

Coupon Variations for the Post and Courier 5/3 below. This weekend you will have (4) coupon inserts in your newspaper!

(1) Proctor & Gamble

(1) RedPlum

(2) Smart Source

Proctor & Gamble 5/3

(expire 5/30 unless marked, all excl trial size)

\$1 off Always Discreet liners or pads, excl trial size

\$1 off Always Discreet underwear, excl trial size

\$2/2 Always pads, 12 ct. +, pantliners 30 ct. +, or feminine wipes, excl Discreet, excl trial size

.25/1 Cascade Actionpacs, excl trial size

.50/1 Cascade Rinse Aid, excl trial size

.25/1 Charmin or Bounty or Puffs products, excl single rolls, excl trial size

.75/2 Charmin or Bounty or Puffs products, excl single rolls, excl trial size

\$1.50/3 Charmin or Bounty or Puffs products, excl single rolls, excl trial size

\$2 off Clairol hair color box, excl Age Defy and trial size

\$5/2 Clairol hair color boxes, excl Age Defy, Balsam, Textures & Tones and trial size (exp 5/17)

\$1 off Clairol Herbal Essences body wash, excl trial size

\$3/2 Clairol Herbal Essences shampoos, conditioners or stylers, excl trial size

\$1 off CoverGirl product, excl accessories and trial size

\$1.50 off Crest and Oral-B 3D White Whitening Duo or Sensi-Care Combo Pack, excl trial size

\$1 off Crest rinse 237 mL +, or Pro-Health For Me or Jr. rinse 500 mL, excl trial size

\$3 off Crest Sensi-Stop 6-12 ct., or Pro-Health HD 2-step system, excl trial size

\$1 off Crest toothpaste 3 oz + or Liquid Gel, excl Cavity, Baking Soda, Tartar Control and trial size

.50/1 Duracell Coppertop, Quantum, Ultra Photo Lithium, Specialty or Rechargeable batteries, charger, or hearing aid batteries 6 pk.+, excl trial size

.50/1 Febreze product, excl trial size

\$1.50/2 Febreze products, excl trial size

\$2 off Gillette Clinical or Twin Pack, excl trial size

\$1 off Gillette deodorant or body wash, excl trial size

\$2 off Gillette Fusion shave gel, excl trial size

\$3 off Gillette male razor, excl trial size

\$1 off Gillette Satin Care or Venus shave gel, excl 2.5 oz and trial size

\$3 off Gillette Venus razor, excl disposables and trial size

\$1/2 Head & Shoulders full size products, 380 mL or 12.8 oz +, excl treatments and trial size

\$1/2 Luvs bags, or (1) box, excl trial size

\$1 off Meta MetaBiotic product, excl Meta Health Bar 1 ct. and trial size

\$1 off Meta Health Bars, Fiber Singles, Capsules or Wafers, excl Meta Health Bar 1 ct. and trial size

\$1 off Meta MetaMucil product, excl Meta Health Bar 1 ct. and trial size

.75/1 Mr. Clean liquid, spray or Liquid Muscle, excl trial size

.75/1 Mr. Clean Magic Eraser, excl 1 ct. and trial size

Free Olay (1) facial cleanser, up to \$6, WYB (1) Pro-X or Regenerist facial moisturizer, excl trial size (exp 5/17)

\$1 off Olay body wash, bar soap 4 ct. +, or hand & body lotion, excl trial size

\$1 off Olay facial moisturizer or facial cleanser, excl Pro-X, Regenerist, Total Effects and Age Defying, and trial size
 \$2 off Olay Total Effects or Age Defying facial moisturizer, excl trial size
 Free Old Spice (1) bar soap, up to \$4, WYB (2) products, excl trial size
 \$2 off Old Spice body spray, excl trial size
 \$1/2 Old Spice products, excl trial size
\$2 off Oral-B adult battery toothbrush, excl trial size
 \$1 off Oral-B Glide Floss, 35 M +, or Glide Floss Picks 30 ct. +, excl trial size
 \$1 off Oral-B Pulsar, 3D White, Pro-Health, Complete or Sensi-Soft, or (2) Indicator or Cavity toothbrushes, excl trial size
\$3 off Oral-B Replacement Brush Heads, 2 ct. +, excl trial size
\$5 off Oral-B Vitality Electric toothbrush, excl trial size (exp 5/17)
 \$3/2 Pampers bags or (1) box diapers or pants, excl trial size
 \$1 off Pantene Expert Collection item, excl trial size
 \$2/2 Pantene products – must include shampoo and conditioner or styler, excl trial size
 \$5/3 Pantene products – must include shampoo and conditioner or styler, excl trial size
 \$2 off Pantene styler or treatment, excl trial size
 \$6/2 Prilosec OTC, 42 ct., excl trial size (exp 5/17)
 \$5/2 Secret Clinical deodorants, excl .5 oz and trial size (exp 5/17)
 .50/1 Swiffer refill, solution or Dust & Shine, excl trial size
 \$1.50/2 Swiffer refills, solutions or Dust & Shine, excl trial size
 \$1 off Swiffer Sweeper or Duster Starter Kit, excl trial size
 \$3 off Swiffer Wetjet, Sweep & Trap or SweeperVac starter kit, excl trial size
 \$2/2 Tampax Pearl or Radiant tampons, 16 ct. +, excl trial size
 .50/1 Tide Boost, To Go, Washing Machine Cleaner, or Downy or Bounce, excl Downy Libre Enjuague and Unstopables, Bounce Bursts and trial size
\$2 off Tide detergent, 40 oz. +, excl Simply Clean & Fresh, Simply Clean & Sensitive and trial size
 \$1/2 Tide detergents, Boost, To Go, Washing Machine Cleaner, Downy or Bounce, excl Tide detergent 10 oz, Simply Clean & Fresh, Simply Clean & Sensitive or PODS, or Downy Libre Enjuague or Unstopables, Bounce Bursts and trial size
 \$2/3 Tide detergents, Boost, To Go, Washing Machine Cleaner, Downy or Bounce, excl Tide detergent 10 oz, Simply Clean & Fresh, Simply Clean & Sensitive or PODS, or Downy Libre Enjuague or Unstopables, Bounce Bursts and trial size
 \$5 off Vicks QlearQuil 24 hour allergy, 30-45 ct., excl Nighttime Allergy and Sinus & Congestion, and trial size (exp 5/17)
 \$2 off Vicks QlearQuil item, excl trial size
 \$2 off Vicks ZzzQuil item, excl trial size
 \$3 off Vicks ZzzQuil Sleep Enhancer, excl trial size (exp 7/31)
 \$3 off Vidal Sassoon Salonist hair color, excl Pro Series and trial size

RedPlum 5/3

\$2 off Act Advanced Care, excl trial size (exp 6/30)
 \$1 off Act product, excl trial size (exp 6/30)
 \$3 off Adams regular or Plus flea or tick control (exp 9/30)
\$2 off Advil Allergy & Congestion Relief, Congestion Relief, Cold & Sinus, or Allergy Sinus item (exp 8/3)
\$1 off Advil regular 40 ct. +, PM 20 ct. +, Children's 1 oz. +, Junior strength 24 ct. +, or Thermacare 2 ct. +

(exp 8/3)

\$1 off all product, excl trial size (exp 6/14)

.50/1 Altoids tin, smalls tin or arctic tin, .37-1.76 oz (exp 8/2)

\$2 off Aveeno Daily Moisturizing Lotion Sheer Hydration (exp 6/30)

\$1.50 off Axe White Label dry deodorant, excl trial size (exp 5/31)

.35/1 Blue Ribbon products (Exp 8/31)

\$1 off Centrum multivitamin, or Caltrate product (exp 8/3)

.50/2 Chapstick product (exp 8/3)

\$1 off Cortizone 10 product (exp 6/27)

\$3/2 Cortizone 10 products, 1.5 oz + (exp 6/27)

\$1.50 off Degree For Men dry deodorant, excl trial size (exp 5/31)

\$1 off Degree For Women Motionsense or Ultra Clear deodorant, excl trial size (exp 5/31)

\$1.50 off Dove Advanced Care deodorant, excl trial size and Men+Care (exp 5/31)

\$1 off Dove Beauty Bar 6 ct. +, excl trial size and Men+Care (exp 5/31)

\$1 off Dove body wash, 22 oz +, excl trial size, twin packs and Men+Care (exp 5/31)

\$2 off Dove hair care item, excl trial size and Men+Care (exp 5/31)

\$1.50 off Dove Men+Care dry spray deodorant, excl trial size (exp 5/31)

\$1 off Dove whole fruit dipped in dark chocolate, 6 oz. bag, or Promises Silky Smooth chocolate bag, 7.94-9.5 oz (exp 6/14)

\$1 off Finishing Touch Elite Personal Hair Remover (exp 6/30)

\$4 off Finishing Touch Yes! Professional Full Body Hair Remover (exp 6/30)

.55/1 Fiora bath tissue, 12 roll +, or paper towels, 6 roll + (exp 6/30)

.55/2 Fiora facial tissue (exp 6/30)

\$1 off Fungicure product (exp 7/31)

\$1/2 Hefty slider bags, 12 ct. + (exp 6/30)

\$7 off Icy Hot (1) Smart Relief Therapy Kit AND (1) refill kit (exp 7/31)

\$2 off Icy Hot Micro Patch or Aspercreme with Lidocaine, excl Icy Hot back patch, 1 ct. (exp 7/31)

\$1 off Icy Hot or Aspercreme, Capzasin, Sportscreme, Arthritis Hot or Flexall product, excl Icy Hot 1 ct. (exp 7/31)

\$2 off Konsyl Original formula, 450 g (exp 12/31)

\$3 off L'Oreal Preference Glam Lights haircolor (exp 5/30)

\$2 off L'Oreal Preference haircolor, excl Mousse Absolue (exp 5/30)

\$5 off L'Oreal Preference Mousse Absolue haircolor (exp 5/30)

\$1/3 Muller yogurt (exp 6/14)

\$1 off Nauzene products (Exp 9/30)

\$2 off Nexium 24HR product (exp 8/3)

\$2 off Noxzema 3-5 blade 3 ct. +, or (1) twin blade 12 ct. (exp 5/31)

\$1 off Noxzema skin care, excl trial size (exp 5/31)

\$4 off Osteo Bi-Flex Joint Health item (exp 6/1)

\$1.50 off Ponds product, excl trial size (exp 5/31)

\$1 off Preparation H product (exp 8/3)

.50/1 Pure Silk Shave Cream 8 oz (Exp 6/27)

\$1 off Purina Friskies dry cat food bag (exp 8/30)

.75/6 Purina Friskies wet cat food cans (exp 8/30)

B1G1 Roloids Advanced tablets, up to \$5.50, excl trial size (exp 5/30)

B1G1 Roloids tablet bottle 72 ct. + or liquid 12 oz +, up to \$5.50 (exp 5/30)

\$1.50 off Sally Hansen nail color purchase, \$3.19 + (exp 6/3)

\$1 off Sally Hansen nail treatment (exp 6/30)

\$2 off Simple moisturizer or cleanser, excl trial size and wipes (exp 5/31)

.50/1 Snuggle product, excl trial size (exp 6/14)

\$3/3 Unilever Breyer's Gelato Indulgences, Klondike, Magnum, Popsicle, Fruttare or Good Humor ice cream items, excl single serve, Popsicle 6-8 ct., or Breyers ice cream, frozen dairy dessert or novelties (exp 5/31)

Smart Source 5/3 #1 (maybe listed in #2)

\$4/2 Australian Gold Sun Care product 3 oz + (exp 7/5)

\$1 off Australian Gold Sun Care product 3 oz + (exp 7/5)

\$3/2 Aveeno body wash or hair care items, excl trial size (exp 6/30)

\$2 off Aveeno sun care, excl trial size (exp 6/30)

\$3 off Aveeno sun care, excl trial size (exp 5/10)

\$3 off Bausch+Lomb product (exp 6/30)

.75/3 Betty Crocker Hamburger Helper (exp 6/27)

\$3 off Bic Flex5, Flex 4, Flex 3, Comfort 3, Advance, Hybrid 3 Comfort or Hybrid 4 Flex razor, excl trial size (exp 5/31)

\$3 off Bic Soleil disposable razor, excl trial size (exp 5/31)

\$1 off Bon Appetit pizza (exp 6/30)

\$2 off Brita On The Go bottle (exp 6/30)

\$4 off Brita pitcher or filter, excl 1 ct. faucet mount or faucet mount filter (exp 6/30)

\$1/2 Brookside Chocolate bags, 4.2 oz + (exp 6/28)

\$1 off Brut Classic Fragrance or deodorant, excl 2.25 oz deodorant (exp 5/31)

\$1/2 Clorox bleach, excl 16 oz (exp 6/30)

.75/1 Clorox Oxi Max Radiant White or Clorox 2 Oxi Max Stain and Odor Remover (exp 6/30)

\$1 off Clorox 2 product, excl pen (exp 6/30)

\$1 off Dulco Dulcolax or Dulcoease 25 ct. +, Dulcolax suppositories 4 ct., or Dulcogas 18 ct. + (exp 6/30)

\$1.50 off Duraflame instant lighting charcoal (exp 7/5)

\$1 off Efferdent product, 24 ct. + (exp 6/1)

\$2 off Efferdent product, 48 ct.+ (exp 5/10)

\$1 off El Monterey Signature multipack (exp 6/14)

.75/1 El Monterey Taquito, 60 oz or smaller (exp 6/14)

\$2/2 Ensure multipacks (exp 6/28)

\$1 off Farmer John dinner sausage (exp 7/3)

\$1/2 Farmer John hot dogs (exp 7/3)

\$1 off Glad food protection item (exp 8/3)

Free Glade (1) PlugIns Scented Oil Warmer, up to \$1.50, WYB (1) PlugIns Scented Oil twin refill (exp 6/14)

Free Glade (1) Wax Melts refill, 6 ct., up to \$3.49, WYB (1) Wax Melts warmer (exp 6/14)

\$2 off Glade Automatic Spray Refill or Sense & Spray twin refill (exp 6/14)

\$3 off Glade Automatic Spray Starter kit (exp 6/14)

\$1.25/2 Glade jar candles (exp 6/14)

\$1.25 off Glade PlugIns twin oil refills or (2) single refills (exp 6/14)

\$1 off Glade product, excl solids and 8 oz room spray (exp 6/14)

\$1.25/2 Glade Wax Melts refills, 6 ct. + (exp 6/14)

\$1.50 off Glucerna bar, multipack (exp 6/28)

\$2 off Glucerna shake, multipack (exp 6/28)

\$2.50 off Got2B hair spray (exp 5/24)

\$2 off Got2B styling item (exp 5/24)

\$1 off Gray Away product for women or men (exp 5/31)

\$2.50/2 Jergens Natural Glow items (exp 6/6)

\$1 off Jergens Natural Glow items (exp 6/6)

\$1 off Ken's Caesar Dressing, 16 oz. (exp 6/30)

\$1/2 Ken's dressings, 16 oz (exp 6/30)

\$1/2 Ken's dressings, 9 oz (exp 6/30)

.75/1 Ken's Ranch or Italian dressing, 16 oz + (exp 6/30)

\$1 off Listerine Healthy White rinse, 16 oz + (exp 6/30)

\$1 off Listerine mouthwash, 1 L + (exp 6/30)

\$1.50 off McCafe grocery store coffee item (exp 6/13)

\$3 off Multi-betic Diabetes Multi-vitamins and minerals (exp 8/31)

\$1 off Miralax 10 ct. or 14 dose+ (Exp 6/14)

\$3 off Miralax 30 dose + (Exp 6/14)

\$5 off Miralax 30 dose + (Exp 5/10)

\$1/2 Nabisco Triscuits, 7.6 oz box (exp 6/14)

\$2 off Nature Made adult gummies, excl 30 ct. or less (exp 6/3)

\$2/2 Nature Made products, excl 30 ct. or less (exp 6/3)

\$2/2 Neutrogena body cleansing, cosmetic, facial moisture & treatment acne, or sun items (exp 7/31)

.55/1 Nexcare bandages (exp 7/31)

.55/1 Nexcare first aid tape (exp 7/31)

\$4 off PeroxiClear product, 12 oz + (exp 7/11)

\$8 off PeroxiClear twin pack (exp 7/11)

\$5 off Philips Sonicare brush head multi-pack, For Kids or Essence rechargeable toothbrush (exp 6/14)

.50/1 Pom antioxidant super tea (exp 6/30)

.50/1 Pom juice (exp 6/30)

\$1 off Purina Pro Plan cat snack, pouch (exp 8/31)

\$3 off Purina Pro Plan dog food (exp 7/27)

B2G1 Purina Pro Plan dog food cans or tubs, up to \$2.39 (exp 7/27)

\$2 off Purina Pro Plan dog snack (exp 7/27)

\$3 off Purina Pro Plan dry cat food, 3.2 lb. + (exp 8/31)

\$1/4 Purina Pro Plan wet cat food, cans (exp 8/31)

\$2 off Revlon Color Effects or Frost & Glow (exp 6/6)

\$1/2 Revlon Colorsilk (exp 6/6)

\$1/2 SPAM 12 oz products (exp 6/29)

.55/1 Sunbelt Bakery product (exp 6/30)

\$1 off Sure deodorant, 2.6, 2.7 and 6 oz (exp 5/31)

.75/1 Tree Hut Item (Exp 6/30)

\$4 off Zantac product, 24 ct. + (exp 6/30)

Smart Source 5/3 #2 (maybe listed in #1)

\$3 off Aleve product, 40 ct. +, excl D (exp 6/13)

\$5/2 Aleve products, 40 ct. +, excl D (exp 6/13)

Free Almay Makeup Remover WYB Almay Mascara or Eyeliner (Exp 5/17)

FREE Almay Makeup Remover WYB Almay Face product (Exp 5/17)

\$1 off Atkins bars, treats or shakes (exp 7/31)

\$1 off Atkins frozen entrees (exp 7/31)

\$2 off Bausch & Lomb ReNU Fresh or Renu Sensitive 12 oz (exp 7/3)

\$4 off Bausch & Lomb Renu fresh twin pack 2 x 12 oz (Exp 7/3)

.50/1 Cholula product, 5 oz (exp 6/28)

\$4 off Claritin chewables, 20 ct. + (exp 5/17)

\$3 off Claritin children's syrup 4 oz +, or Reditabs 10 ct. (exp 5/17)

\$5 off Claritin product, 30 ct. + (exp 5/31)

\$10 off Claritin product, 70 ct. (exp 5/17)

\$4 off Claritin D product, 15 ct. (exp 5/31)

\$4 off Claritin D product, 15 ct. (effective 6/1) (exp 6/30)

\$1 off Colgate 360 or Slim soft manual toothbrush, excl Plus, Triple Action, Extra Clean and Classic (exp 5/23)

\$2 off Colgate battery powered toothbrush (exp 5/23)

\$1 off Colgate mouthwash or mouth rinse, 8 oz + (exp 5/30)

\$1 off Colgate Total, Optic White, Enamel Health, Max Fresh or Sensitive toothpaste, 3 oz. + (exp 5/16)

\$1 off Don Francisco's coffee can (exp 6/13)

\$1.50 off Don Francisco's Family Reserve Coffee 10-12 oz bag, or single serve 12 ct. (exp 6/13)

\$5 off Dr. Scholl's Active Series replacement insoles purchase, \$7.95 + (exp 5/17)

\$5 off Dr. Scholl's Dreamwalk Express Pedi (exp 5/31)

\$3 off Dr. Scholl's Massaging Gel, Odor-X Ultracool, Pain Relief Orthotics and Dreamwalk Insoles purchase, \$7.95 + (exp 6/30)

\$3 off Enzymatic Therapy Probiotic Pearls (exp 7/31)

.55/2 Hormel chilli (exp 6/29)

\$1/2 Hormel Compleats microwave meals (exp 6/29)

.50/1 Hormel Natural Choice deli sandwich meat (exp 6/28)

\$1/2 Hormel Premium chicken breast items (exp 6/29)

\$1/2 Hormel REV wraps (exp 6/28)

\$2/1 Infusium 23 shampoo, conditioner or leave in treatment, excl 1.7 oz (exp 5/31)

.50/1 Irish Spring body wash, excl 2.5 oz trial size (exp 5/23)

\$1 off Irish Spring signature for men body wash or bar soap, or Irish Spring Gear body wash or bar soap, excl 2.5 oz body wash trial size (exp 5/23)

\$1/2 Lysol cleaning items (exp 6/15)

\$1 off Merci product, box (exp 6/30)

\$2 off Nature's Way Alive! multivitamins (exp 7/31)

.40/1 New York garlic bread (exp 7/10)

.40/1 New York Baked Croutons (Exp 7/0)

\$1 off Outshine frozen snacks, multi-pk. (exp 6/30)

.50/1 Pert Plus item, 13.5 oz+ (exp 5/31)
\$2 off Pert Plus item, 25.4 oz + (exp 5/31)
\$2 off Phazyme anti-gas softgels, 180 mg (exp 6/30)
\$2 off Phazyme anti-gas softgels, 180 or 250 mg (exp 8/31)
\$2 off Phazyme anti-gas softgels, 250 mg (exp 6/30)

\$1 off Pure Leaf 59 oz carafe (Exp 7/6)

.50/1 Rid X Septic System Treatment Product (Exp 6/15)

.75/1 Rid X Septic System Treatment product (exp 7/15)

.55/3 Rosarita beans (exp 6/14)

\$1 off Sauer's Griller or Rub (Exp 5/31)

\$1/2 Sauer's Marinades (Exp 5/31)

\$1.50 off Softsoap body wash, 12 oz (exp 5/23)

\$1 off Softsoap liquid hand soap pump, 8 oz+ (exp 5/23)

\$1/2 Spam products (exp 6/29)

\$1/2 Triscuit Crackers 7.6 oz + (exp 6/14)

B1G1 Speed Stick deodorant or body spray, up to \$4.29, excl .5-1.8 oz (exp 5/23)

.55/1 Welch's fruit 'n yogurt snacks (exp 6/13)

\$1/2 Welch's fruit snacks or PB&J snacks 8 ct. +, excl 80 ct. box (exp 6/13)