

Chattanooga Times Free Press 01/06/2013

Black = You got this coupon!

Red = Not in this insert

Blue = A change in value or a new coupon not in the insert

RedPlum

Free \$5 Target gift card wyb (3) Selsun Blue, Gold Bond Ultimate, Icy Hot, Act, Cortizone-10, Unisom, Aspercreme or Allegra, excl trial size (Target coupon) (exp 1/19)

\$1 off Act product, excl trial size (exp 2/24)

\$2 off Allegra product, excl 2 and 5 ct. (exp 2/24)

\$5 off alli product, 90 ct. + (exp 3/31)

.45/1 Angel Soft bathroom tissue double roll, 4 pk. + (exp 2/28)

\$1 off Clairol color or herbal color (exp 2/28)

\$1 off Cortizone-10 product, excl trial size (exp 2/24)

\$1 off Disney Marvel gummy vitamin (exp 2/20)

\$3 off Ester-C tablet (exp 2/20)

\$2 off Ester-C to go (exp 2/20)

\$1 off Gillette disposable razor, excl trial size (exp 2/28)

Free Gillette Fusion shave prep wyb Series or Fusion shave prep, max \$3.99, excl trial size (exp 2/28)

\$3 off Gillette Mach3 disposable razor, excl trial size (exp 2/28)

\$3 off Gillette Venus razor AND refill, excl disposables and trial (exp 2/28)

\$2 off Gillette Venus, Daisy or Daisy3 disposable, excl trial size (exp 2/28)

\$1 off Gold Bond body lotion, max 6.5 oz, excl trial size (exp 3/6)

\$2 off Gold Bond body lotion, 7 oz + (exp 3/6)

\$1 off Gold Bond Ultimate, excl trial size (exp 2/24)

Free Good'n Natural bar, max \$1.50 (exp 2/17)

\$1.50 off Good'n Natural product, multipack or (6) single bars (exp 2/17)

.35 off any variety Healthy Life bread, buns, or English muffins (3/31)

\$1 off Icy Hot or Aspercreme product, excl trial size (exp 2/24)

\$2/2 Met-Rx bars (exp 2/17)

\$1 off Met-Rx value pk. or (6) minis or singles (exp 2/17)

.75/1 Nasoya Pasta Zero (exp 4/7)

\$1.25/2 Nasoya product (exp 4/7)

\$2.50 off Nature's Bounty fish oil or CoQ-10 (exp 2/5)

\$4 off Nature's Bounty Optimal Solutions (exp 2/5)

\$5 off Nature's Bounty Optimal Solutions shake mix (exp 2/5)

\$1 off Nature's Bounty vitamin or supplement (exp 2/5)

.75/1 Newman's Own lite salad dressing (exp 2/16)

\$10 off Nicorette gum 100 ct. +, NicodermCQ 14 ct. + or Nicorette lozenge 72 ct. + (exp 2/10)

\$3 off Osteo Bi-Flex product, 30-60 ct. (exp 2/20)

\$5 off Osteo Bi-Flex product, 70 ct. + (exp 2/20)

\$1 off Pedigree dry dog food, 3.5 lb + (exp 3/2)

\$1 off Pedigree Little Champions pouches 8-12 ct. pk. or (6) single pouches, trays or 13.2 oz cans (exp 3/2)

\$3 off Prilosec OTC product (Rite Aid coupon) (exp 1/19)

\$1/2 Pure Protein bars (exp 2/24)

\$2 off Pure Protein shakes 23 g 4 pk., powder 1 or 2 lb or value packs (exp 2/24)

\$1 off Purex liquid detergent or UltraPacks detergent, excl trial size (exp 2/2)

\$1/4 Scotties boxes (2/9/2013)

\$1 off Selsun Blue product, excl trial size (exp 2/24)

\$2 off Simple cleanser (2/3/13)
\$3 off one Simple moisturizer (2/3/13)
\$1.50 off Slim-Fast bar or snack bites (exp 2/3)
\$1 off Slim-Fast shake multipk. or mix (exp 2/3)
\$2 off Sundown Naturals product, 120 ct. + (exp 2/5)
\$1 off Sundown Naturals vitamin or supplement (exp 2/5)
\$1 off Unisom product, excl trial size (exp 2/24)
\$1/2 Vidal Sassoon hair care (Rite Aid coupon) (exp 2/19)
\$2 off Vidal Sassoon hair color (Rite Aid coupon) (exp 1/19)

RedPlum 1/06

\$2/2 all liquid, powder or mighty pacs laundry detergent, excl trial size (exp 2/7)
\$1 off Aquafresh Extreme Clean, 5.6 oz + (exp 3/3)
\$2 off Caltrate product (exp 3/3)
\$2 off Centrum Flavor Burst chews, 60 ct. + (exp 2/2)
\$8 off Centrum multivitamin 80 ct. + AND ProNutrient supplement (exp 2/2)
\$3 off Centrum regular or Silver multivitamin, 100 ct. + (exp 2/2)
\$2 off Centrum Specialist multivitamin, 56 ct. + (exp 2/2)
\$1 off Dimetapp Children's item (exp 3/2)
.50/1 Fiora or Paseo bath tissue, excl single roll (exp 2/28)
\$1 off Fiora or Paseo bath tissue 12 roll or paper towels 8 roll (exp 2/28)
\$1 off Hefty waste bags (exp 3/31)
.55/1 Kibbles 'n Bits dry dog food (exp 3/6)
\$1 off Perdue Simply Smart refrigerated chicken product (3/4/13)
\$1 off Perdue Simply Smart refrigerated chicken product (3/4/13)
\$2 off L'Oreal Advanced Haircare shampoo or conditioner (exp 3/2)
\$2 off L'Oreal Advanced Haircare treatment (exp 3/2)
\$3 off L'Oreal cosmetic face item, excl Magic Perfecting Base 0.17 oz (exp 3/2)
\$2 off L'Oreal haircolor (exp 3/2)
\$2 off L'Oreal powder, concealer, primer or blush, excl Magic Perfecting Base 0.17 oz (exp 3/2)
\$1 off L'Oreal skincare, excl trial size (exp 3/2)
\$1 off L'Oreal Studio Line stylant (exp 3/2)
.55/1 Land O Frost Bistro Favorites, Premium, DeliShaved or Canadian bacon (exp 2/6)
\$1 off Land O Frost sub sandwich kit or wrap kit (exp 2/6)
\$1 off Maybelline mascara (exp 3/2)
.75/1 Meow Mix dry cat food, 3 lb + (exp 3/2)
.75/1 Meow Mix variety packs or (6) single cat food cups (exp 3/2)
\$2 off Nivea body lotion, 13.5 oz (exp 2/3)
\$2 off Nivea body lotion, 8.4-16.9 oz (exp 2/3)
\$3/2 Nivea lip care tin 0.59 oz, stick 0.17 oz or tube 0.3 oz (exp 1/20)
\$1 off any Robitussin product (3/2/2013)
\$1 off Sensodyne product, 4 oz + (exp 3/3)
\$1 off Sensodyne ProNamel, 4 oz + (exp 3/3)
.50/1 Snuggle fabric softener liquid or dryer sheets (exp 2/7)
\$1.50 off Splenda Nectresse natural no cal sweetener (exp 3/23)
.55/2 Starkist single serve pouch (exp 3/3)
\$1 off Surf laundry detergent (exp 2/17)

Target insert 1/06(all store coupons, all exp 2/02)

\$1 off Aveeno hair care, excl trial size
\$2/2 Aveeno reg or baby items, excl lip care, bars and trial size
.50/1 Band Aid adhesive bandages, 6 ct. +
.50/1 Bengay pain relief
.50/1 Carefree feminine care, excl trial size
\$1 off Clean & Clear or Neutrogena facial cleanser or acne treatment, excl bars and trial size
.75/1 Desitin diaper rash treatment, 4 oz +
.50/2 Johnson & Johnson Red Cross first aid items
.75/1 Johnson & Johnson baby bath or skin care, 8 oz +, excl shampoo and Natural items
\$1 off K-Y intimacy item, excl trial size
.75/1 Listerine whitening mouth rinse 32 oz or antiseptic mouthwash 1 L +
\$1 off Lubriderm lotion, 13.5 oz +
.50/1 Neosporin antibiotic
\$1 off Neosporin Eczema Essentials or Moisture Essentials
\$1.50 off Neutrogena cosmetic item, excl trial size
\$2 off Neutrogena facial moisturizer, excl trial size
.50/1 o.b. or Stayfree feminine care, excl trial size
\$10 off OneTouch blood glucose meter
.50/1 Reach floss item
\$2 off RoC facial skin care
\$5 off Rogaine hair regrowth treatment, excl trial size
\$1 off Viactiv milk chocolate calcium chews, 100 ct.
\$2 off Zyrtec reg or D adult allergy item, 12 ct. +

SmartSource 1/06

\$2 off Afrin nasal spray (exp 2/10)
Air Wick \$1/1 Freshmatic Ultra refill (2/3)
Air Wick \$1/1 Freshmatic Ultra starter kit (2/3)
Air Wick \$1/1 Scented Oil Mega or Triple refill (2/3)
Air Wick \$1/1 Scented Oil twin refill pack or 2 single refills (2/3)
\$1 off Aveeno product, excl cleansing bars, trial sizes and 2.5oz body lotion (exp 2/6)
\$3/2 Aveeno product, excl cleansing bars, trial sizes and 2.5oz body lotion (exp 2/6)
.50/1 Band-Aid adhesive bandages, excl trial size (exp 2/6)
\$1/2 Barilla Plus, Veggie, Whole Grain or White Fiber pasta (exp 3/2)
\$2 off Bengay product, excl trial size (exp 2/6)
B1G1 Bic free disposable razor, max \$7.99 (exp 2/3)
\$1/2 Bic stationery items (exp 2/15)
\$1.50 off Biz liquid or blast packs (exp 2/17)
\$1.50 off Biz powder (exp 2/17)
1.50/1 Boost multipack (3/4/13)

Butterball Every Day Recipe Starters Turkey Dinner Sausage or Turkey Franks	\$\$.55	02/28/2013
Butterball Tray Pack Items - Fresh Turkey Breast, Burgers, Sausage or Ground Turkey	\$1 Off Two (2)	02/28/2013
Butterball Sub Starters - Turkey Bacon Club or Classic Italian Style	\$1	02/28/2013
Butterball Original or Sweet Onion Flavored Turkey Burgers	\$1	02/28/2013
Butterball Regular or Deep Fried Packaged Lunchmeat	\$.55	02/28/2013
Butterball Ready to Carve Fully Cooked Turkey Breast	\$1	02/28/2013

Butterball Regular or Fully Cooked Turkey Bacon	\$5.55	02/28/2013
Butterball Deli Meats	\$1 Off 1 pound	02/28/2013
Butterball Boneless Roast	\$1	02/28/2013

B3G1 Capri Sun product, 10 ct., excl Super V or 100% juice, max \$2.60 (exp 2/6)

.40/4 Campbell's Condensed Great for Cooking soups (2/28)

.50/1 Carefree product, 36 ct. + (exp 2/6)

1.50/1 Carnation Breakfast Essentials product (3/15/13)

\$1 off Clean & Clear product, excl trial size (exp 2/6)

.50/1 Cream of Wheat product, 9.8 oz + (exp 3/31)

.50/1 Daisy cottage cheese (exp 3/31)

.75/1 Desitin diaper rash ointment, excl trial size (exp 2/6)

.75/1 Dole frozen fruit cups, singles (exp 3/31)

.75/2 Dole fruit bowls, gels or fruit parfaits (exp 3/31)

.75/2 Dole fruit crisps (exp 3/31)

.75/1 Dole fruit smoothie shakers (exp 3/31)

.75/1 Don Francisco's coffee can (exp 2/16)

\$1 off Don Francisco's Family Reserve bag, 10 or 12 oz (exp 2/16)

\$1 off any Dulcolax, 25+ (3/6/13)

\$1 off any Ducolax Laxative, 25+ (3/6/13)

\$1 off General Electric Energy Smart, Reveal CFL, Energy Efficient Reveal or Energy Efficient Soft White lighting item (exp 3/6)

\$1 off Glucerna product (3/3)

\$1/2 Halls Drops, 17 ct. + (exp 2/11)

\$1.50 off Hershey's Simple Pleasures, 5.6 oz (exp 2/17)

.75/1 Johnson & Johnson baby item, excl 1-4 oz, hand & face wipes, Buddies & kids single sudzing bar (exp 2/6)

\$1/2 Johnson & Johnson Red Cross items, excl first aid kits and trial size (exp 2/6)

\$1 off Johnsonville chicken sausage, 12 oz (exp 3/31)

\$1 off Johnsonville pork and chicken sausage, 17.36 oz (exp 3/31)

\$5 off K-Y product, excl jelly (exp 1/31)

\$1.50/3 La Victoria product, 12 oz + (exp 3/3)

\$1 off La Victoria tortillas (exp 3/3)

Lean Cuisine \$1/1 Salad Additions variety (4/6)

Lean Cuisine \$1/5 varieties (4/6)

\$1 off Listerine regular, Ultraclean, Zero, Total Care or Fluoride Defense, 1 L + (exp 2/6)

\$1 off Listerine Whitening rinse 16 oz + or gel 4.2 oz (exp 2/6)

\$2 off Lubriderm product, 8 ct. + (exp 2/6)

.35/1 Mean Green product (exp 2/17)

.35/1 Mean Green Super Strength (exp 2/17)

.50/1 Method dish item (exp 2/23)

\$1 off Method laundry item (exp 2/23)

\$1 off MiraLax product, 10 ct. or 14 dose (exp 2/3)

\$3 off MiraLax product, 30 dose (exp 2/3)

\$2 off Motrin B item, excl trial size (exp 2/6)

\$1 off Motrin PM item, excl trial size (exp 2/6)

\$1/2 Mueller's whole grain products (2/9/13)

.75/2 Nabisco product, 3.7-25.2 oz (exp 2/18)

\$2 off Neosporin antibiotic ointment or Lip Health item, excl trial size (exp 2/6)

\$2 off Neosporin Essentials item, excl trial size (exp 2/6)

\$1 off Neutrogena eye or lip makeup (exp 2/6)
\$2 off Neutrogena face makeup, excl trial size (exp 2/6)
\$1 off Neutrogena skin or hair care, excl sun care and bar soap (exp 2/6)
 .50/1 Ultra Palmolive dish liquid, 20oz+ (1/19)
\$1 off PediaCare product (exp 6/30)
\$4 off Philips Sonicare brush heads or Essence or Xtreme toothbrush (exp 3/31)
\$15 off Philips Sonicare DiamondClean, Flexcare+ rechargeable toothbrush (exp 3/31)
\$10 off Philips Sonicare rechargeable toothbrush or Airfloss, excl Essence and Xtreme (exp 3/31)
\$1 off Planters NutRition can or multipk, 8.75-10.75 oz (exp 3/31)
 Post-it \$1 off \$5+ flag purchase (2/17)
 Post-it \$1 off \$5+ Super Sticky Note or Full Adhesive Note purchase (2/17)
 Post-it \$2 off \$5+ dispenser purchase (2/17)
 Post-it \$2 off \$5+ tab or pocket purchase (2/17)
 Purina \$1/3 Friskies Party Mix cat treats (3/6/13)
 Purina \$2/2 6oz+ Beggin (3/6)
 Purina \$2/2 Busy (3/6)
\$1/2 Reach floss or Access items, excl trial size (exp 2/6)
\$1/2 Reach toothbrush items, excl Crystal Clean (exp 2/6)
\$3 off RoC product, excl trial size (exp 2/6)
\$10 off Rogaine product, excl trial size (exp 2/6)
 .50/1 Sargento natural cheese snacks, 5 oz + (exp 2/17)
\$2 off Snapware food or home storage (exp 3/31)
\$1 off Splenda product, 80 ct. or 3.2 oz + (exp 2/28)
B1G1 Stayfree product, max \$4.49 (exp 2/6)
\$1 off Tena product (exp 3/31)
\$1/3 Trident stick packs, 18 ct. (exp 2/17)
\$1 off Tyson Grilled & Ready frozen item (exp 4/18)
 .55/1 Tyson Grilled & Ready refrigerated item (exp 4/18)
\$1.50 off Viactiv soft chews (exp 2/6)
B1G1 Visine product, 0.5 oz, max \$5, Tears reg or Long Lasting Dry Eye Relief, wipes, Tired Eye Relief, Totality Multi-Symptom Relief, and Advanced Relief drops (exp 1/20)
\$5 off Zyrtec reg or D, 24 ct. + (exp 2/6)

SmartSource 1/06

\$1 off Aleve product, 20 ct. +, excl D (exp 3/31)
\$2 off Aleve D product (exp 3/31)
\$5/2 Aleve, One a Day, Flintstones, Citracal, Vanquish or Bayer product, 70 ct. + (exp 1/20)
\$2 off Alka-Seltzer Reg or Plus, 10 ct. + (exp 3/31)
\$1/2 Arm & Hammer or OxiClean laundry care, excl trial size (Target coupon) (exp 3/31)
\$1 off Atkins shake, 4 pk. (exp 3/31)
\$1 off Atkins bars, 5 pk. (exp 3/31)
\$1 off Atkins frozen meal (exp 4/30)
\$5 off Bausch+Lomb OcuVite (exp 2/28)
\$3 off Bausch+Lomb Soothe (exp 3/31)
\$1.50 off Bausch+Lomb Renu 12oz (exp 2/3)
\$3 off Bausch+Lomb Renu Fresh twin pack (exp 2/3)
\$1 off Bausch+Lomb Renu rewetting drops (exp 2/3)
\$1.50 off Bayer product, 325 or 500 mg, 20 ct. + (exp 3/31)
\$1 off Bayer product, 81 or 325 mg, 20 ct. + (exp 3/31)
 .75/2 Betty Crocker fruit shapes, By the Foot, Gushers or Roll-Ups, on Ocean Spray, Mott's or SunKist

fruit snacks (exp 3/2)

\$1.50 off Biotrue multi-purpose solution, 10 oz + (exp 3/6)

\$3 off Biotrue multi-purpose solution, twin pk. (exp 3/6)

\$1/2 Boca product (exp 3/3)

\$1 off Bronkaid product (exp 3/31)

\$2 off Citracal product (exp 2/28)

.75/1 Colgate toothpaste, 4 oz + (exp 1/26)

.75/1 Colgate manual toothbrush, excl Plus and Extra Clean (exp 1/26)

\$1 off Colgate Optic White mouthwash, 8 oz + (exp 1/26)

\$1 off EAS Lean 15 or AdvantEdge item (exp 2/6)

\$2 off EAS Lean 15 protein powder (exp 2/6)

.50/1 Energizer batteries, flashlight or USB wall or car charger (exp 1/26)

.50/2 FiberOne Chewy Bars, 90 cal Chewy Bars or brownies, or Protein-Chewy bars (exp 3/2)

\$2 off Flintstones multivitamin (exp 2/28)

.50/1 French's honey mustard or honey mustard dipping sauce (3/31)

.55/1 Frigo Cheese Heads, 6 ct. + (exp 3/31)

\$1/3 General Mills Big G cereals (exp 2/16)

.50/1 Goody Ouchless elastics, 24 ct. + (exp 2/15)

\$1/3 Healthy Choice soups (2/28)

.50/1 Hungry Jack premium hashbrown potatoes (2/28/13)

\$1 Post Honey Bunches of Oats Greek (2/17)

B1G1 Pioneer Meatloaf Mix (2/9)

\$1/2 Salada tea boxes (2/28)

.50/2 Swanson broth or stick cartons, 26oz+ (3/31)

.50/2 V8 Vegetable Juice, 48oz+ (2/17)

.50/1 V8 Vegetable Juice, 5.5oz or 11.5oz can 6-pack (2/17)