kids Cup, Trix multi-pk. or Splitz yogurt (exp 12/1)

Smart Source 10/07

\$1 off Air Wick candle (exp 11/4)
\$1 off Air Wick Scented Oil twin pk. refill or (2) single refills (exp 11/4)
\$2 off Air Wick Scented Reed Diffuser (exp 11/4)
.75/1 Ban full size product, 1.5 oz+ (exp 11/7)
\$1.50 off Bausch+Lomb Boston item (exp 11/4)
\$2 off Bausch+Lomb renu fresh ro sensitive, 12 oz (exp 11/4)
\$3 off Bausch+Lomb renu fresh, 12 oz twin pk. (exp 11/4)
\$1 off Buitoni pasta or sauce (exp 12/31)
\$1 off California Olive Ranch extra virgin olive oil (exp 12/31)
.40/4 Campbell's chicken noodle or tomato soup cans (exp 11/30)
.40/3 Campbell's condensed soups, excl chicken noodle & tomato (exp 11/30)
.75/2 Campbell's microwavable bowls or Soup on the Go cups (exp 12/1)
.75/2 Command product (exp 11/11)
\$1 off Curel moisturizer, 7.5 oz+ (exp 11/17)
.55/1 Dixie Crystals product (excludes 2 lb granulated bags and sugar shakers)
\$1 off Dr. Pepper cans, 12 or 24 pk. or (2) Diet or TEN bottles, 2 L (exp 11/30)
\$1 off Energizer batteries, flashlight, or usb wall or car charger (exp 11/17)
\$3/2 Ensure multi-packs (Exp 12/02)

\$2 off Ensure Clear 4 pk (Exp 12/02)
\$1 off Fisher baking nut item, 10 oz+ (exp 12/31)
\$1/3 Golden Grain pasta (exp 11/1)
\$1 off Jergens moisturizer, 7.5 oz+ (exp 11/10)
\$2 off Jergens daily moisturizer lotion, 7.5 oz+ (exp 11/10)
\$1 off John Frieda product (exp 12/31)
\$2 off John Frieda Frizz-Ease, excl trial size (exp 12/31)
\$7/2 John Frieda Precision Foam Colour (exp 11/8)
\$1/2 Kozy Shack products (exp 12/31)
.50/1 Libman Wonder Mop (exp 12/31)
\$1 off Litehouse caramel dip (exp 12/31)
\$1/2 Mentos bottles, 45 pc+ (exp 12/9)
\$1/3 Mentos bottles, 15 pc. + (exp 12/9)
\$1/3 Mentos Up2U gum (exp 12/9)
\$1 off Method hand wash (exp 11/30)
\$1/3 Mueller's Pasta Packages (exp 11/1)
.50/2 Ortega product (exp 12/31)
.50/1 Pledge Floor Cleaner or Armstrong Floor Cleaner (Exp 11/31)
\$1/18 Purina Fancy Feast Elegant Medleys cans (exp 12/31)
\$1/24 Purina Fancy Feast cans (exp 12/31)
B1G1 Schick disposable razor pk/, excl 2 ct., max \$10.50 (exp 11/4)
\$1/2 Scotch-Brite botanical disinfecting wipes (exp 11/30)
\$1 off Smithfield Bacon (exp 12/01)
\$3/2 Starbucks coffee bags, 11 oz + (exp 11/15)
\$1 off Tylenol Cold (exp 12/31)
\$1 off Tylenol Sinus (exp 12/31)
.75/1 Tyson bagged breaded chicken strips (exp 1/5/2013)
\$1 off Tyson Any'tizers snacks, excl bone-in wings (exp 1/7/2013)
\$1 off Tyson mini bread or breakfast bowls or mini chicken (exp 1/5/2013)
\$1/2 Uncle Ben's white or brown rice (exp 12/1)
\$1 off Vlasic Farmer's Garden hand-crafted pickles (exp 12/15)
\$1/2 Werther's Original Carmels (Exp 11/30)
\$1 off Woolite carpet or upholstery (exp 12/15)
\$1 off Woolite Pet Urine or Pet+Oxygen stain & odor remover (exp 12/15)
.50/1 Zest bars, 3 ct. + (exp 11/19)
\$1 off Zest body wash (exp 11/19)
\$4 off Zyrtec product, 24 ct. + (exp 12/31)