

Coupon Variation for The Post and Courier for this Sunday, 11/04, you will have (2) inserts in your Sunday newspaper.

Be on the lookout for:

(1) Red Plum

(1) Smart Source

Red Plum 11/04

.50/1 Bridgeford Frozen Rolls, Bread Dough, or Monkey Bread (exp 3/15)

\$1 off Carr's crackers, 4.25 oz + (exp 12/30)

\$1 off Clear Hair Care product, excl trial size (exp 12/2)

\$1 Dial Lotions product 12 oz + (exp 12/2)

\$1 off Disney vitamin (exp 12/4)

\$1/2 Dixie or Dixie Ultra Plates and Bowls (Exp 12/31)

.75/1 Domino Light (exp 12/31)

.65/1 Domino Organic Light or Amber agave nectar (exp 12/31)

.30/1 Domino 4 lb or 5lb Granulated sugar (exp 12/31)

.55/2 Domino sugar items, 2 lb + (exp 12/31)

.55/1 Eagle sweetened condensed milk (exp 12/30)

\$1 off Emetrol (Exp 2/4)

\$2 off Ester-C product (exp 12/4)

\$3 off Flex-a-min product (exp 12/4)

\$1 Florida Crystals Natural or Organic sugar item (exp 12/31)

.65/1 Florida Crystals Organic Light or Amber agave nectar (exp 12/31)

.25/1 Folgers coffee, 3 oz + (exp 12/31)

\$1 off Folgers Gourmet Selections (exp 12/31)

\$1 off Gelusil Peppermint Flavored Antacid/Anti gas 20 ct or 100 ct (exp 2/4)

\$1 off Gillette disposable razors, excl trial size (exp 12/31)

\$5 off Gillette Mach3 razor wyb Mach3 cartridge (exp 12/31)

\$1 off Gillette Venus, Daisy or Daisy3 disposable razors (exp 12/31)

\$1/2 Hanover Gold Line Frozen Vegetables (Exp 12/31)

\$1/2 Hanover Silver Line Frozen Vegetables (Exp 12/31)

\$1/2 Hanover candied Sweet Potatoes (Exp 12/31)

\$1/2 Hanover Canned Green Beans 38 oz + (exp 12/31)

\$1/2 Hungry Jack 28 oz Mixes or Syrups (exp 12/31)

.75/2 L'Oreal Kids Shampoo or other Kids product (exp 12/30)

\$2 off L'Oreal Preference shade (exp 12/30)

\$2/2 McCormick Extracts (Exp 12/2)

.50/1 Minute Steamers (exp 1/12)

\$1/2 Naturally Delicious mayonnaise or barbecue sauce (exp 1/6)

\$1/2 Naturally Delicious salad dressing (exp 1/6)

\$2 off Nature's Bounty fish oil (exp 12/4)

\$3 off Nature's Bounty Optimal Solutions product (exp 12/4)

\$4 off Nature's Bounty Optimal Solutions shake mix (exp 12/4)

\$1 off Nature's Bounty product (exp 12/4)

.55/1 Odom's Tennessee Pride product (Exp 1/31)

\$3 off Osteo Bi-Flex product, 80 ct. + (exp 12/4)

.50/1 Quaker Real Medleys cups (exp 12/1)

\$2/2 Right Guard Total Defense 5 Deodorants (Exp 12/02)
\$1/2 Right Guard Sport Deodorants (Exp 12/02)
\$1 off Sara Lee sweet goods (exp 12/31)
\$1.50 off Scope mouthwash, 750 mL + (exp 12/31)
.35/1 Smucker's jam, jelly, preserves or fruit spread (exp 12/31)
\$1 off Soft Scrub Spray product (exp 11/24)
\$1 off Soft Scrub Cream or Gel Product (Exp 11/24)
\$2 off Sundown Naturals fish oil or Co Q-10 (exp 12/4)
\$1 off Sundown Naturals product (exp 12/4)

Smart Source 11/04

\$1 off Act mouthwash, 16.9 oz + (exp 12/15)
.55/1 Archway cookie pack (exp 12/31)
\$1.75 off Barista Prima Coffeehouse k-cups, 12 ct. (exp 12/4)
.40/1 Betty Crocker pouch cookie mix, 14 oz + (exp 12/29)
.50/2 Bugles, Chex Mix, Pillsbury Baguette chips or Gardetto's (exp 12/29)
\$3 off Butterball Turkey (Fresh or Frozen) wyb ANY 4 Pillsbury Crescent Dinner Rolls, Green Giant Canned vegetables, Betty Crocker boxed potatoes (except potato buds or Betty Crocker Pouch) or Betty Crocker Stuffing) exp 12/30
.75/1 Campbell's gourmet bisque (exp 12/29)
.35/4 Campbell's Great for Cooking condensed soups (exp 12/31)
\$2 off Caribou Coffee 12 oz (exp 12/31)
.55/1 Dixie Crystal product (Exp 1/6)
.40/1 Dukes product (exp 12/2)
.40/2 Dole Fruit (exp 12/31)
.50/2 Dole Tropical Fruit (Exp 12/31)
\$1 off Don Francisco's coffee can (exp 12/31)
\$1 off Endust product (exp 12/15)
\$2 off Ensure Complete 4 pk. (Exp 12/31)
.55/1 Fisher baking nuts, 10 oz + (exp 12/31)
\$1 off Fleischmann's jar yeast AND King Arthur flour 5 lb + (exp 12/4)
.40/1 Fleischmann's yeast strips or jar (exp 4/7)
\$1 off French's French fried onions, 6 oz (exp 12/31)
\$1/3 General Mills cereals (exp 12/15)
\$1/2 Glad food storage (exp 1/6)
.50/2 Glad food storage (Target coupon) (exp 12/31)
\$1 off Glad trash bags, 28 ct. + (Target coupon) (exp 12/31)
\$1.50/2 Glade automatic spray refills (exp 12/1)
\$1 off Glade decor scents holder or (2) refills (exp 12/1)
\$1.50/2 Glade jar candles, 4 oz (exp 12/1)
\$1 off Glade PlugIns Scented Oil refill, twin pk. or (2) (exp 12/1)
\$1 off Glade PlugIns Scented Oil warmer (exp 12/1)
.55/1 Glade premium room spray, 9.7 oz (exp 12/1)
\$1 off Glade Scented Oil candles holder or (2) refills (exp 12/1)
\$1 off Glade Sense & Spray refill, twin pk. or (2) refills (exp 12/1)
.50/1 Gorton's product (exp 2/9)

\$1/2 Halls bags, 17 ct. + (exp 12/31)
\$1 off Hormel Country Crock side dish (exp 12/31)
\$2 off Hormel Cure 81 boneless ham (exp 12/31)
\$1 off Hormel refrigerated entree (exp 12/31)
\$1 off Infusium 23 hair care, 6 oz + (exp 12/4)
.75/1 Johnsonville premium fully cooked sausage (exp 12/31)
\$1 off KAME product (Exp 2/2)
.40/1 Karo syrup, 16 oz + (exp 4/7)
.30/3 Kleenex tissue, 50 ct. +, bundle pk. or (3) boxes (exp 12/2)
.55/1 Lance sandwich cracker homepack, 8 ct. + (exp 12/31)
\$1 off Land O Lakes Saute Express Saute Starter (Exp 12/31)
\$1.50 off Lubriderm product, 8 oz + (exp 12/31)
.50/1 Mariani dried fruit, 3 oz + (exp 12/31)
\$1 off McCain Sweet Potato Fries (Exp 12/31)
\$1 off MiraLax product, 10 or 14 dose (exp 12/8)
\$4 off MiraLax product, 30 dose (exp 12/8)
.75/1 Pepperidge Farm Baked Naturals cracker chips, crisps, thins (exp 12/30)
\$1/2 Pepperidge Farm bread or rolls in the French Bread aisle (exp 1/13)
\$1 off Pepperidge farm Cookie Cake (exp 2/3)
.50/1 Pepperidge Farm 3-layer cake (exp 2/3)
\$1.50/2 Pert Plus 2-in-1, excl 1.7 oz and trial size (exp 12/4)
.40/3 Pillsbury Crescent dinner (exp 1/26)
.40/3 Pillsbury refrigerated Grands biscuits (exp 1/26)
.60/3 Pillsbury sweet rolls (exp 1/26)
.40/2 Prego Italian Sauce (Exp 12/31)
.50/1 Progresso Recipe Starters cooking sauce (exp 12/29)
\$1 off Purell Advanced hand sanitizer, 8 oz + (exp 2/4)
\$1/3 Purell hand sanitizer (exp 2/4)
.50/1 Rid-x septic System Treatment System (Exp 12/4)
.50/1 Rid-x Septic System Treatment System (Exp 1/04)
\$5 off Rug Doctor (Exp 12/31)
\$1 off Schick disposable razors, excl 2 ct. (exp 12/2)
\$3/2 Schick disposable razors, excl 2 ct. (exp 12/2)
.75/1 Scrubbing Bubbles all purpose cleaner with Fantastik (exp 12/15)
\$1/2 Scrubbing Bubbles bathroom cleaners (exp 12/15)
\$2/2 Scrubbing Bubbles toilet cleaning gel (exp 12/15)
.40/5 Swanson broth cans (exp 12/31)
.40/3 Swanson broth or stock cartons (exp 12/31)
.75/1 Tyson frozen Grilled & Ready item (exp 2/28)
.75/1 Tyson Whole Grain or Lightly Breaded products (Exp 2/28)
\$1 off Tyson Any'tizer snack (excluding bone-in wings) exp 2/5
B1G1 Woolite Heavy Traffic Carpet Foam (exp 12/31)