

Coupon Variations for the Post and Courier, 10/21, you will have (2) inserts in your Sunday newspaper.
Be on the lookout for:

(1) Red Plum

(1) Smart Source

Red Plum 10/21

- \$1 off Aleve product, 12 ct. + (exp 12/31)**
- \$1 off Aleve-D product (exp 12/31)**
- \$1 off Alka-Seltzer antacid, excl Plus Cold (exp 12/31)**
- \$2 off Alka-Seltzer Plus, excl antacid (exp 12/31)**
- \$1.50 off Arrowhead water 8 oz reg or w/ fluoride wyb 0.5 L 24 pk. (exp 12/2)**
- \$1 off Bayer aspirin, 20 ct. + (exp 12/31)**
- \$2 off Bronkaid product (exp 12/31)**
- \$1 off Citracal product (exp 12/31)**
- \$5 off DermaSilk product, full size (exp 11/21)**
- \$1 off Dial For Men body wash, 6 oz + (exp 11/17)**
- \$1 off Finishing Touch Smile package (exp 1/28/2013)**
- \$2 off Flintstones multivitamin (exp 12/31)**
- \$1 off Garnier Fructis shampoo, conditioner or treatment (exp 12/1)**
- \$1 off Garnier Fructis stylant, excl trial size (exp 12/21)**
- \$2 off Gillette female disposable razors, excl trial size (exp 11/30)**
- \$2 off Gillette male disposable razors, excl trial size (exp 11/30)**
- \$1/2 Kotex Natural Balance item, excl liners 14-22 ct. (exp 12/1)**
- .25/1 Kotex U item, excl liners 14-22 ct. (exp 12/1)**
- \$2 off L'Oreal EverCreme, Sleek, Pure or Strong shamp or cond (exp 12/16)**
- \$2 off L'Oreal EverCreme, Sleek, Pure or Strong treatment (exp 12/16)**
- \$1 off L'Oreal EverStyle (exp 12/16)**
- \$2 off L'Oreal Excellence shade (exp 12/16)**
- \$1 off L'Oreal eye product (exp 12/16)**
- \$1/2 Necco candy bags, 9 oz + (exp 11/7)**
- \$10 off Nicorette gum 100 ct. +, CQ 14 ct. + or lozenge 72 ct. + (exp 12/9)**
- \$3/2 Nivea body lotion, 8.4-16.9 oz (exp 11/18)**
- \$3/2 Nivea lip care, 0.17 oz stick – 0.3 oz tube (exp 11/4)**
- \$1 off Nutella jar, 13 oz + (exp 12/31)**
- \$1 off One a Day multivitamin (exp 12/31)**
- \$1 off Phillips product (exp 12/31)**
- \$1 off Post Raisin Bran cereal, 15 oz + (exp 12/2)**
- \$1 off Post Shredded Wheat cereal (exp 12/2)**
- \$1 off Right Guard Total Defense 5 body wash, excl trial size (exp 11/17)**
- \$1 off Rimmel face, lip or nail item (exp 12/31)**
- \$1 off Rimmel lip item (exp 12/31)**
- \$1 off Sundown Naturals vitamin or supplement (exp 11/20)**
- .50/1 Tide pods 14-40 ct., excl tub and trial size (exp 11/30)**
- \$1 off TruBiotics probiotic supplement (exp 12/31)**
- \$2 off Waggin' Train dog treats, 3.5 oz + (exp 12/2)**

Smart Source 10/21

\$1 off Barber Foods product (exp 12/31)
\$1/2 Barilla white fiber, veggie or whole grain pasta (exp 12/15)
\$1.50 off Bausch+Lomb Biotrue multi-purpose solution, 10 oz+ (exp 12/21)
\$3 off Bausch+Lomb Biotrue multi-purpose solution, twin pk. (exp 12/21)
\$1 off Barber Foods product (exp 12/31)
.75/2 Blue Diamond Almond Breeze almondmilk (exp 11/30)
.75/2 Blue Diamond almonds can, 6 oz+ (exp 11/30)
.75/2 Blue Diamond Nut Thins or Baked Nut chips (exp 11/30)
\$1/2 Campbell's V8 Splash, 64 oz (exp 12/1)
\$1/4 Campbell's Chunky or 100% Natural Healthy Request Soups (exp 12/15)
.50/3 Campbell's Healthy Request condensed soups (exp 12/15)
\$1 off Carmex skincare, 40 oz+ (exp 12/31)
\$1/2 Carmex lip balm (exp 12/31)
\$2 off Chef Michael's food for dogs bag (exp 11/18)
B6G2 Chef Michael's food for dogs cans, max \$1.98 (exp 11/18)
.45/1 Daisy cottage cheese (exp 12/31)
\$1 off Di-gel tablets (exp 12/31)
\$2 off Di-gel liquid (exp 12/31)
\$1/2 Dr. Oetker Ristorante pizza (exp 12/31)
\$1 off Dial for Men Body Wash 6 oz + (exp 11/17)
Free El Monterey Supreme Burrito (exp 11/4)
\$1 off Equal classic or sucralose (exp 1/21/2013)
\$1/3 General Mills Big G cereals (Target coupon) (exp 12/16)
\$1 off Huggies Little Movers or Little Snugglers diapers or overnites (exp 11/17)
\$1 off Huggies diapers (exp 11/17)
.35/1 Huggies baby wipes, 56 ct.+ (exp 11/17)
\$1/2 Luden's bags, 25 or 30 ct. (exp 1/31/2013)
\$1/2 Jell-O Snacks (exp 11/18)
\$1 off Olivari olive oil (exp 3/31/2013)
.30/1 Pam Cooking Spray (Exp 12/01)
.40/1 Pillsbury Crescent Dinner Rolls (exp 1/12)
.30/2 Pillsbury Grands! Biscuits (exp 1/12)
\$1 off Playtex tampons, 14 ct.+ (exp 11/25)
\$1 off Pur Lux Sizzlin Strips or Mini Sizzlin Strips dog treats bag (exp 12/31)
\$1 off Pur Lux dog treats (exp 12/31)
\$1 off Reynolds Wrap pan lining paper (exp 12/31)
\$1 off Reynolds Wrap slow cooker liners (exp 12/31)
\$1 off Right Guard Total Defense 5 Body Wash (Exp 11/17)
\$2 off Schick Hydro razor (exp 12/2)
\$2 off Schick Hydro refill (exp 12/2)
.75/1 Schick Hydro shave gel (exp 12/2)
\$3 off Schiff Move Free (exp 1/21/2013)
\$1 off Schiff vitamin or supplement (exp 1/21/2013)
\$1 off Scott Extra Soft Bath Tissue 12 rolls+ (exp 12/2)
.75/1 off Scott Towels 4+ rolls (Exp 12/2)
.50/1 Scott Naturals Flushable Wipes Tub or Refill (Exp 12/02)
\$1 off Speed Stick or Lady Speed Stick (exp 11/10)
\$3 off SebaMed body Wash, Cleansing Hair/ Face creams ex. Facial items (exp 12/15)

\$3 off SebaMed shampoo or Conditioner excludestrial sizes (exp 12/15)

\$2 off St. Joseph HBP cough, cold & flu remedy (exp 12/15)

\$2.25/\$4.49 St. Joseph aspirin (exp 12/15)

\$1 off Sundown Naturals vitamin or supplement (exp 11/20)

.50/1 Tetley Tea box (exp 11/30)

.50/1 Tide Pods 12-40 ct bag (excludes Tides pod tub) exp 11/30

.50/1 Total Cereal: Whole Grain Total or Total Raisin Bran (exp 12/1)

.55/1 Trumoo Chocolate Milk Half Gallon or larger (exp 11/18)

.50/1 Ultra Palmolive dish liquid, 20 oz+ (exp 11/10)

\$1 off Wholly guacamole (exp 11/11)