

Coupon Variations for The Post and Courier for 3/2. This weekend you will have (3) coupon inserts in your newspaper!

(1) Proctor & Gamble

(1) Red Plum

(1) Smart Source

Proctor & Gamble 3/2

(all exp 3/31 unless noted, all excl trial size)

.50/1 Always pad or feminine cleansing cloth

.50/1 Always pantiliner, 30 ct.+

\$1 off Always Infinity pad, Radiant pad or Radiant pantiliner

.25/1 Bounty napkins

.25/1 Bounty napkins or towels

.50/1 Cascade Actionpacs

\$1/2 Cascade or Dawn items

.25/1 Charmin product

\$2 off Clairol Natural Instincts hair color

Free Clairol Nice 'N Easy Root Touch-Up wyb Nice 'N Easy base color (exp 3/16)

.75/1 Clairol Herbal Essences body wash

\$1 off CoverGirl product, excl accessories

\$3/2 CoverGirl products, excl accessories

.75/1 Crest rinse, 237 mL+

.75/1 Crest toothpaste or gel, excl Cavity, Baking Soda and Tartar Control

\$1 off Crest Pro-Health Stages or Pro-Health for Me toothpaste, 4.2 oz+

\$1 off Crest Sensi-Relief toothpaste, 4.1 oz+

\$7 off Crest 3D White whitestrips (exp 3/16)

\$2 off Crest or Oral-B 3D White whitening duo

.25/1 Dawn product

.50/1 Duracell Coppertop, Quantum, Ultra Photo Lithium or specialty batteries

.50/1 Duracell rechargeable batteries, charger or 6 pk.+ hearing aid batteries

.50/1 Febreze Air Effects

.50/1 Febreze Sleep Serenity bedside diffuser, Set & Refresh or Stick & Refresh

.75/1 Febreze car vent clip

.75/1 Febreze Sleep Serenity bedding refresher or fabric refresher

\$1 off Febreze Noticeables refill

\$2.50 off Fixodent adhesive, 2 oz+

.75/1 Gillette Mach3 shave prep

\$2 off Gillette body razor

\$2 off Gillette Mach3 razor

\$2/2 Gillette deodorants or body washes

\$3 off Gillette Fusion ProGlide razor

\$3 off Gillette Venus razor, excl disposables

\$2/2 Head & Shoulders products, excl 1.7 oz
.50/1 Iams Shakeables treats for dogs
\$1 off Iams So Good! dog food
B2G1 Iams wet cat or dog food, max \$1.99 (exp 3/16)
\$1/2 Luvs bags or (1) box diapers
\$1 off Mr. Clean Liquid Muscle
\$1/2 Mr. Clean Magic Eraser
.75/1 Olay body wash, bar soap, 2 ct.+ or in-shower body lotion, excl Simply
\$1 off Olay facial moisturizer or cleanser, excl refill brush
\$2 off Olay Pro-X, Regenerist or Total Effects moisturizer
\$2/2 Olay body washes, bar soap, 4 ct.+ or in-shower body lotions, excl Simply
\$3 off Olay facial hair remover
\$1/2 Old Spice products
Free Old Spice body spray, max \$5.99 wyb deodorant (exp 3/16)
.75/1 Oral-B Glide floss, 35 m+ or Glide floss picks, 30 ct.+
.75/1 Oral-B Pulsar, 3D White, Pro-Health, Complete or (2) select toothbrushes
\$1 off Oral-B Pro-Health Stages or for Me manual or power toothbrush
\$5 off Oral-B Deep Sweep replacement brush heads, 2 or 3 ct. (exp 3/16)
\$5 off Oral-B Vitality Deep Sweep rechargeable electric toothbrush (exp 3/16)
.50/1 Pampers wipes, 56 ct.+
\$1.50 off Pampers diapers or pants
\$2 off Pantene Expert item
\$2/2 Pantene products
\$5/3 Pantene products
\$6/2 Prilosec OTC items, 42 ct.
\$4/2 Secret Clinical deodorant, excl .5 oz
Free Secret body spray, max \$5 wyb deodorant, excl .5 oz
\$1 off Swiffer Bissell Steamboost refill
\$5 off Swiffer Bissell Steamboost starter kit (exp 3/16)
B1G1 Swiffer Dust & Shine, max \$4 (exp 3/16)
Free Swiffer Sweeper dry refill wyb Swiffer Sweep & Trap starter kit (exp 3/16)
Free Swiffer refill, max \$7 wyb Swiffer WetJet or Duster starter kit (exp 3/16)
.50/1 Tampax product, 16 ct.+
\$2 off Tampax Pearl or Radiant tampon or Pearl liner, 16 ct.+
.50/1 Tide detergent, Boost, machine cleaner or Oxi, or Downy or Bounce
\$1/2 Tide detergent, Boost, machine cleaner or Oxi, or Downy or Bounce
\$2/3 Tide detergent, Boost, machine cleaner or Oxi, or Downy or Bounce
\$1 off Vicks product, excl VapoDrops, ZzzQuil
\$2 off Vicks Sinex
\$1 off Vicks ZzzQuil
\$2 off Vidal Sassoon shampoo or conditioner item
\$2 off Vidal Sassoon styling item

\$3 off Vidal Sassoon hair color

Red Plum 3/2

\$1 off ACT product (exp 4/12)

\$2 off ACT product, 33.8 oz, excl dry mouth (exp 4/12)

\$2/2 All product (exp 4/13)

\$10 off Allegra product, 70 ct. or (2) 30 ct., excl D & congestion (exp 3/9)

\$3 off Allegra children's allergy (exp 4/5)

\$5 off Allegra product, 45 ct. or 12 hr 24 ct., excl D & congestion (exp 4/5)

\$3 off Allegra-D allergy & congestion (exp 4/5)

\$10 off Alli product, 90 or 120 ct. (exp 5/31)

\$1 off Bob Evans breakfast sandwich, burrito or breakfast bake (exp 4/1)

\$1/2 Cesar Canine Cuisine tray (Exp 4/19)

\$2/2 Degree Women Motionsense, Clinical or (2) Ultra Clear (exp 3/30)

\$1/2 Dole frozen fruit (exp 5/3)

\$1 off Dove Beauty bar, 6 pk. + (exp 3/30)

\$1 off Dove body wash, 12 oz + (exp 3/30)

\$2 off Dove Advanced Care deodorant, excl trial size (exp 3/30)

.75/1 El Monterey taquitos or mini chimis (exp 4/1)

\$1 off Garnier cleanser (exp 4/12)

\$2 off Garnier hair care, excl trial size (exp 4/12)

\$3 off Garnier cleanser AND moisturizer (exp 4/12)

\$3 off Garnier Olia oil powered haircolor (exp 4/26)

\$2 off Garnier Nutrisse haircolor (exp 4/26)

\$1.50 off Gold Bond lotion, 13 oz + (exp 5/1)

\$1 off Gold Bond cream, 3-8.1 oz (exp 5/1)

\$1.50 off Jimmy Dean Delights sandwich or (2) Delights bowls (exp 4/13)

\$1/2 Jose Ole snacks, 16 oz + (exp 4/6)

\$1 off Maybelline Color Show nail lacquer (exp 4/26)

\$1 off Maybelline face item (exp 4/26)

\$2/5 Muller yogurt (exp 4/30)

\$2 off Nasacort allergy 24 hr, 60 sprays (exp 5/2)

\$4 off Nasacort allergy 24 hr, 120 sprays (exp 5/2)

\$1 off Nature's Bounty vitamin or supplement (exp 5/3)

\$2 off Nature's Bounty fish oil or CoQ-10 (exp 5/3)

\$2 off Nature's Bounty Optimal Solutions item (exp 5/3)

\$1 off Nivea body wash, 16.9 oz (exp 3/16)

\$1 off Nivea Men shave gel or foam, 7-8.7 oz (exp 3/30)

\$2 off Nivea face care or after shave, excl shave gel or foam (exp 3/30)

\$1/2 On-Cor family size entrees (exp 5/31)

.75/2 Orbit gum, 14 pc or 3 pk. (exp 6/1)

\$1 off Oxy Daily Defense (exp 4/27)

\$2 off Oxy Maximum Action (exp 4/27)

\$1 off Pedigree Dry Food for Dogs 3.5lb (exp 4/26)

B3G1 Pedigree Wet (Exp 4/26)

.50/1 Pictsweet frozen vegetable (exp 6/30)

.75/2 Purina Whisker Lickin's cat treats (exp 5/11)

.75/1 Rosina meatballs, 20-64 oz (exp 5/31)

\$1.50 off Selsun Blue product, excl trial size (exp 6/1)

\$2 off Suave Professionals Visible Glow, excl trial size (exp 3/30)

\$1 off Thai Kitchen frozen entrees (exp 5/4)

\$1 off Zatarain's frozen item (exp 4/13)

Smart Source 3/2

\$1.50/2 Air Wick Freshmatic Ultra refills (exp 3/30)

\$1 off Air Wick car filters & freshens air freshener (exp 3/30)

\$1 off Air Wick Freshmatic Ultra starter kit or gadget only pk. (exp 3/30)

\$1 off Atkins bar, treat or shake (exp 5/31)

\$1 off Atkins frozen entree (exp 5/31)

.75/1 Ban deodorant (exp 3/31)

\$1 off Ban Total Refresh cooling body cloths (exp 3/31)

\$1 off Barber Foods product (exp 4/30)

\$5 off Bausch+Lomb OcuVite (exp 4/30)

\$1 off Biore Deep Cleansing pore strips (exp 3/31)

\$2 off Biore cleanser (exp 3/31)

\$4 off Brita pitcher filters, 2 pk.+ or (1) pitcher (Target coupon) (exp 4/30)

\$1/5 Buddig Original or Cracker Snacker packages, 2 oz (exp 5/31)

.50/1 Carefree liners, 36 ct.+ (exp 4/30)

\$2 off Cat's Pride Fresh & Light (exp 5/31)

\$4 off Claritin product, 20 ct.+ (exp 3/30)

\$6 off Claritin product, 45 ct.+ (exp 3/9)

\$1.50 off Colgate Optic White toothpaste, 3.4 oz+ (exp 3/15)

\$1 off Curel moisturizer, 3.5 oz+ (exp 3/31)

\$1 off Dannon Activia yogurt, 4 pk. or (4) 5.3 oz cups (exp 5/1)

\$3 off Dr. Scholl's massaging gel, pain relief or Active Series insoles (exp 4/30)

\$1 off Dr. Scholl's product (exp 4/30)

\$1 off Efferdent product (exp 4/5)

\$1 off Efferdent Fresh Guard (Exp 4/2)

\$2 off Ensure 4 pk. (exp 4/27)

\$3/2 Ensure multi-packs (exp 4/27)

.50/1 Eveready gold batteries AA/AAA, 8 pk.+ or flashlight (exp 4/26)

.75/1 Farmer John bacon (exp 5/2)

\$1/2 Farmer John breakfast sausage (exp 5/2)

.75/1 Fiber One Protein Maple Brown Sugar or Cranberry Almond (exp 4/12)
\$1.50 off Glucerna bar multi-pack (exp 4/27)
\$3/2 Glucerna shake multi-packs (exp 4/27)
\$1.50 off Green Mountain coffee (exp 4/2)
.75/3 Hamburger Helper (exp 4/26)
\$1/2 Hormel Rev Wraps (exp 4/28)
\$1 off Hormel Always Tender Boneless Pork Chops (Exp 4/28)
.50/1 Jergens moisturizer, 5 oz+, excl soap (exp 3/29)
\$1 off Jergens Natural Glow moisturizer (exp 3/31)
\$2.50 off Jergens BB body cream, 7.5 oz (exp 3/29)
\$2 off Jergens Natural Glow 3 Days to Glow moisturizer (exp 3/31)
\$3/2 John Frieda hair care items (exp 3/31)
\$5 off John Frieda select gloss or Intense After-Colour conditioner (exp 4/13)
.75/2 Johnsonville split rope sausage (exp 5/4)
\$1/2 off Ken's dressing, 16 oz (exp 4/30)
\$2/3 Ken's 9 oz dressing (Exp 4/30)
\$3 off Kerasal Nail Fungal Renewal 10ml (exp 4/13)
\$1.25 off Keurig k-cup packs box (exp 4/2)
.35/1 Land o Lakes Eggs (exp 6/2)
\$1.50 off Lancaster soft cremes, 8 oz+ (exp 4/27)
\$1 off Miralax 10 dose or 14 does (Exp 4/13)
\$3 off Miralax 30dose + (Exp 4/13)
.50/1 Method dish item (exp 4/20)
\$1 off Method laundry item (exp 4/20)
\$2 off Nasacort Allergy 24Hr 60 sprays (Exp 5/2)
\$4 off Nascort Allergy 24Hr 120 sprays (Exp 5/2)
\$2 off Nivea Men Face Care or After Shave Product (Exp 3/30)
\$1 off Nivea Men Shave Gel or Foam (exp 3/30)
\$1 off Nivea Men Boday Wash 16.9 oz (Exp 3/16)
.40/2 Pillsbury crescent dinner rolls, excl twin pk. (exp 5/24)
\$1 off Playtex Gentle Glide or Sport tampons, 14 ct.+ (exp 4/30)
\$1.50 Preparation H products (Exp 4/12)
.50/1 Rid-X Septic System Treatment (exp 4/2)
.50/1 Rid-X Septic System Treatment (exp 5/2)
\$2 off Schick Xtreme3, ST2 or ST3, Slimtwin or Quattro disposable (exp 3/30)
.75/1 Seapak product (exp 4/20)

\$3 off Similasan product (exp 5/31)

\$5 off Similasan eye drop (exp 3/31)

\$1/2 off Snyder's flavored pieces, korn krunchers or sweet and salty (exp 4/30)

\$1 off Stayfree pads, excl trial size (exp 4/30)

.75/1 Tyson Mini Chicken Sandwiches (Exp 6/2)

\$1 off Tyson Any'tizers snacks (exp 6/2)

\$5 off Xenadrine product (exp 6/30)

\$10 off Zegerid OTC, 42 ct. (exp 3/16)

\$3 off Zegerid OTC, 14 ct. (exp 4/6)