

Coupon Variation for the Post and Courier - This Sunday, 4/14, you will have (2) coupon inserts in your newspaper. Be on the lookout for:

(1) Red Plum

(1) Smart Source

Red Plum 4/14

\$5/2 Adams Spot On item (exp 5/31)

\$10 off Allegra allergy, 70 ct., excl D (exp 4/21)

\$2 off Allegra Children's allergy (exp 5/4)

\$3 off Allegra 24 hour, 5 or 15 ct., 12 hour, 12 ct. or any D, excl 2 ct. (exp 5/4)

\$7 off Allegra Allergy, 30 or 45 ct., excl D (exp 4/21)

.75/1 Aquafresh Kids or Infant toothpaste (exp 6/14)

\$1 off Aquafresh Extreme Clean, 5.6 oz+ (exp 6/14)

\$1.50 off Arrowhead 100% mountain spring water, 700 mL multiplk. (exp 5/26)

\$3 off Centrum Silver or Specialist multivitamin, 80 ct.+ (exp 5/12)

\$3 off Centrum Flavor Burst chews (exp 5/12)

\$1 off Cheer detergent, excl trial size (exp 5/31)

\$2 off Downy Unstopables or Gain Fireworks, excl trial size (exp 5/31)

.25/1 Folgers Coffee product (exp 5/26)

.40/1 Gain detergent or fabric enhance or Era detergent, excl trial size (exp 5/31)

\$1/2 Gain detergent or fabric enhance or Era detergent, excl trial size (exp 5/31)

\$2 off Gillette disposable, excl trial size (exp 5/31)

B1G1 Gillette Venus or Daisy disposable razor, excl trial size (exp 5/31)

\$3 off Kerasal nail fungal renewal treatment, 10 mL tube (exp 5/31)

\$1 off L'Oreal EverCurl, Creme, Sleek, Pure or Strong shampoo or cond (exp 6/8)

\$1 off L'Oreal EverCurl, Creme, Sleek, Pure or Strong treatment (exp 6/8)

\$1 off L'Oreal EverStyle item (exp 6/8)

\$1 off L'Oreal skincare item, excl trial size (exp 6/8)

\$2 off L'Oreal cosmetic face item, excl Magic Perfecting Base, .17 oz (exp 6/8)

\$2 off L'Oreal Preference shade (exp 6/8)

\$2 off L'Oreal Revitalift item, excl trial size (exp 6/8)

\$1 off L'Oreal Sublime Bronze (Exp 6/8)

\$2 off L'Oreal Sublime Sun Product (Exp 6/8)

\$3 off L'Oreal Elnett hairspray, 11 oz (exp 6/8)

\$1 off Maybelline lip item (exp 6/8)

\$1/2 Morton System Saver 2 pellets bags, 40, 50 or 80 lb or (3) 25 lb or (2) Rust Remover, 40 or 80 lb (exp 9/30)

.50/1 Newman's Own pasta sauce (exp 5/25)

.50/1 Newman's Own salad dressing (exp 5/25)

.50/1 Newman's Own salsa (exp 5/25)

\$1 off Newman's Own Complete Skillet meal (exp 5/25)

\$1 off Newman's Own Thin & Crispy pizza (exp 5/25)

\$1 off Newman's Own wine (exp 5/31)

\$1 off Nivea lip care stick, .17 oz, tube, .3 oz or tin, .59 oz (exp 4/28)

\$2 off Nivea for Men face care item or (2) shave gels or foams (exp 4/28)

\$3/2 Nivea body washes, shower gels or lathering body scrubs (exp 4/28)

\$3/2 Nivea for Men body washes, 16.9 oz (exp 4/28)

\$1 off Nutella jar, 13 oz+ (exp 7/31)
\$2 off Nutro Natural Choice dry cat food, 3 lb+ (exp 6/16)
\$1/2 Pedigree Treats for Dogs (Exp 6/9)
\$1 off Perdue Short Cuts (Exp 6/10)
\$1 off Perdue Shortcuts Chicken Burgers (Exp 6/10)
.74/1 Pomi Strained or chopped tomatoes (Exp 12/31)
\$2 off Prilosec OTC Wildberry item (exp 5/31)
.50/1 Pringles Snack Stacks or Stix, 70 ct. or 8 pk. (exp 5/26)
\$1/2 Pringles fat free or light cans, 150 g+ (exp 5/26)
\$1/4 Pringles full size cans, 160 g+ (exp 5/26)
.55/1 Quaker Real Medleys or Quaker Perfect Portions Instant Oatmeal (Exp 5/18)
.75/1 Quaker Cookies (xp 5.18)
.75/1 Quaker Whole Hearts or Quaker Oatmeal Squares (Exp 5/18)
.75/1 Quaker Big Chewy or Quaker Chewy Yogurt Granola Bars or Quaker Soft Baked Bars (Exp 5/18)
.55/1 Quaker Popped Rice Snacks or Chips (Exp 5/18)
.50/1 Superpretzel soft pretzel (exp 5/10)
.50/1 Superpretzel sweet cinnamon soft pretzel (exp 5/10)
\$1/2 Temptations Treats for Cats (Exp 5/25)
\$1 off Tide washing machine cleaner or To-Go stain eraser (Target) (exp 5/11)
.50/1 Tide, Downy and Bounce select products (Target coupon) (exp 5/11)
\$1.50/2 Tide, Downy and Bounce select products (Target coupon) (exp 5/11)
\$3/3 Tide, Downy and Bounce select products (Target coupon) (exp 5/11)
\$1 off Truvia natural sweetener OR Truvia Baking Blend with Sugar (Exp 5/31)
\$1 off Windex Touch-Up cleaner item (exp 5/25)
.50/1 Zatarains Frozen Entrée (Exp 5/26)
.50/2 Zatarains Rice or Pasta Mixes (Exp 5/26)

Food Lion Coupons

.75/1 Food Lion Snack Mix 15 oz (FOOD LION COUPON) exp 5/7
\$1/2 Sunshine Cheez-it Baked Snack Crackers 9.8 oz + (FOOD LION COUPON) exp 5/7
\$2/2 Hellmanns Mayonnaise 30 oz + (FOOD LION COUPON) exp 5/7
.50/1 Armour Vienna Sausage 6 pk (FOOD LION COUPON) exp 5/7
.50/3 Betty Crocker Cake Mix (FOOD LION COUPON) exp 5/7
\$1/2 Sparkle Giant Roll 2+ or Angel Soft 4 double rolls (FOOD LION COUPON) exp 5/7

Smart Source 4/14

\$1 off Alberto V05 Salon Series shampoo or conditioner, 14.2 oz (exp 5/31)
\$1 off Alberto V05 Salon Series styling, treatment or hot oil (exp 5/31)
\$1/4 Alberto V05 shampoo or conditioner, 15 oz + (exp 5/31)
.75/2 Arm & Hammer detergent or fabric softener sheets (exp 6/30)
\$1 off Arm & Hammer 4X concentrated detergent, 45 oz + (exp 6/30)
\$1 off Arm & Hammer Power Paks detergent, single-use (exp 6/30)
\$1/2 Baileys non-alcoholic coffee creamers (exp 5/31)
.40/1 ban product, 1.5 oz + (exp 5/26)
.75/1 ban solid (exp 5/26)
\$1.50 off Bausch+Lomb Opti-Free, 10 oz + (exp 5/19)

\$1/3 Beech-nut Toodler Yogurt or Puree Pouches (Exp 5/31)

\$3 off Bic Flex4 or 3, Comfort 3 Advance, Hybrid Advance 3 or 4 (exp 5/12)

\$3 off Bic Soleil disposable razor, ets (exp 5/12)

.50/1 Birds Eye Steamfresh Chef's Favorites (exp 5/31)

\$1 off Campbell's skillet sauces (exp 6/30)

\$1 off Chock Full o'Nuts (Exp 6/31)

\$2 off Clairol Natural Instincts hair color, excl trial size (exp 5/31)

\$5/2 Clairol Nice 'n Easy boxes, excl trial size (exp 5/31)

\$2 off Claritin product, 10 ct. + (exp 5/12)

\$5 off Claritin product, 24 ct. + (exp 5/12)

\$7 off Claritin product, 24 ct + (exp 4/21)

\$1 off Colgate Optic White, Total Advanced or Sensitive Pro-Relief (exp 5/4)

.50/1 Cooking Light Magazine (Exp 7/12)

\$1 off El Monterey product, \$2.99 + (exp 5/15)

\$1.50 off Excedrin product, 100 ct. + (exp 6/2)

\$1 off Excedrin product, 24 ct. + (exp 6/2)

\$1.50 off Gas-X product, 48 ct. + (exp 7/6)

\$1 off Gas-X product (exp 7/6)

\$1 off General select Electric Energy Smart lighting item (exp 5/25)

\$1.50 off GenTeal lubricant, eye drop, gel or ointment (exp 6/30)

.55/1 Gillette Series shave gel or Satin Care shave gel, excl trial size (exp 5/31)

\$1 off Hartz dog treats (exp 5/31)

\$2 off Hartz dog pads (exp 5/31)

\$3 off Hartz First Defense (exp 5/31)

\$1 off Hawaiian Punch Aloha Morning, gallon or 10 oz 6 pk. (exp 5/26)

\$1/2 Hershey's chocolate bags, 10 oz + (exp 6/2)

\$1.50 off Ihop at Home frozen breakfast item, family pk. (exp 8/14)

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\$1 off Kauai coffee, 10 oz bag (exp 5/31)

\$2 off Keri lotion (exp 6/30)

.75/1 Land O Lakes Saute Expree Saute Starter (Exp 6/30)

.50/2 Lysol disinfecting or Power & Free wipes (exp 5/14)

.50/2 Lysol toilet bowl cleaners (exp 5/14)

.75/1 Lysol Touch of Foam antibacterial hand wash (exp 6/4)

\$2 off Lysol No-Touch hand wash soap system starter kit (exp 5/14)

Free Lysol wipes max \$3 wyb disinfectant spray 12.5 oz + (exp 5/14)

.50/1 OxiClean pre-treater (exp 6/30)

.75/1 OxiClean dishwashing booster (exp 6/30)

\$1 off OxiClean liquid or power paks (exp 6/30)

\$1 off OxiClean versatile stain remover, 3 lb + (exp 6/30)

\$10 off Philips Sonicare AirFloss 1-handle model HX8111 (exp 5/31)

.70/1 Post Pebbles Cereal or Treats 6 oz + (exp 5/25)

.50/1 Pur faucet mount refill or pitcher refill (exp 7/31)

\$5 off Pur faucet mount, pitcher or dispenser (exp 7/31)

\$1 off Purina One dry cat food (exp 7/14)

\$1/3 Purina One wet cat food cans (exp 7/14)

\$4 off Rachael Ray Nutrish Zero Grain Super Premium dog food (exp 7/14)

.50/1 Real Simple Magazine (Exp 7/12)
.50/1 Scott Naturals flushable cleansing cloths tub or refill (exp 5/26)
.75/1 Scott Naturals bath tissue package, 4 rolls + (exp 5/26)
.75/1 Scott Naturals paper towels, 6 rolls + (exp 5/26)
\$1 off Sea Breeze ski care (exp 6/30)
\$1/2 Smart Balance buttery spreads (exp 5/29)
\$1.50 off Smart Balance Enhanced Milks (Exp 5/29)
\$1 off Tena product (exp 7/31)
\$1/2 Triscuit brown rice and wheat crackers, 9 oz (exp 5/24)
\$2 off Trojan lubricant item (exp 6/16)
\$2.50 off Ziadator eye drops, 5 mL+ (exp 6/30)
.50/1 Zest 3 bar+ (exp 5/22)
\$1 off Zest body wash (exp 5/22)