

Coupon Variation for The Post and Courier 9/8 . This weekend you will have (3) coupon inserts in your newspaper! Be on the lookout for:

- (1) Red Plum
- (2) Smart Source

Red Plum 9/8

- \$1/2 A Taste of Thai pad thai (exp 10/31)
- \$1.50 off Allegra anti-itch cream, 1 oz (exp 10/5)
- \$2 off Allegra Children's or Allergy, max 15 ct. (exp 10/5)
- \$6 off Allegra D or Allergy, 30 ct.+ (exp 9/14)
- \$3 off Body Fortress powder (exp 11/3)
- \$2.50 off Boost nutritional item (exp 11/4)
- .40/1 C&H brown or powdered sugar bag, 2 lb (exp 10/31)
- .50/1 C&H sugar product, 2 lb+ (exp 10/31)
- \$3 off Centrum ProNutrients Omega 3 (exp 11/14)
- \$3 off Centrum regular or Silver, 65 ct.+, Specialist or Flavor Burst (exp 11/14)
- \$5 off DermaSilk full size product (exp 9/21)
- \$1/2 Dial or Tone body wash, foaming hand wash or bar soap, 3 pk.+ (exp 10/5)
- .40/1 Domino Sugar 4 lb or 5 lb (exp 10/31)
- .50/2 Domino Brown or Confectioners Sugar 1 lb box (exp 10/31)
- .50/2 Emerald Breakfast on the go!, 7.5 oz+ (exp 10/20)
- .40/1 Fleischmann's yeast jar or strip (exp 12/24)
- \$2 off Garnier moisturizer (exp 11/2)
- \$1 off Garnier Fructis shampoo, conditioner or treatment (exp 10/19)
- \$1 off Garnier Fructis styling item, excl trial size (exp 11/2)
- \$2 off Garnier Nutrisse haircolor (exp 11/2)
- \$1/2 Gerber regular or Graduates items (exp 9/30)
- .75/1 Gillette shave prep, excl trial size (exp 10/31)
- \$2 off Gillette disposable razor, excl trial size (exp 10/31)
- \$3 off Gillette Mach3 razor, excl trial size (exp 10/31)
- \$2 off Gillette Venus or Daisy disposable razor, excl trial size (exp 10/31)
- \$1 off Gold Bond powder, 7 or 10 oz (Target coupon) (exp 10/12)
- \$3/2 Gold Bond lotions, 13 oz (Target coupon) (exp 10/12)
- .75/1 Jack's pizza, 15-30.5 oz (exp 10/8)
- \$1.50 off Joint Juice product (exp 1/31/2014)
- .40/1 Karo syrup, 16 oz+ (exp 11/27)
- \$1 off L' Oreal EverCurl, Creme, Sleek, Pure or Strong shamp or cond (exp 11/2)
- \$1 off L' Oreal EverCurl, Creme, Sleek, Pure or Strong treatment (exp 11/2)

\$1 off L' Oreal EverStyle item (exp 11/2)
 \$3 off L' Oreal Elnett hairspray, 11 oz (exp 11/2)
 \$1 off Land O' Frost premium minis (exp 10/8)
 .75/2 Mahatma Rice Mixes (exp 12/31)
 \$1 off Maybelline mascara (exp 11/2)
 .50/1 Minute Rice Product (Exp 11/30)
 .50/1 Minute Ready to Serve Product (Exp 11/30)
 \$3 off NeilMed product (exp 10/31)
 \$1 off Polident tablets, 84 ct.+ (exp 10/8)
 .50/2 Pop Secret products (exp 10/20)
 .50/1 Pringles Snack Stacks or Stix, 70 ct. or 8 pk. (exp 10/20)
 \$1/2 Pringles fat free/light cans, 150 g+ (exp 10/20)
 \$1/4 Pringles full size cans, 160 g+ (exp 10/20)
 \$5/2 Purina Fancy Feast wet cat food 24 ct.+, dog treats 40 oz+, dry dog food 11lb+, dry cat food 13 lb+, or cat litter 35 lb+ (Target coupon) (exp 10/20)
 \$1.50 off Purina Beneful Baked Delights dog snack, 6 oz+ (exp 12/8)
 \$1.50 off Purina Beneful Healthy Smile dog snack, 6 oz+ (exp 12/8)
 B3G1 Renuzit adjustables air fresheners, max \$4.17 (exp 9/22)
 .50/1 Sensodyne Precision toothbrush (exp 11/3)
 \$1 off Sensodyne ProNamel toothpaste, excl trial size (exp 11/3)
 \$1 off Sensodyne toothpaste, excl trial size (exp 11/3)
 \$1.50/2 Snickers miniatures, 11 oz+ (exp 10/20)
 \$1 off Stouffer's family, large family or party size entree, 32-96 oz (exp 11/30)
 \$1/2 Stouffer's Entrees for one, 6-20 oz (exp 11/30)
 \$1 off Super Poligrip product, 2.1 oz+ (exp 10/8)
 \$1 off Weight Watchers Sweet Baked Good (exp 12/31)

Smart Source 9/8

\$1 off Air Wick Scented Oil Twin Refill Pack or (2) Single Refills (exp 10/06)
 \$2/2 Air Wick Candles (Exp 10/06)
 \$3 off Bausch+Lomb Ocuville (exp 10/31)
 \$5 off Bausch+Lomb Ocuville Healthy Tears (exp 10/31)
 \$1 off Beano meltaways or tablets, 30 ct. + (exp 11/2)
 \$2 off Bengay pain relief, excl trial size (exp 9/22)
 \$1.50 off Biz (Exp 10/06)
 .40/3 Campbell's condensed soups (exp 10/31)
 .40/4 Campbell's condensed chicken noodle, tomato or mushroom (exp 10/31)
 \$1.25/3 Campbell's microwavable bowls or on the go cups (exp 10/31)

\$1/2 Campbell's V8 V-Fusion or V-Fusion Refreshers bottle, 46 oz (exp 10/20)

\$1/3 Campbell's Chunky Soup and Chili (Exp 10/31)

\$2 off Campbell's V8 complete nutrition bars, 6 pk. (exp 9/14)

\$6 off Claritin product, 45 ct. + (exp 9/15)

\$2 off Claritin syrup, 4 oz (exp 10/6)

\$4 off Claritin product, 30 ct. + (exp 10/6)

\$4 off Claritin children's chewables, 20 ct. + (exp 10/6)

\$3 off Claritin-D product, 15 ct. + (exp 10/6)

\$5 off Claritin-D product, 15 ct. + (exp 9/15)

\$1/3 Classico product (exp 10/19)

\$1 off Colgate 360 manual toothbrush (exp 9/28)

\$1 off Colgate Total, Optic White, Max Fresh or Sensitive toothpaste (exp 10/5)

\$2 off Colgate mouthwash, 8 oz + (exp 10/5)

\$1 off Community Coffee Single serve cups or 12 oz bag (Exp 11/30)

\$1/4 Dannon Greek Single Serves or (1) Greek Multipack (Exp 10/13)

.55/1 Dreamfields pasta (exp 11/16)

\$10 off Dr. Scholl's Custom Fit Orthotic Inserts (Exp 10/21)

\$1 off Efferdent product (exp 10/31)

\$2 off Enzymatic Therapy probiotic pearls (exp 12/31)

\$3 off Fiber Choice gummies or chewables, 90 ct. + (exp 11/2)

.35/1 Frank's Red Hot Sauce (Exp 11/30)

\$1.50/2 Friskies Brand Cat Treats (Exp 12/08)

\$1.50/3 Friskies Dry Cat Food (exp 12/08)

\$1 off Friskies Wet Cat Food (1) 24 ct. Variety Pack, (2) 12 ct. or (24) 5.5 oz (exp 12/08)

\$1/2 Hershey's Kit Kat, Reese's or Rolo Minis; Milk Chocolate or Cookies 'n' Creme Drops; Milk Chocolate with Almonds, Reese's, York or Almond Joy Pieces; or Jolly Rancher or Twizzlers Bites candies, 9 oz + stand up bags (exp 11/22)

\$1/2 Johnsonville fresh Italian sausage items (exp 10/19)

\$1/2 Knudsen cottage cheese, 16 oz+ (exp 10/8)

.50/1 Lysol Touch of Foam Antibacterial Hand Wash (Exp 10/09)

.75/1 Mean Green mildew, anti-bacterial or orange cleaner, 32 oz+ (exp 10/20)

.75/1 Mean Green super strength, 32 oz+ (exp 10/20)

\$1 off MiraLax product, 10 ct. or 14 dose (exp 10/20)

\$3 off MiraLax product, 30 dose+ (exp 10/20)

\$1 off Mitchum product, excl trial size and multipk. (exp 10/13)

\$2 off Nature's Way Alive!

\$2 off Neutrogena Ultra Gentle Cleanser (Exp 12/31)

.40/1 Pepperidge Farm Frozen Bread or Rolls (Exp 10/31)

.40/2 Prego Italian Sauces (Exp 10/31)

\$4/2 off Starbucks K-Cup packs 10 or 16 pk (exp 11/30)
\$1.50 off Starbucks K-Cups packs 10 or 16 pk. (exp 11/30)
.75/1 Tyson Mini Chicken Sandwiches, Stouffed Mini Bread Bowls or Breakfast Bread Bowls (Exp 12/8)
.75/1 Werther's Original Sugar Free peg bag 2.35 oz + (Exp 11/30)
.75/1 YoCrunch Yogurt Multipack (Exp 11/30)
.25/1 YoCrunch Yogurt Cup 6 oz (Exp 11/30)

PUBLIX COUPONS

\$3 off Huggies Diapers Big Box 44 ct + (Exp 10/08)
.75/1 Cottonelle Toilet Paper Double Roll 12 ct + (Exp 10/08)
.75/1 Viva Towels Bundle Pack 6 pk + (Exp 10/08)
\$1/2 Kleenex Facial Tissue 50 ct. + (Exp 10/08)

Smart Source 9/8

\$1 off Air Wick scented oil twin refill pk. or (2) single refills (exp 10/6)
\$2/2 Air Wick candles (exp 10/6)
\$1 off Alberto VO5 Salon Series shampoo or conditioner, 14.2 oz (exp 10/20)
\$1 off Alberto VO5 Salon Series styling treatment or hot oil item (exp 10/20)
\$1/4 Alberto VO5 shampoo or conditioner, 15 oz+ (exp 10/6)
.35/1 Ajax Dish Liquid 30 oz + or any Ajax Auto Dish Pacs (Exp 9/28)
.35/1 Ajax Laundry Detergent (Exp 10/15)
.55/2 Barilla pasta boxes (exp 11/2)
\$2 off Benefiber product (exp 11/9)
.50/2 Betty Crocker boxed potatoes, excl potato buds and pouch (exp 11/2)
.50/1 Chicken Helper product (exp 11/2)
\$1 off Cooked Perfect Meatballs (Exp 12/1)
\$1 off Cooked Perfect Bites (Exp 12/1)
\$2 off CoverGirl Flamed Out mascara, excl trial size (exp 10/31)
\$1 off Dr. Oetker Ristorante Pizza (exp 10/13)
\$1.50 off Energizer batteries or flashlight (exp 9/28)
\$2 off Energizer EZ Turn & Lock hearing aid batteries, 8 pk.+ (exp 10/26)
\$3 off Energizer select Lithium & Recharge AA/AAA, 4 pk.+ (exp 9/28)
.35/1 Franks Redhot sauce (exp 11/30)
.75/1 Ghirardelli bag or bar, 3 oz+ (exp 10/31)
.75/3 Hamburger, Tuna or Chicken Helper (exp 11/2)
.55/2 Hormel chili items (exp 10/28)
\$1/2 Lysol cleaning items (Target coupon) (exp 10/13)
.75/2 Mrs. Dash seasoning packets (exp 12/31)

.50/2 Nature Valley or Fiber One select items (exp 11/2)

\$2 off Nature's Bounty vitamin or supplement (exp 10/13)

\$1/3 Nissin chow mein or chow noodles (exp 12/8)

\$1/4 Nissin Big Cup noodles (exp 12/8)

.60/3 Old El Paso products, excl refrigerated, frozen and soup items (exp 11/2)

.25/1 Progresso light soup can (exp 11/2)

.50/2 Progresso soup cans (exp 11/2)

\$2.50 off Rachael Ray Nutrish super premium food for dogs (exp 12/8)

B1G1 Rachael Ray Nutrish super premium treats for dogs, max \$3.99 (exp 12/8)

.50/1 Smart Balance peanut butter (exp 10/16)

.50/1 Smart Balance spreadable butter or blended butter sticks (exp 10/16)

.75/1 Snyder's of Hanover Tortilla Chips 14 oz + (exp 11/10)

\$1 off So Delicious dairy free item (exp 11/30)

.55/1 Summer's Eve External Product (Exp 10/31)

.40/2 Totino's pizza rolls (exp 11/30)

.75/2 Yoplait Go-Gurt, Kids Cup, Trix, Pro-Force or Baby yogurt (exp 11/2)