

**coupon inserts for Courier-Tribune (Asheboro, NC)
and News & Record (Greensboro, NC)**

Redplum 8/17

\$1.50/4 Alpina greek yogurts (exp 9/30)

.50/1 Always Discreet adult bladder liners or pads (Target) (exp 10/17)

\$1 off Always Discreet adult bladder protection underwear (Target) (exp 10/17)

\$1 off Cat Chow Cat Chow bag, 3.15 lb + (exp 11/17)

\$2 off Garnier Nutrisse haircolor or color styler (exp 9/13)

\$2 off Gillette Clinical deodorant (exp 9/30)

.25/1 Heinz tomato ketchup, 32 oz + (exp 10/31)

.25/1 Heinz specialty or flavored tomato ketchup, 13-14 oz (exp 10/31)

\$1/1 Invisible glass cleaner (exp 10/17)

\$1/1 Hot Pockets or Lean Pockets sandwiches, 8-9 oz (exp 11/30)

.50/3 Hot pockets or lean pockets (exp 11/30)

\$3 off L'Oreal Advanced treatment or 25.4oz shampoo or conditioner (exp 9/13)

\$2 off L'Oreal Advanced hairstyle product , excl 1.7 oz (exp 9/13)

\$1 off L'Oreal cosmetics item (Walgreens manufacturer coupon) (exp 10/16)

\$1 off L'Oreal haircare item (Walgreens manufacturer coupon) (exp 10/16)

\$2 off L'Oreal haircolor item (Walgreens manufacturer coupon) (exp 10/16)

\$2 off L'Oreal skincare item (Walgreens manufacturer coupon) (exp 10/16)

\$1 off Lea & Perrins Worcestershire sauce, 10 oz (exp 10/31)

\$1/2 Luigi's Real Italian Ices, 24 oz + (exp 9/25)

\$1/1 marcal bath or towel (6 rolls+) or (2) small steps napkins (exp 9/27)

.55/1 Quaker protein baked bars or protein instant oatmeal (exp 9/30)

\$2 off Secret Clinical deodorant, 1.6 oz (exp 9/30)

\$3 off Secret Clinical deodorant, 2.6 oz (exp 9/30)

\$1 off Superpretzel soft pretzel item, excl 7-9 oz stand up bag (exp 9/25)

.50/1 Tide Simply Clean & Fresh, Era or Cheer 25oz+ detergent, Downy liquid fabric enhancer or Bounce sheets, excl trial size (exp 9/30)

\$1/2 Tide Simply Clean & Fresh, Era or Cheer 25oz+ detergent, Downy liquid fabric enhancer or Bounce sheets, excl trial size (exp 9/30)

\$10 off Zyrtec product, 70 ct + (exp 8/24)

\$4 off Zyrtec product, 25-30 ct (exp 9/13)

Smart Source 8/17

\$1.50/2 (8pks) Apple & Eve fruitables (exp 11/30)

\$1/2 Aussie shampoo, conditioner, or styling products (exp 9/30)

\$1/1 BC product 18ct+ (exp 11/17)

.55/1 Bimbo bread, 20-24 oz (exp 10/4)

\$1 off Blue Diamond chilled or shelf stable almondmilk, 32 oz + (exp 10/17)

\$1.00/2 Blue Diamond almond bags, 4 oz + (exp 10/17)

\$1.00/2 Blue Diamond nut thins, 4.25 oz (exp 10/17)

\$1 off Brut Classic fragrance or deodorant, excl Revolution 2.25 oz (exp 9/10)

\$1/5 Buddig original or cracker snackers packages, 2 oz (exp 11/15)

\$1.50 off Carnation Breakfast Essentials box, canister or multiplk. (exp 10/20)

\$1 off Clairol Aussie shampoo, conditioner or styling items (exp 9/30)

\$1 off Clairol Herbal Essences body wash, excl trial size (exp 9/30)

\$1/2 Clairol Herbal Essences shampoo, conditioner or styling items (exp 9/30)

\$4 off Claritin children's chewables, 20 ct + (exp 9/14)

\$3 off Claritin children's syrup 4oz+ or Reditabs 10ct (exp 8/31)

\$3 off Clear Care cleaning & disinfecting solution, 12 oz + (exp 9/30)

\$1 off Clearasil product (exp 9/27)

\$2 off Depend bed or seat protectors, 8 ct + (exp 9/27)

\$1 off Depend shields or guards for men (exp 9/27)

\$1 off Depend product (exp 9/27)

.50/1 (4) pack dole fruit squishems (exp 11/16)

\$5 off Dr. Scholl's custom fit orthotic inserts (exp 9/13)

\$1.50 off Dr. Scholl's Odor-X foot care item (exp 10/12)

\$1 off EAS product (exp 9/13)

\$3/2 Flintstones multivitamin supplement items, excl trial size (exp 11/30)

\$1 off Flintstones product, excl trial size (exp 10/26)

\$1/2 General Mills cereals (exp 9/27)

\$3 off GenTeal lubricant eye drop, gel or ointment (exp 9/30)

.75/1 Glade Automatic Spray refill (exp 9/20)

\$2 off Glade Automatic Spray Starter Kit (exp 9/20)

\$1/2 Glade Fall Collection items (exp 9/20)

.55/1 Glade Jar Candle (exp 9/20)

.75/1 Glade Plugins Scented Oil twin or (2) single refills (exp 9/20)

.55/1 Glade Wax Melts, excl warmer (exp 9/20)

.55/1 Glade Premium Room Spray (exp 9/20)

\$1/1 Goody's powder 16ct+ or Headache relief shot (exp 11/17)

\$1/3 Hartz Delectables cat treats (exp 10/11)

\$1 off Hartz multi-cat strong cat litter (exp 10/11)

\$1/2 Herbal essences shampoo, conditioner styling products (exp 9/30)

\$1/1 Herbal essences body wash (exp 9/30)

\$1/3 Hershey's, Kisses, Rolo, Reese's or Kit Kat Minis, 8.55 oz+ (exp 10/12)

\$1/2 Hormel Rev Wraps (exp 10/6)

\$5 off ICAPS eye vitamins (exp 9/30)

\$5 off insync natural probiotic (exp 10/31)

.75/1 Jennie-O lean ground turkey (exp 10/13)

.50/1 Kaboom shower guard cleaner (exp 10/31)

.50/1 kaboom shower, tub & tile, foam-tastic, no drip foam or blowblaster cleaners (exp 10/31)

\$2/1 Kerasal foot therapy (exp 9/30)

.75/1 Kraft mayo or Miracle Whip dressing, 22 oz + (exp 9/20)

.55/1 Kraft A.1. sauce 10oz+ or dry rub (exp 9/28)

\$1/2 La Victoria salsa, 12 oz + (exp 10/13)

\$1/2 La Victoria salsa or taco sauce , 12 oz + (exp 10/13)

\$10 off Little People Wheelies City Skywalk purchase, \$30 + (exp 9/30)

1.00/2 Maruchan Bowl (exp 10/15)

1.00/2 Maruchan Yakisoba item (exp 10/15)

.55/1 Mrs. Butterworth's syrup (exp 11/30)

.50/1 Murphy's oil soap wipes or liquid (exp 9/6)

.55/1 Nature's Harvest bread, 20-24 oz (exp 10/4)

\$1 off Nutella Hazelnut spread, 13 oz + jar (exp 10/15)

\$3 off Opti-Free product, 10 oz + (exp 9/30)

\$1.50 off OxiClean Extreme Power Crystals dishwasher detergent (exp 9/27)

\$1 off OxiClean White Revive stain remover, liquid or power paks (exp 9/28)

.50/1 OxiClean Pre-treater (exp 9/28)

\$8 off Oxytrol for Women 8 patches/32-day supply (9/27) (exp 9/27)

\$4 off Oxytrol for Women item (exp 9/27)

\$4/2 Pantene shampp or conditioner (exp 8/31)

\$2/1 Pantene styler or treatment (exp 8/31)

\$1.50/2 Poise pads or liners (exp 9/27)

\$1 off Poise pads or liners (exp 9/27)

\$1.50 off Poise Ultimate long pads (exp 9/27)

\$1 off Precious Galbani Stringsters or Sticksters, 10 oz + (exp 10/31)

\$4 off PUR faucet mount or pitcher (exp 10/31)

\$3 off PUR filter multi-pack (exp 10/31)

.50/1 Reach toothbrush, excl Crystal Clean (exp 12/31)

\$1/2 Revlon Colorsilk, Luminista or Frost 'n Glow (exp 9/20)

\$1 off Revlon Luxurious Silk Buttercream (exp 9/20)

\$1/1 Sorrento galbani stringers or stickster snack (exp 10/31)

\$2 off Starbucks VIA instant beverage, 5 ct + (exp 9/30)

\$1 off Sure product, 2.6, 2.7 or 6oz (exp 9/10)

\$3 off Systane lubricant eye drop formula , 2×10 ml twin pack (exp 9/30)

\$1 off Texas Pete Chai (exp 11/30)

\$1/2 Welch's fruit snacks, fruit n yogurt snacks or PB&J snacks (exp 9/27)

.50/1 White Castle microwaveable hamburgers, 6 or 16 ct (exp 10/4)

\$1/4 White Castle microwaveable chicken sandwiches or (6) jalapeno cheeseburgers (exp 10/4)

\$1 off Wonka Peel-A-Pop frozen dessert pops, 8 ct (exp 9/30)

Food Lion store coupon:

\$2/1 Huggies big pack (exp 12/1)

\$1/2 Huggies wipes (exp 12/1)