

Coupon Variations for the Post and Courier for 2/28 below. You will get (3) inserts in your paper.

Be on the lookout for:

(1) RedPlum

(1) Smart Source

(1) Proctor & Gamble

RedPlum 2/28

\$1 off ACT adult mouthwash, excl trial size (exp 4/30)

\$2.50/2 ACT dry mouth items, excl trial size (exp 4/30)

\$1 off ACT kids rinse, 16.9 oz (exp 4/30)

\$10 off Allegra 24HR allergy 70 ct., or gelcaps 60 ct. (exp 3/6)

\$3 off Allegra allergy & congestion item (exp 3/12)

\$4 off Allegra allergy, gelcaps 24 ct., or 30 or 45 ct. item (exp 3/12)

\$3 off Allegra children's allergy item (exp 3/12)

\$3 off AZO bladder control (exp 5/31)

\$3 off Boost Nutritional Drink or Drink mix multipack (exp 4/17)

\$2 off Boost Compact Complete Nutritional Drink or Boost Calorie Smart 100 calories (Exp 4/17)

\$1/2 Brach's candy, 6 oz + (exp 3/27)

\$4 off Caltrate Calcium and Vitamin D3 item (exp 3/14)

\$4 off Centrum Multigummies, 70 ct. + (exp 3/14)

\$4 off Centrum regular 60 ct. +, excl Multigummies and Vitamins or Silver (exp 3/14)

\$4 off Centrum Vitamins 60 ct. (exp 3/14)

\$1 off Degree Men items, excl trial size (exp 3/19)

\$1.50 off Degree Women MotionSense invisible solid, Ultra Clear, dry spray or Clinical Protection, excl trial size (exp 3/19)

\$1 off Dove beauty bar, 4-pk.+, excl trial size and Men+Care (exp 3/19)

\$1 off Dove body wash, 22 oz.+, excl trial size and Men+Care (exp 3/19)

\$3/2 Dove hair items, excl trial size and Men+Care (exp 3/19)

.25/1 Duracell Coppertop, Quantum, Ultra Photo, Lithium, specialty batteries, rechargeable batteries, charger, or hearing aid batteries 6-pk.+, excl 1-ct. (exp 3/26)

\$2 off Garnier cleanser (exp 3/26)

\$3 off Garnier moisturizer (exp 3/26)

\$2 off Garnier Nutrisse or Color Styler (exp 3/26)

\$3 off Garnier Olia oil-powered haircolor (exp 3/26)

\$1 off Giovanni Rana refrigerated pasta (exp 5/31)

\$1 off Giovanni Rana refrigerated sauces (exp 5/31)

\$½ Hillshire Farm Lunchmeat 7 oz + (Exp 4/10)

\$2 off Iams dry cat food (exp 4/10)

\$3 off Iams dry dog food, 9 lb.+ (exp 4/10)

B3G1 Iams wet cat food cans, up to \$0.89 (exp 4/10)

\$2 off Konsyl original formula or Balance (exp 10/31)

\$1/2 Mars M&M's chocolate candies 2 oz+, Dove chocolate silky smooth eggs & bunnies 4.5 oz+, minis mix variety bags 10.5 oz+, Snickers, Twix, Milky Way or 3 Musketeers 4.5 oz+ (exp 3/27)

\$4 off Nasacort 24HR allergy, 120 spray (exp 4/23)

\$10 off Nasacort 24HR allergy, 2×120 multi-pack spray (exp 3/6)

\$2 off Nasacort 24HR allergy, 60 spray (exp 4/23)

\$1 off Nexium 24HR item (exp 5/22)

\$3 off Nexium 24HR item, 28-42 ct. (exp 3/13)

\$1 off Persil Proclean laundry detergent, excl trial size (exp 3/27)

\$2 off Persil Proclean power-liquid 75 oz+, power-pearls 2 lb. 12 oz+, or power-caps 40 ct.+ (exp 3/27)

\$2 off Preparation H product (exp 5/22)

\$.50/1 Pure Silk shave cream 8 oz can, or twin pack, excl trial size (exp 4/23)

.50/1 Suave body wash item, excl trial size (exp 3/19)

.50/1 Suave Clinical protection or deodorant stick, excl trial size (exp 3/27)

\$1 off Suave Kids hair care item, excl trial size (exp 3/19)

\$1.50 off Suave Professionals Gold hair care item, excl Luxe styling items and 2 oz (exp 3/19)

\$2 off Suave Professionals Luxe styling item, excl trial size (exp 3/19)

\$1 off Suave Professionals shampoo or conditioner 28 oz, or treatment items, excl trial size (exp 3/19)

Free TRESemme beauty-full volume shampoo up to \$5.99, WYB (1) beauty-full volume conditioner, excl trial size (exp 3/13)

\$1 off TRESemme shampoo or conditioner, excl trial size (exp 3/19)

\$1 off TRESemme styling item, excl trial size (exp 3/19)

\$1 off Vaseline intensive care lotion, 10 oz +, or intensive care healing serum item, excl trial size (exp 3/19)

Smart Source 2/28

\$1 off Activia Fruit Fusion, 4-pk. (exp 5/31)

\$1 off Aleve product 40 ct., excl D, and PM 20 ct.+ (exp 4/15)

FREE Almay one coat multi benefit Mascara WYB Almay cosmetic product (Exp 3/12)

\$1 off Atkins bar,shake or treat (exp 5/31)

\$1 off Atkins frozen item (exp 5/31)

\$2 off Balmex Diaper Rash Cream 4 oz (Exp 4/3)

\$3 off BIC disposable razor pack, excl trial size (exp 3/19)

\$2 off Claritin Children's item, 4 oz or 20 ct.+ (exp 3/27)

\$5 off Claritin children's item, 8 oz or 30 ct. (exp 3/6)

\$4 off Claritin product, 30 ct.+ (exp 3/27)

\$10 off Claritin product, 70 ct.+ (exp 3/6)

\$4 off Claritin-D product, 15 ct.+ (exp 3/27)

.50/1 Clorox Pump 'N Clean item (exp 4/28)

.50/1 Clorox ScrubSingles, 4 ct.+ (exp 4/28)

\$1.25 off Clorox ToiletWand starter kit (exp 4/28)

.50/1 Clorox Triple Action dust wipes, 4 ct.+ (exp 4/28)

\$1/3 Dannon Oikos Crunch single serve cups (exp 4/27)

\$2 off Depend product, 8 ct.+ (exp 4/2)

\$2 off Depend Real Fit or Silhouette items, 8 ct. + (exp 4/2)

\$2 off Depend shields or guards for men or bed protectors, 8 ct.+ (exp 4/2)

\$1 off Efferdent product, 24 ct.+ (exp 3/27)

\$2 off Efferdent product, 48 ct.+ (exp 3/6)

.75/1 Energizer batteries or flashlight (exp 4/9)

\$1.25 off Energizer Ecoadvanced, Ultimate Lithium, Advanced Lithium, Recharge Power Plus or universal aa/aaa, 4-pk.+ (exp 4/9)

\$1.50 off Energizer EZ Turn & Lock hearing aid batteries (exp 4/9)

\$2 off Ensure High Protein, Clear or Light Multipack (exp 4/24)

\$2/2 Ensure multipacks (exp 4/24)

\$1.50 off Eucerin baby item, 2-13.5 oz (exp 3/26)

\$1.50 off Eucerin body lotion or creme, 2-16.9 oz (exp 3/26)

.75/1 Farmland bacon (exp 4/12)

.75/1 Farmland homestyle breakfast sausage (exp 4/12)

.55/1 Fiora bath tissue 12 roll, or paper towels 6-roll (exp 3/31)

.55/2 Fiora facial tissue (exp 3/31)

\$5 off FreeStyle Precision Neo Meter (exp 4/30)

\$1 off Frigo Cheese Heads Cheese and Meat Sticks 8 ct+ (exp 4/10)

\$1 off Hershey's or Reese's, Hershey's snack mix, or Mr. Goodbar, Payday or Hershey's milk chocolate with almond snack bites, 2 oz+ (exp 4/24)

\$2.50 off Huggies diapers, jumbo pack+ (exp 3/26)

\$2.50 off Huggies Little Snugglers, Little Movers or Overnites diapers, jumbo pack+ (exp 3/26)

.50/1 Huggies Wipes, 56 ct.+ (exp 3/26)

\$2 off InnovAsian Cuisine item (Exp 4/30)

\$3/2 InnovAsian Cuisine item (Exp 4/30)

\$1 off Kauai coffee, package (exp 4/30)

\$1 off Kernel Seasons product (Exp 4/20)

.75/1 LA Looks styling gel, 20-26 oz (exp 4/30)

\$10 off Mega-T Advanced day & night (exp 3/31)

\$3 off Mega-T Advanced probiotics or chews (exp 3/31)

.55/1 Mazola Oil or Spray product (exp 4/10)

\$1 off Nivea body lotion or creme, 2.6-21 oz, excl trial size and gift sets (exp 3/26)

\$3/2 Nivea body lotions or cremes, 2.6-21 oz, excl trial size and gift sets (exp 3/26)

\$2 off Nivea Men face care or aftershave, 1.7-5 oz (exp 3/26)

\$1 off Nivea Men shaving cream, gel or foam, 3.5-8.7 oz (exp 3/26)

\$1.50 off Nivea Men creme, 2.6-5.3 oz (exp 3/26)

\$2 off Poise Impressa bladder supports sizing kit, or size 1-3 6-ct.+ (exp 4/2)

\$2 off Poise pads or liners, excl 4-26 ct. liners and 10 ct. pads (exp 4/2)

\$2 off Revlon Luxurious Colorsilk Buttercream (exp 4/2)

\$4 off Revlon Face Cosmetic product (Exp 3/13)

\$10 off Shell Rotella Triple Protection 2.5 gallon (AUTOZONE COUPON)

\$20 off SHell Rotella 2.5 Gallon jug (AUTOZONE COUPON)

\$1 off Slime Pro Series Filled Guage (AUTOZONE COUPON)

\$½ Snyder's of Hanover 8 oz + (Exp 4/30)

.50/1 Speed Stick deodorant, 2.7 oz+ (exp 3/19)

B1G1 Speed Stick Gear deodorant or body spray up to \$4.90, excl .5-18 oz (exp 3/19)

.50/1 Speed Stick Lady deodorant, 2.3 oz + (exp 3/19)

B1G1 Sprout Organic baby Food (Exp 5/31)

\$3 off TheraTears eye care product (Exp 5/31)

.50/1 Wonderful Halos, 2 lb.+ (exp 3/28)

Proctor & Gamble

(all expire 3/28 (or 3/12 as marked), all excl trial size)

\$3 off Always Discreet liner or pad, excl trial size

\$3 off Always Discreet underwear, excl trial size

.50/1 Always pantiliner 30 ct.+ , excl Discreet, and trial size (exp 3/12)

\$1 off Always Radiant or Infinity pads, 12 ct. +, excl trial size (exp 3/12)

\$1.50/2 Always ultra or maxi pads 12 ct. +, feminine wipes or liners 30 ct. +, excl Discreet, and trial size (exp 3/12)

.50/1 Bounty or Charmin Basic item, excl trial size

.25/1 Bounty product, excl single rolls, and trial size

.50/1 Bounce, Downy product or Unstoppables exp 3/12

.25/1 Charmin product, excl trial size

\$1 off Clairol Herbal Essences body wash, excl trial size (exp 3/12)

\$2 off Clairol Natural Instincts hair color, excl trial size (exp 3/12)

Free Clairol Root Touch-Up box up to \$6.99, WYB Nice 'N Easy hair color box, excl Age Defy, Natural Instincts, Balsam and Textures & Tones, and trial size (exp 3/12)

\$1 off Covergirl eyeliner or eyebrow item, excl accessories, and trial size

\$3 off Covergirl Lashblast mascara, excl accessories, and trial size

\$1 off Crest mouthwash, 237 mL+, excl trial size

.50/1 Crest toothpaste 3 oz+, liquid gel or kids toothpaste, excl Cavity, Baking Soda or Tartar Control, and trial size

Free Febreze car vent clip or SmallSpaces up to \$3.49, WYB (1) Febreze product, excl trial size (exp 3/12)

\$1 off Febreze fabric refresher, excl trial size

\$2.50 off Fixodent adhesive twin pack, 1.4 oz+, excl trial size

\$1 off Fixodent adhesive, 1.4 oz+, excl trial size

\$1 off Gillette clear gel, 2.85 oz +, excl trial size (exp 3/12)

\$2/2 Gillette clear gels, 2.85 oz +, excl trial size (exp 3/12)

\$5 off Gillette razor and blade refill package, excl disposables, excl trial size (exp 3/12)

\$1 off Gillette shave gel, 5.9 oz+, excl trial size

\$5 off Gillette Venus razor AND blade refill, excl disposables, and trial size (exp 3/12)

\$4/2 Head & Shoulders full size items 380 mL/12.8 oz +, excl all treatments, and trial size (exp 3/12)

\$1/2 Luvs bags, or (1) box diapers, excl trial size

\$1 off Meta product, excl health bar 1 ct., and trial size

.75/1 Mr. Clean liquid muscle, liquid or spray, excl trial size

.50/1 Mr. Clean Magic Eraser, excl 1-ct., and trial size

\$1 off Olay body wash, bar 4 ct.+, or in-shower body lotion, excl trial size (exp 3/12)

\$2/2 Olay body washes, bar 4 ct.+, or in-shower body lotions, excl trial size (exp 3/12)

\$1 off Olay facial moisturizer or facial cleanser, excl Pro-X, Regenerist, Total Effects and Age Defying, and trial size

\$1 off Olay Pro-X, Regenerist or Total Effects facial cleanser, excl trial size

\$2 off Olay Pro-X, Regenerist or Total Effects facial moisturizer or facial hair removal item, excl trial size

\$1.50 off Olay Total Effects or Age Defying facial moisturizer, excl trial size

\$1 off Old Spice product, excl trial size (exp 3/12)

\$2/2 Old Spice products, excl trial size (exp 3/12)

\$4/2 Old Spice shampoo, 2-in-1 or styling items, excl trial size (exp 3/12)

\$1 off Oral-B adult or kids manual toothbrush, excl Healthy Clean, and trial size

1.50/1 Oral-B glide floss 35 m+, or glide floss picks 30 ct.+, excl trial size

\$3/2 Pampers bags, or (1) box diapers or pants, excl trial size (exp 3/12)

\$1 off Pantene Expert Collection item, excl trial size (exp 3/12)

\$2/2 Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz, and trial size (exp 3/12)

\$5/3 Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz, and trial size (exp 3/12)

\$1.50 off Pantene styler or treatment item, excl trial size (exp 3/12)

.50/1 Pepto-Bismol product, excl trial size

\$1 off Prilosec OTC item, excl trial size

.25/1 Puffs product, excl To Go, and trial size

\$1 off Satin Care or Venus shave gel, 7 oz +, excl trial size

\$2 off Secret or Gillette Clinical, 1.6 oz, excl trial size (exp 3/12)

\$1 off Secret Outlast, Scent Expressions or Destinations deodorant or body spray, excl 1.6-1.7 oz, and trial size (exp 3/12)

\$2/2 Secret Outlast, Scent Expressions or Destinations deodorant or body spray, excl 1.6-1.7 oz, and trial size (exp 3/12)

.75/1 Swiffer refill, solution or Dust & Shine, excl Steamboost starter kits and refills, and trial size

\$2 off Swiffer starter kit, excl Steamboost starter kits and refills duster 2 ct., and trial size

.50/1 Tampax cardboard tampons, 16 ct.+, excl trial size (exp 3/12)

\$2 off Tide Detergent, Tide Pods or Gain Flings (exp 3/12)

\$2/3 Tide Detergent, Bounce or Unstoppables (exp 3/12)

\$1/2 Tide Detergent, Bounce or unstoppables (exp 3/12)

\$1 off Unstoppables air item, excl trial size

\$2.50/2 Unstoppables air item, excl trial size

\$1 off Vicks product, excl VapoDrops and ZzzQuil, and trial size

\$2 off Vicks QlearQuil item, excl trial size

\$2 off Vicks Sinex item, excl trial size

\$1 off Vicks ZzzQuil item, excl trial size

\$3 off Vidal Sassoon Salonist hair color, excl Pro-Series hair color, shampoo, conditioner and styling items,
and trial size (exp 3/12)