

## Birmingham News coupon inserts 3-23

### Red Plum 3/23

**\$1 off** any Advil, film coated or migraine 20 ct + (exp 5/22)

**\$1 off** any Advil PM 16 ct + (exp 5/22)

**\$1 off** any children's Advil product excl 1 oz suspension (exp 6/21)

**\$.50/1** Angel Soft facial tissue (exp 4/23)

**\$.45/1** Angel Soft product (exp 4/23)

**\$1 off** Axe bodyspray 4 oz or deodorant 2.7-3 oz, excl trial size (exp 4/20)

**\$1 off** Axe face item, excl trial size (exp 4/20)

**\$2.50 off** Axe hair item, excl trial size (exp 4/20)

**\$1 off** Axe shower gel or detailer, 16 oz + (exp 4/20)

**\$.50/1** Bridgeford frozen rolls, bread dough or monkey bread (exp 5/31)

**\$1/2** Canine Carry Outs dog snacks (exp 5/25)

**\$.75/1** Caress bar soap 6 pk. + or body wash 12 oz +, excl trial size (exp 4/6)

**\$2.50 off** Clear scalp and hair item, excl trial size (exp 4/20)

**\$5/2** Community Coffee 12 oz or K-cups (exp 6/27)

**\$2 off** Community Coffee 12 oz or K-cups (exp 6/27)

**\$2.50 off** Degree Clinical or (2) Men Motionsense, excl trial size (exp 4/20)

**\$1.50 off** Degree Woman Motionsense, Ultra Clear or Clinical (exp 4/20)

**\$1 off** Domino Sugar quick dissolve, superfine or pourable brown in a flip top canister (exp 5/31)

**\$2 off** Dove Advanced Care deodorant with NutriumMoisture (exp 4/20)

**\$2 off** Dove Advanced hair series product, excl trial size (exp 4/20)

**\$1 off** Dove Beauty Bar 6 pk. + (exp 4/20)

**\$1 off** Dove body wash 12 oz +, excl Men+Care (exp 4/20)

**\$3 off** Dove Dry Oil Nourishing or Restorative hair treatment (exp 4/20)

**\$1.50 off** Dove hair care, excl Men+Care and trial size (exp 4/20)

**\$2 off** Dove Men+Care body and face wash or bars or shower tool (exp 4/20)

**\$1 off** Dove Men+Care deodorant 2.7-3 oz or Clinical Protection (exp 4/20)

**\$1 off** Dove Men+Care face care, excl trial size (exp 4/20)

**\$2.50 off** Dove Men+Care hair item, excl trial size (exp 4/20)

**\$.55/1** Fleischmann's Simply Homemade mix (exp 4/27)

**\$.40/1** Fleischmann's yeast strip or jar (exp 4/27)

**\$.40/1** Karo syrup (exp 4/27)

**\$1.50 off** Konsyl product (exp 9/30)

**\$.60/2** Lipton Recipe Secret (exp 4/20)

**\$2 off** any L'Oreal Paris eye product (exp 5/17)

**\$3 off** L'Oreal Paris butterfly mascara (exp 5/17)

**\$2 off** any L'Oreal Excellence haircolor (exp 5/17)

**\$5 off** Luster Pro Light (exp 4/13)

**\$1.50 off** Luster Now! 4 oz or 3 pack (exp 4/13)

**\$1/2** any Mars 6-packs (exp 4/26)

**\$1/2** any Mars Easter products (exp 4/20)

**\$.55/1** Mazola oil or spray (exp 5/4)

**\$1 off** any bag Meow Mix dry cat food 3lbs + (exp 5/18)

**\$1/6** Meow Mix single cat food cups or (1) variety pack (exp 5/18)

**\$1/2** Milk-Bone dog snacks (exp 5/25)

**\$1.50 off** Noxema 3-5 blade 3 ct. + or twin blade 12 ct. (exp 4/27)

**\$1.25 off** Noxema product, excl trial size (exp 4/20)

**\$1/2** Pup-Peroni dog snacks (exp 5/25)

**\$1 off** Purina select dog food, 4 lb + (exp 5/23)

**\$1 off** Quaker Big and Chewy bars or (2) bars (exp 5/3)

**\$2 off** Simple moisturizer, excl gift pk. and travel size (exp 4/20)

**\$3 off** Sinus Buster product (exp 4/30)

**\$1 off** Sparkle product, 6 roll + (exp 4/30)

**\$.25/1** Sparkle product, max 3 roll (exp 4/30)

**\$.75/1** Sprayway product (exp 7/31)

**\$1/2** any Starburst or Lifesavers jellybean bags 13 oz -14 oz (exp 4/21)

**\$.75/1** Suave Men body wash, excl trial size (exp 4/20)

**\$1/2** Suave Men hair items, excl trial size (exp 4/20)

**\$1 off** any ThermaCare cold wrap 1 ct or heat wrap 2 ct + (exp 5/23)

**\$3/2** Tide Simply Clean & Fresh, 40, 50 or 60 oz (exp 4/30)

**\$1/2** Tide Simply Clean & Fresh 25 oz +, Downy or Bounce (exp 4/30)

**\$.50/1** Tide Simply Clean & Fresh, Cheer or Era, Downy or Bounce (exp 4/30)

**\$2 off** Tresemme shampoo or conditioner, excl trial size (exp 4/20)

**\$1.50 off** Tums Freshers or Chewy Delights (exp 5/23)

**\$1.50/2** Tums product, 24 ct. + (exp 5/23)

**\$1 off** Vaseline Men lotion, 6.5 oz + (exp 4/20)

**\$5 off** Zyrtec product, 40+, excl bonus pk. (exp 4/20)

**\$4 off** Zyrtec product, 12+ (exp 4/20)

## Smart Source 3/23

**\$.55/1** 2000 Flushes product (exp 6/30)

**\$3 off** Afrin nasal spray (exp 3/30)

**\$1 off** Afrin nasal spray (exp 4/20)

**\$.55/2** Barilla blue box pasta (exp 5/17)

**\$1.50 off** any 6 oz + Beneful brand dog snacks (exp 6/23)

**\$1/2** Brookside chocolate 7 oz + (exp 5/15)

**\$.75/2** Campbell's Slow Cooker or Skillet Sauces (exp 5/31)

**\$.50/2** any flavor 4.5 oz + Chex Mix, Muddy Buddies or Popped (exp 5/17)

**\$7 off** any Claritin non drowsy 45 ct + (exp 3/30)

**\$5 off** any non drowsy Claritin 30 ct + (exp 4/20)

**\$.50/1** Colgate toothpaste, 3.4 oz+ (exp 4/5)

**\$.50/1** Colgate adult or kids manual toothbrush (exp 4/5)

**\$3 off** Colgate Optic White toothbrush + whitening pen (exp 4/12)

**\$1 off** Cracker Barrel cheese blocks, snacking bars or cracker cuts (exp 4/26)

**\$1 off** Culinary Circle frozen pizza (exp 4/20)

**\$.50 off** any Dole jar (exp 6/30)

**\$2 off** any Fiber Smart product (exp 5/31)

**\$.30 off** French's classic mustard 14 oz + (exp 5/31)

**\$.40 off** French's spicy brown mustard or horseradish mustard (exp 5/31)

**\$1 off** Fuze iced tea concentrate (exp 5/6)

**\$.75 off** any flavor General Mills cereal listed: Multi grain Cheerios, Multi grain Cheerios peanut butter, Multi grain Cheerios dark Chocolate crunch (exp 5/3)

**\$3 off** Gillette Clinical deodorant, excl trial size (exp 4/30)

**\$1.50 off** Gillette Odor Shield or Clear Gel deodorant, excl trial size (exp 4/30)

**\$2 off** any Goodnites bed mats jumbo pk + (exp 4/19)

**\$2 off** any Goodnites underwear jumbo pk + (exp 4/19)

**\$2 off** Infusium shampoo, conditioner or leave-in treatment (exp 4/23)

**\$2/2** any Kotex natural balance pads (exp 5/3)

**\$1/2** any Kotex natural balance lightdays liners excl 14-22 ct (exp 5/3)

**\$1 off** any U by Kotex products (exp 5/3)

**\$.75/1** Kraft Deluxe Mac & Cheese (exp 4/23)

**\$.50 off** any Lysol disinfectant spray (exp 4/23)

**\$.50/2** any Lysol disinfecting wipes (exp 4/23)

**\$.50/2** any Lysol toilet bowl cleaner or (2) Lysol all purpose cleaner pourables (exp 4/23)

**\$5 off** Martha Stewart Essentials (exp 10/31)

**\$.50/2** Nature Valley granola (5 ct +), granola thins, soft baked oatmeal squares, breakfast biscuits, Fiber One chewy bars OR 90 calorie products (bars, brownies, cakes) (exp 5/17)

**\$1 off** any Neutrogena cosmetic product (exp 4/30)

**\$3/2** any Neutrogena cosmetic products (exp 4/30)

**\$2 off** O-Cedar broom (exp 7/1)

**\$.50/1** Palmolive dish soap, 12.6 oz+ (exp 4/14)

**\$1 off** Pert 2 in 1 or 3 in 1, excl 1.7 oz (exp 4/23)

**\$.50/1** Pom product (exp 4/23)

**\$1.50 off** Pull-Ups training pants jumbo pk + (exp 4/19)

**\$.50 off** any Pull-Ups big kid flushable wipes excl trial size (exp 4/19)

**\$1/2** bags Purina Friskies Grillers dry cat food any size (exp 6/23)

**\$1.50/3** bags Purina Friskies dry cat food any size, any variety (exp 6/23)

**\$1/24 or (2) 12 ct** packs of 5.5 oz cans Purina Friskies wet cat food any variety (exp 6/23)

**\$1 off** Revlon Luxurious Colorsilk Buttercream (exp 4/27)

**\$1/2** Revlon Colorsilk, Lumista or Frost & Glow (exp 4/27)

**\$4 off** any Schick Hydro Silk disposable pack (exp 4/20)

**\$4 off** any Schick Hydro 5 disposable pack (exp 4/20)

**\$10 off** Schick Hydro razor wyb (1) Schick Hydro Cartridge 4 ct + (exp 5/4)

**\$1/2** any Schick Hydro shave gel (exp 5/4)

**\$ 4 off** any Schick Hydro Silk razor excl disposables (exp 5/4)

**\$4 off** any Schick Hydro Silk refill (exp 5/4)

**\$1.50 off** Seattle's Best Coffee, 12 or 20 oz or k-cups, 10 or 16 ct. (exp 6/23)

**\$3 off** Secret Clinical deodorant, excl .5 oz and trial size (exp 4/30)

**\$1.50 off** Secret Outlast, Scent Expressions or Destinations (exp 4/30)

**\$5/2** Similac Simple Pacs, 22 oz+ (exp 5/25)

**\$2 off** Similac Ready-To-Feed, 32 oz (exp 5/25)

**\$.55/1** Spot Shot product (exp 6/30)

**\$1 off** Suavitel liquid, 44 oz+ or dryer sheets, 40 ct.+ (exp 4/13)

**\$4 off** Zantac product, 24 ct.+ (exp 5/18)