

Coupon Variations for The Post and Courier 9/29. This weekend you will have (3) coupon inserts in your newspaper! Be on the lookout for:

- (1) Proctor & Gamble
- (1) Red Plum
- (1) Smart Source

Proctor & Gamble 9/29

(all exp 10/31, all excl trial size)

- \$1.50/2 Always pads or liners
- \$1/2 Aussie shampoo, conditioner or styling items
- .25/1 Bounty towels or napkins
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- .50/1 Cascade dishwashing detergent or rinse aid
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- \$1 off Charmin double roll, 16 ct. or mega roll, 8 roll pk.+
- .25/1 Charmin product
- \$5/2 Clairol hair color boxes
- \$1.50 off CoverGirl product, excl accessories
- \$2 off CoverGirl Clump Crusher or Blast mascara
- \$4/2 CoverGirl Outlast lipcolor or Double Lipshine item
- .50/1 Crest toothpaste, 4 oz +, excl Tartar Control, Cavity and Baking Soda
- \$1.50 off Crest rinse, 458 mL +
- \$5/2 Daisy Play-With-Me-Kitty or Trixie the Skateboarding Pup toy AND Duracell Quantum batteries
- .25/1 Dawn product
- .50/1 Dawn Hand Renewal, Power Clean, Oxi or Bleach Alternative
- \$1 off Downy product
- .50/1 Duracell CopperTop, Quantum, Ultra Photo Lithium, Specialty, rechargeable, car charger or 6 pk.+ hearing aid batteries
- Free Febreze Noticeables warmer max \$3.50 wyb refill
- \$1 off Febreze Air Effects
- .75/1 Febreze fabric refresher
- .75/1 Febreze candle
- \$1 off Febreze car vent clip
- .75/1 Febreze Set & Refresh or Stick & Refresh
- Free Fixodent denture adhesive 2 oz max \$5.29 wyb twin pk.
- \$3 off Gillette Venus razor
- \$1 off Gillette deodorant or body wash
- \$2 off Gillette Mach3 razor wyb Mach3 cartridge
- \$3 off Gillette ProGlide razor
- \$2 off Gillette Fusion shave prep
- \$5 off Hasbro Chasin Cheeky game AND Duracell Quantum battery
- \$5 off Hasbro ABC Adventure Elefun or Elefun Busy Ball Popper toy AND Duracell Quantum battery
- \$2 off Head & Shoulders shampoo or conditioner
- \$1/2 Luvs diapers bags or (1) box
- \$1 off Metamucil product
- \$3 off Olay Regenerist or Pro-X facial moisturizer
- \$2 off Olay Total Effects or Age Defying facial moisturizer or cleanser
- \$1 off Olay facial moisturizer or cleanser
- \$1 off Olay bar, body wash, in-shower lotion or hand & body lotion, excl 1 ct.
- \$2/2 Old Spice products
- \$5 off Oral-B Vitality electric toothbrush
- \$5 off Oral-B replacement brush heads, 2 or 3 ct.
- .50/1 Oral-B Pulsar, 3D White, Pro Health, Complete or (2) Indicator or Cavity Defense toothbrushes
- .50/1 Oral-B Glide floss 35 m + or floss picks 30 ct. +
- \$2/2 Pampers diapers or pants bags or (1) box

.50/1 Pampers wipes, 56 ct.+
\$3/2 Pantene products
\$1 off Prilosec OTC product
.25/3 Puffs singles or (1) 3 pk.
.50/1 Scope mouthwash, 750 mL +
\$1 off Secret twin pk., excl .5 oz
Free Swiffer refill max \$6 wyb starter kit, excl Bissell, Steamboost
B1G1 Swiffer Dust & Shine, max \$4.99
\$1.50/2 Tampax tampons
\$5/3 Tide detergent or Boost or Downy product, excl Pods
\$2 off Tide detergent, excl Pods
.50/1 Tide washing machine cleaner or Boost or Bounce product, excl Pods
\$1 off Vicks product, excl VapoDrops, ZzzQuil
\$3/2 Vicks products, excl VapoDrops, ZzzQuil
\$1 off Vicks ZzzQuil item

Red Plum 9/29

\$1 off all laundry detergent (exp 11/10)
\$2 off Axe body spray, 4 oz deodorant, 2.7 oz (exp 10/27)
\$1/2 Ceasar Canine Cuisine tray (exp 11/24)
\$2 off Clear Scalp and Hair Therapy item, excl trial size (exp 10/27)
.50/1 Degree Men Motionsense (exp 10/27)
\$1 off Degree Women Dry Protection, excl trial size (exp 10/27)
\$1.50/2 Degree MotionSense or (1) Clinical (exp 10/27)
\$3/2 Degree Men Base twin pks. (exp 10/27)
.50/1 Dove Men+Care hair item, excl trial size (exp 10/27)
\$1 off Dove Men+Care face care item, excl trial size (exp 10/27)
\$1 off Dove beauty bar, 6 pk.+, excl trial size and Men+Care (exp 10/27)
\$1 off Dove body wash, 18 oz+, excl trial size and Men+Care (exp 10/27)
\$1 off Dove Men+Care deodorant, 2.7-3 oz, excl trial size (exp 10/27)
\$1 off Dove Original Clean, Powder, Fresh or Sensitive skin (exp 10/27)
\$1.50 off Dove Clinical or (2) Go Sleeveless, Go Fresh or Clear Tone (exp 10/27)
\$1.50 off Dove hair care item, excl trial size and Men+Care (exp 10/27)
\$2 off Dove Men+Care body wash, bar or Active Clean shower tool (exp 10/27)
.25/1 Folgers coffee (exp 10/31)
\$2 off Gel Perfect color (exp 11/15)
.35/1 Healthy Life bread and buns (exp 12/31)
.35/1 Healthy Life soft whole grain bread (exp 12/31)
.75/2 Hillshire Farms smoked sausage item (exp 11/10)
\$2 off Home360 laundry item (exp 11/10)
\$1 off Icy Hot aspercreme capzasin sportcreme or Flexall item (exp 10/27)
\$2 off Icy Hot Advanced (exp 12/31)
.50/2 Knorr recipe, sauce, gravy or roasters item, excl trial size (exp 10/27)
\$1 off Knorr homestyle stock pk. (exp 10/27)
.55/1 Mazola oil or spray item (exp 11/10)
\$1 off No Mess Express Polish remover (exp 11/15)
.75/1 Noxzema skincare items, excl trial size (exp 10/27)
\$2 off Noxzema 5, 4 or 3 blade, 3 ct.+ or Twinblade, 12 pk. (exp 10/29)
\$1/2 Quaker products (exp 10/27)
.50/1 Renuzit 3 pk. (Target coupon) (exp 10/28)
\$3 off Robitussin (Exp 10/12)
\$2 off Simple cleanser or moisturizer, excl trial size and wipes (exp 10/27)
.50/1 Snuggle liquid or sheets (exp 11/10)
.50/1 Sparkle 3 roll or smaller (exp 10/30)
\$1 off Sparkle 6 roll+ (exp 10/30)

\$1.50 off Suave Professionals item, excl trial size (exp 10/27)
\$2 off Sudden Change product (exp 11/15)
.50/1 SuperPretzel soft pretzel item (exp 10/26)
.50/1 SuperPretzel Softstix item (exp 10/26)
.50/1 Thai Frozen Entree (Exp 11/03)
\$2.50 off Tresemmé shampoo, excl trial size (exp 10/27)
\$2.50 off Tresemmé shampoo premium varieties, excl trial size (exp 10/27)
.50/1 Vaseline Spray and Go, excl 6.5 oz (exp 10/27)
\$1.50 off Vaseline lotion, 20.3 oz+ (exp 10/27)
\$1/2 Welch's 100% juices (exp 11/30)
\$1/2 Zatarain's Frozen Entree's (exp 11/30)

Smart Source 9/29

.35/1 Ajax dish liquid, 30 oz+ (exp 10/19)
.50/1 Ajax dishwasher dish pacs (exp 10/19)
.75/1 Barilla pasta sauce (exp 11/23)
.75/1 Better Than Boullion product (exp 11/30)
.75/2 Betty Crocker select dessert mixes (exp 11/23)
.50/2 Betty Crocker, Ocean Spray, Mott's or Sunkist fruit snacks (exp 11/23)
.50/3 Campbell's Healthy Request Chunky Condensed or Homestyle Soups (Exp 11/30)
.75/1 Campbell's Slow Kettle Soup (Exp 11/30)
.75/1 Campbell's Go Soup (Exp 11/30)
.50/2 Chex Mix product, 4.5 oz+ (exp 11/23)
\$4 off Claritin D, 15 ct.+ (exp 10/27)
\$5 off Claritin product, 30 ct.+ (exp 10/27)
\$1 off Crystal Light liquid drink mix (exp 10/31)
.50/1 Energizer batteries or flashlight (exp 10/26)
.50/1 Fiber One cereal (exp 11/9)
.75/1 Foster Farms fresh boneless & skinless chicken breasts (exp 11/12)
\$1 off Foster Farms bake in tray chicken breasts (exp 11/12)
.55/1 Frigo Cheese Heads premium snacking cheese, 10 ct.+ (exp 11/10)
.55/1 Frigo Cheese Heads string cheese, 6 ct.+ (exp 11/10)
\$1/3 General Mills cereals (exp 11/9)
\$1.50 off Goody's Headache Relief Shot (Exp 11/30)
\$1.50 off Green Mountain Coffee bag (exp 10/31)
\$1 off Green Mountain Coffee k-cup packs (exp 10/31)
\$3 off Hasbro Baby Alive refill (exp 10/27)
\$3 off Hasbro Transformers Construct-Bots toy (exp 10/27)
\$5 off Hasbro Baby Alive Real Surprises or Better Now baby doll (exp 10/27)
\$5 off Hasbro Marvel Iron Man 3 Arc FX Mask or Gauntlet toy (exp 10/27)
\$5 off Hasbro select Optimus Prime or Spider-Man Web Racing toy (exp 10/27)
\$1.50/3 Hershey's select snack size bags, 9-22 oz (exp 10/19)
\$5 off Keurig select brewers (exp 10/31)
.35/1 Land O Lakes Eggs (Exp 12/31)
.75/1 Mentos gum bottle (exp 11/29)
\$1.50/12 Mighty Dog Single Cans or (1) Pack Dog Food (Exp 11/18)
.50/1 Nature Valley granola bars, thins or soft-baked oatmeal squares (exp 11/23)
\$1 off Neutrogena Acne product (Exp 12/31)

\$1 off Neutrogena Naturals Product (Exp 12/31)

.50/2 Ortega products (exp 12/31)

\$1 off OxiClean product, excl dishwashing booster (exp 11/12)

\$2.50/2 OxiClean products, excl dishwashing booster (exp 11/12)

\$5 off Philips Sonicare PowerUp brush heads, 3 pk. (exp 10/31)

\$5 off Philips Sonicare PowerUp battery toothbrush (exp 10/31)

.30/2 Pillsbury refrigerated Grands! biscuits (exp 12/21)

.40/2 Pillsbury crescent dinner rolls, excl twin pk. (exp 12/21)

\$1 off Purina Beggin, 6 oz+ (exp 12/29)

\$1 off Purina Busy chew treat (exp 12/29)

\$2 off Purina One Beyond cat food bag, 3 lb+ (exp 12/31)

\$1.50/3 Reese's, Kit Kat, Hershey's, York, Almond Joy, Mounds, Payday, Jolly Rancher, Milk Duds, Whoppers or Twizzlers Snack Bags (8 oz-22 oz)

\$2/\$4 Revlon beauty tools purchase (Target coupon) (exp 10/28)

.75/1 SeaPak product (exp 11/10)

.50/1 Shore Lunch soup mix item (exp 11/30)

\$2 off Similasan Adult Cough Relief or Mucus Relief Product (Exp 4/30)

.50/2 Southeastern Mills gravy mix items (exp 11/30)

.40/2 Swanson broth, 32 oz+ (exp 11/15)

.50/1 V8 V-Fusion or V8 V-Fusion Refreshers 46 oz bottle (Exp 11/30)

.40/6 Yoplait cups (exp 11/23)

.50/8 Yoplait cups (exp 11/23)

\$1/5 Yoplait Greek yogurt cups (exp 11/23)

\$5 off Zantac product, 24 ct.+ (exp 11/24)