

The Virginian Pilot Insert Variation 6/23/13

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

*-in insert

Smartsources

Arm & Hammer \$1/1 4x concentrated detergent (8/31)*

Arm & Hammer \$1/2 power paks single use laundry detergent (8/31)*

Betty Crocker Snacks \$.50/2 Fruit by the Foot, Fruit Gushers or Fruit Roll-Ups (8/17)*

Bio-Oil \$2/1 2oz or 4.2oz (9/30)

Bio-Oil \$4/1 6.7oz (9/30)

Carvel \$3/1 ice cream cake 56oz+ (9/30)

Citracal \$1/1 product (9/30)*

Citracal \$2/1 sugar free chocolate chews (9/30)*

Coppertone \$1/1 4oz+ (8/31)*

Coppertone \$5/2 4oz+ (8/31)*

Cracker Barrel \$.75/1 cheese 6oz+ (8/31)*

Dole \$1/1 fruit smoothie shakers (8/31)*

Edge \$.55/1 shave gel or shave cream 5.1oz+ (8/4)*

General Mills \$1/2 Big G cereals (8/3)*

Gevalia \$1.50/1 coffee single serve cups (7/20) *

Goodnites \$1.50/1 bed mats jumbo+ pack (7/20)*

Goodnites \$2/1 underwear jumbo+ pack (7/20)*

Hershey's \$1/2 milk chocolate 6pk (8/11)*

Honey Maid \$1/2 grahams 14oz+ (8/11)*

Hormel \$1/2 REV wraps or wrap value packs (8/19)*

Huggies \$.50/1 baby wipes 40ct+ (7/20)*

Huggies ~~\$3/1~~ diapers 42ct+ (7/20) **\$2.00/1**

Huggies ~~\$3/1~~ Little Movers, Little Snugglers or Overnites diapers (7/20) **\$2.00/1**

Infusium 23 \$2/1 shampoo, conditioner or leave in treatment 6oz+ (7/23)*

Johnsonville \$2/1 Grillers (7/31)*

Kraft \$.20/2 jet-puffed marshmallows 8oz+ (8/11)*

Mrs. Dash \$.50/1 marinades (11/30)

Mrs. Dash \$.50/1 seasoning blends (11/30)

Nature Valley \$.50/1 granola bars 5ct+, granola thins or soft-baked oatmeal squares (8/17)*

Newtons \$1/1 cookies 8oz+ (8/10)*

Opti-Free \$1.50/1 10oz product (7/31)

Opti-Free \$3/1 twin pack (7/31)

Pert Plus \$1/1 2-in-1 product 13.5oz+ (7/23)*

Phillips' \$.50/1 product (9/30)*

Phillips' \$1.25/1 colon health product (9/30)*

Phillips' \$2.25/1 Fiber Good gummies (9/30)*
 Pillsbury \$.50/2 Toaster Strudel, Toaster Scrambles pastries or pancakes (9/14)*
 Poise \$1/1 hourglass shape pads (8/3)*
 Poise \$1/1 product (8/3)*
 Premier Protein \$1/2 bars or crisp bars Not redeemable at Costco or Sam's Club (9/29)*
 Premier Protein \$5/1 regular 11oz 4pk and snack size 8.25oz 4pk or regular 11oz 12pk shake Not redeemable at Costco or Sam's Club (9/29)*
 Raid ~~\$5.55/1~~ product (8/3) **\$1.00/2**
 Revlon \$1/1 eye product (8/4)*
 Revlon \$1/1 lip product (7/28)*
 Revlon \$1/1 nail product (7/28)*
 Reynolds \$1/1 baking cups (9/30)*
 Schick \$2/1 Quattro disposable razor (8/4)*
 Schick \$2/1 Quattro for Women razor, bikini trimmer or refill (8/4)*
 Schick \$2/1 Quattro Titanium razor (8/4)*
 Schick \$2/1 Quattro Titanium refill (8/4)*
 Skintimate \$.55/1 shave gel or creme excludes 2.75oz cans (8/4)*
 Tom's of Maine \$1.50/1 kids toothpaste or rinse (8/10)*
 Tom's of Maine \$1.50/1 naturally dry antiperspirant (8/10)*
 Tom's of Maine \$1/1 deodorant or bar soap (8/10)*
 Tom's of Maine \$1/1 toothpaste or mouthwash (8/10)*
Trojan \$1/1 vibrations product (9/22)
 Trojan \$2/1 lubricants product (9/22)*
 Wacky Mac \$1/2 products (8/3)*
 Wonderful \$.50/1 pistachios 5oz+ (8/23)*
 Yoplait \$.40/6 cups (8/17)*
 Yoplait \$.50/8 cups (8/17)*
 Yoplait \$.75/2 Go-Gurt, Kids Cup, Trix multipack, Pro-Force multipack or Baby (8/17) (2 coupons)*
 Yoplait \$1/5 Greek 100 yogurt (8/17)*
Yuban \$1/1 coffee single serve cups (7/20)
 Zegerid OTC \$2/1 (7/28)*
 Zegerid OTC \$6/1 42ct (7/28)*

ADDITIONS:

Edwards \$1.00/1 Whole Pie product 23oz+ DND (8/31)
 Land O Lakes \$1.00/1 1lb(16 oz) Deli Cheese (8/31)
 Land O Lakes \$1.00/1 1lb(16 oz) 4 Cheese Italian Blend (8/31)
 Luzianne \$1.00/1 Cold Brew 22ct Family Size DND (9/30)
 Marzetti \$.50/1 Marzetti or Simply Dressed Slaw (9/15)
 Maxwell House \$1.00/1 Single Serve Cups (7/20)
 OFF! \$2.00/2 Area Insect Repellants (8/3)
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 OFF! \$2.00/1 Clip-on Starter (8/3)
 OFF! \$1.00/2 Clip-on Refill (8/3)
 Palmolive \$.50/1 Scent Essentials Dish Liquid 25oz+ (7/13)
 Pet \$1.00/1 gallon Milk (7/31)
 Pet \$1.00/1 56oz carton Ice Cream (7/31)

Pull-Ups \$2.00/1 Training Pants Jumbo Pack + (7/20)
Silk \$1.00/1 Fruit & Protein half-gallon (7/31)

RedPlum

Aveeno \$1.50/1 sun care product (7/31) ETS*
Bayer \$2/1 Aspirin product 20ct+ (8/15)*
Bayer/One A Day/Alka Seltzer \$4/2 Bayer Aspirin products 20ct+, One A Day adult multivitamins or Alka-Seltzer antacid products (6/30)*
Best Foods \$1/1 product 22oz+ (7/21)
Bikini Zone \$1.50/1 product (8/31)*
Dove Men+Care \$.50/1 hair care product (7/7) ETS*
Febreze \$1/1 product (7/31) ETS*
Febreze Buy Air Effects, get Stick & Refresh up to \$3.99 (7/31) ETS*
Garnier \$1/1 cleanser (8/17)*
Land O'Frost \$.55/1 Bistro Favorites, Premium, Delishaved or Canadian Bacon (7/23)*
Land O'Frost \$1/1 sub sandwich kit or wrap kit (7/23)*
L'Oreal \$.75/1 kids product (8/18)*
L'Oreal \$2/1 shade of Excellence or Excellence Richesse (8/17)*
Mr. Clean \$1/1 liquid or spray (7/31) ETS *
Nestea \$1/1 iced tea .5-liter 12pk (8/4)*
Nivea \$2/1 Q10 serum/gel or firming lotion 2.5-13.5oz (7/21)*
Nivea \$2/1 reg or men body lotion 8.4-16.9oz (7/21)*
Nivea \$2/1 Sun-kissed beautiful legs or radiant skin lotion 6.7-13.5oz (7/21)*
One A Day \$1/1 adult multivitamin product (7/22)*
Scar Zone \$2/1 product (8/31)*
Tabasco \$.60/1 (8/4)
TRESemme \$.75/1 Fresh Start product (7/21) ETS*
Truvia \$1/1 natural sweetener or baking blend with sugar (9/30)*

ADDITIONS:

Clearon \$1.00/1 bottle Bleach Tablets 32ct+ DND (8/3)
Hellman's \$1/1 product 22oz+ (7/21)
Krave \$1.00/2 Cereals 11oz+ (8/4)
PopTarts \$.50/1 Gone Nutty (8/4)
PopTarts \$1.00/3 Toaster Pastries and/or Mini Crisps (8/4)
Sausages \$1.00/1 Sausages or Snaw some! Dog Snacks (8/18)
Snickers, Twix, M&M's, Milky Way, or Dove Brand Ice Cream Bar or Sandwich multi-packs 3-6ct DND (8/4)
Sun \$1.00/2 Laundry Detergents 45oz+ (8/4)
Wisk \$2.00/1 Laundry Detergent 45oz or 24 loads + (8/4)
Zatarain's \$.50/2 products (8/4)