

Coupon Variation for The Post and Courier, This Sunday, 3/03, you will have (4) coupon inserts in your newspaper.

(1) Procter & Gamble

(1) RedPlum

(1) Smart Source

(1) Spring Flavor Saver

Procter & Gamble 3/03

(all exp 3/31, all excl trial size)

\$2.50/2 Always Infinity

.50/1 Always pantliners

.50/1 Always pad or feminine cleansing cloth

.25/1 Bounty towels

.25/1 Bounty napkins

\$1 off Braun Clean & Renew refills

.50/1 Cascade Action Packs

.25/1 Charmin product

\$2 off Clairol or Herbal Essences hair color

\$1 off CoverGirl product

\$3 off CoverGirl Lash Blast mascara

\$2 off CoverGirl Blast eye shadow or liner

.50/1 Crest toothpaste

.50/1 Crest rinse

.75/1 Duracell Coppertop, Ultra Power, Ultra Photo Lithium or Specialty batteries

\$1 off Duracell rechargeable

\$1 off Febreze fabric refresher

.50/1 Febreze Air Effects

\$1 off Febreze candle

\$1 off Febreze Set & Refresh

Free Febreze Noticeables warmer wyb refill

\$1/2 Febreze candles

\$1 off Febreze car item

\$1 off Fixodent adhesive

\$5 off Gillette Venus razor AND refill

Free Gillette Satin Care shave gel wyb Venus refill pk.

\$1/2 Gillette deodorant

\$2 off Gillette Fusion shave prep

.50/1 Gillette body wash

Free Gillette shave prep wyb cartridge 4 ct. +

\$2 off Gillette male disposable razor

\$2 off Gillette female disposable razor

\$1/2 Herbal Essences or Aussie products

\$15 off Mail in Rebate wyb Oral-B Professional series

\$10 off Mail in Rebate wyb Crest 3D White

.50/1 Mr. Clean liquid or spray

\$1/2 Mr. Clean Magic Erasers

\$2/2 Olay Fresh Effects
\$2 off Olay Total Effects
\$3 off Olay Regenerist
\$2/2 Olay bars or body wash
\$2/2 Old Spice Wild collection
\$3 off Old Spice fragrance
\$1 off Oral-B Pulsar, 3D White, Pro-Health, Complete or (2) Indicator or Cavity Defense toothbrushes
\$3 off Oral-B replacement heads, 2 ct. +
.50/1 Oral-B Stages kid item
.50/1 Oral-B Stages toothpaste
\$3/3 Pantene product
\$1.50/2 Pantene product
.50/1 Pantene product
\$1 off Prilosec OTC
.25/3 Puffs singles
\$1 off Secret Clinical
\$2 off Sinex product
Free Swiffer refill wyb starter
B1G1 Swiffer Dust & Shine
\$2.50/2 Tampax Pearl or Radiant tampons
.50/1 Tampax product
\$3/3 Tide detergent
\$1.50/2 Tide product
.40/1 Tide product
\$2 off Tide Boost
\$1 off Vicks product
\$1 off Vicks ZzzQuil
\$3 off Vidal Sassoon hair color
Free Vidal Sassoon stylant wyb shampoo or conditioner

RedPlum 3/03

.50/1 Abreva Conceal invisible cold sore patch (exp 5/31)
\$1.50/2 Bertolli sauce (exp 3/31)
\$3 off Blue-Emu Cream (Exp 12/31)
.35/1 Bob Evans frozen breakfast item (exp 5/5)
B1G1 Cesar Canine Cuisine (exp 4/27)
.35/1 Dial liquid or foaming hand soap or 3 bar pk. + (exp 3/30)
\$1 off Dial lotion, 12 oz + (exp 3/30)
\$1 off Dial reg, For Men or Kids body wash, 6 oz + (exp 3/30)
\$1/2 Dole frozen fruit packages (exp 5/3)
\$1 off El Monterey product (exp 6/3)
\$2 off Ester-C to go (exp 4/17)
\$3 off Ester-C tablet (exp 4/17)
.75/1 Florida Crystals Organic light or amber agave nectar (exp 5/31)
.65/1 Florida Crystals Organic or natural sugar item (exp 5/31)
\$2 off Garnier moisturizer (exp 5/25)
\$3 off Garnier Olia Oil powdered haircolor (exp 4/27)

\$1 off Garnier Fructis shampoo, conditioner or treatment, ets (exp 4/13)
\$1 off Garnier Fructis stylant, ets (exp 4/27)
\$2 off Garnier Nutrisse nourishing color foam (exp 4/27)
\$1.50 off Jimmy Dean Delights sandwich or (2) Delights bowls (exp 4/14)
\$1/2 Jose Ole snacks, 16 oz + (exp 5/11)
.70/1 Kellogg's Nutri-Grain Fruit Crunch Granola Bars 5 ct. + (exp 4/28)
\$2 off L'Oreal cosmetic face item, excl Magic Perfecting base 0.17 oz (exp 4/27)
\$5 off La Roche-Posay product (exp 4/30)
\$1/3 Lean Cuisine product (exp 6/3)
.50/1 Minute Steamers Rice product (exp 5/25)
.50/1 Minute Ready to Serve Rice product (exp 5/25)
\$1/2 Snickers reg or Peanut Butter Eggs or Milky Way Caramel Bunnies (exp 3/31)
.75/1 McCormick spice, herb, extract or food color (exp 4/14)
\$1 off Nature's Bounty vitamin or supplement (exp 4/2)
\$2 off Nature's Bounty Optimal Solutions vitamin or supplement (exp 4/2)
\$1/2 On-Cor family size entrees (exp 5/31)
\$3 off Osteo Bi-Flex product, 30-60 ct. (exp 4/17)
\$5 off Osteo Bi-Flex product, 70 ct. + (exp 4/17)
\$1 off Pedigree Dry Dog Food 3.15 lb + (exp 4/27)
\$1 off Purex liquid or UltraPacks detergent, ets (exp 3/31)
.50/1 Renuzit Tempting Indulgence adjustable air freshener (exp 3/17)
B1G1 Renuzit Fresh Accents air fresheners, max \$3.99 (exp 3/17)
B2G1 Renuzit Adjustables air fresheners, max \$4.17 (exp 3/17)
\$2 off Right Guard Xtreme deodorant (exp 3/31)
\$2/2 Right Guard Total Defense 5 deodorant (exp 3/31)
\$2/2 Right Guard Xtreme or Total Defense 5 body wash or bar (exp 3/31)
.75/1 Rosina mealballs, 20-64 oz (exp 5/31)
.75/1 Sara Lee Pound Cake (xp 5/12)
\$1 off Scott's Liquid Gold wood cleaner and preservative (exp 5/31)
\$1 off Selsun Blue product, ets (exp 7/7)
\$2 off Senokot regular or S tablets (exp 9/30)
\$1 off Soft Scrub Advanced surface (exp 3/30)
\$1 off Soft Scrub product (exp 5/26)
.50/1 Success rice (exp 5/26)
FREE Eggs (up to \$2) wyb Truvia Sweetener 80 ct., spoonable or baking blend with sugar AND Crisco Shortening product 16 oz+ (exp 4/28)
\$1 off Tropicana Farmstand bottle, 46 oz (exp 4/28)
\$1 off Unisom product (exp 6/29)
\$5 off Vichy product (exp 4/30)
.50/1 Zatarains frozen item (exp 4/28)
\$10 off Zyrtec product, 70 ct. + (exp 3/10)
\$5 off Zyrtec regular or D, 24 ct. (exp 3/31)

SmartSource 3/03

\$1 off Air Wick Freshmatic Ultra refill (exp 3/31)
\$2/2 Air Wick color changing candles (exp 3/31)
\$1 off Air Wick Freshmatic Ultra starter kit or gadget only pk. (exp 3/31)

\$1/2 Ban Antiperspirant deodorants 1.5 oz + (exp 3/31)
\$2 off Beano Meltaways, 30 ct.+ (exp 4/27)
\$4 off Bengay Zero Degrees, Cold Therapy, Pain Relief+Massage or Ultra (exp 3/24)
FREE Biore Cleanser wyb Biore Pore Strip (Exp 3/31)
.50/2 Bugles Corn Snacks, Chex Mix, Pillsbury Baguette Chips or Gardetto's Snack mix or Green Giant Veggie Snack Chips
.50/1 Boogie Wipes product, 30 or 45 ct. (exp 8/31)
\$1 off Boogie Wipes product, 90 ct. (exp 8/31)
\$1/4 Campbell's Chunky or 100% Natural Healthy Request soups (exp 4/30)
.50/3 Campbell's Healthy Request condensed soups (exp 4/30)
.50/2 V8 V-Fusion 46 oz or 6 pk., smoothies 36 oz or juice drink 8 pk. (exp 4/14)
.75/2 Campbell's V8 V-Fusion Energy, 6 pk. (exp 4/14)
\$2 off Caribou Coffee 12 oz (exp 4/21)
\$5 off Claritin 24 ct. + (exp 3/31)
\$1.50 off Clear Care cleaning and disinfecting solution, 12 oz+ (exp 4/12)
\$1 off Curel Moisturizer 3.5 oz + (Exp 3/31)
\$1/2 Dannon Activia, 4 pk. (exp 4/21)
.55/1 Eggland's Best liquid egg whites, 16 oz (exp 6/4)
\$3/2 Enfamil formulas (exp 3/31)
.50/2 EL Monterey Supreme Burritos & Chimichangas (exp 4/14)
.50/1 Fiber One Protein Chewy Bars (Exp 4/27)
\$3 off Fiber Choice product, 90 ct.+ (exp 4/27)
\$1/3 General Mills Cereals (Exp 4/13)
\$1.50 off GenTeal lubricant eye drop, gel or ointment (exp 4/15)
\$2 off Hartz Dog Pads (Exp 5/31)
.75/3 Hamburger Helper, Tuna Helper or Chicken Helper (Exp 4/27)
FREE John Frieda styling product WYB Frizz-Ease Serum or 3 Day Straight Spray (Exp 3/31)
\$1 off John Frieda Full Repair, Root Awakening or Luxurious Volume product(excl. 1.5 oz/trial sizes, appliances and brushes)
FREE John Frieda Sheer Blonde, Everlastin Blonde, Brilliant Brunette or Radiant Red WYB Precision Foam Colour (exp 4/6)
\$1 off Jergens Moisturizer 4 oz + (Exp 3/31)
\$2 off Jergens Natural Glow 3 Days to Glow Moisturizer (exp 4/20)
\$1 off Jergens Natural Glow Moisturizer (exl. 2 oz body moisturizer) (exp 4/20)
\$1.50/2 Kandoo wipes or personal care items (exp 8/31)
FREE KC Masterpeice BBQ Sauce wyb Kingsford Charcoal (Exp 5/16)
\$2 off Muscle Milk or Muscle Milk Light 10 oz 4 pk (exp 6/30)
\$1 off King's Hawaiian Hamburger Buns or Hot Dog Buns (Exp 4/27)
\$1/2 Kraft refrigerated Jell-O snacks (exp 3/31)
\$1 off Kraft grated parmesan 8 oz+ AND (3) cans Hunt's tomatoes (exp 4/3)
\$3 off Mail in Rebate wyb the following by 5/31:
- Rise of the Guardian DVD or Blu-ray AND
- Sun-Maid raisin mini-snacks or 6 pk. 1 oz cartons
\$1 off MiraLax product, 10 ct. or 14 dose (exp 3/31)
\$3 off MiraLax product, 30 dose (exp 3/31)
\$2 off Motrin IB product (Exp 4/28)
\$1 off Motrin PM product (exp 4/28)
.55/1 Morton Season-All Seasoned Salt (Exp 5/31)

\$1/2 Mueller's 100% Whole Grain products (Exp 4/15)
\$1 off Naphcon A- Eye Allergy drops or \$2.50 off Zaditor Eye Drops (Exp 4/15)
\$1/3 Nissin chow mein or chow noodles (exp 6/2)
\$1/4 Nissin Big Cup noodles (exp 6/2)
\$3 off Ocuville product (exp 4/30)
.50/1 Orville Redenbacher's Gourmet Popcorn 5 oz (4/14)
\$1.50 off Opti-Free product, 10 oz + (exp 4/12)
.50/1 Palmolive Ultra Soft Touch Dish Liquid 25 oz + (Exp 4/3)
\$2 off PediaSure product (exp 3/31)
\$1/2 Pennsylvania Dutch product (exp 4/15)
.50/2 Prego Italian sauce (exp 5/31)
.75/2 Purina Whisker Lickin's cat treats (exp 5/3)
.50/1 Rid-X septic system treatment product (exp 4/3)
.50/1 Rid-X septic system treatment product (exp 5/3)
\$3/2 Schick Xtreme3, ST2 or ST3, SlimTwin or Quattro disposables (exp 3/31)
\$1 off Schick Xtreme3, ST2 or ST3, SlimTwin or Quattro disposables (exp 3/31)
\$5/2 Schick Hydro disposable razors, 3 ct. (Target coupon) (exp 4/15)
\$1 off Schick Hydro shave gel (Target coupon) (exp 4/15)
\$5 off Schick Hydro Silk razor AND refill (Target coupon) (exp 4/15)
\$5 off Schick Hydro 5 razor AND refill (Target coupon) (exp 4/15)
\$1/2 Snyder's Pieces, Nibblers or pretzel sandwiches (exp 4/30)
\$2/2 Tyson Any'tizer (exp 6/9)
\$1 off Tyson Any'tizer (exp 6/9)
\$1/2 Twizzlers or Jolly Rancher Bites (Exp 5/3)
.30/2 Voskos product (exp 4/3)
.55/1 WhoNu? cookies (exp 4/28)
.75/2 Yoplait Go-GURT yogurt, kids cup yogurt, Trix multipack yogurt or Pro-force multipack (Exp 4/27)
.50/1 Yoplait Pro-Force multipack OR Yoplait Go-Gurt Twisted Yogurt (Exp 4/27)

Spring Flavor Savor insert

(all exp 3/31)

.55/2 Diet soda: 7Up, A&W, Sun Drop, SunKist or Canada Dry, 2 L
.75/1 Dr Pepper Diet or Ten soda, 12 pk. or (2) 2 L
\$1 off Mott's Medleys juice, 64 oz
\$1 off Snapple diet tea or fruit drink, 16 oz 6 pk.
.75/1 Ten soda: 7Up, A&W, SunKist, Canada Dry or RC, 2 L