

Knoxville News Sentinel coupon inserts 1-26

Proctor & Gamble 1/26

(all excl trial/travel size, all exp 2/28 unless noted)

- \$1/2** Aussie Shampoo, Conditioner or Styler Products
- .25/1** Bounty Towels or Napkins
- .50/1** Cascade product
- .25/1** Charmin Product
- \$2/1** Clairol Hair Color
- \$5/2** Clairol Hair Color, excl Balsam, Textures & Tones & Age Defy (exp 2/9)
- \$1/1** CoverGirl Product, excl accessories
- \$3/2** CoverGirl Products, excl accessories
- \$1.50/1** CoverGirl Trublend Product, excl Powders & Minerals
- \$7/1** Crest Whitestrips listed (exp 2/9)
- .75/1** Crest Rinse, 458 mL+
- .50/1** Crest Toothpaste, 3 oz+ or liquid gel, excl Crest Cavity, Baking Soda and Tartar Control
- \$1/1** DayQuil Severe product or NyQuil Severe product
- .50/1** Duracell CopperTop, Quantum, Ultra Photo Lithium or Specialty Batteries
- .50/1** Duracell Rechargeable Batteries, Duracell Charger or Duracell Hearing Aid Batteries, 6-pack+
- .50/1** Febreze Air Effects
- \$1/1** Febreze Candle
- \$1/1** Febreze Car Vent Clip
- \$1/1** Febreze Noticeables Refill
- .50/1** Febreze Set & Refresh or Stick & Refresh
- Free** Febreze Stick & Refresh, max \$3.99 wyb (1) Febreze Fabric Refresher (exp 2/9)
- \$1/1** Gain Flings, Gain Fireworks or Downy Unstopables
- \$2/2** Gain Flings, Gain Fireworks or Downy Unstopables
- \$2/1** Gillette Body Razor
- .50/1** Gillette Body Wash or Deodorant
- \$2/1** Gillette Fusion Family Shave Prep
- \$5/1** Gillette Fusion ProGlide Razor wyb (1) Gillette Fusion ProGlide cartridge (exp 2/9)
- .50/1** Gillette Mach3 Razor
- \$1 off** Head & Shoulders Product, excl 1.7 oz
- \$1.50/2** Herbal Essences Body Washes
- \$1/2** Herbal Essences Shampoos, Conditioners or Styling products, excl Color and Body Wash
- \$1 off** Luvs Diapers, (2) Bags or (1) Box
- \$1/1** Metamucil product
- .50/1** Mr. Clean Liquid Muscle, Liquid or Spray
- .50/1** Mr. Clean Magic Eraser
- \$1/1** Olay Body Wash, Body Bar or Hand & Body Lotion
- \$3/2** Olay Facial Moisturizers or Facial Cleansers, excl listed
- \$3/1** Olay Pro-X or Olay Regenerist Facial Moisturizer
- \$2/1** Olay Total Effects or Olay Age Defying Facial Moisturizer or Facial Cleanser
- \$1/2** Old Spice Products
- \$2/1** Old Spice Shampoo, Conditioner or Styling product

\$1/1 Old Spice Shave Prep wyb (1) Old Spice product
\$3/1 Oral-B Adult Battery Toothbrush, 3D White Action Rechargeable Toothbrush
.75/1 Oral-B Glide Floss, 35M+ or Oral-B Glide Floss Picks, 30 ct.+
.75/1 Oral-B Pulsar, 3D White, Pro-Health, Complete or (2) Indicator or Cavity Defense Toothbrushes
\$2/1 Pampers Diapers or Pants AND (1) Pampers Wipes, 56 ct.+
Free Pantene Conditioner or Styler, max \$4.99 wyb (1) Pantene Shampoo (exp 2/9)
\$3/1 Pantene Expert Hair Regrowth Treatment for Women
.50/1 Pepto product
\$1/1 Prilosec OTC product
Free Puffs product, max \$1.89 wyb (2) Vicks products, excl VapoDrops and ZzzQuil
\$2/1 Secret Clinical, excl .5 oz
\$2/1 Secret Outlast or Scent Expressions, Twin Pack, excl .5 oz
\$1/1 Swiffer refill, excl Swiffer Bissell Steamboost
\$1/1 Swiffer Starter Kit, excl Swiffer Bissell Steamboost
\$3/2 Swiffer Starter Kits, excl Swiffer Bissell Steamboost
\$3/2 Tampax Pearl or Radiant Tampons or Pearl liners
\$2/1 Tide boost 18-37 Duo Pac or Tide with Oxi
.50/1 Tide Detergent, Washing Machine Cleaner, Tide with Oxi, Downy, or Bounce, excl Downy Single Rinse & Pods
\$1/2 Tide Detergents, Washing Machine Cleaner, Tide with Oxi, Downy, or Bounce, excl Downy Single Rinse & Pods
\$2/3 Tide Detergents, Washing Machine Cleaner, Tide with Oxi, Downy, or Bounce, excl Downy Single Rinse & Pods
\$5/1 Venus Razor AND Refill
\$5/1 Vidal Sassoon Hair Color, excl shampoo, conditioner, and styling products (exp 2/9)
.50/1 Vidal Sassoon Shampoos, Conditioner or Styler
\$1.50/2 Vidal Sassoon Shampoos, Conditioners or Stylers
\$3/3 Vidal Sassoon Shampoos, Conditioners or Stylers
\$1/1 ZzzQuil product

Red Plum 1/26

B1G1 Alpo Dog Food 5.5-oz can, max 59¢ (exp 3/10)
\$1/10 Alpo Dog Food 13-oz+ cans or (1) variety pack, 12-ct.+ (exp 3/10)
\$1/1 Ball Park Flame Grilled Patties (exp 3/9)
.75/2 Ball Park Franks (exp 3/9)
Free Busy Chew Treats max 7-oz up to \$3.69 wyb (1) Beggin Dog Snacks 6-oz+ (exp 3/15)
\$1/1 Brawny Paper Towels, 6 roll+ (exp 2/28)
.55/2 Carnation evaporated milk cans, 12 oz (exp 4/30)
\$1/2 Dial or Tone products listed (exp 2/15)
B2G1 Dial or Tone products listed, max \$4.49 (exp 2/15)
B2G1 DiGiorno Pizzas, 26 oz-33 oz, max \$6.01 (exp 2/9)
.50/2 Dole canned fruits (exp 3/31)
\$1/2 Hefty foam plates or bowls (exp 4/30)
.55/1 Kikkoman product (exp 3/31)

\$1.50 off L'Oreal Advanced hairstyle item, excl trial size (exp 3/22)
\$1 off L'Oreal skincare item, excl trial size (exp 3/22)
\$2 off L'Oreal Advanced haircare shampoo or conditioner (exp 3/22)
\$2 off L'Oreal Advanced haircare treatment, excl trial size (exp 3/22)
\$2 off L'Oreal Excellence haircolor, excl Excellence To-Go (exp 3/22)
\$3 off L'Oreal cosmetic face item, excl Magic Perfecting Base (exp 3/22)
\$3 off L'Oreal Youth Code texture serum, cream and pore vanisher (exp 3/22)
.75/1 Land O'Frost Premium or Premium Minis (exp 2/26)
\$1/1 Land O'Frost Sub Sandwich Kit (exp 2/26)
.50/1 Mahatma WaterMaid rice (exp 4/30)
.50/1 Minute Rice package (exp 4/19)
\$2/1 Mucinex 12 hour bi-layer tablet product (exp 3/31)
\$1 off New England Coffee freshly ground bag (exp 3/9)
\$1 off New England Coffee single serve box (exp 3/9)
.50/1 Newman's Own pasta sauce (exp 3/8)
.50/1 Newman's Own ranch dressing (exp 3/8)
.50/1 Newman's Own salad dressing (exp 3/8)
\$3/2 Pepcid, Mylanta, Lactaid or Tucks products, excl trial size (exp 4/30)
\$1/1 Pepcid product, 25 ct.+ (exp 4/30)
\$1/1 Purex liquid or Purex UltraPacks detergent (exp 2/2)
\$2/1 Purina Dog Chow Light & Healthy Adult Dog Food, 4-lb+ (exp 4/26)
\$1/1 Purina Dog Food or Puppy Food listed, 4-lb+ (exp 4/26)
\$1/3 Purina One Wet Cat Food cans (exp 4/26)
\$3/1 Purina Tidy Cats Cat Litter AND (1) Purina One Dry Cat Food, 3.5 lb+ (exp 4/20)
\$1/1 Purina Tidy Cats Cat Litter, excl Tidy Cats Lightweight 24/7 Performance (exp 4/20)
\$1/1 Quaker Warm & Crunchy Granola (exp 3/9)
.55/3 Renuzit Adjustables Air Fresheners (exp 2/9)
\$2/2 Right Guard Antiperspirant or Deodorant Products, excl Right Guard Sport (exp 2/15)
B2G1 Right Guard Body Wash or Bar Products, max \$4.95 (exp 2/15)
.75/1 State Fair product (exp 3/9)
\$1/2 Stouffer's Entrees, 6-21 oz (exp 4/30)
\$1/1 Stouffer's Family Size, Large Family Size or Party Size Entree, 32-96 oz (exp 4/30)
\$1/1 VertiCalm (exp 4/30)
.75/2 Whisker Lickin's Cat Treats (exp 4/26)

Red Plum 1/26

\$3 off Abreva pump or tube, 2g (exp 4/14)
\$1 off Advil 20 ct. +, PM 16 ct. +, infants or childrens, or Thermacare (exp 3/28)
\$1 off Alouette cheese (exp 4/30)
\$2/1 Axe Bodyspray, 4 oz, Anti-persirant and Deodorant 2.7 oz or Deodorant, 3 oz (exp 2/23)
\$2/1 Axe Face product, excl trial & travel sizes (exp 2/23)
\$1/1 Axe Hair product, excl trial & travel sizes (exp 2/23)
\$1/1 Axe Shower Gel or Detailer, excl trial & travel sizes (exp 2/23)
\$1 off Best Foods Creamy Balsamic Mayonnaise Dressing (exp 2/23)
.50/1 Best Foods product, 22 oz+ (exp 2/23)

.75/1 Boca meatless item (exp 3/23)
\$1.25/1 Caress 6-bar pack+ or Body Wash, 12 oz+ (exp 2/23)
\$1 off Centrum regular or select specialty or Caltrate (exp 3/28)
.50/2 Chapstick packs (exp 3/28)
\$1 off Chavrie cheese (exp 4/30)
\$2.50/1 Clear Scalp & Hair product, excl trial & travel sizes (exp 2/23)
.40/1 Country Crock Spread, excl Honey or Cinnamon Flavored Spread (exp 2/23)
.75/1 Degree Men MotionSense Products, excl trial and travel sizes (exp 2/23)
\$1.50/1 Degree Women Premium or Clinical, excl trial and travel sizes (exp 2/23)
\$1 off Dimetapp, Robitussin or Advil Congestion or Allergy relief (exp 3/28)
\$2/1 Dove Advanced Care with NutriumMoisture Deodorant, excl trial & travel sizes (exp 2/23)
\$1/1 Dove Beauty Bar, 6 bar pk., excl Dove Men+Care, trial and travel sizes (exp 2/23)
\$1/1 Dove Body Wash, 12 oz+, excl Dove Men+Care, trial and travel sizes (exp 2/23)
\$1/2 Dove hair color item, excl trial size (exp 2/23)
\$1/1 Dove Hair product, excl Dove Men+Care and trial and travel sizes (exp 2/23)
\$1/1 Dove Men+Care Antiperspirant 2.7 oz, Deodorant 3 oz or Clinical Protection 1.7 oz, excl t&t sizes (exp 2/23)
\$2/1 Dove Men+Care Body and Face Bar, 6-bar pack+, excl trial and travel sizes (exp 2/23)
\$2/1 Dove Men+Care Body and Face Wash, 13.5 oz+ or Active Clean Shower Tool, excl trial & travel sizes (exp 2/23)
\$1/1 Dove Men+Care Face Care Product, excl trial and travel sizes (exp 2/23)
\$1/1 Dove Men+Care Hair Care Product, excl trial and travel sizes (exp 2/23)
\$1/1 Hellmann's Creamy Balsamic Mayonnaise Dressing (exp 2/23)
.50/1 Hellmann's product, 22 oz+ (exp 2/23)
.60/1 I Can't Believe It's Not Butter! Spread (exp 2/23)
\$1/2 King's Hawaiian products, excl 4-pack dinner rolls (exp 2/28)
.50/1 Knorr Homestyle Stock (exp 2/23)
.50/2 Knorr Pasta and Rice Sides (exp 2/23)
.50/2 Knorr Recipe/Sauce/Gravy Mix Products (exp 2/23)
\$1/1 Lever 2000 4-bar pack+ (exp 2/23)
\$2/1 Lever 2000 Body Wash, excl trial & travel sizes (exp 2/23)
\$1 off Lipton k-cups (exp 2/23)
.50/1 Lipton Soup Secrets or Lipton Cup-a-Soup product (exp 2/23)
.40/1 Lipton Tea Bags, Tea & Honey or Iced Tea Mix (exp 2/23)
\$1.25/1 Marcal Small Steps Bath or Towel 6 Rolls+ or (2) Marcal Small Steps Napkins (exp 3/8)
\$1/2 Mars Valentine's Day products listed (exp 2/14)
.50/2 McCormick Taco or Mexican Seasoning Mixes (exp 2/23)
\$2.50/2 Naturally Fresh Dressings (exp 2/22)
\$1 off Newman's Own Complete skillet meal (exp 3/8)
.50/1 Newman's Own salsa (exp 3/8)
\$1 off Newman's Own Thin & Crispy pizza (exp 3/8)
\$1 off Newman's Own wine (exp 3/31)
\$1/2 Pedigree Treats for Dogs (exp 3/22)
\$4/2 Peet's k-cups, 10 or 16 ct. (exp 3/31)
\$2/1 Ponds Luminous Finish BB+ cream product, excl trial & travel sizes (exp 3/23)
\$1/1 Ponds product, excl trial & travel sizes (exp 2/23)
\$1 off Preparation H product, excl totable wipes 10 ct. (exp 3/28)
.75/2 Ragu products (exp 2/23)

\$2 off Sarna anti-itch lotion (exp 3/31)

Free Simple Cleansing Wipes, max \$6.99 wyb (1) Simple cleanser or moisturizer, excl listed (exp 2/9)

\$1/1 St. Ives Fresh Hydration spray 6.5 fl oz Lotion Spray or St. Ives Body Lotion 21 fl oz (exp 2/23)

.50/1 Suave deodorant, 2.6 oz (exp 2/23)

B2G1 Suave Men Body Wash products max \$3, excl trial & travel sizes (exp 2/23)

B2G1 Suave Naturals or Suave Kids Body Wash products max \$3, excl trial & travel sizes (exp 2/23)

\$3/1 Suave Professionals Moroccan Infusion Dry Body Oil Spray wyb (1) 18 oz Moroccan Infusion lotion (exp 2/23)

\$1/1 Suave Professionals Shampoo or Conditioner, excl trial & travel sizes (exp 2/23)

\$1.50/1 Suave Professionals Styling or Treatment Item, excl trial & travel sizes (exp 2/23)

\$3/1 TresEmme 7 Day Keratin Smooth Heat Activated Treatment product, excl listed (exp 2/23)

\$2/1 TresEmme product, excl listed (exp 2/23)

\$1.50 off Tums Freshers or Chewy Delights (exp 3/25)

\$1.50 off Tums product, 24 ct. + (exp 3/25)

\$1/1 Vaseline Lotion, 20.3 fl oz + (exp 2/23)

\$1/1 Vaseline Spray & Go Moisturizer, 6.5 fl oz (exp 2/23)

\$1/3 Weight Watchers Smart Ones Smart Creations (exp 3/23)

\$1/1 Wet 'n Wild or Fergie product (exp 2/7)

.50/1 Wish-Bone or Western Dressings (exp 2/23)

\$1 off Wisk product (exp 3/2)

\$3/2 Wisk product (exp 3/2)

\$1 off Zevia product, 6 pk. (exp 4/15)

Smart Source 1/26

\$1 off Airborne product (exp 7/31)

\$1 off Alka-Seltzer Antacid, excl Alka-Seltzer Plus Cold (exp 3/31)

\$3/2 Alka-Seltzer Antacid, excl Alka-Seltzer Plus Cold (exp 2/9)

B1G1 Aquafina FlavorSplash sparkling bottle, 16.9 oz, max \$1.19 (exp 4/20)

\$1 off Bayer Aspirin, 20 ct. + (exp 3/15)

\$2 off Bayer Aspirin 81 or 325 mg, 120 ct. + (exp 2/28)

\$3/2 Bayer One a Day, Trubiotics, Phillips, Alka-Seltzer Plus or Aleve (exp 2/9)

\$1/2 Blue Diamond Almond bags, 10 oz + (exp 3/26)

.75/2 Blue Diamond Almond cans, 6 oz (exp 3/26)

\$1/2 Boboli pizza crust (exp 4/30)

\$1 off Bubba Burger product (exp 4/2)

.50/2 Bugels, Chex Mix, Pillsbury Baguette Chips, Gardetto's Snack Mix OR Green Giant Veggie Chips (exp 3/22)

\$1/1 Chock Full O'Nuts Ground Coffee (exp 3/20)

\$1/1 Chock Full O'Nuts Single Serve Cups (exp 3/20)

\$1 off Columbus salame or deli meat, pre-sliced or 0.5 lb order (exp 2/26)

\$1 off Dannon Oikos yogurt, 4 pk., quart or (3) 5.3 oz (exp 3/26)

\$1.50 off EAS Complete Protein powder (exp 2/28)

\$1 off EAS product (exp 2/28)

\$1 off Foster Farms frozen cooked chicken, excl breast nuggets (exp 4/30)

\$1/2 General Mills cereals: Chex, Fiber One, Fiber One Protein, Total, Wheaties, Oatmeal Crisp, Raisin Nut Bran or Basic 4 (exp 3/8)
.75/1 Golden Grain pot-sized pasta (exp 3/27)
\$3/2 Hasbro Baby Alive refills (exp 2/23)
\$3/2 Hasbro Easy-Bake Ultimate Oven refills (exp 2/23)
\$3/2 Hasbro Nerf Rebelle dart refill packs (exp 2/23)
\$5 off Hasbro Pointing Fingers or Funny or Die game (exp 2/23)
\$1/\$2.50 Hasbro purchase (exp 2/23)
\$3 off Hasbro Taboo or Jenga game (exp 2/23)
.75/1 Heluva Good! Dip (exp 3/30)
\$1/2 House Foods Organic tofu (exp 4/30)
\$1/2 House Foods premium tofu (exp 4/30)
\$1/2 House Foods shirataki or tofu shirataki (exp 4/30)
.50/1 Hungry Jack Hashbrown Potatoes (exp 3/26)
\$1.50 off Irish Spring Gear Bar Soap (exp 2/22)
\$1.50 off Irish Spring Gear Body Wash, excl trial size (exp 2/22)
\$1/1 Kauai Coffee (exp 3/20)
.25 off Kellogg's Eggo Bites frozen mini waffles or French toast 4-pk. (Target coupon) (exp 3/1)
\$1.50/2 Kotex Natural Balance Products, excl liners 14-22 ct. and trial size/travel packs (exp 3/8)
\$1/1 Kotex U Liners, excl 14-22 ct. and trial size/travel packs (exp 3/8)
\$1.50/2 Kotex U Pads, excl trial size or travel packs (exp 3/8)
\$1/1 Kotex U Tampons, excl trial size or travel packs (exp 3/8)
.75/2 Kraft dressing, 15.8-16 oz (exp 2/28)
.75/1 Land O Lakes Saute Express Saute Starter (exp 3/31)
\$1 off Lypsyl lip care (exp 4/6)
\$1/1 Maxwell House Instant Coffee (exp 2/22)
\$1/1 Mio, Mio Energy or Mio Fit Liquid Water Enhancer 1.62 Fl Oz (exp 2/26)
\$1 off MJB coffee (exp 3/20)
.75/2 Nabisco Cookie or Cracker Products, 6.5 oz + (exp 3/8)
.50/1 Nature Valley Granola Bars 5 ct+, Granola Thins, Soft-Baked Oatmeal Squares OR Breakfast Biscuits (exp 3/22)
\$1 off Old El Paso Frozen Entrees (exp 3/22)
.60/2 Pace Products (exp 3/31)
.40/2 Pillsbury Crescent Dinner Rolls, excl Twin Pack (exp 4/19)
.30/2 Pillsbury Grands! Refrigerated Biscuits (exp 4/19)
.40/2 Pillsbury Refrigerated Breadsticks, Loaves or Dinner Rolls (exp 4/19)
\$1/2 Planters Nuts or Peanut Butter, 6 oz +, excl almonds (exp 3/31)
\$1/1 Reach Toothbrush, excl Crystal Clean (exp 5/3)
\$2/1 Reach Toothbrush, 2-Pack or Multi-Pack, excl Crystal Clean (exp 5/3)
\$4/1 Refresh Optive Advanced Product (exp 2/28)
\$3/2 Refresh Products (exp 3/31)
.50/2 Sargento natural shredded or sliced cheese (exp 3/2)
.75/2 Scotch-Brite scrub sponges, scour pads, dishwands or refills (exp 2/28)
\$1.50 off Speed Stick Gear Antiperspirant/Deodorant, excl 1.8 oz and .5 oz trial size (exp 2/22)
\$1.50 off Speed Stick Gear Body Spray (exp 2/22)
.35/2 Swanson Premium Chunk Chicken (exp 3/31)
.40/2 Totino's Rolls Snacks (exp 4/19)
.50/1 White Castle Microwaveable Hamburgers or Cheeseburgers, 6 pk. (exp 3/15)

\$1/1 White Castle Microwaveable Hamburgers or Cheeseburgers, 16 pk. (exp 3/15)

\$1 off Yardley shower gel 16 oz or (4) bar soaps (exp 4/6)