

## **The Virginian Pilot Insert Variation 5/5/13**

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

\*-in insert

### **REDPLUM**

ACT \$1/1 16.9 or 18oz bottle excluding Dry Mouth (6/15)\*

ACT \$1/1 Dry Mouth product (6/15)\*

ACT \$2/1 33.8oz bottle excluding Dry Mouth (6/15)\*

all \$1/1 liquid, powder or mighty pacs (6/16) ETS\*

Allegra \$1.50/1 anti-itch cream (8/3)\*

Allegra \$5/1 30ct+ regular, any D or any Children's (8/3)\*

Angel Soft \$.45/1 4pk double roll+ (6/5)\*

Angel Soft \$1/2 4pk double roll+ (6/5)\*

Australian Gold \$1/1 sun care product 3oz+ excluding lip balm (7/7)

Bayer \$1/1 Aspirin Regimen product 20ct+ (8/15)\*

C&H \$1/1 Organic Light or Amber Blue Agave Nectar (7/28)

Caltrate \$2/1 calcium & vitamin D3 supplement (8/4)\*

Centrum \$3/1 regular, Silver Multivitamin 80ct+, Specialist or Flavor Burst multivitamin 60ct+ (6/1)\*

Cortizone-10 \$1.50/1 item 1oz+ (7/7)\*

Cortizone-10 \$1.50/1 poison ivy relief pads (7/7)\*

DermaSilk \$5/1 full size product (5/18)\*

Garnier Fructis B1G1 free shampoo or conditioner 13oz (6/2)\*

got2b \$2/1 styling item (6/15)\*

Hefty \$.55/1 waste bags (8/31)\*

i-cool \$2/1 For Menopause or Bone Builder +D (7/5)\*

Icy Hot \$2/1 Advanced product (8/31)\*

Icy Hot \$2/1 arthritis lotion product excludes 1ct back patch (8/31)\*

Icy Hot/Aspercreme/Capzasin \$1/1 product\*

L'Oreal \$2/1 haircolor product (6/29)\*

NeilMed \$3/1 NasaMist All-in-One, NasaMist Extra Strength or NasaFlo Neti Pot (5/31)

Osteo Bi-Flex \$3/1 30-60ct (6/20)\*

Osteo Bi-Flex \$5/1 70ct+ (6/20)\*

Peanuts & Panko \$1/1 box (6/30)

Pedigree \$1/1 dry dog food 3.5lb+ (6/30)\*

Pedigree \$1/1 Little Champions variety pack 8 or 12ct or 6 single pouches, 6 trays or 6 13.2oz cans (6/30)\*

Pure Protein \$1/1 4pk 23g shakes, 1 or 2lb protein powder or value packs (6/23)\*

Pure Protein \$1/2 bars (6/23)\*

Sally Hansen \$4/1 nail color minimum \$4.99 purchase excluding Hard as Nails and Hard as Nails Xtreme Wear (6/5)\*

Sally Hansen \$5/1 Salon Insta-Gel Strips starter kit or Salon Insta-Gel Strips (6/5)\*

Soft Scrub \$1/1 Advanced Surface (6/1)\*  
Soft Scrub \$1/1 product (6/1)\*  
Sparkle \$.25/1 3pk roll or smaller (6/15)\*  
Sparkle \$1/1 6pk roll+ (6/15)\*  
Sundown Naturals \$1/1 vitamin or supplement product (6/4)\*  
Weight Watchers \$3/10 Smart Ones frozen products (6/16)\*  
Welch's \$1/2 refrigerated juice cocktails 59oz (7/31)

**ADDITIONS:**

Ball Park \$.75/2 Franks (6/2)  
Carbona \$1.00/1 Color & Dirt Grabber (7/30)  
Carbona \$1.00/1 Stain Devils (7/30)  
Carbona \$1.00/1 Washing Machine Cleaner (7/30)  
Eucerin \$3.00/2 Face, Hand or Body product ETS (5/25)  
Eucerin \$1.50/1 Hand or Body product ETS (5/25)  
Hefty \$1.00/2 Slider Bags 12ct+ (8/31)  
Kellogg's \$1.00/3 Special K Cereals 11oz+ (6/16)  
Kellogg's \$1.00/3 Special K Protein Meal Bars, Snack Bars, Shakes and/or Water Mixes 4ct+ (6/16)  
Kellogg's \$1.00/3 Special K Crackers and/or Chips 3.48oz+ (6/16)  
Kellogg's \$1.00/3 Special K Cereal Bars, Pastry Crisps, and/or Granola Bars (6/16)  
Nestea \$1.00/1 Iced Tea .5-Liter 12-pack (6/16)  
Nutri-Grain \$1.00/2 Cereal Bars and/or Fruit Crunch Granola Bars 5ct+ (6/30)  
Pure Silk \$.70/1 Shave Cream ETS (6/28)  
Purex Crystals \$.75/1 bottle (6/1)  
Purex Crystals \$1.50/2 bottles (6/1)  
Sara Lee \$1.00/1 package Pre-sliced Meat DND (6/16)

**SMARTSOURCE:**

Atkins \$1/1 bar 5pk (7/31) DND\*  
Atkins \$1/1 frozen meal (7/31) DND\*  
Atkins \$1/1 shake 4pk (7/31) DND\*  
Aveeno \$2/1 hair care or body wash product (6/30) ETS\*  
Benadryl \$1/1 topical product (5/31)\*  
Bengay \$3/1 pain relief product (5/31) ETS\*  
BIC \$3/1 Soleil disposable razor (6/2) ETS\*  
BIC \$1/1 For Her product (7/31)\*  
Carefree \$.50/1 product 36ct+ (7/31)\*  
Claritin \$2/1 10ct+ (6/2)\*  
Claritin \$4/1 D 15ct+ (6/2)\*  
Claritin \$5/1 24ct+ (6/2)\*  
Clean & Clear \$1/1 product (6/30) ETS \*  
Clean & Clear \$3/2 Advantage products (6/30) ETS\*  
Clear Care \$1.50/1 solution 12oz (6/14)  
Delimex \$1/1 product (6/16)  
Destin \$.75/1 diaper rash ointment product (6/30) ETS\*  
Ensure \$5/2 shakes or Ensure Clear multi-packs (6/30)  
Farmer John \$2/1 smoked sausage (7/5)

Febreze \$.50/1 carpet deodorizing powder (6/30)\*  
Fiber One \$.50/2 Chewy Bars, 90 Calorie Chewy Bars, 90 Calorie Brownies or Protein Chewy Bars (6/29)\*  
French's \$1/1 dijon or honey dijon mustard (7/31)\*  
General Mills \$1/3 Big G cereals (6/15)\*  
Glade \$.75/1 fragrance mist starter (6/29)\*  
Glade \$1.50/1 PlugIns Scented Oil twin refill or 2 single refills (6/29)\*  
Glade \$1/1 Decor Scents holder, twin refill or 2 single refills (6/29)\*  
Glade \$2/1 Sense & Spray starter kit (6/29)\*  
Glucerna \$1/1 multi-pack bars (6/30)  
Glucerna \$5/2 multi-pack shakes (6/30)  
Hershey's \$1/1 Bliss chocolates bag 8oz+ (7/28)\*  
Hormel \$1/1 Compleats microwave meal (7/1)\*  
ICaps \$3/1 eye vitamin formula (6/14)  
Johnson's \$.50/1 baby product excluding 1-4oz size, hand & face wipes and Buddies and Kids 1ct  
sudsizing bar (6/30)\*  
Johnson's \$.75/1 baby hair care product excluding sizes 1-4oz (6/30)\*  
Johnsonville \$.75/1 breakfast sausage (6/30)\*  
Joint Juice \$1/1 product (1/31)\*  
Ken's ~~\$1/1~~ 16oz dressing (6/30) \$1.00/2  
Kraft \$1/2 natural cheese slices (6/5)  
Lactaid \$1/1 fast act dietary supplement 32ct+ (8/5) DND  
MiraLAX \$1/1 10ct or 14 dose+ (6/16)\*  
MiraLAX \$3/1 30 dose (6/16)\*  
Mitchum \$1/1 Men or Women excludes trial and multipacks (6/9)\*  
Neutrogena \$1.50/1 sunless product (9/1) ETS\*  
Neutrogena \$1/1 cosmetics product (5/31)\*  
Neutrogena \$1/1 facial cleanser or moisturizer (6/5)\*  
Neutrogena \$1/1 hair or body product (6/8) ETS\*  
Neutrogena \$1/1 suncare product (9/1) ETS\*  
Neutrogena \$2.50 off cleanser & moisturizer (6/5)\*  
Neutrogena \$3/2 cosmetics products (5/31)\*  
Nexcare \$.55/1 bandages (6/30)\*  
Nexcare \$.55/1 first aid tape (6/30)\*  
O-Cel-O \$.75/2 scrub or plain sponges (6/30)\*  
OPTI-FREE \$1.50/1 solution 10oz+ (6/14)  
Ore-Ida \$1.50/2 products 16oz+ (6/16)\*  
Pasta Prima \$1/1 pasta or sauce (6/30)  
Philadelphia \$.50/1 cream cheese spread (6/8)\*  
Philips Sonicare \$10/1 rechargeable toothbrush or Sonicare Airfloss excludes Essence & Xtreme models  
(6/30)\*  
Philips Sonicare \$15/1 DiamondClean, Flexcare+ or Flexcare rechargeable toothbrush (6/30)\*  
Philips Sonicare \$4/1 brush heads or Essence or Xtreme toothbrush (6/30)\*  
RoC \$3/1 anti-aging product (6/30) ETS\*  
Rug Doctor \$3/1 pet formula carpet cleaner 48oz+ (7/31)\*  
Rug Doctor \$5/1 rental (7/31)\*  
Scrubbing Bubbles \$1/2 bathroom cleaners or toilet cleaning products (6/16)\*  
Seattle's Best Coffee \$3/2 12 or 20oz bags (7/7)\*  
Sergeant's \$.75/1 shampoo (7/31)\*

Sergeant's \$1/1 Vetscriptions product (7/31)\*  
Sergeant's \$3/1 Pronyl OTC product for dogs or cats 3 dose+ (7/31)\*  
Sergeant's \$5/1 Pronyl OTC Max product for dogs or cats (7/31)\*  
**So Delicious Dairy Free \$1/1 purchase (7/31)**  
Spam \$1/2 products 10oz (7/1)\*  
Spam \$1/2 single products (7/1)\*  
Stayfree \$1/1 product (7/31)\*  
**SYSTANE \$1.50/1 lubricant eye drop or gel formula (6/14)**  
TGI Fridays \$2/3 frozen snacks (6/16)\*  
**Tree Top .75/1 100% juice blends 64oz (6/16)**  
TruBiotics \$1/1 probiotic supplement product (7/31)\*  
Tyson \$1/1 stuffed mini bread bowls, breakfast bowls or mini chicken sandwiches (8/5)\*  
**VanCamp's \$.40/1 baked beans (6/15)**  
Windex \$1/2 products (6/16)\*  
Windex/Scrubbing Bubbles \$5/5 bathroom or toilet cleaning products (6/16)\*  
Yoplait \$.50/1 Greek yogurt 4pk or Greek yogurt with granola 2pk (6/29)\*  
Yoplait \$.75/2 Go-Gurt, Kids Cup, Trix multipack, Pro-Force or Baby (6/29)\*  
**Zadiator \$2.50/1 5ML+ (7/31)**  
Ziploc \$1/3 bags (6/15)\*  
Ziploc \$1/3 slider bags (6/15)\*

**ADDITIONS:**

4C \$1.00/1 Cap-It or Totally Light Stix/Tubs (8/31)  
4C \$1.00/1 LWE or Totally Light Stix/Tubs (8/31)  
Bagel Bites \$2.00/3 9ct products (6/16)  
Duke's \$.55/1 product DND (6/2)  
Equal \$1.00/1 any size sweetener (8/5)  
International Delight \$.75/1 Iced Coffee Half Gallon or 4-pack (6/30)  
Johnsonville \$1.00/1 Pork & Chicken breakfast sausage (6/30)  
Ken's \$1/2 9oz Dressing (6/30)  
Ken's \$1/1 Marinade (6/30)  
Little Hug \$1.00/2 Fruit Barrels Variety Pack 20ct+ (6/30)  
PediaSure \$2.00/1 Pediasure or Pediasure sidekicks (6/2)  
Pepperidge Farm \$.75/2 Rolls or Bread (7/14)  
Pur Via \$1.00/1 any size (8/5)  
Raid \$3.00/1 Max Bug Barrier with reusable auto trigger (6/8)  
Raid \$1.00/1 Max Bug Barrier refill (6/8)  
Spam \$1.00/1 Meal for 1 (7/1)  
Tyson \$.55/1 Grilled & Ready product (8/5)