

Lakeland Ledger coupon inserts

Red Plum delivered by mail

Smart Source 9/7

\$1 off Afrin nasal spray (exp 10/4)

\$3 off Afrin nasal spray (exp 9/14)

-\$1/2 Atkins bars, treats or shakes (exp 11/30)

-\$1/2 Atkins frozen entrees (exp 11/30)

-\$1/2 Aunt Jemima frozen waffles, pancakes or french toast (exp 10/31)

\$1 off Barber Foods product (exp 12/31)

\$3 off Bausch+Lomb OcuVite (exp 11/30)

\$3 off Bausch+Lomb OcuVite Lutein 25 (exp 11/30)

\$1/4 Campbell's chunky soups chilis & bowls (exp 10/31)

.40/4 Campbell's Condensed Chicken noodle, tomato or cream of mushroom soup (exp 10/31)

.40/2 Campbell's condensed soups excluding chicken noodle, tomato or cream of mushroom (exp 10/31)

.40/2 Campbell's SpaghettiOs pasta (exp 11/15)

-\$2 off Claritin children's syrup 4 oz+, or Reditabs 10 ct+ (exp 10/5)

-\$3 off Claritin children's syrup 4 oz+, or Reditabs 10 ct+ (exp 9/14)

-\$4 off Claritin regular or children's chewables printable (exp 10/5)

-\$6 off Claritin regular or children's chewables printable (exp 9/14)

-\$4 off Claritin-D product printable (exp 10/5)

-\$8/2 Dr. Scholl's insoles purchase, \$7.95 + (exp 9/30)

-\$3 off Dr. Scholl's Massaging Gel insoles, Odor-X Ultracool insoles, Active Series, P.R.O. pain relief orthotics or Dreamwalk insoles (exp 9/30)

.50 off Energizer batteries (exp 10/4)

\$3 off Ensure Active, 4-pk (exp 11/2)

\$3/2 Ensure multi-pk (exp 11/2)

\$3 off Enzymatic Therapy Probiotic Pearls (exp 12/31)

\$.50/2 Hershey's Reese's Pieces or Peanut Butter Cup minis, Hershey Milk Chocolate or Cookies 'N Creme Drops, York, Kit Kat or Rolo Minis stand-up bags, 8-10.5 oz + (exp 11/2)

\$1 off Miralax 10 ct or 14 dose (exp 10/19)

\$3 off Miralax 30 dose + (exp 10/19)

-\$1 off Motrin IB or PM items, excl trial size (exp 10/4)

-\$3/2 Motrin IB or PM items, excl trial size (exp 10/4)

\$2 off Nature's Way Alive! multivitamins (exp 12/31)

.40/2 Prego Italian sauces (exp 10/31)

\$1/3 Oikos Chocolate or Caramel on Top cups, 5.3 oz (exp 11/7)

-\$1 off OxiClean Extreme Power Crystals dishwasher detergent (exp 10/18)

\$3 off Oxytrol (exp 10/18)

.40 off Pepperidge farm frozen bread or rolls (exp 11/2)

.40 off Pepperidge farm frozen bread or rolls (exp 11/2)

\$4 off Premier protein shake 4 pack or smoothie (12/7)

\$1/2 Premier protein bars, crisp or fiber bars (exp 12/7)

-\$1 off Rachael Ray Nutrish dog treats (exp 12/7)

-\$1.50 off Rachael Ray Nutrish dry cat food, 3 lb. + (exp 12/7)

-\$2 off Rachael Ray Nutrish dry dog food, 4 lb. + (exp 12/7)

-B2G1 Rachael Ray Nutrish wet cat food, 2.8 oz (exp 12/7)

-\$2 off Schick Xtreme3, ST2 or ST3, Slim Twin or Quattro for men disposable razor, excl 2-ct, 10+2 ct, Hydro 5 and women's disposables (exp 10/5)

-\$2 off Schick Xtreme3, ST2 or ST3, Slim Twin or Quattro for women disposable razor, excl 2-ct, 10+2 ct, Hydro Silk and men's disposables (exp 10/5)

\$5 TARGET giftcard Sharpie, PaperMate, Expo, Uniball, Mr Sketch purchase, \$25+ (Target coupon) (exp 9/30)

\$1/2 Spam products, 12 oz (exp 11/3)

\$1.50 off Starbucks K-Cup pack, 10-16 ct (exp 10/7)

\$1 off Starbucks VIA instant beverage, 4 ct + (exp 10/7)

\$5 off Tena product (exp 9/21)

\$1 off Trident seafoods (exp 12/31)

\$1/2 Twizzlers or Jolly Rancher Bites, 10 oz bags (exp 11/2)

.50 off V* V-Fusion 46 oz bottle (exp 11/16)

\$1/2 V 8 Splash 64 oz + (exp 11/16)

Smart Source 9/7

-.50/1 Air Wick Aroma Sphere (exp 10/5)

-\$2 off Air Wick Candles or Wax Melts (exp 10/5)

-\$1.50/2 Air Wick Freshmatic Ultra refills (exp 10/5)

-\$1 off Air Wick Freshmatic Ultra starter kit or Gadget only pack (exp 10/5)

-\$1 off Air Wick Scented Oil twin refill or (2) single refills (exp 10/5)

\$1 off Barber Foods (exp 12/31)

-.55/2 Barilla blue box pasta (exp 11/1)

-.75/1 Barilla pasta sauce jar (exp 11/1)

\$3 off Bausch+Lomb Ocuvite (exp 11/30)

\$3 off Bausch+Lomb Ocuvite Lutein 25 (exp 11/30)

- \$1/5** Betty Crocker Helper or Ultimate home cooked skillet dishes (exp 11/1)
- .50/2** Betty Crocker potatoes box or pouch, excl Buds (exp 11/1)
- \$2 off** Bio-Oil product (exp 12/31)
- \$1 off** California Olive Ranch extra virgin olive oil (exp 11/30)
- .50 off** Cliff MOJO single or multi pack bars (11/2)
- .60/1** Daisy cottage cheese (exp 11/30)
- \$1/3** Dannon Oikos choc or carmel on top 5.3 oz cups (exp 11/7)
- \$1 off** Davidson's Safest Choice eggs (exp 10/19)
- \$1 off** DulcoGas product, 18 ct+ (exp 11/30)
- \$1 off** Dulcolax or Dulcoease 25 ct+ or Dulcolax suppository 4 ct + (exp 11/30)
- \$3 off** Ensure Active 4 pack (exp 11/2)
- \$3/2** Ensure multipacks (exp 11/2)
- .75/1** General Mills Cheerios Protein cereal (exp 10/18)
- .50/2** General Mills Nature Valley Granola Bars 5 ct, Granola Thins, Soft-Baked Oatmeal Squares or breakfast biscuits, OR Fiber One Chewy Bars, 90 Calorie products, Protein Chewy Bars or Streusel bars (exp 11/1)
- \$1.50 off** Glucerna bar multipack (exp 11/2)
- \$3/2** glucerna multipack shakes (exp 11/2)
- \$1/2** Hershey's Reese's Pieces or Peanut Butter Cup minis, Hershey Milk Chocolate or Cookies 'N Creme Drops, York, Kit Kat or Rolo Minis stand-up bags, 8-10.5 oz + (exp 11/2)
- \$4 off** Lysol Automatic hand soap dispenser (10/7)
- \$1/2** Lysol touch of foam hand soaps (exp 10/7)
- \$2 off** Mucinex Allergy item (exp 10/19)
- \$7 off** Mucinex Allergy item, 30 ct + (exp 9/14)
- \$2 off** Natures Way Alive multi vitamin (12/31)
- .60/1** New York Brand garlic bread (exp 11/5)
- .50/1** Old El Paso Bold Nacho Cheese Flavored Stand 'N Stuff Tach Shells or dinner kit (exp 11/1)
- \$1 off** Old El Paso frozen entrees (exp 11/29)
- \$1/3** Old El Paso products, excl refrigerated, frozen or soup items (exp 11/1)
- \$1 off** Pedia Care product (exp 11/1)
- .35 off** Polaner All Fruit Spread (exp 10/31)
- \$3 off** Probiotic Pearls (exp 12/31)
- .75/1** Progresso chili pouch (exp 11/1)
- .50/2** Progresso products, excl pasta bowl (exp 11/1)
- \$2 off** Purina Beggin' Party Poppers pig head cannister or refill (exp 12/7)
- B1G1** Purina Beneful dog snack, up to \$4.49 (exp 12/7)
- \$1/24** Purina Friskies cat food cans, (2) 12 ct or (1) 24 ct variety pk. (exp 12/7)

- \$1 off** Purina Friskies grillers (exp 12/7)
- \$2 off** Resolve Carpet Cleaner Machine Colution, 60 oz (exp 10/19)
- \$1 off** Resolve Deep Clean Power item (exp 10/19)
- .50/1** Resolve Stain Remover or High Traffic Foam item (exp 10/19)
- \$2 off** Schiff Move Free item (exp 12/6)
- \$4 off** Schiff Move Free Ultra Triple Action (exp 12/6)
- \$1.50 off** Starbucks k-cups pack 10 or 16 ct (exp 10/7)
- \$1 off** Starbucks VIA instant beverage 4 ct (exp 10/7)
- \$1/2** Spam 12 oz products (exp 11/3)
- \$2 off any Stopain (exp 11/30) Walgreens**
- \$5 off** Tena product (exp 9/21)
- \$1/2** Twizzlers or Jolly Rancher Bites, 10 oz bags (exp 11/2)
- .75 off** Tyson Anytizers (exp 12/7)
- \$1/2 Valley Fresh products (exp 11/3)**
- \$1 off WoundSeal (exp 10/31)**
- \$4/1** Zantac product, 24 ct+ (exp 11/30)