

Asheville Citizen-Times variations 1/5/2014

Plain font means no variation. Strikeout means coupon not present. Italics means coupon varies slightly compared to the saved amount, expiration date, product specifics or DND status indicated in the Sunday Preview listing for this week. *DND will be indicated when the text says "DND" or similar, and when the barcode starts with 9.*

The Asheville paper had all of the inserts that Jenny listed, but – especially within Smart Source – what was predicted to be in one Smart Source would not be in that one, but would be in one of the other two.

Target PG 1/05

\$1/2 Always or Tampax product (exp 1/31)

.50/1 Bounty paper towels, 6 pk.+ (exp 1/31)

.50/1 Charmin bath tissue, 9 pk. + (exp 1/31)

\$1/2 Clairol Herbal Essences, Old Spice, Gillette or Olay bar soap or bodywash (exp 1/31)

\$1/2 Clairol Herbal Essences or Aussie product (exp 1/31)

\$2 off Clairol Age Defy color item (exp 1/31)

\$1 off CoverGirl TruBlend liquid cosmetics (exp 1/31)

\$1/2 Crest twin pack: 5.8 oz + toothpaste or 500 mL rinse (exp 1/31)

.75/1 Downy, 70 ct.+ or Bounce sheets or dryer bar (exp 1/31)

\$2 off Olay Fresh Effects or Pro-X, excl cleansers (exp 1/31)

\$1 off Pampers diapers, 21 ct.+ AND wipes, 168 ct.+ (exp 1/31)

.50/1 Puffs facial tissue, 3 pk. + (exp 1/31)

\$1 off Tide Boost, 37 ct.+ or detergent, 92 oz+, excl PODS (exp 1/31)

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Red Plum 1/05

.50/1 Best Foods product, 22 oz+ (exp 2/2)
\$1.50 off C&H light bag, 2 lb (exp 2/28)
\$1 off C&H light packet box, 40 ct. (exp 2/28)
\$2 off Caltrate product (exp 4/5)
\$2 off Centrum multivitamin (exp 2/8)
\$3 off Centrum Regular, Silver, 65 ct.+ or Flavor Burst multivitamin (exp 2/8)
\$1 off Cortizone 10 eczema or hydrasensitive lotion (exp 3/1)
\$1 off Cortizone 10 item, 1 oz+ (exp 3/1)
\$1 off Country Crock Simply Delicious spread (exp 2/2)
\$3 off Degree Women Clinical or (2) Women MotionSense items (exp 2/2)
\$1 off Dove beauty bar, 6 pk.+ (exp 1/25)
\$3 off Dove Clinical or (2) Go Sleeveless, Go Fresh or Clear Tone (exp 2/2)
\$1 off Dove Men+Care body and face bar, 6 pk.+ (exp 1/25)
\$1 off Fiora bath tissue, 12 roll or paper towels, 8 roll (exp 2/28)
B2G1 Gillette female disposables, excl trial size, max \$14.49 (exp 1/19)
B2G1 Gillette male disposables, excl trial size, max \$17.49 (exp 1/19)
\$1 off Gold Bond hand or foot cream (exp 3/1)
\$1 off Gold Bond medicated cream or anti-itch lotion (exp 3/1)
\$1 off Gold Bond medicated lotion (exp 3/1)
\$1 off Gold Bond Ultimate lotion, 3.5-8.1 oz (exp 3/1)
\$2 off Gold Bond Ultimate lotion, 13 oz+ (exp 3/1)
\$1 off Hefty kitchen or large black trash bags (exp 3/31)
\$1/2 Hefty Slider bags, 12 ct.+ (exp 3/31)
\$1 off I Can't Believe It's Not Butter! Deliciously Simple spread (exp 2/2)
.50/1 Knorr bouillon cubes, 8 ct. (exp 2/2)
.50/2 Knorr pasta and rice sides (exp 2/2)
Free L'Oreal advanced haircare conditioner wyb shampoo (exp 1/25)
\$2 off L'Oreal advanced haircare treatment, excl 1.7 oz (exp 3/1)
\$2 off L'Oreal advanced hairstyle item, excl trial size (exp 3/1)
\$2 off L'Oreal cosmetic face item, excl Magic Perfecting base (exp 3/1)
\$2 off L'Oreal haircolor item (exp 3/1)
\$1 off L'Oreal skincare item, excl trial size (exp 3/1)
\$2 off Maybelline mascara (exp 3/1)
\$1/2 Muller yogurt items (exp 2/28)
\$1 off Pedigree dry dog food, 3.15 lb+ (exp 3/1)
\$1 off Pedigree Little Champions pouch variety pk. (exp 3/1)
\$1/2 Ragu product (exp 2/2)
\$1/2 Ricola bags (exp 2/5)
\$1 off Roloids 3 roll pk., excl single rolls (exp 2/1)
\$3 off Roloids liquid (exp 2/1)
\$2 off Roloids tablet bottle, 72 ct.+ (exp 2/1)
\$1.50 off Selsun Blue product, excl trial size (exp 4/5)

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\$1 off Silk half gallon (exp 2/2)
\$1.50/2 Silk half gallons (exp 2/16)
B1G1 Slimfast ready-to-drink, 4 pk., max \$6.49 (exp 1/18)
.55/1 Weight Watchers sweet baked good (exp 3/31)
\$2 off Community Coffee (exp 3/15)
.50 off Hellman's (exp 2/2)
\$1.25 off Domino Light 2 lb (exp 2/28)
.75 off Domino Light 40-ct (exp 2/28)
\$1 off Robitussin (exp 2/8)
\$1 off Welch's Light Juice beverage (exp 3/31)

Red Plum 1/05

\$1 off all product (exp 2/16)
\$3/2 all products (exp 2/16)
\$10 off alli product, 90 or 120 ct. (exp 3/31)
.45/1 Angel Soft bath tissue (exp 2/5)
\$1 off Angel Soft bath tissue, 12 pk.+ (exp 2/5)
\$1/2 Angel Soft facial tissue (exp 2/5)
\$1 off Aquafresh Extreme Clean or Advanced toothpaste, 5.6 oz+ (exp 2/16)
\$1/2 Aquafresh toothpaste, 6 oz+ or sensitive, 5.6 oz (exp 2/16)
\$1 off Balance Bar multipack (exp 3/31)
\$1/2 Balance Bar singles (exp 3/31)
\$1/2 Clairol Aussie shampoo, conditioner or styler items (exp 1/31)
\$1/2 Clairol Herbal Essences shampoo, conditioner or styling item (exp 1/31)
\$1 off Disney or Marvel gummy vitamin item (exp 2/19)
\$3 off Ester-C tablet (exp 2/3)
\$2 off Ester-C To Go (exp 2/3)
\$1.50 off Eucerin face care item, excl trial size (exp 3/1)
\$1.50 off Eucerin hand or body lotion, excl trial size (exp 3/1)
\$1 off Kibbles 'n Bits dry dog food (exp 3/5)
.75/1 Meow Mix dry cat food, 3 lb+ (exp 3/2)
\$1/6 Meow Mix single cat food cups or (1) cat food variety pk. (exp 3/2)
\$2/3 Met-Rx bars (exp 2/19)
\$2 off Nature's Bounty Dual Spectrum item (exp 3/6)
\$3 off Nature's Bounty fish oil or CoQ-10 (exp 3/6)
\$2 off Nature's Bounty Optimal Solutions hair, skin & nails item (exp 3/6)
\$2 off Nature's Bounty Optimal Solutions item (exp 3/6)
\$1 off Nature's Bounty vitamin or supplement (exp 3/6)
\$1 off Old Spice shampoo, conditioner or styling item, excl trial size (exp 1/31)
\$3 off Oscilloccinum, Coldcalm or Chestal product (exp 3/31)
\$3 off Osteo Bi-Flex, 30-60 ct. (exp 2/3)
\$5 off Osteo Bi-Flex, 70 ct.+ (exp 2/3)

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\$1/2 Pringles fat free or light cans (exp 2/16)
\$1/4 Pringles full size cans (exp 2/16)
\$1/2 Pure Protein bars (exp 3/2)
\$1 off Pure Protein shakes, 23 g, protein powder, 2 lb or bar value pk. (exp 3/2)
\$1 off Quilted Northern Ultra Plush, 4 double rolls+ (exp 2/5)
\$1 off Quilted Northern Ultra Soft & Strong, 4 double rolls+ (exp 2/5)
\$1 off Sensodyne ProNamel fluoride rinse (exp 3/2)
.50/1 Sensodyne regular or ProNamel toothbrush (exp 3/2)
\$1 off Sensodyne regular or ProNamel toothpaste, excl trial size (exp 3/2)
.50/1 Snuggle product (exp 2/16)
\$2 off Sundown Naturals gummies (exp 3/6)
\$1 off Sundown Naturals vitamin or supplement (exp 3/6)
\$1 off Truvia natural sweetener, 40 ct.+ (exp 3/1)
\$1/2 Truvia natural sweetener, 40 ct.+ or baking blend w/ sugar (exp 4/30)
.55 off Jimmy Dean product DND (exp 2/2)
\$1 off Jimmy Dean delights sandwich or 2 Jimmy Dean bowls (exp 2/2)
.50 off Whole Fruit bars (exp 2/28)
.50 off Whole Fruit sorbet (exp 2/28)

Smart Source 1/05

\$1 off Aveeno product, excl bars, trial size and 2.5 oz body lotion (exp 2/1)
\$2/2 Aveeno product, excl bars, trial size and 2.5 oz body lotion (exp 2/1)
Free Band-Aid decorated bandages wyb Neosporin + pain relief (exp 1/18)
\$3 off Bausch+Lomb OcuVite (exp 2/28)
\$1 off Berkeley Farms milk AND TruMoo milk (exp 2/28)
B1G1 Bic disposable razor, max \$7.99, excl trial size (exp 2/2)
\$1 off Bic stationery item (exp 2/28)
.50/1 Campbell's V8 V-Fusion bottle, 46 oz (exp 2/28)
.50/1 Campbell's V8 V-Fusion Refreshers bottle, 46 oz (exp 2/28)
.50/1 Carefree product, excl trial size (exp 2/1)
\$1 off Clean & Clear product, excl trial size (exp 2/1)
\$1 off Dannon, Stonyfield or YoCrunch Yopa Greek yogurt, 4 pk. (exp 2/16)
B2G1 Dannon, Stonyfield or YoCrunch Yopa Greek yogurt (exp 2/16)
.75/1 Desitin diaper rash, excl 1 oz (exp 3/1)
\$1 off Don Francisco's coffee can (exp 2/15)
\$1.50 off Don Francisco's family reserve bag or family reserve box (exp 2/15)
.35/1 Frigo Cheese Heads, 6 ct. + (exp 2/8)
\$1 off Hartz multi-cat litter (exp 3/1)
\$1/2 Hershey's Simple Pleasures, 5.6 oz (exp 3/2)
.50/1 Hormel Natural Choice deli sandwich meat or chicken strips (exp 3/3)
\$1/2 Hormel Rev wraps (exp 3/3)
\$1 off Jennie-O ground turkey (exp 3/3)
.55/1 Jennie-O turkey bacon or sausage roll (exp 3/3)
.75/1 Johnson & Johnson Baby item, excl 1-4 oz and hand & face wipes (exp 3/1)

\$1 off Listerine reg, UltraClean, Total Care, Zero or Fluoride Defense (exp 2/1)
\$1 off Listerine Whitening Restoring, Vibrant or Refresh rinse, 16 oz + (exp 2/1)
\$2 off Lubriderm product, 8 oz + (exp 2/1)
\$1.50 off Motrin adult item, 40 ct. + (exp 2/1)
\$1 off Motrin children's or infants item, excl trial size (exp 2/1)
\$2 off Nature Made adult gummies (exp 2/5)
\$3 off Nature Made CoQ10 (exp 2/5)
\$2 off Nature Made fish oil (exp 2/5)
\$2 off Nature Made probiotic (exp 2/5)
\$2/2 Nature Made product (exp 2/5)
\$2 off Nature Made Vitamelts (exp 2/5)
\$1 off Nature Made vitamin B (exp 2/5)
\$1 off Nature Made vitamin D (exp 2/5)
\$3/3 Neosporin, Essentials, Band-Aid, Bengay, Benadryl or Red Cross (exp 1/18)
\$1.50 off Neutrogena cosmetics, excl trial size (exp 2/1)
\$1 off Neutrogena skincare, excl suncare, bar soap and trial size (exp 2/1)
\$3/2 PediaSure reg or Sidekicks (exp 3/30)
\$3 off Purely Inspired product (exp 4/5)
\$1 off Reach Total or Gentle Gum floss, Dentotape or Access Flosser (exp 2/1)
\$3 off RoC anti-aging, excl trial size (exp 2/1)
\$10 off Rogaine hair regrowth treatment, 3 ct. + (exp 2/1)
\$1 off Rubbermaid Easy Find lids, Produce Saver, Lock-its or Premier (exp 2/15)
\$1 off Rubbermaid Hydration bottle (exp 2/15)
\$1.50 off Rubbermaid lunchblox (exp 2/15)
\$2 off Similac Ready to Feed, 32 oz (exp 3/1)
\$5/2 Similac Simplepacs, 22 oz + (exp 3/1)
\$2 off Splenda Nectresse sweetener (exp 3/31)
\$1/2 Starkist tuna pouch (exp 3/2)
B1G1 Stayfree product, max \$4.49, excl trial size (exp 2/1)
\$1 off Tree Top apple sauce pouches, 4 pk. (exp 2/15)
\$1 off Tylenol children's or infants item, excl trial size (exp 2/1)
\$1 off Tylenol Cold or Sinus item, excl trial size (exp 2/1)
\$1 off Tylenol Extra or Reg strength, excl trial size (exp 2/1)
\$2.50/2 Tylenol Extra or Reg, Children's, Infants, Cold or Sinus (exp 2/1)

\$1/2 Valley Fresh product (exp 3/3)

\$1.50 off Visine product, 0.5 oz (exp 2/1)

\$4 off Zantac product, 24 ct. + (exp 3/1)

\$5 off Zyrtec reg or D, 24 ct. + (exp 2/1)

.75 off Prego alfredo sauce (exp 2/28)

.40/2 Prego sauces (exp 2/28)

.40/2 Swanson broth or stock (exp 3/31)

.50 off V8 100% vegetable juice 46 oz (exp 2/28)

.50 off Colgate toothpaste (exp 1/18)

.45/3 Hunt snack packs (exp 2/16)

.50 off Sargento Natural cheese snack (exp 2/16)
\$1 off Goody's headache relief (exp 3/31)
\$1 off BC product 18+ ct (exp 3/31)
\$1 off Pet 1 gallon or 2 half gallons AND TruMoo (exp 2/28)
.50/2 Dole fruit bowls or fruit crisps (exp 3/31)
\$1 off Dole Fruit squishems 4-pk (exp 3/31)
\$1 off Marzetti Simply Dressed salad dressing (exp 3/2)
\$1 off Reynolds wrap (exp 2/28)

Smart Source 1/05

\$1 off Carnation Breakfast Essentials, multipk. or canister (exp 2/3)
\$4 off Claritin-D product, 15 ct. + (exp 2/2)
\$4 off Claritin-D product (starts 2/2/14) (exp 2/27)
.50/1 Colgate manual toothbrush (exp 1/25)
.50/1 Colgate toothpaste, 4 oz + (exp 1/18)
\$1/2 Dole fruit bowls, gels, fruit parfaits or crisps (exp 3/31)
\$1 off Dole Fruit Squishems (exp 3/31)
.50/1 Energizer batteries or flashlight (exp 2/22)
\$1.50/2 Fresh Express bags (exp 3/31)
\$1 off General Electric select energy efficient or Soft White lighting (exp 3/5)
\$2 off General Electric LED lighting item, \$15 + (exp 3/5)
.50/1 Gorton's seafood item (exp 4/12)
.75/1 Johnsonville chicken or turkey sausage (exp 3/9)
.60 off Jolly Time microwave popcorn (exp 2/28)
\$1/5 Lean Cuisine product (exp 3/31)
\$1 off Lil' Critter gummy vitamins (exp 3/31)
\$1 off Marzetti Simply Dressed salad dressing (exp 3/2)
\$1 off MiraLax product, 10 ct. or 14 dose + (exp 2/15)
\$3 off MiraLax product, 30 dose + (exp 2/15)
\$5 off MiraLax product, 30 dose + (exp 1/11)
.75/2 Nabisco Belvita breakfast biscuits, 8.8 oz + (exp 2/22)
\$1/2 Nestle Juicy Juice (exp 3/2)
\$2/3 Nestle Juicy Juice (exp 3/2)
\$1 off Nestle Nesquick, 8 oz 10 pk. (exp 3/2)
\$1/2 Nonni's Thinadditives (exp 3/15)
\$5 off Oxytrol for women, 4 patch or 16 day supply (exp 2/28)
.50/1 Palmolive dish soap, 14 oz + (exp 1/25)
\$2/2 Pepsi multipk. plastic bottles or 8 pk. mini cans (exp 2/4)
\$4 off Philips Sonicare brush head multipk. or For Kids toothbrush (exp 2/28)
\$15 off Philips DiamondClean, Flexcare Platinum or + or Airfloss (exp 2/28)
\$3 off Philips Sonicare Powerup battery toothbrush or brush head (exp 2/28)
\$10 off Philips Sonicare rechargeable toothbrush (exp 2/28)
\$4 off Pur faucet mount or pitcher (exp 3/31)
\$2 off Pur filter multipk. (exp 3/31)

\$2 off Purina Beneful dry dog food, 14 lb + (Target coupon) (exp 2/15)
\$1 off Purina Cat Chow, 3.15 lb + (exp 4/5)
\$1 off Purina Cat or Dog Chow, 3.15 lb + (Target coupon) (exp 2/15)
\$1/2 Purina Friskies cat treats (exp 4/5)
\$2 off Purina One or Beyond dry dog or cat food (Target coupon) (exp 2/15)
\$3 off Revlon Luxurious Colorsilk buttercream (exp 2/9)
\$1 off Reynolds Wrap, 200, 250 or 75sqft heavy duty foil (exp 2/28)
.75/1 Sargento Natural cheese snack, 5 oz + (exp 2/26)
\$1/2 Scotch-Brite dishwands or wand refills (exp 2/28)
\$2 off Similasan product (exp 2/5)
\$2 off Similasan product (exp 4/30)
\$1 off Skinny Cow box, 4.65-6 oz (exp 3/31)
B1G1 Skinny Cow singles candy, 0.77-1 oz, max \$1.99 (exp 2/28)
\$1 off Snapple diet tea bottle, 16 oz 6 pk. (exp 3/2)
\$2 off Snapware food or home storage (exp 3/31)
\$1 off So Delicious dairy free item (exp 3/31)
\$1.50 off Splenda sweetener packets, granulated or any sugar blend (exp 2/9)
\$1/3 Trident single gum packs, 14 pc + (exp 2/16)
\$1 off Tyson Grilled & Ready frozen item (exp 4/5)
.55/1 Tyson Grilled & Ready refrigerated item (exp 4/5)
\$3 off Ultimate Flora probiotic (exp 3/31)
\$1 off vitafusion gummy vitamins (exp 3/31)
\$1 off Safetussin product (exp 3/31)
\$1 off Almay (exp 2/2)
\$1 off American Flatbread (exp 3/31)
\$4 off Premier Protein shake 4-pk (exp 4/5)
\$1/2 Premier Protein bars (exp 4/5)

Smart Source 1/05

\$2/2 Air Wick candles (exp 2/2)
\$1 off Air Wick filters & freshens air freshener (exp 2/2)
\$1.50/2 Air Wick Freshmatic Ultra refills (exp 2/2)
\$1 off Air Wick Freshmatic Ultra starter kit, excl free item packs (exp 2/2)

\$1 off Air Wick Scented Oil twin refill pk. or (2) single refills (exp 2/2)

\$3 off Aleve product, 40 ct. +, excl D Cold (exp 2/28)

\$2 off Aleve-D product (exp 3/21)

\$2 off Alka-Seltzer Plus Cold, excl antacid (exp 2/28)

\$5/2 Alka-Seltzer Plus Cold, excl antacid (exp 1/19)

\$8/3 Alka-Seltzer Plus Cold, excl antacid (exp 1/12)

\$4 off Alka-Seltzer Plus-D multi-symptom sinus and cold (exp 1/19)

\$1 off Atkins bar, treat or shake (exp 3/3)

\$1 off Atkins frozen entree (exp 3/31)

\$1/2 Barilla Plus, Whole Grain, Veggie, White Fiber or Guten-Free (exp 3/1)

\$5/2 Bayer or Aleve 40 ct. +, One a Day, Citracal or Flintstones (exp 1/19)

\$1 off Bayer product, 20 ct. + (exp 2/15)
.50/2 Betty Crocker fruit snacks (exp 3/1)
\$1 off Bronkaid product (exp 3/31)
\$1 off Campho-Phenique product (exp 2/28)
.75/1 Cascadian Farm product (exp 3/29)
\$2 off Citracal product (exp 3/31)
\$3 off Clear Care cleaning and disinfecting solution, 12 oz + (exp 2/28)
\$1/2 Crystal Light powdered drink mixes (exp 2/25)
.50/1 Easy-Off oven cleaner (exp 2/16)
\$1 off Efferdent product, 48 ct. + (exp 2/28)
.50/1 Fiber One chewy bars or 90 cal items (exp 3/1)
\$2 off Flintstones multivitamin or supplement (exp 2/28)
\$1 off French's Flavor Infuser marinade (exp 4/30)
\$1/2 General Mills cereals (exp 2/15)
.35/1 Glass Plus cleaner (exp 2/16)
.60/3 Green Giant frozen boxed vegetables (exp 3/29)
\$1/5 Hamburger Helper product (exp 3/1)
\$3 off ICaps eye vitamin and mineral item (exp 2/28)
\$1 off Knudsen cottage cheese AND (5) Del Monte Fruit Naturals cups (exp 2/26)
.50/1 Lime-A-Way cleaner (exp 2/26)
.50/1 Lysol disinfectant spray, 12.5 oz + (exp 2/4)
.50/2 Lysol disinfecting wipes, 35 ct. + (exp 2/4)
\$1 off Lysol No-Touch hand soap system starter kit (exp 2/4)
.50/2 Lysol toilet bowl cleaners (exp 2/4)
.35/1 Lysol Touch of Foam antibacterial hand soap (exp 2/4)
\$2 off Midol product, 20 ct. + (exp 2/28)
.50/1 Mop & Glo product (exp 2/16)
.50/2 Nature Valley bars, Thins, oatmeal squares or Breakfast Biscuits (exp 3/1)
\$1 off Neo-Synephrine product (exp 3/31)
.60/3 Old El Paso products, excl refrigerated, frozen and soup (exp 3/1)
.75/1 Old English product (exp 2/16)
\$2 off One A Day product (exp 2/28)
\$3 off Opti-Free product, 10 oz+ (exp 2/28)
\$1 off PediaCare product (exp 7/6)
\$2 off Phillips product (exp 3/31)
.40/2 Pillsbury crescent dinner rolls, excl twin pk. (exp 3/29)
.30/2 Pillsbury refrigerated Grands! biscuits (exp 3/29)
.50/2 Pillsbury Toaster Strudel, Scrambles pastries or pancakes (exp 3/29)
.25/1 Progresso Panko crispy bread crumbs (exp 3/1)
.25/1 Progresso Recipe Starters cooking sauce (exp 3/1)
.50/2 Progresso soup cans (exp 3/1)
\$3 off Systane product (exp 2/28)
\$5 off Tena product (exp 2/5)
\$1 off TruBiotics supplement item (exp 2/28)

.40/6 Yoplait cups (exp 3/1)

.50/8 Yoplait cups (exp 3/1)

.35/1 Yoplait Go-Gurt, Kids cup or Trix multiplk. (exp 3/1)

.75/2 Yoplait Go-Gurt, Kids cup or Trix multiplk. (exp 3/1)

\$1/5 Yoplait Greek yogurt (exp 3/1)

\$1 off Breakstone's cottage cheese AND 5 Del Monte Fruit Naturals Cups (exp 2/5)