

The Virginian Pilot Insert Variation 9/30/12

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

*-in insert

Red Plum

Adams/Comfort Zone/Avoderm \$2/1 product (10/31)

Advil \$1/1 Children's product (11/30)

all \$1/1 mighty pacs 24 loads+ (11/11)

all \$2/2 liquid, powder or mighty pacs laundry detergent 24 loads+ (11/11) ETS

Arrowhead \$1/1 8oz multipack 100% Mountain Spring Water or 100% Mountain Spring Water with Natural Flouride (11/11)*

Arrowhead \$2 off 700mL multi-pack 100% Mountain Spring Water wyb 1 .5-liter 24pk (11/11)*

Axe Buy 1 styling product, get 1 shampoo free 12oz shampoo only – up to \$6 (10/28) ETS

Bar S \$.75/1 deli shaved lunchmeat (11/30)

Bertolli \$1/1 Meal Soup (10/28)*

Bertolli \$1/1 Meal Soup, Frozen Meal or Risotto (10/28)*

Carnation \$.50/2 12oz cans evaporated milk (12/31)*

Centrum \$3/1 Flavor Burst chews 60ct+ (11/24)*

Degree Men \$.75/1 Adrenaline Series product (10/28) ETS*

Degree Men Buy 1 product, get Clear Men Scalp Therapy free – up to \$6.99 (10/28) ETS

Degree Women \$.75/1 Expert Protection product (10/28) ETS*

Dimetapp \$1/1 Children's product (11/11)

Disney/Marvel \$1/1 vitamin item (11/14)*

Dove \$.25/1 hair care product (10/28) ETS*

Dove \$.50/1 beauty bar 6pk+ eM+C (10/28) ETS*

Dove \$.75/1 go sleeveless, ClearTone, go fresh or Clinical Protection antiperspirant/deodorant eM+C (10/28) ETS

Dove \$2/1 body wash 18oz+ eM+C (10/28) ETS*

Dove Buy 1 shampoo AND 1 conditioner, get styling product free – up to \$6 (10/28) ETS*

Dove Men+Care \$1/1 antiperspirant 2.7oz or deodorant 3oz (10/28) ETS*

Dove Men+Care \$2/1 Body and Face Bar 6pk+ (10/28) ETS*

Dove Men+Care \$2/1 Body and Face Wash 13.oz+ ets or Active Clean Shower Tool (10/28)*

Feline Greenies \$1/1 Smartbites cat treats or dental treats (11/18)*

Fleischmann's \$.40/1 pizza crust yeast strip (1/6)

Fleischmann's \$.40/1 pizza crust yeast strip (11/22)

Fleischmann's \$.40/1 strip yeast (1/6)

Fleischmann's \$1/1 jar yeast (1/6)

Fleischmann's/Argo \$.40/1 Argo 16oz corn starch or Fleischmann's yeast strip (1/6)

Karo \$.40/1 16oz+ syrup (11/22)

Karo \$.40/1 16oz+ syrup (3/31)

Kaytee/Aqueon/Zilla \$2/1 product (10/31)

L'Oreal \$1/1 Paris eye product (11/25)*
L'Oreal \$2/1 Preference shade (11/25)*
Meow Mix \$.75/1 dry cat food 3lbs+ (11/24)*
Meow Mix \$1/6 single cat food cups or 1 variety pack (11/24)*
Nylabone/Four Paws/Pet Select \$2/1 product (10/31)
Paseo/Fiora \$.50/1 product excluding single-roll bath tissue (12/31)
Paseo/Fiora \$1/1 large pack bath tissue or towel (12/31)
Pedigree \$1/1 dry food for dogs 3.5lb+ (11/24)*
Pedigree \$1/1 Little Champions pouch variety pack 8 or 12ct or 6 single pouches, 6 trays or 6 13.2oz cans (11/24)*
PF Changs \$1/1 Home Menu Spring Rolls or Dumplings (10/28)*
POND'S \$1/1 cream, towelettes or cleansing product (10/28)*
POND'S \$1/1 Luminous Clean product (10/28) ETS*
Pringles \$.50/1 Snack Stacks (10/31) ETS
Pringles \$1/4 Super Stack cans 180g+ (10/31) ETS
Simple \$2/1 product (10/28) ETS*
Suave Professionals Buy 1 shampoo AND 1 conditioner, get 1 styling product free – up to \$4 (10/28) ETS
Sundown Naturals \$1/1 vitamin or supplement excluding adult multi (10/30)
Superpretzel \$1/2 items (10/20)
Surf \$1/1 laundry detergent (11/11)
TRESemme Buy 1 shampoo AND 1 conditioner, get styling product free – up to \$6 (10/28) ETS
Vaseline \$2/1 lotion including Men 20.3oz+ (10/28) ETS*
Weight Watchers \$1/1 Sweet bakery product (12/31)
Welch's \$.75/1 100% juice 64oz or multi-pack (11/15)
Welch's \$1/2 jams, jellies or spreads (12/31)
Wildwood \$.50/1 organic tofu (12/31) DND
Wildwood/Emerald Valley \$.50/1 kitchen organic hummus (12/31) DND

ADDITIONS:

Knorr \$1/1 Homestyle Broth (10/28)
Dole \$1/1 any 59oz. 100% juice (11/25)
Cesar B1G1 Free any variety meaty selects can (11/25)
Cesar \$1/2 any treat varieties (11/25)
Cesar B3G1 Free any variety canine cuisine tray (11/25)
Brillo \$1/2 Estracell sponges(12/1)
Brillo \$0.55/1 any 10ct. 18ct., singles or heavy duty brillo soap pads (12/1)
Deer Park \$1/2 700 mL multipacks (11/11)
Deer Park \$1/2 8oz or 8oz with Flouride (11/11)
9lives \$1/1 bag dry food 3.15lbs+ (11/24)
9lives \$1/2 Wet food 12 can variety packs OR 24 individual cans OR 6 4 packs (11/24)

Smart Source

Barilla \$1/both pasta box and sauce jar (11/24)
Claritin \$3/1 D 15ct+ (10/28)*
Claritin \$4/1 24ct+ (10/28)*
Claritin \$5/1 D 15ct+ (10/7)*

Colgate \$.40/1 **\$1/2** adult or kids manual toothbrush Plus or Extra clean (10/20)
Colgate \$.75/1 **\$1/1** toothpaste 4oz+ (10/20)
Colgate \$1/1 Optic White mouthwash 8oz+ (10/20)*
Colgate \$2/1 360 battery powered toothbrush refill (10/20)*
Dr. Scholl's \$5/1 Custom Fit Orthotics (11/9)
Drano \$.55/1 Clog Remover product (11/11)*
Drano \$1/1 Advanced Septic Treatment product (11/11)*
Drano \$1/1 Snake Plus product (11/11)*
Eggland's Best \$.50/1 eggs (12/31)*
Eggland's Best \$.75/1 cage free dozen or organic dozen eggs (12/31)*
Farm Rich \$1.50/2 snacks (12/4)*
Franks \$.75/1 Redhot sauce (11/30)*
Franks \$.75/1 Redhot Sweet Chili or Thick Sauce (11/30)*
Freschetta \$1.50/2 pizza products (11/15) DND*
Frigo \$.55/1 Cheese Heads string cheese 10oz+ (11/30)
Green Mountain Coffee \$1.50/1 10oz or 12oz bag (10/31)*
Green Mountain Coffee \$1/1 K-Cup 12ct (10/31)*
Hefty \$.55/1 waste bags (12/31)*
Hefty \$.55/2 cups (12/31)*
Hefty \$1/2 plates or bowls (12/31)*
Hefty \$1/2 slider bags (12/31)*
Icy Hot \$1/1 excludes 1ct (12/31)
Icy Hot/Aspercreme/Capzasin/Sportscreme/Flexall \$1/1 product (12/31)
Irish Spring \$.50/1 multi-bar packs 3pk+ or body wash excludes 2.5oz (10/20)*
Joint Juice \$1/1 product (12/31)*
Kleenex \$.30/3 50ct+ boxes or \$.30/1 bundle pack (10/28) ETS*
Kleenex \$.75/1 hand towels (11/25)*
Neutrogena \$1/1 Naturals Cleanser (12/31) ETS*
Neutrogena \$2/1 Naturals Moisturizer (12/31) ETS*
OXY \$1/1 product (11/23)*
OXY \$2/1 clinical product (11/23)*
Pepperidge Farm \$1/1 Jingos snacks (12/23)*
Purina \$1/1 4lb+ bag of Puppy Chow, Dog Chow, Healthy Morsels, Little Bites, Fit & Trim or Active Senior 7+ (12/30)*
Purina \$2/12 single cans or \$2/1 12ct variety pack (11/19)*
Reynolds \$.50/1 Slow Cooker Liners (12/31)*
Reynolds Wrap \$.55/1 foil 35sqft+ excluding Wrapper foil sheets (12/31)*
RoC \$3/1 anti-aging product (11/15) ETS*
SeaPak \$.75/1 product (11/11)*
Smart Balance \$.50/1 spreadable butter or blended butter sticks (11/14)*
Smart Balance \$1/1 enhanced milk carton (11/14)*
Softsoap \$.35/1 **\$1/2** liquid hand soap pump 8oz+ or refill 28oz+ (10/20)
Softsoap \$.50/1 **\$1/2** body wash 12oz+ or bar soap 4 bar pk+ (10/20)
Softsoap \$.50/1 Citrus Splash or Berry Fusion body wash 12oz+ (10/20)
SoyJoy \$1/1 multi-pack (10/31)*
SoyJoy Buy 3 single bars, get 1 free (10/31)*
Splenda \$.55/1 No Calorie Sweetener product (11/10) DND*
Splenda \$2/1 Nectresse Natural No Calorie Sweetener product (11/10) DND*

Swanson \$.40/2 broth or stock cartons 26oz+ (10/27)*
Tena \$1/1 product (12/31)*

ADDITIONS:

Pepperidge Farm \$0.40/1 package bread or rolls (12/9)
Pepperidge Farm \$0.40/1 breakfast product in bread aisle (12/9)
Planters \$1/1 cashews, mixed nuts, or NUT-rition product 4-21.5oz (12/31)
Gwaltney Save \$0.75/1 any bacon item (11/11)
Gwaltney Save \$0.45/1 any bologna item (11/11)
Gwaltney Save \$0.45/1 any hot dog item (11/11)
Ronzoni Save \$1/2 boxes of pasta portions (11/30)
San Giorgio Save \$1/2 boxes of pasta portions (11/30)

Pepsi Co

ROLD GOLD® PRETZELS
Save \$1.00 off any two (2)
DORITOS® JACKED™ CHIPS
Save \$1.00 off two (2)
LAY'S® POTATO CHIPS AND LAY'S DIPS
Save \$1.00 when you buy both
LAY'S STAX® POTATO CHIPS
Save \$1.00 off any six (6)
FRITO-LAY® VARIETY PACK (20 count or larger)
Save \$1.00 off any one (1)
TOSTITOS® TORTILLA CHIPS (14 oz. or larger) OR TOSTITOS® SALSA (23 oz. or larger)
Save \$1.00 off any one (1)
SABRA® GUACAMOLE, HUMMUS OR DIP
Save \$1.00 off any two (2)
SMARTFOOD® POPCORN
Save \$1.00 off any two (2)
SMARTFOOD® SELECTS SNACKS
Save \$1.00 off any two (2)
QUAKER® INSTANT OATMEAL, STANDARD OATMEAL OR QUAKER MEAL MEDLYS
Save \$1.00 off any two (2)
100% NATURAL LIPTON® ICED TEA (64 oz. bottles)
Save \$1.00 off any two (2)
LIPTON® ICED TEA 12-Pack AND/OR PURE LEAF™ 6-Pack
Save \$1.00 off any two (2)
PEPSI® BRAND 18/20/24/30 PACKS (12 oz. cans)
Save \$2.00 off any two (2) 4-packs
PEPSI NEXT® 2-Liter BOTTLES
Save \$1.00 off two (2)
SIERRA MIST® 2-Liter BOTTLES
Save \$1.00 off any three (3)
STARBUCKS® FRAPPUCCINO AND/OR DOUBLES HOT®
Save \$2.00 off any two (2) 4-Packs
CRUSH® 2-Liter BOTTLES

Save \$1.00 off any three (3)

NFLSHOP.COM

Save \$10.00 off purchase of \$100 or more

P&G insert:

9/30 P & G. Exp 10/31 excl trial/travel sizes

Always \$1/2 pads or liners

Always \$2.50/2 Infinity pads, Radiant Infinity pads 12ct+ or Radiant liners 64ct+

Bounce \$.50/1 product

Bounty \$.25/1 napkins

Bounty \$.25/1 towels or napkins

Cascade \$1/1 ActionPacs

Charmin \$.25/1 product

Clairol \$2/1 Natural Instincts or Nice 'n Easy hair color box

Covergirl \$1/1 product

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Covergirl \$3/1 Simply Ageless excludes Serum Primer

Covergirl \$3/2 products

Crest \$.50/1 toothpaste 4oz+ or liquid gel

Crest \$1.50/1 Rinse 458mL+

Downy \$1/1 product

Duracell \$.50/1 CopperTop, Ultra Power, Ultra Photo Lithium or Specialty batteries

Duracell \$3/1 rechargeable batteries, charger or hearing aid batteries 6pk+

Febreze \$1/1 5.5oz candle

Febreze \$1/1 Air Effects

Febreze \$1/1 car

Febreze \$1/1 Fabric Refresher

Febreze \$1/1 Set & Refresh

Febreze \$1/2 3.oz candles

Febreze \$2/2 products

Febreze Buy NOTICEables refill, get NOTICEables warmer up to \$3.50

Fixodent \$.75/1 cleanser

Fixodent \$1/1 adhesive 1.05oz+

Gillette \$1/2 body washes or deodorants

Head & Shoulders \$2/1 product

Ivory/Safeguard \$.50/1 personal cleansing product excludes dish & laundry

Luvs \$1/2 bags or \$1/1 diapers box

Olay \$2/1 complete facial moisturizer, daily facial or cleansers excludes Clean & Mild cloths, ProX, Regenerist, Total Effects and ADS

Olay \$3/1 Total Effects facial moisturizer or facial hair removal

Olay \$5/1 ProX or Regenerist facial moisturizer or ProX cleansing device

Olay Buy facial cleanser, get \$2 off bath bar, body wash or in shower body lotion excludes ProX, Regenerist, Total Effects or ADS cleansers

Old Spice \$1/2 products

Oral-B \$.50/1 Glide floss 35m+ or Glide floss picks 30ct+

Oral-B \$.50/1 Pulsar, 3D White, Pro-Health or Complete or \$.50/2 Indicator or Cavity Defense toothbrushes
Pampers \$1/2 bags or \$1/1 diapers or pants box
Pantene \$1/2 products
Prilosec OTC \$1/1 product no restriction
Puffs \$.25/1 single or 1 3pk+
Scope \$.75/1 mouthwash 710mL+
Secret \$.75/1 Outlast
Secret \$1/2 products
Swiffer B1G1 free Dust & Shine up to \$3.89
Swiffer Buy refill, get \$2 off starter kit
Tampax \$2.50/2 Pearl or Radiant tampons including Compak 16ct+
Tide \$1/1 detergent excluding PODS
Tide \$1/1 Washing Machine Cleaner or Boost
Venus \$3/both refillable razor or bikini razor AND 1 refill excludes disposables
Vicks \$1/1 product excluding VapoDrops and ZzzQuil
Vicks \$3/2 products excluding VapoDrops and ZzzQuil
ZzzQuil \$1/1 product