

Knoxville News Sentinel Variations 1/5

Red Plum 1/05

\$1/1 all product (exp 2/16)

\$3/2 all products (exp 2/16)

\$10 off alli product, 90 or 120 ct. (exp 3/31)

.45/1 Angel Soft bath tissue (exp 2/5)

\$1/1 Angel Soft bath tissue, 12 pack+ (exp 2/5)

\$1/2 Angel Soft facial tissue items (exp 2/5)

\$1 off Aquafresh Extreme Clean or Advanced Toothpaste, 5.6 oz+ (exp 2/16)

\$1/2 Aquafresh Toothpastes, 6 oz+ or Sensitive, 5.6 oz (exp 2/16)

\$1/2 Aussie Shampoo, Conditioner or Styler Products, excl trial/travel size (exp 1/31)

\$1 off Balance Bar Multipack (exp 3/31)

\$1/2 Balance bar Singles (exp 3/31)

\$1 off Disney or Marvel Gummy Vitamin Item (exp 2/19)

\$3 off Ester-C Tablet (exp 2/3)

\$2 off Ester-C To Go! (exp 2/3)

\$1.50 off Eucerin face care item, excl trial size (exp 3/1)

\$1.50 off Eucerin hand or body lotion, excl trial size (exp 3/1)

.35/1 Healthy Life Bread, Buns or English Muffins (exp 3/31)

\$1/2 Herbal Essences Shampoo, Conditioner or Styling Products, excl Color, Body Wash and trial/travel (exp 1/31)

\$1/1 Jimmy Dean Delights Sandwich or (2) Delights By Jimmy Dean Bowls (exp 2/2)

.55/1 Jimmy Dean Product (exp 2/2)

\$1 off Kibbles 'n Bits dry dog food (exp 3/5)

.75/1 Meow Mix dry cat food, 3 lb+ (exp 3/2)

\$1/6 Meow Mix single cat food cups or (1) Meow Mix cat food variety pack (exp 3/2)

\$2/3 Met-Rx Bars (exp 2/19)

\$2 off Nature's Bounty Dual Spectrum product (exp 3/6)

\$3 off Nature's Bounty Fish Oil or CoQ-10 (exp 3/6)

\$2 off Nature's Bounty Optimal Solutions Hair, Skin & Nails product (exp 3/6)

\$2 off Nature's Bounty Optimal Solutions product (exp 3/6)

\$1 off Nature's Bounty Vitamin or Supplement (exp 3/6)

\$1/1 Old Spice Shampoo, Conditioner or Styling product, excl trial/travel size (exp 1/31)

\$3 off Oscillococcinum, Coldcalm or Chestal product (exp 3/31)

\$3 off Osteo Bi-Flex, 30-60 ct. (exp 2/3)

\$5 off Osteo Bi-Flex, 70 ct.+ (exp 2/3)

\$1/2 Pringles fat free or light cans (exp 2/16)

\$1/4 Pringles full size cans (exp 2/16)

\$1/2 Pure Protein bars (exp 3/2)

\$1 off Pure Protein shakes 23 g, protein powder 2 lb or bar value pk. (exp 3/2)

\$1/1 Quilted Northern Ultra Plush, 4 double rolls+ (exp 2/5)

\$1/1 Quilted Northern Ultra Soft & Strong, 4 double rolls+ (exp 2/5)

\$1 off Sensodyne ProNamel fluoride rinse (exp 3/2)

.50/1 Sensodyne regular or ProNamel toothbrush (exp 3/2)

\$1 off Sensodyne regular or ProNamel toothpaste, excl trial size (exp 3/2)

.50/1 Snuggle product (exp 2/16)

\$2 off Sundown Naturals Gummies (exp 3/6)

\$1 off Sundown Naturals Vitamin or Supplement (exp 3/6)

.75/1 Truvia Natural Sweetener, 40 ct.+ (exp 3/1)

\$1/2 Truvia Natural Sweetener, 40 ct.+ or Truvia Baking Blend with sugar (exp 4/30)

Smart Source 1/05

\$1/1 Aveeno product, excl cleansing and moisturizing bars, trial sizes and 2.5 oz body lotion sizes (exp 2/1)

\$2/2 Aveeno products, excl cleansing and moisturizing bars, trial sizes and 2.5 oz body lotion sizes (exp 2/1)

Free Band-Aid Decorated Bandages, max \$3 wyb Neosporin + Pain Relief Ointment .5 oz, excl Original Ointment .5 oz (exp 1/18)

\$3 off Bausch+Lomb OcuVite (exp 2/28)

\$2 off Beano Meltaways tablet 30 ct+ (exp 3/29)

\$1 off Berkeley Farms milk AND TruMoo milk (exp 2/28)

B1G1 Bic Disposable razor, max \$7.99, excl trial size (exp 2/2)

\$1 off Bic stationery item (exp 2/28)

\$1/4 Campbell's Chunky Soup, Chilis and Bowls (exp 2/28)

.50/3 Campbell's Healthy Request Condensed, Chunky or Homestyle soups (exp 3/1)

.50/1 Carefree product, excl trial sizes (exp 2/1)

\$1/1 Clean & Clear product, excl travel & trial sizes (exp 2/1)

\$1 off Dannon, Stonyfield or YoCrunch Yopa Greek yogurt, 4 pk. (exp 2/16)

B2G1 Dannon, Stonyfield or YoCrunch Yopa Greek yogurt (exp 2/16)

.75/1 Desitin Diaper Rash product, excl 1 oz (exp 3/1)

\$1 off Don Francisco's coffee can (exp 2/15)

\$1.50 off Don Francisco's family reserve bag or family reserve box (exp 2/15)

\$1/1 Dulcolax or DulcoEase product 25 ct+ or Dulcolax Suppositories 4 ct+ (exp 3/2)

\$3/2 Dulcolax or DulcoEase product 25 ct+ or Dulcolax Suppositories 4 ct+ (exp 3/2)

\$2/1 Ensure four-pack (exp 3/2)

\$3/2 Ensure multi-packs (exp 3/2)

\$3 off Fiber Choice product 90 ct (exp 3/29)

.35/1 Frigo Cheese Heads, 6 ct. + (exp 2/8)

\$1.50/1 Glucerna bars multi-pack (exp 3/2)

\$3/2 Glucerna shakes multi-packs (exp 3/2)

\$1 off Hartz multi-cat litter (exp 3/1)

\$1/2 Hershey's Simple Pleasures Chocolates, 5.6 oz (exp 3/2)

.50/1 Hormel Natural Choice Deli Sandwich Meat or Chicken Strips (exp 3/3)

\$1/2 Hormel Rev Wraps (exp 3/3)

\$1 off Jennie-O ground turkey (exp 3/3)

.55/1 Jennie-O turkey bacon or sausage roll (exp 3/3)

.75/1 Johnson & Johnson Baby product, excl 1 oz- 4 oz sizes and Baby Hand & Face Wipes product (exp 3/1)

\$1/1 Listerine, UltraClean, Total Care, Zero or Fluoride Defense Anticavity Mouthwash product 1L+ (exp 2/1)

\$1/1 Listerine Whitening Restoring Rinse, Whitening Vibrant Rinse or Whitening Refresh Rinse, 16 oz + (exp 2/1)

\$2/1 Lubriderm product, 8 oz + (exp 2/1)

\$1 off Mayfield milk (1) gallon or (2) half gallons AND TruMoo milk (1) gallon or (2) half gallons (exp 2/28)
\$1.50/1 Motrin Adult product, 40 ct. + (exp 2/1)
\$1/1 Motrin Children's or Infants' product, excl trial sizes (exp 2/1)
\$2 off Nature Made adult gummies (exp 2/5)
\$3 off Nature Made CoQ10 (exp 2/5)
\$2 off Nature Made fish oil (exp 2/5)
\$2 off Nature Made probiotic (exp 2/5)
\$2/2 Nature Made product (exp 2/5)
\$2 off Nature Made Vitamelts (exp 2/5)
\$1 off Nature Made vitamin B (exp 2/5)
\$1 off Nature Made vitamin D (exp 2/5)
\$3/3 Neosporin, Neosporin Essentials, Band-Aid, Bengay, Benadryl or Red Cross products, excl listed (exp 1/18)
\$1.50/1 Neutrogena Cosmetics product, excl trial sizes (exp 2/1)
\$1/1 Neutrogena Skincare product, excl suncare, bar soap and trial sizes (exp 2/1)
\$3/2 PediaSure reg or Sidekicks (exp 3/30)
.75/1 Prego Alfredo Sauce (exp 2/28)
.40/2 Prego Italian Sauces (exp 2/28)
\$3 off Purely Inspired product (exp 4/5)
\$1/1 Reach Total Care Floss, Gentle Gum Care Floss, Dentotape or Access Flosser product (exp 2/1)
\$3/1 RoC Anti-Aging product, excl trial sizes (exp 2/1)
\$10/1 Rogaine Hair Regrowth Treatment product, 3 ct. + (exp 2/1)
\$1 off Rubbermaid Easy Find lids, Produce Saver, Lock-its or Premier (exp 2/15)
\$1 off Rubbermaid Hydration bottle (exp 2/15)
\$1.50 off Rubbermaid lunchbox (exp 2/15)
.50/1 Sargento Natural Cheese Snack, 5 oz+ (exp 2/16)
\$2 off Similac Ready to Feed, 32 oz (exp 3/1)
\$5/2 Similac Simplepacs, 22 oz + (exp 3/1)
.45/3 Snack Pack Pudding 4-packs (exp 2/16)
\$2 off Splenda Nectresse sweetener (exp 3/31)
\$1/2 Starkist Tuna Pouch Products (exp 3/2)
B1G1 Stayfree product, max \$4.49, excl trial sizes (exp 2/1)
.75/2 Swanson Broth or Stock, 26 oz+ (exp 3/31)
\$2 off Tagamet product (exp 3/29)
\$1 off Tree Top apple sauce pouches, 4 pk. (exp 2/15)
\$1/1 Tylenol Children's or Infants' product, excl trial sizes (exp 2/1)
\$1/1 Tylenol Cold or Tylenol Sinus product, excl trial sizes (exp 2/1)
\$1/1 Tylenol Extra Strength or Tylenol Regular Strength product, excl trial sizes (exp 2/1)
\$2.50/2 Tylenol Extra Strength or Regular Strength, Children's, Infants', Cold or Sinus products, excl trial sizes (exp 2/1)
.50/1 V8 100% Vegetable Juice, 46 oz bottle+ or 5.5 oz or 11.5 oz can 6-pack (exp 2/28)
.50/1 V8 V-Fusion 46 oz bottle (exp 2/28)
.50/1 V8 V-Fusion Refreshers 46 oz bottle (exp 2/28)
\$1/2 Valley Fresh products (exp 3/3)
\$1.50/1 Visine product, 1/2 fl oz+ (exp 2/1)
\$4 off Zantac product, 24 ct. + (exp 3/1)
\$5/1 Zyrtec or Zyrtec-D, 24 ct. + (exp 2/1)

Smart Source 1/05

\$1/1 Almay cosmetic product, excl trial/travel size (exp 2/2)
\$1 off BC Product 18ct+ (exp 3/31)
.75/2 Belvita Breakfast Biscuits, 8.8 oz + (exp 2/22)
\$2 off Beneful dry dog food, 14-lb + (Target coupon) (exp 2/15)
\$3/1 Boost Nutritional Product (exp 3/3)
\$4/1 Boost Nutritional Product (exp 3/3)
\$1/2 Carmex Lip Balm (exp 4/5)
.75 off Carmex Moisture Plus (exp 4/5)
\$1 off Carnation Breakfast Essentials, multipl. or canister (exp 2/3)
\$4 off Claritin-D Non-Drowsy 15 count + (exp 2/2)
\$4 off Claritin-D Non-Drowsy 15 count+ (starts 2/2/14) (exp 2/27)
.50/1 Colgate manual toothbrush (exp 1/25)
.50 off Colgate toothpaste, 4 oz + (exp 1/18)
\$1/2 Dole fruit bowls, gels, fruit parfaits or crisps (exp 3/31)
\$1 off Dole Fruit Squishems (exp 3/31)
\$1/1 Dr. Oetker Ristorante pizza (exp 2/17)
.50/1 Energizer batteries or flashlight (exp 2/22)
\$1/2 Friskies Cat Treats (exp 4/5)
\$1.50/2 Fresh Express bags (exp 3/31)
\$1 off General Electric select energy efficient or Soft White lighting (exp 3/5)
\$2 off General Electric LED lighting item, \$15 + (exp 3/5)
\$1 off Goody's Headache Relief Shot or Powder 16ct+ (exp 3/31)
.50/1 Gorton's seafood item (exp 4/12)
.75/1 Johnsonville Chicken or Turkey Sausage (exp 3/9)
.75/2 Jolly Time microwave popcorn (exp 2/28)
\$1/5 Lean Cuisine varieties (exp 3/31)
\$1 off Lil' Critter gummy vitamins (exp 3/31)
\$1/1 Marzetti Simply Dressed Salad Dressing (exp 3/2)
\$1 off MiraLax 10 count or 14 dose + (exp 2/15)
\$3 off MiraLax 30 dose + (exp 2/15)
\$5 off MiraLax 30 dose + (exp 1/11)
.40/1 Musselman's 4-pack Big Cup single serve apple sauce (exp 2/14)
.75/2 Musselman's 6-pack single serve apple sauce (exp 2/14)
\$1/2 Nestle Juicy Juice products (exp 3/2)
\$2/3 Nestle Juicy Juice products (exp 3/2)
\$1/1 Nestle Nesquick powder, 10.9 oz+ (exp 3/2)
\$1/2 Nonni's Thinadditives (exp 3/15)
\$5 off Oxytrol For Women, 4 patches/16 Day Supply (exp 2/28)
.50 off Palmolive Dish Soap, 14 oz + (exp 1/25)
\$2/2 Pepsi multipl. plastic bottles or 8 pk. mini cans (exp 2/4)
\$4 off Philips Sonicare brush head multipl. or For Kids toothbrush (exp 2/28)
\$15 off Philips DiamondClean, Flexcare Platinum or + or Airfloss (exp 2/28)
\$3 off Philips Sonicare Powerup battery toothbrush or brush head (exp 2/28)

\$10 off Philips Sonicare rechargeable toothbrush (exp 2/28)
\$1/2 Premier Protein bars or Premier Protein Crisp bars (exp 4/5)
\$4 off Premier Protein shake 4-pack, good on regular 11oz 4-pack and snack size 8.25oz 4-pack (exp 4/5)
\$4 off Pur faucet mount or pitcher (exp 3/31)
\$2 off Pur filter multipk. (exp 3/31)
\$1/1 Purina Cat Chow bag, 3.15 lb + (exp 4/5)
\$1 off Purina Dog or Cat Chow, 3.15-lb + (Target coupon) (exp 2/15)
\$2 off Purina One or Purina BeyOnd dry dog or dry cat food (Target coupon) (exp 2/15)
\$3/1 Revlon Luxurious Colorsilk Buttercream (exp 2/9)
\$1/1 Reynolds Wrap Foil, 200 sq ft, 250 sq ft or 75 sq ft Heavy Duty (exp 2/28)
.75/1 Sargento Natural cheese snack, 5 oz + (exp 2/26)
\$1/2 Scotch-Brite dishwands or wand refills (exp 2/28)
\$2 off Similasan product (exp 2/5)
\$2 off Similasan product (exp 4/30)
\$1/1 Skinny Cow candy box, 4.65 oz-6 oz (exp 3/31)
B1G1 Skinny Cow singles candy max \$1.09, .77 oz -1 oz (exp 2/28)
\$1 off Snapple diet tea bottle, 16 oz 6 pk. (exp 3/2)
\$2 off Snapware food or home storage (exp 3/31)
\$1 off So Delicious dairy free item (exp 3/31)
\$1.50 off Splenda sweetener packets, granulated or any sugar blend (exp 2/9)
\$1/3 Trident single gum packs, 14 pc + (exp 2/16)
\$1 off Tyson Grilled & Ready frozen item (exp 4/5)
.55/1 Tyson Grilled & Ready refrigerated item (exp 4/5)
\$3 off Ultimate Flora Probiotic (exp 3/31)
\$1 off vitafusion gummy vitamins (exp 3/31)

Smart Source 1/05

\$2/2 Air Wick Candles (exp 2/2)
\$1/1 Air Wick Car Filters & Freshens Air Freshener (exp 2/2)
\$1.50/2 Air Wick Freshmatic Ultra Refills (exp 2/2)
\$1/1 Air Wick Freshmatic Ultra Starter Kit, excl Free Item Packs (exp 2/2)
\$1 off Air Wick Scented Oil Twin Refill pack or (2) Single Refills (exp 2/2)
\$5/2 Aleve or Bayer, 40 ct. +, One a Day, Citracal or Flintstones (exp 1/19)
\$3 off Aleve product, 40 ct. +, excl Aleve-D Cold products (exp 2/28)
\$2 off Aleve-D product (exp 3/21)
\$2 off Alka-Seltzer Plus Cold product, excl Antacid products (exp 2/28)
\$5/2 Alka-Seltzer Plus Cold product, excl Antacid products (exp 1/19)
\$8/3 Alka-Seltzer Plus Cold product, excl Antacid products (exp 1/12)
\$4 off Alka-Seltzer Plus-D Multi-Symptom Sinus & Cold product only (exp 1/19)
\$1/1 Atkins Bar, Treat or Shake (exp 3/3)
\$1/1 Atkins Frozen Entree (exp 3/31)
\$1/2 Barilla Plus, Whole Grain, Veggie, White Fiber or Guten-Free (exp 3/1)
\$1 off Bayer product, 20 ct. + (exp 2/15)
.50/2 Betty Crocker Fruit Snacks listed, Ocean Spray, Mott's or Sunkist Fruit Flavored Snacks (exp 3/1)
\$1 off Bronkaid product (exp 3/31)
\$1 off Campho-Phenique product (exp 2/28)

.75 off Cascadian Farm product (exp 3/29)
\$2 off Citracal product (exp 3/31)
\$3 off Clear Care Cleaning and Disinfecting Solution, 12 oz + (exp 2/28)
\$1/2 Crystal Light Powdered Drink Mixes (exp 2/25)
.50/1 Easy-Off oven cleaner (exp 2/16)
\$1/1 Efferdent product, 48 ct. + (exp 2/28)
.50/1 Fiber One Chewy Bars, Fiber One 90 Calorie Products listed or Fiber One Meal Bar (exp 3/1)
\$2.15/1 Finish Powerball, Gelpacs or Quantum, 20ct+, excl promotional bundle packs (exp 2/8)
\$2 off Flintstones multivitamin or supplement (exp 2/28)
\$1/1 French's Flavor Infuser Marinade (exp 4/30)
\$1/2 General Mills Big G cereals listed (exp 2/15)
.35/1 Glass Plus cleaner (exp 2/16)
.60/3 Green Giant Frozen Boxed Vegetables (exp 3/29)
\$1/5 Hamburger Helper, Tuna Helper or Chicken Helper Home Cooked Skillet Dishes (coupon one (exp 3/1)
\$1/5 Hamburger Helper, Tuna Helper or Chicken Helper Home Cooked Skillet Dishes (coupon two (exp 3/1)
\$3 off ICaps Eye Vitamin and Mineral product (exp 2/28)
\$1 off Knudsen cottage cheese AND (5) Del Monte Fruit Naturals cups (exp 2/26)
.50/1 Lime-A-Way cleaner (exp 2/26)
.50/1 Lysol Disinfectant Spray, 12.5 oz + (exp 2/4)
.50/2 Lysol Disinfecting Wipes, 35 ct. + (exp 2/4)
\$1/1 Lysol No-Touch Hand Soap System Starter Kit (exp 2/4)
.50/2 Lysol Toilet Bowl Cleaners (exp 2/4)
.35/1 Lysol Touch of Foam Antibacterial Hand Wash (exp 2/4)
\$2 off Midol product, 20 ct. + (exp 2/28)
.50/1 Mop & Glo product (exp 2/16)
.50/1 Nature Valley Granola Bars 5 ct+, Granola Thins, Soft-Baked Oatmeal Squares or Breakfast Biscuits (exp 3/1)
\$1 off Neo-Syneprine product (exp 3/31)
.60/3 Old El Paso products, excl Refrigerated, Frozen or Soup products (exp 3/1)
.75/1 Old English product (exp 2/16)
\$2 off One A Day product (exp 2/28)
\$3 off Opti-Free product, 10 oz+ (exp 2/28)
\$1 off PediaCare product (exp 7/6)
\$2 off Phillips product (exp 3/31)
.40/2 Pillsbury Crescent Dinner Rolls, excl Twin Pack (exp 3/29)
.30/2 Pillsbury Refrigerated Grands! Biscuits (exp 3/29)
.50/2 Pillsbury Toaster Strudel, Scrambles Pastries or Pillsbury Pancakes, excl Heat-N-Go Mini Pancakes (exp 3/29)
.25/1 Progresso Panko Crispy Bread Crumbs (exp 3/1)
.25/1 Progresso Recipe Starters Cooking Sauce (exp 3/1)
.50/2 Progresso Soups Cans (exp 3/1)
\$3 off Systane product (exp 2/28)
\$5 off Tena Product (exp 2/5)
\$2 off TruBiotics supplement product (exp 2/28)
.35/1 Yoplait Go-Gurt, Yoplait Kids Cup or Trix Multipack Yogurt (exp 3/1)
.75/2 Yoplait Go-Gurt, Yoplait Kids Cup or Trix Multipack Yogurt (exp 3/1)
\$1/5 Yoplait Greek yogurt Cups (exp 3/1)
.40/6 Yoplait Yogurt Cups listed (exp 3/1)

.50/8 Yoplait Yogurt Cups listed (exp 3/1)

Target PG 1/05

(Target store coupons, exp 1/31, excl trial/travel size)

\$1/2 Always or Tampax feminine care items

.50 off Bounty paper towels, 6-pk. +

.50 off Charmin bath tissue, 9-pk. +

\$2 off Clairol Age Defy hair color item

\$1 off CoverGirl TruBlend liquid cosmetics item

\$1/2 Crest oral care twinpacks: 5.8-oz + toothpaste or 500 mL rinse

.75 off Downy sheets, 70 ct. + or Bounce sheets or Bounce dryer bar

\$1/2 Herbal Essences or Aussie product

\$1/2 Herbal Essences, Old Spice, Gillette or Olay bar soap or bodywash items

\$2 off Olay Fresh Effects or Pro-X facial care item, excl cleansers

\$1 off Pampers diapers, 21 ct. + AND baby wipes, 168 ct. +

.50 off Puffs facial tissue, 3-pk. +

\$1 off Tide Boost, 37 ct. + or Tide detergent, 92 oz+, excl Tide PODS