

Coupon Variation for The Post and Courier for 9/14 below. This weekend you will have (2) coupon inserts in your newspaper! Be on the lookout for:

(1) Redplum

(1) Smart Source

Click below to see all the coupons:

Redplum 9/14

\$1 off Alka-Seltzer Plus item, excl antacid (exp 10/26)

\$2 off Alka-Seltzer Plus Sinus item, excl antacid (exp 10/26)

[.50/1 Altoids tin, 1.2-1.76 oz \(exp 12/14\)](#)

[.45/1 Angel Soft bath tissue \(exp 10/14\)](#)

[.35/1 Angel Soft Facial Tissue Item \(Exp 10/14\)](#)

[\\$1 off Angel Soft w/ fresh lavender scent, 12 rolls+ \(exp 10/14\)](#)

\$1 off Bayer aspirin, 20 ct.+ (exp 10/26)

[\\$1 off C&H quick dissolve superfine or pourable brown in a flip-top \(exp 11/30\)](#)

[.50/1 Cheer or Era detergent, 25 oz+ \(exp 10/31\)](#)

\$1 off Clairol Herbal Essences body wash, excl trial size (exp 10/31)

\$1.50 off Crest Sensi-Relief, Namel or Repair and Prevent paste (exp 10/31)

\$3 off Crest Sensi-Stop, 6, 10 or 12 ct. (exp 10/31)

[\\$1 off Degree Dove Men+Care or AXE deodorant products \(Exp 11/8\) FOOD LION](#)

[\\$1 off Disney Marvel gummy vitamin \(exp 10/29\)](#)

[\\$1 off Domino quick dissolve superfine or pourable brown in a flip-top \(exp 11/30\)](#)

[\\$1 off Dove Men+Care Body Wash or AXE Shower Gel excl. trial and travel size FOOD LION Exp 11/8\)](#)

[\\$2 off Ester-C product \(exp 10/14\)](#)

\$1/2 Febreze products, excl trial size (exp 10/31)

[.40/1 Fleischmann's Yeast product \(Exp 10/11\)](#)

[\\$1 off Fleischmann's Simply Homemade mixes \(Exp 10/11\)](#)

[.55/1 Florida Crystals natural cane, organic or demerara sugar \(exp 12/31\)](#)

\$1.50/2 Gain detergents or fabric enhancers (exp 10/31)

\$3 off Gillette men's razor or disposable razor, excl trial size (exp 10/31)

\$3 off Gillette Venus refillable or disposable razor, excl trial size (exp 10/31)

[.75/1 Jimmy Dean or Jimmy Dean Delights Frozen Lunch or Dinner Entree \(exp 10/12\)](#)

[.75/1 Johnson & Johnson baby item, excl 1-4 oz \(exp 11/9\)](#)

[.75/1 Johnson & Johnson No More Tangles hair care item \(exp 11/9\)](#)

[\\$1 off L'Oreal Advanced hairstyle item, excl 1.7 oz trial size \(exp 10/11\)](#)

[\\$1 off L'Oreal eye item \(exp 10/11\)](#)

\$1 off L'Oreal eye shadow or liner (exp 10/11)
\$2 off L'Oreal haircolor item (exp 10/11)
\$2 off L'Oreal skincare item, excl trial size (exp 10/11)
\$3 off L'Oreal Visible Lift and Magic Perfecting Base (exp 10/11)
\$4/2 L'Oreal Advanced haircare shampoo, conditioner or treatment (exp 10/11)
.50/1 Libby's 100% pure pumpkin AND Carnation evaporated milk (exp 11/30)

\$1 off King Arthur Flour 5 lb bag (Exp 10/11)

.50/1 Mahatma or Water Maid rice (exp 12/31)
\$1.50/3 Mars fun size bags, 8.67 oz+ (exp 10/31)
.50/1 Minute Rice product (exp 12/6)
.50/1 Mr. Clean Liquid Muscle liquid or spray, excl trial size (exp 10/31)

\$2 off Nature's Bounty product (Exp 11/14)

\$2 off Nature's Bounty Hair Skin and Nail Product (Exp 11/14)

.50/1 Newman's Own pasta sauce (exp 10/25)
.50/1 Newman's Own salsa (exp 10/25)
.75/1 Newman's Own salad dressing (exp 10/25)
\$1 off Newman's Own complete skillet meal (exp 10/25)
\$1 off Newman's Own frozen pizza (exp 10/25)
\$1 off Newman's Own wine (exp 10/31)
\$1 off Olay body wash, excl trial size (exp 10/31)
\$2 off Olay bar soap, 4 ct.+ (exp 10/31)
\$3 off Oral-B nighttime dental guard (exp 10/31)
\$3 off Osteo Bi-Flex, 30-60 ct. (exp 10/14)
\$5 off Osteo Bi-Flex, 70 ct.+ (exp 10/14)

\$1/2 Pedigree Treats for Dogs (Exp 10/26)

\$1/2 Pure Protein single bars (exp 11/14)
\$2 off Pure Protein bar, value pk. (exp 11/14)
\$1 off Scope product, 250 mL+ (exp 10/31)
\$1 off Seventh Generation dish liquid (exp 11/14)
\$1 off Seventh Generation hand wash (exp 11/14)

B4G2 Sheba Premium Food For Cats (Exp 10/26)

\$1 off Silk half gallon (exp 10/18)
.50/1 Sparkle package, max 3 rolls (exp 10/14)
\$1 off Sparkle package, 6 rolls+ (exp 10/14)
\$1/2 Starburst fruit flavored candy corn bags, 12 oz+ (exp 10/31)
\$1/2 Starburst, Skittles or Life Savers fun size bags, 7.5 oz (exp 10/31)

\$1/2 Suave Men Body Wash Products excl. trial and travel size (FOOD LION) exp 11/8

\$1 off Tide PODS, Gain Flings or Fireworks, Downy Unstopables or Bounce Bursts, excl trial size (exp 10/31)

\$2.50/2 Tide PODS, Gain Flings or Fireworks, Downy Unstopables or Bounce Bursts, excl trial size (exp 10/31)

\$1 off Vaseline Intensive Care or Spray & Go product 6.5-20.3 oz FOOD LION exp 11/8

.55/1 Weight Watchers sweet baked good (exp 12/31)

Smart Source 9/14

\$2/2 Arm & Hammer liquid, powder or single dose detergent (exp 10/25)

\$1 off Benadryl oral item, 24 ct.+ (exp 11/3)

\$1 off Brookside chocolate, 7 oz+ (exp 11/23)

\$1 off Brookside chocolate, 7 oz+ (exp 11/9)

.40/2 Campbell's Homestyle soups (exp 11/8)

\$4 off Carmex Cold Sore Treatment (Exp 11/30)

\$1 off Clairol Aussie styler or hairspray, excl trial size (exp 10/31)

Free Clairol Herbal Essences conditioner or styler wyb shampoo (exp 9/28)

.75/2 Classico products (exp 10/31)

\$3 off Clear Care solution, 12 oz+ (exp 10/19)

\$2 off Colgate 360 Enamel or Optic White toothbrush + whitening (exp 9/20)

\$2 off Colgate Enamel Health or Sensitive, 4 oz+ (exp 9/27)

\$2 off Colgate mouthwash or mouth rinse, 32 oz+ (exp 10/11)

\$1 off Cooked Perfect meatballs (exp 11/30)

.50/2 Cottonelle toilet paper, 4 pks. or (1) 9 pk.+ (exp 10/26)

.75/1 Cottonelle upright dispenser (exp 10/26)

.75/1 Cottonelle Toilet Paper Double Roll 12 + (Exp 11/14) PUBLIX COUPON

\$5 off Dr. Scholl's Custom Fit Orthotic Inserts (Exp 10/26)

\$1/2 Dreamfields pasta packages (exp 11/15)

.35/1 Eggland's Best eggs (exp 12/14)

.75/1 Fiber One cereal (exp 10/25)

\$1 off General select energy efficient items (exp 11/12)

\$2 off General Electric LED lighting item, \$15+ (exp 11/12)

\$2 off GenTeal formula (exp 10/19)

\$2 off Huggies Goodnites tru-fit starter pk. (exp 10/11)

.50/1 Huggies baby wipes, 32 ct.+ (exp 10/11)

\$1.50 off Huggies diapers (exp 10/11)

\$1.50 off Huggies Little Snugglers, Little Movers or Overnites (exp 10/11)

.50/1 Irish Spring regular or Gear bar soap, 6 pk.+ (exp 10/4)
.50/1 Irish Spring regular or Gear body wash, excl 2.5 oz (exp 10/4)
\$1/2 Johnsonville Italian sausage (exp 10/31)
\$3 off Kerasal nail fungal renewal treatment tube, 10 mL (exp 10/13)
.50/1 Kleenex hand towels (exp 10/25)
.50/3 Kleenex boxes, 50 ct. or (1) bundle pk., excl trial size (exp 10/25)
\$1/2 Kleenex facial tissue 50 ct. + PUBLIX COUPON (exp 11/14)
.50/1 Kotex U item, excl trial size (exp 10/25)
\$1/2 Kotex Natural Balance, Lightdays or Security pads & tampons (exp 10/25)
\$1 off Lancaster Soft Cremes, 8 oz (exp 11/9)
\$1.50 off Naphcon-A allergy drops, 15 ml + (exp 10/19)
.40/1 Olive Garden dressing, 16 oz (exp 12/31)
.50/1 Palmolive liquid dish soap (exp 10/4)
\$2 off Pantene styler or treatment, excl trial size (exp 10/31)
\$3/2 Pantene products, excl trial size (exp 10/31)
.40/1 Pepperidge Farm sandwich bread or buns in the fresh bread section (Exp 11/23)
.40/1 Pepperidge Farm swirl bread or bagels (Exp 11/23)
\$10 off Philips Sonicare rechargeable toothbrush (exp 10/31)
\$15 off Philips Sonicare DiamondClean, Flexcare or Airfloss (exp 10/31)
\$3 off Philips Sonicare Powerup toothbrush or brush head, 3 pk. (exp 10/31)
\$4 off Philips Sonicare brush head, multi-pk, excl brush heads (exp 10/31)
.50/1 Pillsbury Ready To Bake Melts! cookies (exp 12/6)
.50/2 Pillsbury Toaster Strudel or Scrambles Pastries or pancakes (exp 12/6)
.65/2 Pioneer Gravy Mixes (Exp 12/31)
\$1/2 Pioneer Pancake or Baking Mix 32 oz + (Exp 12/31)
\$1 off Play-Doh purchase, \$2.50 + (exp 10/11)
\$5 off Play-Doh Launch Game, sku# A8752 (exp 10/11)
.50/1 Pledge furniture care item (exp 10/25)
\$1.50 off Pledge floorcare item (exp 10/25)
\$1 off Revlon Luxurious Colorsilk Buttercream (exp 10/18)
\$1/2 Revlon Colorsilk, Luminista or Frost & Glow (exp 10/18)
\$1/2 Rubbermaid TakeAlongs (exp 1/25/2015)
.75/6+ Scott towel rolls (exp 10/11)
\$1/8+ Scott bath tissue rolls (exp 10/11)
.50/1 Scott Naturals flushable cleansing cloths, tub or refill (exp 10/11)
.50/1 Scrubbing Bubbles all purpose cleaner w/ fantastik (exp 10/25)
.50/1 Scrubbing Bubbles bathroom cleaning item (exp 10/25)

.50/1 off Scrubbing Bubbles toilet cleaning item (exp 10/25)

.50/1 Shout product, excl trial size (exp 10/25)

\$2 off Similac Ready-to-Feed, 32 oz (exp 12/7)

\$5 off Similac Simplepac, 1.38 lb. + (exp 12/7)

.75/1 Smithfield Anytime Favorites (exp 10/31)

.35/1 Softsoap liquid hand soap pump, 7.5 oz (exp 10/4)

.50/1 Softsoap liquid hand soap pump, 8 oz + or refill, 28 oz + (exp 10/4)

.75/1 Softsoap body wash, 12 oz + (exp 10/4)

\$1 off Sudafed regular, PE or children's item (exp 10/14)

\$2 off Sudafed regular, PE or children's item (exp 9/21)

\$1/2 SunMaid yogurt raisins or yogurt covered dried fruit pkg (exp 12/13)

\$3 off Systane lubricant eye drops formula, 10 mL + (exp 10/19)

\$1 off Tree Top Fruit Full 100% fruit smoothie, 46 oz (exp 10/26)

\$3 off Ultimate Flora product (exp 11/30)

.50/1 Viva regular or Vantage paper towels (exp 10/26)

.75/1 Viviva Towels Bundle Pack 6 pk + (Exp 11/14) PUBLIX COUPON

.50/1 Welch's PB&J Snacks, 8 ct. (exp 10/25)

\$1 off Welch's fruit snacks AND PB&J snacks, 8, 10, 22, 40 or 6ct (exp 10/25)

.50/1 Windex product (exp 10/25)

.75/1 Windex Touch-Up Cleaner (exp 10/25)

\$4 off Zyrtec product, 12 ct. (exp 10/3)

\$6 off Zyrtec, 12 ct.+ AND Benadryl, 24 ct.+ (exp 11/3)