

Knoxville News Sentinel coupon inserts

Redplum 8/10

\$1 off Alka-Seltzer product, excl 6 ct. (exp 9/20)

\$2.50 off Alka-Seltzer product, excl 6 ct. (exp 8/24)

\$1/2 Angel Soft facial tissue items (exp 9/10)

\$5 off AZO Bladder Control (exp 10/1)

\$1/1 Gain Detergent or Fabric Enhancer, excl Gain Flings and trial/travel size (exp 9/30)

\$2.50/2 Gain Detergents or Fabric Enhancers, excl Gain Flings and trial/travel size (exp 9/30)

\$2 off Garnier cleanser (exp 9/6)

\$1 off Garnier Fructis shampoo, conditioner or treatments (exp 9/6)

\$3 off Garnier moisturizer (exp 9/6)

\$3/1 Gillette OR Venus Disposable Razor, excl trial/travel size (exp 9/30)

\$1.50/2 Hefty slider bags, 12 ct. + (exp 11/30)

.75/2 Horizon mac & cheese, crackers, grahams or sandwich crackers (exp 9/30)

\$1 off L'Oreal Elnett hairspray , 11 oz. (exp 9/6)

\$3 off L'Oreal Extraordinaire by Colour Riche liquid lip color (exp 9/6)

\$3 off L'Oreal Preference Mousse Absolue haircolor (exp 9/6)

.75/1 Land O'Frost Bistro Favorites lunchmeat (exp 9/10)

\$1.50/2 M&M's Chocolate Candies 9.9 oz or larger (exp 9/21)

\$2/1 Mucinex Allergy Product (exp 9/21)

\$7/1 Mucinex Allergy Product 30CT or larger (exp 8/17)

\$2 off Nature's Bounty vitamins or supplements (has Kroger logo but is a manufacturer's coupon) (exp 9/7)

\$2 off NatureSmart Ester-C item (has Kroger logo but is a manufacturer's coupon) (exp 9/7)

\$1.50/1 Nivea Body Wash, Shower Gel or Lathering Body Scrub 8.4 oz - 25.4 oz (exp 8/24)

\$1.50/1 Nivea or Nivea Men Body Lotion , 6.8 oz - 21 oz (exp 9/7)

\$1.50/1 Nivea Q10 Skin Firming lotion, 6.8 oz- 21 oz, Skin Firming Gel-Cream, 6.7 oz, Serum, 2.5 oz or Sun-Kissed Radiance Lotion, 13.5 oz (exp 9/7)

\$3 off Osteo Bi-Flex caplet, powder or softgel (has Kroger logo but is a manufacturer's coupon) (exp 9/7)

\$2 off PanOxyl Acne Product (exp 10/31)

.50/1 Pure Silk Shave Cream, 8 oz (exp 10/4)

\$1 off Rimmel eye, face or nail product (exp 9/30)

\$1 off Rimmel eye product (exp 9/30)

\$2 off Senokot regular or S tablets (exp 2/28/2015)

.55 off Smucker's Jam, Jelly, Preserve or Fruit Spread Product (exp 9/14)

\$1/2 Sundown Naturals vitamins or supplements (has Kroger logo but is a manufacturer's coupon) (exp 9/7)

.50/1 ThinkThin bar (exp 10/10)

\$1 off ThinkThin bars, box (exp 10/10)

\$1/1 Tide Pods, Gain Flings, Downy Unstopables, Bounce Bursts or Gain Fireworks, excl trial/travel size (exp 9/30)

2.50/2 Tide Pods, Gain Flings, Downy Unstopables, Bounce Bursts or Gain Fireworks, excl trial/travel size (exp 9/30)

Smart Source 8/10

\$4 off Almay cosmetic product, excl 15 ct make-up removers and anti-perspirant/deodorant (exp 8/24)

\$2/1 Biore Cleanser (exp 10/4)

\$1/1 Biore Pore Strip Pack (exp 10/4)

\$3/1 Clairol Age Defy Hair Color, excl trial/travel size (exp 9/30)

\$2/1 Clairol Hair Color, excl Age Defy and trial/travel size (exp 9/30)

\$4 off Claritin-D Non-Drowsy 15-count or larger (exp 9/7)

\$3 off Colgate Optic White toothbrush + Whitening Pen combo (exp 9/6)

.50/1 Colgate Toothpaste, 3.4 oz.+ (exp 8/23)

.50/1 Cottonelle Flushable Cleansing Cloths, excl trial size (exp 9/13)

.50 off Cottonelle Toilet Paper (2) 4-packs or (1) 9-pack + (exp 9/13)

\$2 off DenTek Dental Guard (exp 11/16)

.50 off DenTek Floss Picks, Interdental Cleaners or Tongue Cleaners \$1.99 or more (exp 11/16)

.50/1 Easy-Off product (exp 9/21)

\$1 off El Monterey 12 ct Signature Burritos/Chimichangas or 28 ct box El Monterey Taquitos (exp 9/21)

\$1/1 Energizer batteries or flashlight (exp 9/6)

\$1.50/1 Energizer EZ Turn & Lock Hearing Aid batteries (exp 9/6)

\$1.50/1 Energizer Ultimate Lithium, Advanced Lithium, Recharge Power Plus or Recharge Universal batteries, AA/AAA-4 or larger (exp 9/6)

.35 off Fischer's or Field Product (exp 10/4)

.35/1 Glass Plus product (exp 9/21)

.55/2 Hormel Chili products (exp 10/6)

\$1.50/3 Hormel Compleats microwave meals (exp 10/6)
\$1/2 Hormel Premium Chicken Breast (exp 10/6)
\$1/1 Hormel Refrigerated Entree (exp 10/6)
\$2 off Infusium 23 shampoo, conditioner or leave-in treatment (exp 9/10)
\$2/3 Ken's Dressings 9 oz. (exp 9/30)
\$1/2 Ken's Dressings, 16 oz. + (exp 9/30)
.75 off Ken's Lite Strawberry Vinaigrette, Lite Apple Cider Vinaigrette or Blue Cheese Vinaigrette (exp 9/30)
.50 off Kleenex Facial Tissue (3) boxes, 50 ct. + or (1) Bundle Pack, excl trial size (exp 9/13)
\$1/1 Lancaster Soft Creams, 8 oz. (CVS manufacturer coupon) (exp 9/30)
.40/1 Land O Lakes Butter Spread Tub Product (exp 10/31)
.50/1 Lime-A-Way cleaner (exp 9/21)
\$1 off Mitchum, excl trial sizes and multipacks (exp 9/14)
.50/1 Mop & Glo product (exp 9/21)
.75/2 Nabisco Cookie or Cracker Products, 6.5 oz. + (exp 9/20)
.75/1 Old English product (exp 9/21)
\$2/2 OxiClean Laundry Detergents (exp 9/21)
\$2 off Perform pain relieving singles, gel, roll-on, spray or therapy kit (exp 11/30)
\$1 off Pert Plus, 2in1 or 3in1 items, excl 1.7 oz. (exp 9/10)
\$1 off Pilot Acroball OR FriXion erasable pens or highlighters 2-pack or larger (exp 9/30)
\$1/2 Post Honey Bunches of Oats cereal or granola, 11 oz. + (exp 9/21)
B1G1 Purina Beneful dog food, 3.5 lb or smaller, up to \$6.55 (exp 9/7)
\$1 off Purina Beneful dog snack, 6 oz. + (exp 11/2)
B1G1 Purina Beneful wet dog food, 10 oz. tub or 3 ct. multipack (exp 9/7)
.50/1 Rips bite-sized licorice bag, 4 oz. + (exp 10/31)
\$3/1 Schick Intuition or Schick Quattro for Women razor or refill (exp 9/20)
\$3/1 Schick Quattro for Men razor or refill (exp 9/20)
\$3/1 Schick Xtreme 3, Schick ST2 or ST3, Slim Twin, Schick Quattro or Schick Quattro for Women Disposable Razor, excl 2 ct, 10+2 ct, Schick Hydro 5 & Schick Hydro Silk Disposable (exp 9/7)
.50/1 Scotch Heavy Duty Shipping Packaging Tape Roll (exp 11/1)
.50/1 Scotch Long Lasting Moving & Storage Tape Roll (exp 11/1)
\$1 off Scott bath tissue, 8 rolls+ (exp 9/13)
.50/1 Scott Naturals flushable cleansing cloths (exp 9/13)
.75/1 Scott towels, 6 rolls+ (exp 9/13)
.45/3 Snack Pack Pudding or Gel, 4-Packs (exp 9/21)
.75/1 Snack Pack Super Pudding, 6-Pack (exp 9/21)
\$1.50 off South Beach Diet Protein or meal bars, or 100 cal smoothies (exp 9/30)

\$1 off South Beach Diet snack bars (exp 9/30)

.75/1 Tennessee Pride Breakfast Sandwich box or bag (exp 9/21)

.75/1 Tree Top apple sauce pouches, 4-pk carton (exp 9/21)

\$3/1 Vidal Sassoon Hair Color, excl trial/travel size (exp 9/30)

\$1 off WoundSeal Powder (exp 9/30)

.75/1 YoCrunch Yogurt Kellogg's Cereal Bowl (exp 10/10)

\$1/2 Ziploc bags (exp 10/5)

\$1/2 Ziploc slider bags (exp 10/5)