

Coupon Variation for The Post and Courier 7/14 below.

This weekend, you will have (3) coupon inserts in your newspaper. Be on the lookout for:

(1) Red Plum

(1) Smart Source

(1) Purina Target

Red Plum 7/14

\$2 off Act kids rinse AND adult mouthwash (exp 8/24)

\$2 off Act mouthwash, 33.8 oz, excl Dry Mouth (exp 8/24)

\$1 off Act mouthwash or rinse, 16.9 or 18 oz (exp 8/24)

\$1 off Aleve liquid gels (exp 10/15)

\$2 off Aleve product, 40 ct. +, excl D (exp 10/15)

\$1.50 off Allegra anti-itch cream, 1 oz (exp 9/7)

\$1 off Axe or Dove Men+Care face, excl trial size (Target coupon) (exp 8/11)

\$2 off C&H Light item (exp 9/3)

\$1 off C&H Organic blue agave nectar (exp 9/3)

\$3 off Centrum regular or Silver 65 ct. +, Specialist or Flavor Burst (exp 8/25)

B1G1 Cesar Canine cuisine tray (Exp 9/08)

\$2 off Cheer detergent, excl trial size (exp 8/31)

Free Chocolate bar 1.5 oz wyb Mars M&M's candies 1.14-1.74 oz (exp 8/25)

\$5 off DermaSilk product, full size (exp 7/27)

\$2 off Domino Light product (exp 9/3)

\$1 off Domino Organic Blue Agave Nectar (exp 9/3)

\$1.50 off Dry Idea roll-on or gel (exp 8/3)

\$1 off Era detergent, 25 oz + (exp 8/31)

\$3 off Estroven weight management (exp 10/31)

\$1 off Fungicure product (exp 9/30)

.50/1 Gain detergent or fabric enhancer, excl trial size (exp 8/31)

\$2/2 Gain detergent or fabric enhancers (exp 8/31)

\$1 off Garnier Fructis shampoo, conditioner or treatment (exp 8/24)

\$1 off Garnier Fructis stylant, excl trial size (exp 9/7)

\$2 off Garnier moisturizer (exp 9/7)

\$2 off Garnier Nutrisse haircolor (exp 9/7)

\$1 off Gillette female disposable razors, excl trial size (exp 8/31)

\$4/2 Gillette female disposable razors, excl trial size (exp 8/31)

\$1 off Gillette male disposable razors, excl trial size (exp 8/31)

\$4/2 Gillette male disposable razors, excl trial size (exp 8/31)

.55/1 Jimmy Dean Product (exp 8/18)

\$1 off Jimmy Dean Delights sandwich or (2) Delights by Jimmy Dean Bowls (Exp 8/18)

\$2 off L'Oreal Advanced haircare, excl 1.7 oz (exp 9/7)

\$2 off L'Oreal cosmetic face item, excl Magic Perfecting base 0.17 oz (exp 9/7)

\$1 off L'Oreal EverCurl, Creme, Sleek, Pure or Strong shampoo or cond (exp 9/7)

\$1 off L'Oreal EverCurl, Creme, Sleek, Pure or Strong treatment (exp 9/7)

\$1 off L'Oreal EverStyle (exp 9/7)

\$1 off L'Oreal eye item (exp 9/7)

\$1 off L'Oreal Ideal Clean or Ideal Moisture skincare (exp 9/7)

\$2 off L'Oreal Preference shade (exp 9/7)

\$5/2 L'Oreal Preference shade (exp 9/7)
\$2 off L'Oreal Sublime Sun (exp 9/7)
 Free M&M Brand Chocolate Bar WYB M&M's Brand Chocolate Candies 1.4-1.74 oz (exp 8/25)
\$1 off Nestea iced tea, 0.5 L 12 pk. or (3) 20 oz bottles (exp 8/25)
\$1 off Pedigree dry dog food, 3.5 lb + (exp 9/8)
\$1 off Pedigree Little Champions pouch 8 or 12 pk. or (6) singles, or (6) 13.2 oz cans (exp 9/8)
\$1.50 off Peet's coffee, 10 or 16 ct. single cups (exp 9/30)
\$2 off Purely Inspired product (exp 10/15)
\$2 off Purina One dry cat food AND (2) cans wet cat food 3 oz (exp 10/14)
\$1 off Quilted Northern Ultra Plush, 4, 6 or 9 roll (exp 8/14)
\$1 off Quilted Northern Ultra Soft & Strong, 4, 6 or 9 roll (exp 8/14)
\$1.50/2 Right Guard Total Defense 5 deodorant or personal care (exp 8/3)
\$1.50 off Right Guard Xtreme deodorant or personal care (exp 8/3)
Free Sally Hansen Insta-Gel color strips max \$14.99 wyb starter kit (exp 8/31)
Free Sally Hansen Salon gel polish color max \$12.99 wyb starter kit (exp 8/31)
\$1 off Soft Scrub product (exp 8/17)
.50/1 Tide Pods bags only, Downy Unstopables or Gain Fireworks (exp 8/31)
\$1.50/2 Tide Pods bags only, Downy Unstopables or Gain Fireworks (exp 8/31)
\$1 off Turkey Hill Ice Cream varieties 48 oz+ (exp 10/15)
.55/2 Welch's Chillers juice drinks (exp 10/14)
\$1/2 Welch's Essentials juice cocktail blends (exp 10/14)

Smart Source 7/14

.75/2 Arm & Hammer liquid or powder detergent or softener sheets (exp 9/30)
\$1/2 Arm & Hammer Power Paks detergent (exp 9/30)
\$1 off Arm & Hammer Ultra Power 4x concentrated detergent (exp 9/30)
\$3 off Bausch+Lomb Ocuville (exp 9/30)
\$5 off Bausch+Lomb Ocuville Eye + multi item (exp 9/30)
\$2 off Bic Soleil disposable razors, excl trial size (exp 8/11)
\$1.50 off Biotrue multi-purpose solution, 10 oz + (exp 9/14)
\$3 off Biotrue multi-purpose solution, twin pk. (exp 9/14)
\$1 off Chock full o'nuts (exp 8/17)
.50/1 Coast bar soap 3 pk. + or body wash (exp 8/31)
\$2/2 Colgate select toothpaste, 4 oz + (exp 7/27)
.50/1 Colgate toothpaste, 4 oz + (exp 7/27)
.50/2 Cottonelle Toilet Paper 4 pks or (1) 9 pk+ exp8/10
.50/1 Cottonelle Flushable Cleansing Cloths (Excluding wipes) exp 8/10
\$1 off Efferdent product, 48 ct. + (exp 9/30)
.50/1 Fiber One Chewy bars, brownies or cakes, incl 90 Cal & Protein (exp 9/7)
\$1 off French's Flavor Infuser marinade (exp 9/30)
.50/1 Gain Detergent or Fabric Softener FOOD LION COUPON (Exp 7/30)
\$1.50 off Gas-X product, 48 ct. + (exp 10/13)
\$1 off Gas-X product (exp 10/13)
.50/1 General Mills Original Cheerios cereal (exp 8/24)
.75/1 General Mills Total Whole Grain or Raisin Bran cereal (exp 8/24)
\$1/2 Glade 4 oz jar or Scented Oil candles (exp 8/24)
\$1 off Glade Decor Scents holder (exp 8/24)

\$1 off Glade Decor Scents refill, twin pk. or (2) singles (exp 8/24)
\$1 off Glade PlugIns Scented Oil refill, twin pk. or (2) singles (exp 8/24)
\$1.50 off Glade PlugIns Scented Oil warmer AND refill (exp 8/24)
\$1 off Glade Sense & Spray (exp 8/24)
\$1.50/3 Hormel Compleats microwave meals (exp 9/9)
\$1.25 off Jergens Natural Glow face daily moisturizer sunscreen AND Glow + Protect daily moisturizer sunscreen, excl 2 oz (exp 9/1)
.50/1 Jergens Natural Glow moisturizer, excl 2 oz (exp 9/1)
\$2 off Keurig Brew Over Ice K-cups, 12 or 16 ct. (exp 8/14)
\$2 off Kingsford Charcoal or Lighter Fluid **FOOD LION COUPON** (Exp 7/30)
\$1/2 Kleenex hand towels (exp 8/24)
.50/1 Kleenex tissue, bundle pk. or (3) 50 ct. + (exp 8/10)
\$1 off Kraft Recipe Makers cooking sauces (Target coupon) (exp 9/7)
\$1 off Libman Freedom concentrated floor cleaner (exp 12/31)
\$3 off Libman Freedom mop (exp 12/31)
\$1 off Lindt Hello chocolate, 3.5 oz + (Target coupon) (exp 8/31)
.50/1 Lysol Touch of Foam Antibacterial Hand Wash (Ep 8/31)
\$1 off Mitchum Men or Women's item, excl trial size and multipk. (exp 8/18)
.75/1 OxiClean dishwashing booster (exp 9/30)
\$1 off OxiClean product, excl dishwashing booster (exp 9/30)
\$2.50/2 OxiClean product, excl dishwashing booster (exp 9/30)
\$1 off Premium Rounds crackers, 10 oz + (exp 8/23)
\$2 off Prevacid 24hr (exp 8/25)
\$6/2 Prevacid 24hr, 28 or 42 ct. (exp 8/25)
.75/1 Rave product (exp 8/31)
\$1 off Revlon hair color (exp 8/18)
\$1 off Revlon lip product (exp 8/18)
\$2 off Schiff Move Free Advanced items (exp 9/15)
\$4 off Schiff Move Free Ultra Omega (exp 9/15)
.75/2 Scotch-Brite scrub sponge, multi-pk. (exp 8/31)
.75/1 Scott bath tissue, 8 rolls + (exp 8/10)
.50/1 Scott Naturals flushable cleansing cloths (exp 8/10)
.75 off Scott towels, 6 rolls + (exp 8/10)
\$1/2 Sure-Jell Certo or MCP (exp 8/31)
\$5 off Tena Stylish, Active or Anywhere (exp 8/31)
\$1 off Treasure Cave flavored crumbled blue cheese, 4 oz + (exp 9/1)
\$1/2 Twizzler or Jolly Rancher Bites pouches, 10 oz (exp 9/8)
\$1 off Tyson Frozen Chicken (**FOOD LION COUPON**) exp 7/30
\$1 off Vidal Sassoon shampoo or conditioner, excl trial size (exp 8/31)
.50/1 Viva on-the-go napkins (exp 8/24)
.25/1 Viva paper towels, big rolls + (exp 8/24)
.40/6 Yoplait yogurt cups (exp 9/7)
.50/8 Yoplait yogurt cups (exp 9/7)
\$1/3 Ziploc bags (exp 8/10)

Target Purina 7/14

(all Target coupons, all exp 8/31)

\$1 off Purina Cat or Kitten Chow, 3.15 lb +

B3G1 Purina Fancy Feast appetizers cat food, 2 oz, max \$1.59

\$1 off Purina Fancy Feast wet cat food, 24 pk.

\$1/15 Purina Friskies cat food cans, 5.5 oz

B3G1 Purina Friskies cat treats, 2.1-6 oz, max \$4.39

\$1 off Purina Friskies dry cat food, 3.15 lb +

\$3 off Purina One Smartblend or Beyond dry cat food, 3.5 lb +

\$1 off Purina Tidy Cats cat litter, 7.15 lb +

B3G1 Purina Whisker Lickin's cat treats, 2.1-6 oz, max \$3.99