

Coupon Variations for the Post and Courier, This Sunday, 3/10, you will have (2) coupon inserts in your newspaper. Be on the lookout for:

(1) RedPlum

(1) Smart Source

RedPlum 3/10

\$2/2 all liquid, powder or mighty pacs, excl trial size (exp 4/21)

.75/1 all liquid, powder, or mighty pacs laundry detergent, excludes trial size (Exp 4/21)

.55/1 Ball Park Angus Beef Franks (Exp 4/7)

.75/2 Ball Park Franks (exp 4/7)

\$1 off Ball Park Flame Grilled Patties (Exp 4/7)

.50/1 Bridgford frozen rolls, bread dough or monkey bread (exp 5/31)

\$1 off Carnation Breakfast Essentials (exp 5/31)

\$1 off Clairol color item or Herbal Essences color, excl trial size (exp 4/30)

Free Clear Men Scalp Therapy wyb Degree Men item, excl trial (exp 3/24)

.35/1 Country Crock spread, excl honey and cinnamon flavors (exp 4/7)

\$5 off DermaSilk product, excl trial size (exp 3/23)

\$1 Dimetapp Childrens (Exp 5/5)

.40/1 Fleischmann pizza crust yeast, 3-strip (exp 8/30)

.75/1 Fleischmann's Simply Homemade (Exp 5/18)

.40/1 Karo syrup 16 or 32 oz or Fleischmann's yeast pk, .75 or 4 oz (exp 8/30)

.55/1 LouAna Oil 48 oz + (exp 7/31)

\$1/2 Louisiana Fish Fry breadings (exp 6/30)

.55/1 Louisiana Fish Fry cobbler mix (exp 6/30)

\$1 off Marcal Small Steps Towels 6 roll + OR Bath 12 roll + OR any 1 Napkin (exp 4/30)

\$1/2 Milk-Bone dog snacks (exp 5/5)

\$5 off NeilMed NasaMist all-in-one spray or Sinugator pulsation wash (exp 4/7)

\$1/4 Pringles cans, 160 g+ (exp 4/21)

\$1/2 Pringles fat free/light cans, 150 g+ (exp 4/21)

.50/1 Pringles snack stacks, excl trial size, or Stix, 70 ct. or 8 pk. (exp 4/21)

\$1/2 Pure Protein bars (exp 4/27)

\$1 off Pure Protein shakes 4 pk or protein powder 1-2 lb or value pk (exp 4/27)

\$1/24 Purina Fancy Feast cans, 3 oz (exp 6/10)

\$1/18 Purina Fancy Feast Elegant Medleys cans, 3 oz (exp 6/10)

\$1/6 Purina Fancy Feast Mornings cans, 3 oz (exp 6/10)

B2G2 Purina Pro Plan cans, max \$3.38 (exp 6/3)

\$3 off Purina Pro Plan dog food (exp 6/3)

.55/1 Quaker Perfect Portions Instant Oatmeal (exp 4/13)

\$1 off Robitussin product (Exp 5/5)

Free Simple cleaning wipes wyb Simple cleanser or moisturizer, ets (exp 3/24)

.50/1 Snuggle fabric softener or dryer sheets (exp 4/21)

\$1/2 Starburst or Life Savers Jellybeans bags, 13 or 14 oz (exp 4/1)

Free Suave body lotion 18 oz wyb (2) select Professional hair items (exp 3/24)

.75/2 Suave body wash, excl trial size (exp 4/7)

.25/1 Suave deodorant, excl trial size (exp 4/7)

.50/1 Suave deodorant, excl 1.4 oz and trial size (exp 4/7)

B1G1 Suave Professional Moroccan or Keratin Infusion, ets and oil (exp 3/24)

\$1 off Suave Professional Moroccan Infusion styling oil, excl trial size (exp 4/7)

\$2 off Sudden Change product (exp 4/30)

.50/1 Superpretzel soft pretzels (exp 4/12)

\$3 off Vidal Sassoon hair color, excl trial size (exp 4/30)

SmartSource 3/10

.55/1 Alexia frozen item (exp 4/20)

\$1 off Better Than dog treats (exp 6/10)

\$1 off Betty Crocker decorative icing (exp 5/31)

.50/2 Campbell's 100% natural soup (exp 5/15)

.50/2 Campbell's Microwaveable Bowls (Exp 4/15)

\$3 off Claritin children's, 4 oz or 20 ct. + (exp 4/7)

\$3 off Claritin D, 15 ct. + (exp 4/7)

\$5 off Claritin D, 15 ct. + (exp 3/17)

\$1 off Clif Crunch two-bar pouches box, 5 ct. (exp 5/3)

.50/1 Colgate kids toothbrush (exp 3/30)

.50/1 Colgate kids toothpaste (exp 3/30)

\$1 off Colgate select manual toothbrush (exp 3/30)

\$1 off Colgate Optic White mouthwash, 8 oz + (exp 3/30)

\$1 off Colgate Total Advanced, Optic White or Sensitive Pro-Relief (exp 3/30)

\$1 off Crystal Light liquid drink mix (exp 4/30)

.50/1 Daisy cottage cheese (exp 6/1)

\$1.50 off di-gel antacid or antigas liquid (exp 5/1)

\$1 off di-gel tablets (exp 5/1)

.55/1 Duke's product (Exp 4/7)

\$5 off Eclos product (exp 4/10)

\$1 off Edge shave gel or cream, 5.2 oz (exp 4/21)

.75/1 Edwards Whole Pie (Exp 6/10)

\$2 off Fiber Smart product (exp 6/30)

.75/1 Franks Redhot sauce (exp 5/15)

.75/1 French's dijon or honey dijon mustard (exp 6/10)

.50/1 French's honey mustard or honey mustard dipping sauce (exp 6/10)

.55/1 Fresh Express salad (exp 6/10)

\$1/2 Ghirardelli chocolate bars or bags, 3.5 oz + (exp 3/31)

.75/1 Ghirardelli Easter Spring Selection bag, 4.58 oz + (exp 3/31)

.50/1 Irish Spring bar soap, 6 pk. + (exp 3/30)

.50/1 Irish Spring body wash, excl trial size (exp 3/30)

.50/1 Jolly Time microwave popcorn (exp 4/30)

\$1/2 Ken's dressing, 16 oz (exp 4/30)

\$1 off Ken's dressing 9 oz (exp 4/30)

.50/1 Kozy Shack chocolate pudding (exp 5/31)

.50/1 Kozy Shack pudding (exp 5/31)

\$2 off L'Oreal EverCurl item (exp 5/4)

\$2 off L'Oreal EverCurl, Creme, Sleek, Pure or Strong treatment (exp 5/4)

\$2 off L'Oreal EverStyle (exp 5/4)

.50/1 Land O Lakes Stick Butter (Exp 5/31)

.55/1 Land O Lakes Half & Half products (Exp 4/30)

.40/1 Land O Lakes Butter Spread (Exp 5/31)

\$1 off Lean Cuisine Salad Additions (exp 6/10)

\$1 off Midnite Reg, PM or For Menopause (exp 5/4)

\$1 off Mrs. Smith's Whole Pie (Exp 6/10)

\$2 off Nature Made full strength Minis (exp 4/10)

\$1 off Nature Made full strength Minis Super Omega 3 (exp 4/10)

\$2 off Nature Made VitaMelts (exp 4/10)

.50/1 New York frozen bread (exp 5/31)

\$2 off Nivea body lotion, 8.4-16.9 oz (exp 4/7)

\$1 off Nivea body wash, shower gel or lathering scrub, 12-16.9 oz (exp 3/24)

\$2 off Nivea Q10 firming gel, serum or skin firming lotion, 2.5-13.5 oz (exp 4/7)

FREE Pioneer Pancake or Baking Mix 6 oz WYB Pioneer Pancake or Baking Mix 6 oz (exp 4/13)

.55/1 Pioneer Pancake or Baking Mix 32 oz + (exp 4/13)

\$1 off Playtex Gentle Glide or Sport tampons, 14 ct. + (exp 4/21)

\$3 off Poise select feminine care items, excl trial size (exp 4/20)

\$2 off Prevacid 24 hr item (exp 4/20)

\$6/2 Prevacid 24 hr item, 28 or 42 ct. (exp 4/20)

B2G1 Rachael Ray Nutrish Naturally Delish dog food, max \$2.19 (exp 6/10)

\$2 off Rachael Ray Nutrish Super Premium dog food (exp 6/10)

\$1.50 off Rachael Ray Nutrish Super Premium dog treats (exp 6/10)

B1G1 Speed Stick Reg or Lady, excl trial size, max \$2.99 (exp 3/30)

\$1.50 off Stouffer's family, large family or party size entree, 25-96 oz (exp 5/31)

\$1/2 Stouffer's single-serve entrees, max 21 oz (exp 5/31)

.40/1 New York Frozen Bread product (exp 5/31)

.75/1 New York Ciabatta Rolls with Cheese (Exp 6/30)

\$2 off Visine product, 0.5 oz + (exp 5/31)

\$2 off Voots supplement (exp 5/5)