

Coupon Variations for The Post and Courier 5/19 below. This weekend, you will have (3) coupon inserts in your newspaper! Be on the lookout for:

- (1) Red Plum
- (2) Smart Source

Red Plum 5/19

- \$1 off Advil product, 20 ct.+ (exp 7/18)
- \$1 off Advil Children's item (exp 7/18)
- \$1 off Advil PM, 16 ct.+ (exp 7/18)
- \$1 off Banana Boat sun care item, 3 oz+, excl lip balm (exp 6/29)
- \$3/2 Banana Boat sun care items, 3 oz+, excl lip balm (exp 6/29)
- \$1 off Ben & Jerry's frozen yogurt or ice cream, pint (exp 6/16)
- \$1 off Best Foods product, 22 oz+ (exp 6/16)
- \$1/2 Brillo Estracell sponge products (exp 7/15)
- .55/1 Brillo 10 ct. or 18 ct. Regular, 15 ct. Singles or 10 ct. Heavy Duty Soap Pads (Exp 7/15)
- .75/1 Caress body wash, 12 oz+ or 6 bar pk.+ (exp 6/16)
- Free Clear Scalp Hair Beauty Therapy wyb Men Scalp Therapy (exp 6/2)
- Free Clear conditioner or mask wyb Scalp & Hair Therapy shampoo (exp 6/2)
- .75/1 Cutter personal repellent (exp 7/31)
- \$5 off DermaSilk product, excl trial size (exp 6/1)
- .50/1 Dove beauty bar, 6 bar pk.+ , excl trial and Men+Care (exp 6/16)
- .75/1 Dove body wash, 12 oz+, excl trail size and Men+Care (exp 6/16)
- \$1.50/2 Dove go sleeveless, go fresh, ClearTone or Clinical Protection (exp 6/16)
- \$1 off Dove hair care item, excl trial size and Men+Care (exp 6/2)
- .55/1 Eckrich rope or links smoked sausage (Exp 6/30)
- \$1.50 off Febreze Air Effects, excl trail size (exp 6/30)
- .25/1 Folgers coffee (exp 6/23)
- \$5 off Gillette Venus razor AND refill, excl disposables and trial size (exp 6/30)
- \$5 off Hand Perfection anti-aging hand care (exp 6/30)
- \$1/2 Hanover Baked Beans (Exp 6/30)
- \$1 off Hawaiian Tropic sun care item, 4 oz+, excl lip balm (exp 6/29)
- \$3/2 Hawaiian Tropic sun care items, 4 oz+, excl lip balm (exp 6/29)
- \$1/2 Hellmann's product 22 oz+ (exp 6/16)
- \$1 off Hot Shot product (exp 8/31)
- .30/1 I Can't Believe It's Not Butter or Country Crock product (exp 6/16)
- .75/1 Jack's pizza, 15-30.5 oz (exp 6/30)
- \$1 off L'Oreal skincare item (exp 7/13)
- \$2 off L'Oreal Excellence shade or Richesse (exp 7/13)
- \$2 off L'Oreal cosmetic face item (exp 7/13)
- \$2 off L'Oreal Youth Code item, excl trial size (exp 7/13)
- .55/1 Land O'Frost Bistro Fav, Prem, DeliShaved or Canadian bacon (exp 6/19)
- \$1 off Land O'Frost sub sandwich kit or wrap kit (exp 6/19)
- .50/1 Lever 2000 2 bar pk.+ , excl trial size (exp 6/16)
- \$1.50 off Lever 2000 body wash, excl trial size (exp 6/16)
- .60/2 Lipton tea bags, tea & honey or any iced tea mix (exp 6/16)
- .55/1 Mazola oil or spray product (Exp 9/2)
- .75/1 Nalley pickles, 16 oz+ (exp 6/23)

\$1 off Nature's Bounty vitamin or supplement (exp 6/18)
\$2 off Nature's Bounty fish oil or CoQ-10 (exp 6/18)
\$2 off Nature's Bounty Optimal Solutions supplement (exp 6/18)
\$2 off Nature's Bounty Optimal Solutions shake mix (exp 6/18)
\$2 off NeilMed Sinus Rinse refill packets or SinuFLO Ready Rinse (exp 6/10)
.50/1 Pringles Snack Stacks, excl trial size or Stix, 70 ct. or 8 pk. (exp 6/30)
\$1/4 Pringles full size cans, 160 g+ (exp 6/30)
\$5/2 Purina dog treats, dry dog food, dry cat food or cat litter (Target) (exp 6/30)
.25/1 Q-tips cotton swabs item, 170 ct.+ (exp 6/16)
\$1 off Milk wyb (2) Quaker Cookies, Quaker ColdCereals or Quaker Chewy Granola Bars (Exp 6/15)
\$2 off Sarna anti-itch lotion (exp 7/31)
\$1 off Slim-Fast bar or snack bites (exp 6/16)
\$1 off Slim-Fast shake, multi-pk. or shake mix (exp 6/16)
.50/1 Snuggle fabric softener liquid or dryer sheets (exp 6/30)
.75/1 State FairCorn Dog Package (Exp 6/30)
.25/1 Suave deodorant, excl Men's and trial size (exp 6/16)
Free Suave body lotion wyb (2) Naturals body wash items (exp 6/2)
.50/2 Suave Professionals Men items, excl trial size (exp 6/2)
.50/2 Suave Professionals Moroccan Infusion shamp or cond (exp 6/2)
\$1 off Suave Professionals Moroccan Infusion styling oil, excl trial size (exp 6/2)
\$1 off Sunlight dish detergent (exp 6/30)
\$1 off ThermaCare cold wrap, 1 ct. or heat wrap, 2 ct.+ (exp 8/25)
\$3 off ThermaCare cold wrap, 1 ct. (exp 5/26)
.75/1 Welch's 100% juice bottle or multi-pk. (exp 8/31)
\$1 off Wet 'n Wild Fergie eye, lip or nail item (exp 6/1)
.50/1 Wish-Bone or Western dressing item (exp 6/16)
\$1 off Wisk laundry detergent, 45 oz or 24 loads+ (exp 6/30)
.50/1 Wonderful pistachios, 5 oz+ (exp 7/19)
\$5 off Xenadrine product (exp 8/31)
\$10 off Zyrtec product, 70 ct.+ (exp 6/26)
\$4 off Zyrtec regular or D, 24 ct.+ (exp 7/31)
\$7 off Zyrtec regular or D, 24 ct.+ (exp 5/26)

Smart Source 5/19

.55/1 Apple & Eve Sesame Street juice beverage (exp 6/29)
.55/2 Barilla blue box pasta (exp 7/13)
\$1 off Brookwood Farms (Exp 9/2)
\$1 off Breyers Ice Cream Topping (Exp 7/14)
\$1 off Butterball Deli Meat or Fresh or Frozen Butterball item (exp 7/28)
\$3 off Butteball Deli Meat, any flatout flatbread item and 2 avocados (exp 7/28)
\$1/4 Daily's pouches (Exp 6/15)
.50/2 Dole canned juices 46 oz or 6 oz 6 pks. (exp 7/31)
.50/2 Dole canned mandarins (Exp 7/31)
\$2/2 EasyLiner rolls (exp 6/30)
.60/1 Edwards singles (Exp 8/19)
\$1 off Gillette body wash or deodorant, excl trial size (exp 6/30)

.35/1 Golden Flake Snacks 5 oz + (exp 7/31)
 .25/1 Heinz ketchup (exp 6/16)
 .30/1 Heinz homestyle beans (exp 6/16)
 \$1 off Heinz 57 sauce, 10 oz+ (exp 7/28)
 .75/1 Heluva Good! Sour Cream Dip (exp 7/21)
 \$2 off Infusium 23 shampoo, conditioner or leave-in treatment, 6 oz+ (exp 6/19)
 .50/1 Jolly Time microwave popcorn (exp 6/30)
 \$2 off Lamisil product (exp 9/30)
 \$1 off Lea & Perrins product, 10 oz+ (exp 7/28)
 \$1 off Lea & Perrins marinade in-a-bag item (exp 7/28)
 .50/1 Maruchan bowl or Yakisoba (exp 7/15)
 .50/1 Milo's Famous Tea 1 Gallon (Exp 6/17)
 .55/1 Morton plain or iodized salt AND (1) salt & pepper shakers (exp 7/14)
 .55/1 Morton kosher salt or coarse or fine sea salt (exp 7/14)
 \$3/2 Old Spice deodorant, twin pks., excl trial size (exp 6/30)
 \$1 off Ore-Ida Grillers (exp 6/16)
 \$1 off Pert Plus 2-in-1 item, 13.5 oz + (exp 6/19)
 .75/1 Post Sesame Street cereal (exp 6/29)
 \$3 off Renew Life Ultimate Flora Probiotic (Exp 9/30)
 .75/1 Reynolds Wrap foil, 35 sq ft., excl Wrappers (exp 7/31)
 \$1.50 off Rubbermaid beverage container AND select drink mix (exp 6/29)
 \$3 off Secret Clinical deodorant, excl 0.5 oz and trial size (exp 6/30)
 \$3 off Secret Outlast or Scent Expressions, twin pk. (exp 6/30)
 .75/2 Scotch-Brite Scouring products (exp 7/31)
 \$1/2 Scotch-Brite Bathroom Solutions Cleaning Tools (Exp 6/30)
 \$1/2 Scotch-Brite Botanical Disinfecting Wipes (exp 6/30)
 \$1/2 Scotch-Brite Dishwands or Dishwand Refills (Exp 6/30)
 .55/1 Skintimate Shave Gel or Shave Crème excl. 2.75 oz cans (exp 6/30)
 \$1/2 Snyder's flavored pieces or pretzel sandwiches, 8 oz + (exp 7/31)
 \$1 off Star olive oil, 16 oz + (exp 8/31)
 .55/1 Sunstar GUM product (exp 7/31)
 .75/1 Sunsweet dried fruit (exp 8/30)
 \$1 off Tyson Any'tizers (exp 8/19)
 \$3 off Ultimate Flora probiotic (exp 9/30)
 .75/1 Vlasic reg or Farmer's Garden pickles (exp 7/31)
 .50/1 Wonderful Almonds, 6.3 oz + (exp 7/19)
 \$1 off Yasso Frozen Greek Yofurt Novelties 4 pk (Exp 9/3)

Smart Source 5/19

\$1 off Activia product, 4 pk. (exp 7/13)
 \$1 off Alouette cheese portions (exp 7/31)
 .55/1 Alouette crumbled cheese (exp 7/31)
 \$1 off Alouette spreadable cheese (exp 7/21)
 \$2/2 Be. Wine 750 mL (exp 6/15)
 .50/1 Bisquick original or Heart Smart baking mix, 40 oz + (exp 7/13)
 \$1 off Chavrie goat cheese (exp 7/31)
 \$1 off Chi-Chi's Taco Sauce bottle or enchilada Sauce can 8 oz + (exp 7/14)

.50/1 Chi-Chi's Tortillas or Chi-Chi's Salsa item (Exp 7/14)
\$1 off Chock Full o'Nuts product (exp 6/30)
\$1 off Colgate mouthwash, 8 oz + (exp 6/16)
\$3 off Coppertone AND (2) Coca-Cola, 12 pk. or (1) 20 or 24 pk. (exp 6/30)
\$1 off Crystal Light liquid drink mix (exp 6/23)
.75/2 Dole canned mandarin oranges (exp 7/31)
\$3 off Dr. Scholl's Active Series insoles (exp 7/13)
\$3 off Dr. Scholl's For Her insoles (exp 7/13)
\$3 off Dr. Scholl's Freeze Away wart item (exp 7/13)
\$3 off Dr. Scholl's massaging gel insoles or pain relief orthotic inserts (exp 7/13)
.35/1 Dromedary Pimiento item (exp 9/2)
.55/1 Edge shave gel or cream, 7 oz + (exp 6/30)
.50/1 Energizer batteries, flashlight or usb wall or car charger (exp 6/29)
.25/1 Finish Quantum, Powerball Tabs or Gelpacs 20 ct+ (exp 6/16)
\$1 off Foster Farms oven ready chicken breasts (exp 8/28)
\$1 off Foster Farms panko crusted chicken breasts (exp 8/28)
\$2 off GooNites bed mats, jumbo pk. + (exp 6/15)
\$1 off Hidden Valley Farmhouse Originals dressing (exp 8/19)
\$1 off Hills Bros Cappuccino 12 oz + (exp 6/30)
.35/1 Hill Bros Iced Coffee (Exp 6/30)
\$1 off Hormel Always Tender (exp 7/15)
.55/2 Hormel chili (exp 7/15)
.50/1 Hormel Natural Choice deli sandwich meat or chicken strips (exp 7/15)
\$1/2 Hormel pepperoni (exp 7/15)
\$1/2 Hormel premium chicken breast (exp 7/15)
\$1 off Huggies diapers (exp 6/15)
\$1.50 off Huggies Little Movers slip-on diapers (exp 6/15)
\$1.50 off Huggies Pull-Ups Training Pants Jumbo Pack+ (exp 6/15)
.50/1 Huggies Pull-Ups Big Kid Flushable Wipes *(exp 6/15)
\$1.50 off Huggies Little Swimmers Disposable Swimpants (Exp 6/15)
\$1 off Huggies Slip-on diapers 20 ct (TARGET COUPON)
\$1.50 off Huggies 20 ct + AND Wipes 56 ct.+ (exp 7/20) TARGET COUPON
.50/1 Irish Spring bar soap, 6 pk. + (exp 6/8)
\$1 off Irish Spring body wash, excl 2.5 oz (exp 6/8)
\$2 off Johnsonville Grillers (exp 6/30)
.50/1 Kleenex hand towels (exp 6/29)
\$1 off L'Oreal Advanced hair care shampoo or conditioner (exp 7/13)
\$2 off L'Oreal Advanced hair care treatment (exp 7/13)
\$1/2 La Victoria product, 12 oz + (exp 7/28)
\$1 off La Victoria tortillas (exp 7/28)
\$1 off Lunchables Uploaded Lunch Combos (Exp 7/14)
\$1/2 Maruchan Bowls or Yakisobas (exp 7/15)
\$1/3 Nabisco cookies or crackers, 6.5 oz + (exp 7/14)
\$1 off Nescafe Taster's Choice coffee canister, 7 oz + (exp 7/14)
.55/1 Nescafe Taster's Choice single serve stick pk. carton (exp 7/14)
\$1 off Oscar Mayer Lunchables Uploaded lunch combinations (exp 7/14)
.75/1 OxiClean dishwashing booster (exp 7/31)
\$1.50 off OxiClean in-wash liquid (exp 7/31)

.50/1 OxiClean pre-treater (exp 7/31)
.50/1 OxiClean versatile stain remover or power paks (exp 7/31)
.50/1 Palmolive dish liquid, 14 oz + (exp 6/8)
\$1/2 Pillsbury refrigerated baked goods (exp 7/13)
\$1 off Planters Nut-rition sustaining energy mix, multiplk. (exp 7/31)
\$4 off Playtex Fresh+Sexy wipes (exp 6/30)
\$4 off Refresh Optive advanced product (exp 6/30)
\$3/2 Refresh product (exp 7/31)
.50/2 Sargento Natural slices (exp 6/30)
\$2 off Schick Quattro disposables (exp 6/30)
\$3 off Schick Quattro for Women disposable razors (Target coupon) (exp 7/14)
\$2 off Schick Quattro titanium razor or trimmer (exp 6/30)
\$2 off Schick Quattro titanium refill (exp 6/30)
\$3 off Schick Xtreme3 disposable razors, 8 ct. (Target coupon) (exp 7/14)
\$1/2 Scotch-Brite Bathroom Solutions cleaning tools (exp 6/30)
\$1/2 Scotch-Brite botanical disinfecting wipes (exp 6/30)
\$1/2 Scotch-Brite dishwands or refill (exp 6/30)
.75/2 Scotch-Brite scouring pads (exp 7/31)
.75/2 Scotch-Brite scrub sponge or dishwands (exp 6/30)
.55/1 Seagram's ginger ale, 12 oz 12 pk. or 7.5 oz 8 pk. (exp 8/24)
.60/1 Silk iced latte (exp 6/20)
Free Simple cleansing wipes wyb cleanser or moisturizer (exp 6/2)
.55/1 Skintimate shave gel or creme, excl 2.75 oz cans (exp 6/30)
\$1.50 off Snapple Brew over ice K-Cup 12 ct. (exp 6/19)
\$1/3 Stride, Dentyne, Trident or ID gum, single pk. (exp 7/14)
\$1/2 Sure-Jell Certo or MCP products (Exp 6/30)
.75/1 Swiss Premium Tea or Lemonade (exp 6/30)
\$1/3 Sweet Baby Ray's barbecue sauce (exp 6/30)
.50/1 Swiss Premium tea or lemonade, gallon (exp 6/30)