

Coupon Variations for The Post and Courier 7/28.

(1) Proctor & Gamble

(2) Smart Source

(2) Red Plum

Proctor & Gamble 7/28

(all exp 8/31, all excl trial size)

\$3 off Align product

.50/1 Always pad or feminine cleansing item

.50/1 Always pantiliner, 30 ct.+

\$2 off Always Infinity pad or Radiant pad or pantiliner

\$1/2 Aussie products

.25/1 Bounty towels or napkins

\$1 off Bounty DuraTowel, 6 ct.+

\$5 off Braun CoolTec shaver

.50/1 Cascade ActionPacs

.25/1 Charmin product

\$1 off Clairol product

\$3/2 Clairol products

\$5/3 Clairol products

\$1 off Clairol Herbal Essences body wash

Free Clairol Herbal Essences conditioner or styling item wyb shampoo

\$1.50 off CoverGirl product, excl accessories

\$1 off CoverGirl product, excl accessories

\$3/2 CoverGirl eye items, excl accessories

.50/1 Crest Pro-Health Stages or Kid's toothpaste, 4.2 oz+

.50/1 Crest toothpaste, 4 oz+, excl Cavity, Baking Soda and Tartar Control

\$1.50 off Crest Rinse, 458 mL+

.25/1 Dawn product

.50/1 Dawn Hand Renewal, Power Clean, Bleach Alternative or Oxi

\$1 off Dreft product

.75/1 Duracell CopperTop, Ultra Power, Ultra Photo Lithium or specialty

\$1.50 off Duracell rechargeable batteries, charger or 6 pk.+ hearing aid batteries

\$1 off Febreze Air Effects or Bedroom Mist

\$1 off Febreze candle

\$1 off Febreze car vent clip

\$1 off Febreze Noticeables refill or bedroom diffuser

Free Febreze Stick & Refresh Bedside Diffuser wyb Fabric or Bedding Refresher

.50/1 Fixodent adhesive, 1.4 oz+

\$1.50/2 Fixodent adhesives, 1.4 oz+

.50/1 Gillette body wash or deodorant

\$2 off Gillette Fusion ProGlide shave prep

\$5 off Gillette razor wyb Fusion ProGlide cartridge

Free Gillette shave prep, max \$4.99 wyb Mach3 cartridge

\$5 off Gillette Venus razor AND refill, excl disposables

\$1 off Iams So Good! dog food

.50/1 Ivory or Safeguard personal cleansing item
\$1 off Metamucil product
.50/1 Mr. Clean liquid, spray or eraser
\$1 off Olay facial moisturizer or cleanser
\$2 off Olay Total Effects or Age Defying facial moisturizer or cleanser
\$3 off Olay Pro-X or Regenerist facial moisturizer, excl brush refill
\$2 off Olay bar soap, 4 ct.+ wyb body wash, excl Simply
.75/1 Old Spice bar soap
Free Old Spice body spray, max \$3.99 wyb (2) deodorants
.50/1 Oral-B Glide floss, 35m+ or Glide floss picks, 30 ct.+
.50/1 Oral-B Pro-Health Stages or Kid's manual or power toothbrush
.50/1 Oral-B select toothbrushes or (2) Indicator or Cavity Defense
\$3 off Oral-B adult battery toothbrush or 3D White action rechargeable
\$3 off Oral-B replacement brush heads, 2 or 3 ct.
\$1.50/2 Pampers bags or (1) box diapers
.50/1 Pepto product
\$1 off Prilosec OTC product
.25/3 Puffs singles or (1) 3 pk.+
\$2 off Secret Clinical, excl .5 oz
\$1 off Swiffer refill
\$1 off Swiffer Sweeper starter kit or Duster Extender starter kit
\$2 off Swiffer Bissell Steamboost refill
\$3 off Swiffer Sweeper XL starter kit
\$5 off Swiffer WetJet starter kit
.50/1 Tampax product
\$2 off Tampax Pearl or Radiant tampon or Pearl liner, 16 ct.+
\$2 off Tide Boost, 18-37 ct., excl PODS
.50/1 Tide detergents, Boost, to Go or machine cleaner, Downy or Bounce
\$1.50/2 Tide detergents, Boost, to Go or machine cleaner, Downy or Bounce
\$3/3 Tide detergents, Boost, to Go or machine cleaner, Downy or Bounce
\$1 off Vicks ZzzQuil
\$3 off Vidal Sassoon haircolor

Smart Source 7/28

.50/1 Band-Aid bandages, excl trial size (exp 8/25)
\$1 off Benadryl adult or children's item, excl trial size (exp 8/25)
 B1G1 Beneful Chopped Wet Adult Dog Food 10 oz (exp 8/28)
 B3G1 Beneful Medley Wet Adult Dog Food (exp 8/28)
\$1 off Blue Diamond Almond Breeze Iced Coffee (Exp 9/30)
.50/1 Carefree product, 36 ct.+ (exp 8/25)
\$1 off Clean & Clear product, excl trial size (exp 8/25)
\$1 off Dannon Greek, 4 pk. (exp 9/8)
B3G1 Dannon Greek single serve items, max \$1.49 (exp 9/8)
\$3 off Dr. Scholl's Active Series Replacemetn Insoles (Exp 9/15)
\$1 off Diet Pepsi Multipack plastic bottles or 8 pk. mini cans (exp 9/15)
\$1/2 Edge or Skintimate shave gel or shave cream, excl 2.75 oz (exp 9/8)
\$1 off Fresh Step triple action litter (exp 8/31)

.75/1 Frigo Cheese Heads, 6 ct.+ (exp 10/15)
.75/1 Hidden Valley Sandwich Spread and Dip (exp 10/28)
\$1 off Hidden Valley Farmhouse Originals (exp 10/28)
.75/1 LA Looks product, 20 or 26 oz (exp 9/14)
\$1 off Listerine select mouthwash, 1 L+ (exp 8/25)
\$2 off Litter Genie system (exp 9/30)
\$1 off Lubriderm product, 8 oz+ (exp 8/25)
.50/1 Mentos breath mints tin (exp 10/31)
\$1 off Motrin IB or PM, excl trial size (exp 8/25)
\$2 off Nature Made fish oil item (exp 8/28)
\$2 off Nature Made multivitamin (exp 8/28)
\$2/2 Nature Made products (exp 8/28)
\$2 off Neosporin First Aid or Essentials item, excl trial size (exp 8/25)
\$1 off Neutrogena acne, cleansing or facial moisture treatment (exp 8/25)
\$3.50/2 Neutrogena acne, cleansing or facial moisture treatment (exp 8/25)
\$2 off Neutrogena cosmetics item (exp 8/25)
\$1 off Pepsi diet multipk. plastic bottles or 8 pk. mini cans (exp 9/15)
.25/1 PowerCrunch bar (exp 12/31)
B4G1 PowerCrunch bar, max \$1.29 (exp 12/31)
\$1 off Purell advanced hand sanitizer, 8 oz+ (exp 9/22)
\$1/3 Purell products (exp 9/22)
B1G1 Purina Beneful wet adult dog food, 10 oz tub max \$2.49 (exp 8/28)
\$1/2 Reach floss, excl trial size (exp 8/25)
\$2 off Rubbermaid LunchBlox sandwich, salad, entree or lunch kit (exp 9/14)
.75/1 Schick Hydro shave gel (exp 9/8)
\$1 off Schick Hydro shave gel, excl trial size (Target) (exp 9/10)
\$2 off Schick Hydro 3 or 5 refill (exp 9/8)
\$2 off Schick Hydro 5 disposables (exp 9/8)
\$2 off Schick Hydro Power Select or Hydro 3 or 5 razor (exp 9/8)
\$2 off Schick Hydro Silk disposable pk. (exp 9/8)
\$2 off Schick Hydro Silk razor or refill (exp 9/8)
\$5/2 Schick Hydro Silk or Hydro 5 disposable razors, 3 ct. (Target) (exp 9/10)
\$5 off Schick Hydro 5 razor AND cartridge refill (Target) (exp 9/10)
\$5 off Schick Hydro Silk razor AND cartridge refill (Target) (exp 9/10)
\$6 off Schick Hydro Silk razor AND refill (exp 9/8)
\$1/2 Scotch-Brite botanical disinfecting wipes (exp 9/15)
\$1 off Scott Towels Mega Roll 6 pk PUBLIX COUPON (Exp 8/28)
\$1 Scott Extra or Scott 1000 Bath Tissue 12 pk PUBLIX COUPON (Exp 8/28)
.55/1 Scott Naturals Flushable Moist Wipes Tub or Refill PUBLIX COUPON (Exp 8/28)
.75/2 Skippy Peanut Butter 16 oz + (exp 8/31)
.55/1 Soft N Dri product (exp 9/14)
\$1 off Stayfree product, excl trial size (exp 8/25)
\$1/3 Twizzlers or Jolly Ranchers bags, 10.5 oz + (exp 9/22)
\$1/2 Select P&G women's hair care items (Target) (exp 9/1)
\$2 off Select P&G women's hair color (Target) (exp 9/1)
\$2 off Visine product, 0.5 oz + (exp 8/25)

Smart Source 7/28

- .55/1** Barilla Plus pasta (exp 9/21)
- \$1 off** Buddig original or deli cuts, 9 oz + (exp 10/31)
- \$1/5** Buddig original 2 oz or Snack Bds 1.6 oz (exp 10/31)
- \$1.50 off** Clear Care solution, 12 oz + (exp 8/30)
- \$1 off** Colgate 360 manual toothbrush (exp 9/16)
- \$1 off** Colgate mouthwash, 8 oz + (exp 8/24)
- \$1 off** Colgate Total, Optic White, Max Fresh or Sensitive toothpaste (exp 8/10)
- .50/2** Dole tropical fruit cans (exp 9/30)
- \$2/2** easyliner rolls (exp 8/31)
- \$1 off** Farmer John lunch meat (exp 9/28)
- \$1/2** Farmer John hot dogs (exp 9/28)
- .75/1** Fiber One cereal (exp 9/7)
- .50/1** General Mills Chex cereal (exp 9/7)
- .75/1** Hidden Valley sandwich spread and dip (exp 10/28)
- \$1 off** Hidden Valley Farmhouse Italian or Vinaigrette dressing (exp 10/28)
- \$3 off** ICaps eye vitamin formula (exp 8/30)
- .50/1** Irish Spring bars, 6 pk. + (exp 8/17)
- .50/1** Irish Spring body wash, excl 2.5 oz (exp 8/17)
- \$3/2** John Frieda product, excl Precision Foam, trial and appliances (exp 9/7)
- \$1/2** Kraft select flavors of macaroni and cheese, 5.5 oz (exp 8/28)
- \$1 off** Kraft Velveeta Cheesy Skillets singles (exp 8/25)
- .50/1** Lysol disinfectant spray, 12.5 oz + (exp 9/1)
- \$1.50 off** Marie Callender's Breakfast Sandwich 3 pk. (exp 9/08)
- \$1 off** MidNite PM or For Menopause (exp 9/15)
- .75/1** Nature Valley soft-baked oatmeal square, 6 ct. + (exp 9/21)
- .55/1** Odwalla beverage, 12 oz (exp 9/14)
- \$1 off** Old Wisconsin product, 4 oz + (exp 10/31)
- \$1.50 off** Opti-Free solution, 10 oz + (exp 8/30)
- \$3 off** Opti-Free PrureMoist, RepleniSH or Express 1x10 oz twin pk. (exp 9/30)
- \$1 off** Oxy Daily Defense (exp 9/22)
- \$2 off** Oxy Maximum Action (exp 9/22)
- .50/1** Palmolive product, 14 oz + (exp 8/17)
- \$10 off** Philips Norelco Click & Style, StyleShaver or SensoTouch 2D (exp 8/30)
- \$30 off** Philips Norelco SensoTouch 3D razor (exp 8/30)
- \$5 off** Philips Norelco razor, replacement head or trimmer, \$25 + (exp 8/30)
- \$1/2** Pledge furniture care (exp 9/8)
- \$1 off** Pyrex glass bakeware, prepware or storage (exp 10/31)
- \$3 off** Rachael Ray Nutrish bag, 6 lb + (exp 10/28)
- \$1 off** Revlon color cosmetic (exp 9/8)
- \$2 off** Revlon cosmetic (exp 8/18)
- \$2 off** Revlon hair color (exp 8/18)
- .75/1** Scrubbing Bubbles all purpose cleaner with fantastik (exp 9/8)
- \$1/2** Scrubbing Bubbles bathroom cleaning items (exp 9/8)
- \$1/2** Scrubbing Bubbles toilet cleaning items (exp 9/8)
- \$1/2** Shout product, excl trial size (exp 9/8)
- .75/2** Skippy product, 15 oz + (exp 8/31)

\$1 off So Delicious dairy free item (exp 10/31)
.35/1 Softsoap pump, 8.5 oz + (exp 8/17)
.50/1 Softsoap refill, 28 oz + (exp 8/17)
.50/1 Speed Stick men or women, 2.3 oz + (exp 8/17)
\$1 off Stonyfield YoBaby or YoToddler Organic Yogurt (exp 9/15)
\$1 off Stonyfield YoKids Organic Yogurt Squeezers, Cups or Smoothies (Exp 9/15)
\$1.50 off Systane lubricant eye drop or gel formula (exp 8/30)
\$1.50 off Windex Touch-Up cleaner (exp 9/6)
\$1/2 Windex glass items (exp 9/8)
\$1.50 off Zevia soda, 6 pk. (exp 9/30)

Red Plum 7/28

.75/1 all liquid, powder or mighty pacs laundry detergent, 24 load + (exp 9/8)
.45/1 Angel Soft bathroom tissue (exp 8/28)
.50/1 Angel Soft facial tissue (exp 8/28)
\$1.50/2 Axe deodorant, excl trial size (exp 8/25)
\$2 off Axe face item, excl trial size (exp 8/25)
.50/1 Best Foods product, 22 oz + (exp 8/25)
\$1 off Brawny product, 6 roll + (exp 8/10)
\$3/3 Breyers, Klondike, Magnum, Popsicle, Fruttare or Good Humor (exp 8/25)
.75/1 Caress product, excl trial size (exp 8/25)
.35/1 Country Crock product, excl honey and cinnamon spread (exp 8/25)
.50/1 Degree men's motionSense, excl trial size (exp 8/25)
.50/1 Degree women's motionSense, excl trial size (exp 8/25)
\$1 off Degree women's Clinical item, excl trial size (exp 8/25)
.50/1 Dove Beauty Bar, 6 pk. + (exp 8/25)
.50/1 Dove body wash, 12 oz +, excl Men+Care (exp 8/25)
.50/1 Dove Men+Care hair item, excl trial size (exp 8/11)
.50/1 Dove shampoo, conditioner or styling aid (exp 8/11)
.75/1 Dove Men+Care body and face bar, 6 pk. + (exp 8/25)
.75/1 Dove Men+Care body and face wash or Active Clean shower tool (exp 8/25)
\$1.50 off Dove Clinical or (2) Go Sleeveless, Go Fresh, ClearTone (exp 8/25)
\$1 off Dove Men+Care deodorant, 2.7-3 oz (exp 8/25)
\$1 off Flintstones multivitamin (exp 9/30)
\$2 off Flintstones toddler gummies or chewable multivitamin (exp 10/31)
\$1 off Fruttare multipk (exp 8/25)
.50/1 Georgia-Pacific copy & printer paper (exp 11/30)
.60/1 Hellmann's product 22 oz + (exp 8/25)
.50/1 Land O'Frost Bistro Favorites, DeliShaved or Sub Sandwich kit (exp 8/28)
\$2/2 Land O'Frost premium (exp 8/28)
.60/2 Lipton tea bags, to go or iced tea mix, excl trial size (exp 8/25)
.60/2 Lipton Recipe Secret products (Exp 8/25)
\$1 off Mars Snickers or Milky Way Bites, 7 oz (exp 9/8)
\$2 off Nivea regular or men's body lotion, 8.4-16.9 oz (exp 8/25)
\$2 off Nivea skin firming, Sun-Kissed or Radiant Skin lotion (exp 8/25)
.50/1 Noxzema skin care, excl trial size (exp 8/25)
\$1 off Noxzema razor, 3, 4 or 5 blade (exp 9/5)

\$1 off One a Day multivitamin (exp 9/15)
\$1.50 off Pond's Luminous Finish BB+Cream, excl trial size (exp 8/25)
\$1 off Pond's product, excl trial size (exp 8/25)
.40/2 Ragu product (exp 8/25)
\$2 off Simple product, excl wipes and trial (exp 8/25)
.50/1 Snuggle fabric softener liquid or sheets, excl trial size (exp 9/8)
.50/1 Sparkle product (exp 8/17)
.75/1 Tennessee Pride Breakfast Sandwich box or bag (exp 9/03)
\$1/2 Welch's jams, jellies or spreads (exp 9/30)
\$1 off Wet 'n Wild or Fergie product (exp 8/10)
\$2/3 Wet 'n Wild or Fergie product (exp 8/10)
.50/1 Wish-Bone or Western dressing (exp 8/25)

Red Plum 7/28

\$1/2 Always or Tampax product (Target) (exp 8/31)
\$1.50 off Boost product (exp 9/23)
.50/1 Bounty paper towels, 6 pk. + (Target) (exp 8/31)
.50/1 Charmin bath tissue, 9 pk. + (Target) (exp 8/31)
.75/1 Cheer, Gain or Era detergent, excl trial size (Target) (exp 8/31)
\$1/2 CoverGirl cosmetic items, excl nail polish and trial size (Target) (exp 8/31)
\$1 off Crest Pro-Health toothpaste or mouth rinse (Target) (exp 8/31)
.50/1 Febreze Fabric Refresher or air care, excl trial size (Target) (exp 8/31)
\$3 off Gillette Fusion ProGlide Style or Venus refillable razor (Target) (exp 8/31)
\$1/2 Hefty slider bags, 12 ct. + (exp 10/31)
\$1/2 Hot Pockets or Lean Pockets sandwiches, 8-9 oz (exp 10/26)
\$1 off L'Oreal Advanced shampoo or conditioner, excl 1.7 oz (exp 9/21)
\$2 off L'Oreal Advanced treatment (exp 9/21)
\$2 off L'Oreal Excellence shade (exp 9/21)
\$2 off L'Oreal Revitalift CR10, Triple Power or Miracle Blur (exp 9/21)
\$1 off L'Oreal skincare, excl trial size (exp 9/21)
\$1 off Land O'Frost premium minis (exp 8/28)
\$2 off Nature's Bounty vitamin or supplement (exp 8/31)
\$1/2 Nestle Pure Life purified water, 0.5 L 15 pk. + (exp 9/8)
\$1/2 Nestle Pure Life purified water, 8 oz 12 pk. + (exp 9/8)
\$10 off Nicorette lozenge, NicoDerm CQ or gum (exp 9/8)
\$1.50 off Olay Fresh Effects cleansing systems (Target) (exp 8/31)
.50/2 Oral-B manual toothbrush (Target) (exp 8/31)
.50/1 Puffs facial tissue, 3 pk. + (Target) (exp 8/31)
\$1.25/10 Purina Alpo cans (exp 9/9)
\$2 off Purina Alpo cans, 8 ct. + variety pack (exp 9/9)
\$2 off Purina Dog Chow Light & Healthy, 4 lb + (exp 10/26)
\$1/2 Purina dog snacks (exp 10/28)
\$3/3 Purina dog snacks (exp 10/28)
\$1/4 Purina Fancy Fest appetizers trays, 2 oz (exp 10/28)
\$1/2 Purina Friskies dry cat food (exp 10/28)
.50/2 Purina Friskies or Whisker Lickin's cat treats (exp 10/28)
.50/6 Purina Friskies Rise n Shine wet cat food cans (exp 10/28)

\$1 off Purina Friskies wet cat food cans (exp 10/28)

\$1 off Purina select dog food, 4 lb + (exp 10/26)

\$1 off Purina Tidy Cats cat litter, 14 lb + (exp 10/28)

\$2 off Sally Hansen Complete Salon manicure (exp 8/28)

\$1 off Sally Hansen nail color (exp 8/28)

\$2 off Sally Hansen Salon Effects Real Nail Polish strips (exp 8/28)

\$1/2 Secret or Old Spice select items (Target) (exp 8/31)

\$1 off Skinny Cow box, 4.65-6 oz (exp 10/31)

B1G1 Skinny Cow singles, 0.77-1 oz, max \$1.09 (exp 9/15)

.75/1 Swiffer Sweeper, Vac, WetJet or Dusters starter or refill (Target) (exp 8/31)

\$1 off Tide To Go, Boost duo pac or Boost stain spray (Target) (exp 8/31)

\$1/2 Tide, Downy or Bounce product (Target) (exp 8/31)

\$1 off Vicks ZzzQuil single, liquid or liquidcaps (Target) (exp 8/31)