

Coupon Variations for the Post and Courier 1/31 below. You will get (4) inserts in your paper.

Be on the lookout for:

(3) RedPlum

(1) Smart Source

RedPlum 1/31 #1

\$1 off Advil or Dimetapp, children's or infants, or Children's Robitussin (exp 3/27)

\$1 off Advil regular or migraine or PM, or Thermacare, excl trial size (exp 3/27)

\$1 off Ball Park Flame grilled patties (Exp 3/13)

.55/1 Ball Park hot dog product (Exp 3/13)

\$1.50 off Carnation Breakfast Essentials Nutritional item, canister, box or multipack (exp 3/27)

\$1 off Centrum multivitamin or Caltrate product (exp 3/27)

\$1/2 ChapStick Hydration Lock, Dual-Ended Hydration Lock or Total Hydration items (exp 3/27)

.75/1 Chiquita Daybreak Fruit and Yogurt Smoothie (Exp 2/29)

\$2/2 Clairol Aussie shampoo, conditioner or styling items, excl trial size (exp 2/13)

\$3/2 Clairol Herbal Essences shampoo, conditioner or styling items, excl trial size (exp 2/13)

B2G1 DiGiorno pizzas, 10.6 oz +, up to \$6.70 (exp 2/8)

\$1 off Duracell Coppertop aa/aaa 8-pk., c4, d4, or 9v2, or larger, or Quantum aa/aaa 6-pk., c3, d3, 9v2, or larger (exp 2/27)

.50/1 Duracell rechargeable batteries, charger or hearing aid batteries, 6-pk.+, excl 1-ct. and trial size (exp 2/27)

.50/1 Eggland's Best cage free eggs (exp 4/30)

.50/1 Eggland's Best eggs (exp 4/30)

.55/1 Eggland's Best liquid whole eggs (exp 4/30)

\$1 off Emergen-C drink mix, 8-ct. (exp 3/27)

\$1.50 off Finishing Touch Lumina or Elite personal hair remover (exp 2/28)

\$3 off Flonase Allergy relief 60 spray (Exp 3/13)

\$5 off Flonase Allergy Relief 120 spray (exp 3/13)

\$1 off Glad Aluminum Foil 40 sq ft + (exp 3/31)

.55/1 Hillshire Farm Lit'l Smokies Cocktail Links or Smoked Dinner Sausage (Exp 3/13)

\$½ Keebler Crackers and/or Cheez-it Baked Snack Crackers (Exp 3/27)

.50/1 Mahatma or WaterMaid rice (exp 4/30)

\$2 off MicroTouch tough blade razor with cartridges (exp 2/28)

\$1 off Nexium 24HR item (exp 4/24)

\$7 off Nexium 24HR item, 42 ct. (exp 2/7)

\$2 off Noxema 5 or 4 blade, triple blade 4, 8 or 10ct or twin blade, 12-ct. (exp 2/28)

\$1.50 off Polident denture cleanser tablets, 84-ct. + (exp 3/2)

\$1 off Preparation H product (exp 3/27)

\$1/8 Purina Alpo wet dog food cans, 13.2 oz (exp 4/30)

\$1 off Purina Alpo wet dog food variety pack, 8-ct+ 13.2 oz (exp 4/30)

\$1 off Purina Beggin' dog snacks, 25 oz+ (exp 3/31)

\$1 off Purina Dog or Puppy Chow, 4 lb.+ (exp 5/1)

\$1.50/2 Purina dog snacks, 5.5 oz + (exp 3/31)

\$1/24 Purina Fancy Feast gourmet cat food cans, 3 oz (exp 4/30)

\$1/10 Purina Fancy Feast Medleys gourmet cat food cans (exp 4/30)

\$1/4 Purina Fancy Feast Purely wet cat food trays, 2 oz (exp 4/30)

\$1.50 off Purina Friskies cat treats, 16 oz + (exp 3/31)

\$1 off Purina ONE dry cat food, 3.5 lb+ (exp 3/31)

\$3 off Purina ONE Smartblend dry dog food (exp 4/30)

B2G1 Purina ONE wet cat food cans, 3 oz, up to \$.89 (exp 3/31)

Free Purina Purely tray up to \$1.49, WYB (24) gourmet food cans 3 oz (exp 4/30)

\$3 off Purina Tidy Cats Lightweight Clumping litter (exp 4/30)

\$1 off Rhodes Microwave Cinnamon Rolls (Exp 3/13)

\$1 off Robitussin or Advil Sinus Congestion & Pain, or Advil Allergy Relief item (exp 3/27)

.55/1 State Fair Corn Dog Product (Exp 3/13)

\$1 off Super Poligrip product, 2 oz + (exp 3/2)

\$1 off Wisk product (exp 3/13)

\$1 off Wright Brand Bacon (Exp 3/13)

Redplum 1/31 #2

\$2 off AXE deodorant stick or daily fragrance item, excl trial size (exp 2/28)

\$1 off AXE hair care item, excl trial size (exp 2/28)

\$1 off AXE shower gel 16 oz or detailer, excl trial size (exp 2/28)

.50/1 Best Foods mayonnaise item, 30 oz jar or 20 oz squeeze bottle (exp 2/28)

\$1 off Caress bar 6-pk.+, or body wash 12 oz +, excl trial size (exp 2/28)

\$1.50 off Copper Fit knee or elbow sleeve, Back Pro or socks (exp 2/28)

.35/1 Country Crock spread (exp 2/28)

\$1.50 off Degree Men dry spray, MotionSense or Extra Fresh deodorant item, excl trial size (exp 2/27)

\$1.50 off Degree Women dry spray, MotionSense or UltraClear deodorant, excl trial size (exp 2/27)

\$1 off Dove beauty bar, 4-pk.+, excl trial size and Men+Care (exp 2/27)

\$1 off Dove body wash, 22 oz +, excl trial size and Men+Care (exp 2/27)

\$3/2 Dove hair items, excl trial size and Men+Care (exp 2/27)

\$1 off Dove Men+Care body wash 13.5 oz +, or Active Clean Shower Tool, excl trial size (exp 2/28)

\$1 off Dove Men+Care deodorant, 2.7-3 oz, or Clinical Protection 1.7 oz, excl trial size (exp 2/28)

\$2 off Dove Men+Care face care item, excl trial size (exp 2/28)

\$2 off Dove Men+Care hair care or hair styling item, excl trial size (exp 2/28)

.50/1 Hellmann's Maynonaise produce 30 oz jar+ or 20 oz squeeze (Exp 2/28)

.75/1 Lipton tea bags, K-cup, liquid or powdered iced tea mix (exp 2/28)

..60/2 Lipton Recpie Secrets (Exp 2/28)

\$3/2 Simple or St. Ives, Ponds, or Noxzema face care items, excl trial size (exp 2/28)

.75/1 Suave body wash, 12 oz +, excl Professionals and trial size (exp 2/27)

\$3/2 Suave Professionals Gold hair care items, excl trial size (exp 2/27)

\$2/2 Suave Professionals shampoo or conditioner 28 oz, or treatment item, excl trial size (exp 2/27)

Free Vaseline (1) Intensive Care lotion, 10 oz or smaller, up to \$4.49, WYB (1) Intensive Care Lotion, 20.3 oz + (exp 2/14)

RedPlum 1/31 #3

\$1 off ACT product, excl trial size (exp 3/19)

\$10 off Allegra 24HR 70-ct., or Gelcaps 24HR 60 ct. (exp 2/7)

\$4 off Allegra 24HR, Gelcaps 24-ct. or allergy 30 ct., excl D (exp 2/13)

\$2 off Allegra D or children's item (exp 2/28)

.75/1 Bar-S sausage or hot link (exp 2/29)

\$1 off Cortizone 10 product, excl trial size (exp 3/19)

\$4 off Finishing Touch Yes! professional full body hair remover (exp 2/28)

\$1 off Garnier Fructis personal size shampoo, conditioner or styling item, 13 oz, excl trial size (exp 2/27)

\$2 off Garnier Fructis treatment, or shampoo or conditioner family size 25.4 oz or pump size 33.8 oz (exp 2/27)

\$2 off Garnier Nutrisse or color styler (exp 2/27)

\$3 off Garnier skincare item (exp 2/27)

\$1 off Gold Bond products, excl trial size (exp 3/19)

.75/1 Goodness Knows Snack Squares 5 ct (exp 3/13)

.25/1 Goodness knows snack squares single (exp 3/13)

\$1 off Icy Hot or Aspercreme, Capzasin, Arthritis Hot, Flexall or Sportscreme product, excl 1-ct. patch (exp 3/19)

\$6 off Icy Hot SmartRelief pain therapy kit AND (1) refill kit (exp 3/19)

\$1.50 off Kaopectate product, excl tablets 14-ct. (exp 3/19)

\$3 off L'Oreal 6-in-1 cleansing balm, Evercreme, Everpure or Evercurl (exp 2/27)

\$2 off L'Oreal Everstrong, Oleotherapy, Everpure, Evercurl, Eversleek or Evercreme shampoo or conditioner (exp 2/27)

\$10 off Nasacort allergy 24HR spray, 2×120 multi-pack (exp 2/7)

\$2 off Nasacort product (exp 3/19)

\$1.50 off New England Coffee Single Serve (Exp 3/31)

.75/1 Newman's Own salad dressing (exp 3/12)

\$3 off Okocat litter (exp 3/31)

B1G1 Okocat litter small boxes, up to \$8.99 (exp 3/31)

.50/1 Purex liquid or Powershot detergent, 30 oz + (exp 2/7)

\$1 off Purex liquid or Powershot detergent, 90 oz + (exp 2/7)

\$3/2 Roloids bottles 60 ct.+, or 12 oz + (exp 3/19)

\$1 off Unisom product (exp 3/19)

.50/1 Zatarain Rice or Pasta Dinner Mixes (Exp 3/13)

.50/1 Zatarain Frozen Entree (Exp 3/13)

Smart Source 1/31

\$1 off Air Wick Life Scents room mist (exp 2/28)

\$1 off Air Wick scented oil twin refill, or (2) single refills (exp 2/28)

Free Air Wick Scented Oil Warmer Gadget up to \$1.50, WYB scented oil twin refill (exp 2/28)

.25/1 Ajax dish liquid 25 oz +, or Auto Dish Pacs (exp 2/20)

\$2 off Alka-Seltzer product, 32 ct. + (exp 2/28)

\$3 off Bayer Pro Ultra Omega-3 item, excl aspirin (exp 2/7)

\$2 off Bayer Aspirin product 200 ct + (Exp 2/7)

\$1 off Bayer Aspirin product 50 ct+ (Exp 2/28)

\$1.50/3 Betty Crocker decorating items (exp 3/1)

\$1 off Black Forest Organic gummy (exp 3/31)

\$3 off Blink Revitalens multi-purpose disinfecting solution, 10 oz + (exp 3/7)

\$5 off Blink Revitalens multi-purpose disinfecting solution, 20 oz + (exp 3/7)

.55/2 Blistex Lip Care products (exp2/28)

\$1 off Blue Diamond almonds, 10 oz+ bag (exp 4/3)

\$1/2 Blue Diamond almonds, 4 oz + cans or bags (exp 4/3)

\$1 off Calgon Body Mist, Body Cream, Body WASH, Bath Bead, Bubble Bath or Epsom Salt (Exp 1/31)

\$1.50/3 Cake Mate decorating items (exp 3/1)

.50/1 Colgate adult or kids manual toothbrush, excl Plus, Extra Clean and Classic Clean (exp 2/21)

.50/1 Colgate toothpaste, 3 oz + (exp 2/14)

\$3 off Complete multi-purpose solution 12 oz +, Blink-N-Clean lens drops or Blink Contacts lubricating eye drops (exp 3/7)

\$1.50 off Cooked Perfect meatballs (exp 3/20)

\$2 off Coricidin HBP product (Exp 2/21)

.75/1 Daisy Squeeze sour cream (exp 3/27)

\$3 off Depend product, 8-ct. + (exp 3/12)

.75/2 Dole canned fruit (exp 3/31)

\$2 off Ensure High Protein, Clear or Light, multipack (exp 3/27)

\$2/2 Ensure multipacks (exp 3/27)

\$1 off Farmer John dinner sausage (exp 3/31)

\$1/2 Farmer John hot dogs (exp 3/31)

.50/1 Fiber One cereal (exp 3/12)

\$1 off Fisherman's Friend product (exp 2/7)

\$1/2 Fisherman's Friend products (exp 5/1)

\$5 off FreeStyle Precision Neo meter (exp 4/2)

.50/2 General Mills fruit flavored snacks from Betty Crocker, Mott's, Sunkist or Fiber One (exp 3/26)

.50/2 General Mills salty snacks or mixes from Chex Mix, Bugles or Gardetto's, 3.7 oz + (exp 3/26)

B2G1 Jose Ole burritos and chimichangas (exp 3/15)

\$1 off Jose Ole snack, 16 oz+ (exp 3/31)

\$1.50/2 Ka-Me products (Exp 3/27)

\$1 off Karoun Mediterranean Labne 16 oz (exp 4/30)

\$2 off Kerasal One Step Exfoliating Moisturizer Foot Therapy (Exp 3/31)

.55/1 Kikkoman product (exp 3/31)

.50/1 Minute rice (exp 3/31)

\$2 off Mucinex Fast Max item (exp 3/13)

\$2 off Mucinex product (exp 3/13)

.50/1 Nature Valley biscuits with almond butter or biscuits with peanut butter (exp 3/26)

.75/1 Nature Valley protein granola (exp 3/12)

\$1.50 off Nudges dog treats, 10 oz + bag (exp 3/1)

\$2 off One A Day product (exp 2/27)

\$1 off Oscar Mayer Selects dinner Sausage or Hot Dogs (Exp 3/27)

.75/1 Oscar Mayer Deli Fresh honey ham (exp 3/31)

\$1 off Pagoda snack items, 4.8 oz + (exp 3/31)

.40/2 Pillsbury regular or Grands! crescent dinner rolls (exp 4/23)

\$3 off Poise pads, liners or Impressa bladder supports, excl 14-26 ct. liners and 10 ct. pads (exp 3/12)

.50/2 Progresso products, excl pasta bowls (exp 3/26)

\$1/2 Red Baron pizzas, 7.2 oz + (exp 3/31)

\$1 off Sea Cusine Frozen product (exp 10/31)

.50/1 Speed Stick Lady deodorant, 2.3 oz + (exp 2/21)

.50/1 Speed Stick Men deodorant 2.7 oz + (exp 2/21)

\$1.50/2 Summer's Eve External products (Exp 5/31)

\$1/2 Sweet Baby Ray's barbecue sauce, 28 oz + (exp 2/29)

\$1 off Sweet Baby Ray's Wing Sauce or Marinade, 16 oz+ (exp 2/29)

\$1 off Sweet Baby Ray' Dipping Sauce (Exp 2/29)

.55/1 Texas Pete Cha! Siracha Sauce (Exp 2/28)

\$1½ Texas Pete Wing Sauce or 12 oz bottle of Hot Sauce (Exp 2/28)

\$1 off Trojan condoms, 10 ct. + (exp 2/28)

\$2 off Trojan Premium Lubricant, 3-3.38 oz (exp 2/28)

\$2 off Trojan Vibrations (exp 2/28)

\$3 off TruBiotics products (exp 2/27)

.50/1 White Castle microwaveable hamburgers or cheeseburgers or jalapeno cheeseburgers 6-pk., or chicken breast sandwiches 4-pk. (exp 3/19)

\$1 off White Castle microwaveable hamburgers or cheeseburgers, 16-pk. (exp 3/19)

\$1/2 Ziploc bags (exp 3/12)

\$1/2 Ziploc containers (exp 3/12)