

The Virginian Pilot Insert Variation 8/4/13

<http://www.thecouponchallenge.com/>

Red-not in insert

Blue-variation

*-in insert

REDPLUM:

Act \$1/1 product 3oz (9/22)*

Allegra \$2/1 product excluding 2 & 5ct and anti-itch (9/7)*

Aspercreme/Capzasan/Icy Hot \$1/1 product (9/22) ETS*

Balance Bar \$1.50/1 multipack (9/14)*

Balance Bar \$1/2 singles (9/14)*

Cortizone 10 \$1/1 product 1oz+ (9/22)*

Disney/Marvel \$1/1 60ct+ (9/26)*

Ester-C \$2/1 (9/4)*

Flora \$.50/1 bath tissue or paper towels (9/30) DND

Fruit of the Loom \$1/1 packaged underwear or casual sportswear item excludes socks and hosiery, Fresh Collection intimates, bras, sleepwear and thermal underwear (11/30)*

Garnier \$2/1 Olia oil powered hair color (9/28) *

Garnier Fructis \$1/1 styling product (9/28) ETS*

Garnier Nutrisse \$2/1 nourishing color foam (9/28)*

Gold Bond Medicated \$1/1 product excluding 1oz (9/22)*

Gold Bond Ultimate \$1/1 product excluding 1oz (9/22)*

Kaopectate \$1/1 product (9/22) ETS*

MET-Rx \$1/6 mini bars or 1value pack (9/15)*

MET-Rx \$2/2 full size bars (9/15)*

Nature's Bounty \$1/1 vitamin or supplement (9/3)*

Nature's Bounty \$2.50/1 Optimal Solutions (9/3)*

Nature's Bounty \$3/1 dual spectrum cranberry with hibiscus (9/3)*

Nature's Bounty \$3/1 krill, fish oil or CoQ 10 (9/3)*

Nestle \$.50/1 Nesquik power 10.9oz+ or syrup (9/29)

O-Cedar \$3/1 ProMist microfiber spray mop (12/31)*

O-Cedar \$5/1 O-Duster robotic floor cleaner (12/31)*

Oseto Bi-Flex \$5/1 70ct+ (9/4)*

Osteo Bi-Flex \$3/1 30-60ct (9/4*)

Pure Protein \$1/1 23g 4pk shakes, 2lb protein powder or value pack (9/13)*

Pure Protein \$1/2 bars (9/13)*

Pure Silk \$.40/1 8oz shave cream (9/28)*
Sara Lee \$1 off 1lb+ meat at the service deli or 1 packages pre-sliced meat (9/15) DND*
Sundown Naturals \$1/1 vitamin or supplement (9/3)*
Sundown Naturals \$2/1 gummies (9/3)*
Unisom \$1/1 product(9/22) ETS*

ADDITIONS:

Ball Park \$.55/1 Lean Franks DND (9/3)
Ball Park \$.75/2 Franks DND (9/3)
Maybelline New York \$1.00/1 Mascara (9/28)
Maybelline New York \$1.00/1 Eye Shadow or Eye Liner (9/28)
Maybelline New York \$1.00/1 Colorsensational Lipcolor, Lip Gloss, Lip Liner, or any Lip product (9/28)
Mega-T \$2.00/1 product (10/4)
Gel Perfect \$2.00/1 color (10/4)
No-Mess Express \$1.00/1 (10/4)
Quaker \$1.00/2 any products (9/7)
Snickers, Twix, M&M's, Milky Way or Dove Brand Ice Cream Bars or Multi-pack sandwiches 3-6ct DND (9/15)

REDPLUM:

Dial \$1/2 Complete Foaming hand soap or bar soap 3 bar+ (8/31/13)*
Dial \$2/2 regular, for men or kids body wash 6oz+ (8/31/13)*
Gillette \$.75/1 Satin Care shave prep ets (8/31/13)*
Gillette \$.75/1 shave prep ets (8/31/13)*
Gillette B1G1 free female disposable razor ets up to \$11.99 (8/31/13)*
Gillette B1G1 free male disposable razor ets up to \$11.99 (8/31/13)*
got2b \$2/1 styling item (9/14/13)*
Head & Shoulders B1G1 free excludes 1.7oz and trial up to \$6.99 (8/31/13)*
Nicole by Opi \$1/1 nail lacquer (9/30/13)*
Pantene \$1/1 treatment product ets (8/31/13)*
Pantene \$3/2 shampoo, conditioner or treatment products ets (8/31/13)*
PureHeart \$1/1 mini or tuscan-style cantaloupe (9/30/13)
Purex \$1/1 crystals (9/1/13)*
Purex \$1/2 liquid detergents or UltraPacks (9/1/13)*
Purex \$3/2 liquid detergents 128oz+ or UltraPacks 54ct+ (9/1/13)*
Renuzit \$1/1 Fresh Accents air freshener (8/18/13)*
Right Guard \$2/1 Xtreme anti/deo (9/1/13)*
Right Guard \$2/2 Total Defense 5 anti/deo (9/1/13)*
Right Guard \$2/2 Xtreme or Total Defense 5 body wash or bar products (9/1/13)*
Soft Scrub \$1/1 Advanced Surface (8/31/13)*
Soft Scrub \$1/1 product (8/31/13)*

ThermaCare \$1/1 cold wrap 1ct or heat wrap 2ct+ (11/4/13)*
ThermaCare \$3/1 cold wrap 1ct (8/11/13)*
Tone \$2/2 body washes 18oz+ or bath bars 6pk+ (8/31/13)*
Vidal Sassoon \$.1.50/2 shampoo, conditioner or treatment ets (8/31/13)*
Vidal Sassoon \$.50/1 shampoo, conditioner or treatment ets (8/31/13)*
Vidal Sassoon \$3/3 shampoo, conditioner or treatment ets (8/31/13)*

ADDITIONS:

Gravy Train \$1.00/1 bag Dry Dog Food 16lbs+ (10/5)
Kashi \$1.00/2 Cereals 6.5oz+ (9/15)
Keebler or Sunshine \$1.00/2 Multi-packs 11.52oz+ (9/29)
Kellogg's \$1.00/2 Cereals 8.7oz+ (9/15)
Kellogg's \$.70/1 To GO Breakfast Shakes 4ct+ (9/15)
Kellogg's \$1.00/3 Nutri-Grain Cereal Bars and/or Nutri-Grain Crunch Granola Bars 5ct+ (9/29)
Kellogg's \$1.00/2 Eggo Frozen products 5.3oz+ (9/29)
Kellogg's \$1.00/2 Rice Krispies Treats Squares 8ct+ (9/29)
Kellogg's \$1.00/2 Fiber Plus Antioxidant Bars 5ct+ (9/29)
Muller \$1.00/4 Yogurt products DND (9/30)
Pringles \$.50/1 Snack Stacks or Sticks 70ct or 8pk (9/15)
Pringles \$1.00/4 Full size cans 160g+ ETS (9/15)
Turkey Hill \$1.00/1 All Natural Ice Cream 48oz (11/9)

SMARTSOURCE:

ACE \$1/1 sports tape, underwrap, elastic, or self-adhering bandages (12/31)*
Activia \$1/1 4pk or 4 5.3oz cups (9/29)
ban \$.40/1 product 1.5oz+ (9/15)*
ban \$.75/1 solid (9/15)*
Barilla \$1/1 Italian Entree (10/26)*
Barilla \$1/1 Italian Entree (9/28)*
Betty Crocker \$.50/2 Fruit by the Foot, Fruit Gushers or Fruit Roll-Ups (9/28)*
BIC \$1/1 stationery product (9/15)*
Big G \$1/3 cereals (9/14)*
Blink \$2/1 Tears or GleTears (9/9)*
Buitoni \$1/1 refrigerated pasta or sauce (10/31)
Chex Mix \$.50/2 4.5oz+ (9/28)*
Claritin \$10/1 70ct (8/11) *

Claritin \$4/1 30ct+ (9/1)*
Clearasil \$.75/1 On-the-Go Rapid Action wipes (9/15)*
Clearasil \$1/1 Daily Clear refreshing superfruit wash, scrubs or pads (9/15)*
Clearasil \$1/1 Ultra product (9/15)*
Command \$.75/1 product (9/18)*
Complete \$1/1 12oz+ (9/9)*
Complete/Blink \$1/1 Complete Blink-N-Clean lens drops or Blink contacts (9/9)*
Easy-Off \$.50/1 (9/15)
Energizer \$1.50/1 batteries or flashlight (9/7)*
Energizer \$2/1 EZ Turn & Lock hearing aid batteries 8pk+ (10/12)*
Energizer \$3/1 Ultimate Lithium, Advanced Lithium, Recharge Power Plus or Recharge Universal batteries AA/AAA 4pk+ (9/7)*
Farmer John \$1/1 Hot Louisiana brand chicken sausage (10/4)
Fiber One \$.50/1 chewy bars, 90 calorie products or protein chewy bars (9/28)*
Five Star \$1/2 products (9/30)*
Five Star \$2/1 binder (9/30)*
Five Star \$2/2 reinforced filler paper (9/30)*
Green Giant \$.50/1 Veggie Snack chips 5oz+ (9/28)*
Green Giant \$.60/3 Seasoned Steamers or Valley Fresh Steamers frozen vegetables 11 or 12oz only (10/26)*
Hamburger Helper \$1/5 (9/28) (2 coupons)*
L'il Critters \$1/1 gummy vitamins bottle (10/31)*
Lime-A-Way \$.50/1 (9/15)
Lysol ~~\$.50/1~~ disinfectant spray 12oz+ (9/3) **\$1.00/1**
Lysol ~~\$.50/2~~ toilet bowl cleaners (9/3) **\$1.00/2**
Lysol ~~\$.50/2~~ wipes 35ct+ (9/3) **\$1.00/2**
Lysol \$2/1 No-Touch hand soap system starter kit (9/3)*
MiraLAX \$1/1 10ct or 14 dose+ (9/1)
MiraLAX \$3/1 30 dose (9/1)
Mop & Glo \$.50/1 (9/15)
Nature Valley \$.50/1 granola bars 5ct+, granola thins or soft-baked oatmeal squares (9/28)*
Nestle \$1/2 Crunch Girl Scout fun size bars boxes 7.8oz (9/15)*
Nestle B3G1 free Crunch or Crunch Girl Scout candy bars 1.3-1.55oz up to \$1.09 (9/15)*
Old El Paso \$.60/3 products excluding refrigerated, frozen or soup products (9/29)*
Old English \$.75/1 (9/15)
Pam \$1/2 cooking spray cans or 1 twin pack (9/15)
Perform \$2/1 pain relieving singles, gel, roll-on, spray or foot pain therapy kit (11/30)
Philips Sonicare \$5/1 PowerUp 3pk brush head (9/15)*
Philips Sonicare \$5/1 PowerUp battery toothbrush (9/15)*
Pillsbury \$.50/2 Toaster Strudel, Toaster Scrambles pastries or pancakes (10/26)*
POM \$.50/1 Hula, Mango or Coconut (9/14)*

Purina Beneful \$1.50/1 Healthy Smile dry adult dog food (9/4)

Purina Beneful \$1/1 Healthy Smile dental dog snack (9/4)

Purina Beneful Buy 1 3.3lb+ Healthy Smile adult dog food, get 1 Healthy Smile dental dog snack free up to \$4 (9/4)

Purina Fancy Feast \$1/24 3oz cans or 1 24ct variety pack (11/4)

Purina Fancy Feast \$1/6 Delights with Cheddar 3oz cans (11/4)

Revialens \$2/1 OcuTec 10oz (9/9)*

Revialens \$4/1 OcuTec 20oz (9/9)*

Revlon \$1/2 hair color products (9/8)*

Rips \$.50/1 bag 4oz+ (10/31)

Schick \$1/1 Xtreme3, ST2, ST3, Slim Twin or Quattro disposable razor packs excludes 2ct and 10+2ct (9/8)*

Schick \$3/2 Xtreme3, ST2, ST3, Slim Twin or Quattro disposable razor packs excludes 2ct and 10+2ct (9/8)*

Snapware \$2/1 food or home storage (10/31)

Totino's \$.60/3 Crisp Crust Party Pizza products excluding Party Pizza Pack and Big Party Pizza (10/26)*

Tyson \$1/1 Any'tizers (11/3) (2 coupons)*

vitafusion \$1/1 gummy vitamins bottle (10/31)*

Yoplait \$.75/2 Go-Gurt, Kids Cup, Trix multipack, Pro-Force multipack or Baby (9/28) (2 coupons)*

Yoplait \$1/4 yogurt multipacks (9/28)*

Zest \$.50/1 3bar+ (9/22)

Zest \$1/1 body wash (9/22)

ADDITIONS:

Almay \$5.00/2 Cosmetic products including makeup removers ETS (9/1)

Axe \$3.00/1 Schick Razor or Disposable DND (11/4)

Axe \$3.00/1 Schick Refill DND (11/4)

Gum \$.55/1 product (10/31)

Little Hug Fruit Barrels \$1.00/2 Variety pack 20ct+ (9/22)

Mentos \$1.00/1 Gum Bottle DND (9/30)