

Birmingham News coupon inserts 3-30

Proctor & Gamble 3/30

(all exp 4/30, all excl trial size)

\$.50/1 Always pads or feminine cleansing item

\$.50/1 Always pantliners, 30 ct.+

\$1 off Always Radiant or Infinity pads

\$.25/1 Bounty paper towels or napkins

\$.50/1 Cascade dishwasher detergent or rinse aid

\$1.50/2 Cascade dishwasher detergent or rinse aid

\$.75/2 Charmin AND Bounty, excl single rolls

\$.25/1 Charmin product

\$1/2 Clairol Aussie shampoo, conditioner or styling items

\$3 off Clairol Age Defy, Perfect 10 or Nice 'n Easy foam hair color

\$3/2 Clairol hair color, excl Age Defy, Perfect 10, Nice 'n Easy foam

\$1 off Clairol hair color

\$1 off Clairol Herbal Essences body wash

\$1/2 Clairol Herbal Essences shampoo, conditioner or styling item

\$2 off CoverGirl LashBlast mascara, excl accessories

\$2 off CoverGirl Outlast 3-in-1 foundation item, excl accessories

\$7 off Crest select whitening strips

\$1 off Crest Sensi-Relief toothpaste, 4.1 oz+

\$1/2 Crest toothpaste, Crest Rinse or Oral-B Glide floss or picks

\$.50/1 Crest toothpaste, Crest Rinse or Oral-B Glide floss or picks

\$2/3 Crest toothpaste, Crest Rinse or Oral-B Glide floss or picks

\$2 off Crest Oral-B 3D Whitening Duo

\$.50/1 Duracell CopperTop, Quantum, Ultra Photo Lithium and select batteries

B1G1 Febreze car vent clip

\$.50/1 Febreze Fabric Refresher or Air Effects

\$.75/1 Febreze Noticeables refill or Set & Refresh or Stick & Refresh

\$2/2 Febreze products

\$1.50/2 Fixodent adhesives, 1.4 oz+

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\$3 off Gillette body razor

\$1/2 Gillette deodorant or body wash

\$4 off Gillette Fusion family razor

\$1 off Gillette Fusion shave prep

Free Gillette Mach3 shave prep wyb Mach3 cartridges, max \$4.99

\$4 off Gillette Venus cartridges, 6-8 ct. or (2) 3-4 ct.

\$4 off Gillette Venus razor, excl disposables

\$1/2 Head & Shoulders products, excl 1.7 oz

\$2 off Head & Shoulders treatment item

\$.50/1 Ivory or Safeguard personal cleansing item, excl Ivory dish & laundry

\$1 off Luvs diapers box or (2) bags

\$1 off Olay body wash, body bar or hand and body lotion, excl Simply Olay

\$1 off Olay facial moisturizer or cleanser

\$3/2 Olay facial moisturizer or cleanser

\$3 off Olay Pro-X or Regenerist facial moisturizer or cleanser, excl brush refill

\$2 off Olay Total Effects facial moisturizer

\$.50/1 Old Spice body wash or bar soap

\$2/2 Old Spice products

\$2 off Old Spice shampoo, conditioner or styling item

\$3 off Oral-B adult battery or 3D White Action rechargeable toothbrush

\$1.50 off Pampers diapers or pants box or (2) bags

\$1 off Pampers Splashers swim pants

\$3 off Pantene Expert Hair Regrowth treatment for women

\$1.50/2 Pantene products

\$3/3 Pantene products

\$7/2 Prilosec OTC products, 42 ct.

\$2/2 Secret products, excl .5 oz

\$5 off Swiffer WetJet starter kit or Sweep & Trap starter kit

\$.50/1 Tampax product, 16 ct.+

\$2.50/2 Tampax Radiant or Pearl tampon items

\$.50/1 Tide detergent, Tide OXI, Downy or Bounce

\$1/2 Tide detergent, Tide OXI, Downy or Bounce

\$1.50/2 Tide Boost Free, Downy Free or Bounce Free detergents

\$1 off Vicks ZzzQuil item

Smart Source 3/30

\$4 off AcneFree clearing system or deep cleansing duo (exp 5/31)

\$2 off any AcneFree product (exp 5/31)

\$1.50/2 AirWick Freshmatic Ultra refills (exp 4/27)

\$1 off AirWick Scented Oil refill, twin pk. or (2) singles (exp 4/27)

\$1 off AirWick Scented Oil starter kit or gadget (exp 4/27)

\$4 off Alaway allergy eye itch relief (exp 5/31)

\$.50/1 All You magazine (exp 6/20)

\$1/2 Arnold sliced bread or sandwich thins rolls (exp 7/31)

\$4 off Bausch+Lomb Soothe lubricant eye drops (exp 5/31)

\$1.50 off Biotrue multi-purpose solution (exp 5/30)

\$3 off twin pack of Biotrue multi-purpose solution (exp 5/30)

\$5 off Bausch + Lomb PreserVision 120 ct + (exp 5/31)

\$1 off any Bausch + Lomb Opcon-A redness reliever and antihistamine product (exp 5/31)

\$5 off Claritin-D product, 15 ct. + (exp 4/6)

\$3 off Claritin-D product, 15 ct. + (exp 4/27)

\$.50/1 Clorox 4 in 1 disinfecting spray (exp 5/31)

\$.55/1 Endust dusting and cleaning spray (exp 5/11)

\$3/2 any Ensure multipacks (exp 5/25)

\$2 off any Ensure 4 pack (exp 5/25)

\$1.50 off Eucerin face care, excl trial size (exp 4/27)

\$1.50 off Eucerin hand or body lotion, excl trial size (exp 4/27)

\$1 off Glisten detergent booster (exp 6/30)

\$1 off Glisten Dishwasher Magic cleaner and disinfectant (exp 6/30)

\$1 off Glisten Disposer Care disposer and drain cleaner (exp 6/30)

\$.50/1 Kaboom BowlBlaster or Foam-Tastic foaming cleaner (exp 6/15)

\$.50/1 Kaboom shower guard (exp 6/15)

\$.50/1 Kaboom Shower Tub & Tile or No Drip foam spray cleaner (exp 6/15)

\$.75/2 Keurig brewed K-cups (exp 4/30)

\$1 off Kingsford original charcoal 8.3 lbs or Kingsford match light charcoal 6.7 lbs Fred's Store coupon (exp 4/5)

\$.75/1 LA Looks gel or Red Carpet collection, 20 or 26 oz (exp 5/31)

\$.40/1 Land O Lakes butter spread tub (exp 5/31)

\$2 off Lavazza product (exp 6/30)

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\$.50/1 Mean Green product, 32 oz + (exp 5/11)

\$.40/1 New York Brand garlic bread (exp 5/31)

\$.75/1 OxiClean dishwashing booster (exp 5/30)

\$1.50 off OxiClean Extreme Power Crystals dishwasher detergent (exp 5/30)

\$2 off OxiClean laundry detergent (exp 5/30)

\$.50/1 OxiClean pre treater (exp 5/11)

\$.50/1 OxiClean versatile stain remover, 3 lb + power paks or liquid (exp 5/11)

\$1 off OxiClean White Revive (exp 5/11)

\$4 off Oxytrol for Women, 4 patches (exp 5/11)

\$8 off Oxytrol for Women, 8 patches (exp 5/11)

\$1 off Poise or Depend product (Family Dollar coupon) (exp 4/12)

\$1/3 Prairie Farms quart Easter egg nog or holiday milks any flavor (exp 5/16)

\$1/4 Prairie Farms green yogurts, any flavor any variety (exp 5/16)

\$.40 off Prairie Farms half gallon iced coffee, any flavor (exp 5/16)

\$.40 off Prairie Farms 56 oz ice cream or frozen yogurt, any variety

Free Purina Beggin' refill 7 oz wyb Beggin' Party Poppers Pig Head (exp 4/30)

B1G1 Purina Beneful pet food, max 3.5 lb (exp 4/25)

\$5 off Purina Pro Plan can food, 3.5 lb + (exp 6/30)

B1G1 Purina Pro Plan cat food cans (exp 6/30)

\$1 off Pyrex glass bakeware, prepware or storage (exp 6/30)

\$.55/2 Reynolds baking cups (exp 5/31)

\$.75/1 Reynolds parchment paper (exp 5/31)

\$.55/1 Reynolds Wrap foil (exp 5/31)

\$.75/2 Scotch-Brite scrub sponges, scour pads, dishwands or refills (exp 4/27)

\$1 off Splenda Nectresse sweetener (exp 5/30)

\$1.50/2 Stouffer's Entrees for One, 6-20 oz (exp 5/31)

\$1.50 off Stouffer's family large or party size entree, 30-96 oz (exp 5/31)

\$1 off Texas Pete Cha! (exp 6/30)

\$1 off Tropicana Trop50 Raspberry Acai juice, 59 oz (exp 5/31)

B1G1 Wright breakfast sausage (exp 5/4)

\$.50/1 Zest bar soap, 3 pk. + (exp 5/11)

\$1 off Zest body wash (exp 5/11)

\$2 off Zim's product (exp 4/13)