

# The Ledger (Lakeland) 7/31/16

## Proctor & Gamble 7/31 *(all expire 8/27, or 8/13 as marked)*

**\$3 off** Align product, excl trial size

**\$2 off** Always Discreet incontinence liner or pad, excl trial size

**\$2 off** Always Discreet underwear, excl trial size

**.50/1** Always pads 12-ct.+, liners 30-ct.+, or feminine wipes, excl Discreet, and trial size (exp 8/13)

**\$1.50/2** Always pads 12-ct.+, liners 30-ct.+, or feminine wipes, excl Discreet, and trial size (exp 8/13)

**\$3/3** Always pads 12-ct.+, liners 30-ct.+, or feminine wipes, excl Discreet, and trial size (exp 8/13)

**.25/1** Bounty napkins, excl trial size

**.25/1** Bounty product, excl single rolls, napkins, and trial size

**.25/1** Charmin product, excl trial size

**\$2 off** Clairol hair color, excl Age Defy, excl trial size (exp 8/13)

**\$5/2** Clairol hair color, excl Age Defy, Balsam, Textures & Tones, excl trial size (exp 8/13)

**\$1 off** Covergirl product, excl accessories, and trial size

**\$3/2** Covergirl products, excl accessories, and trial size

**\$5 off** Crest 3D White Glamorous White, 1 HR Express, Professional Effects, Flexfit, Gentle Routine or Monthly Touch Up whitestrips, excl trial size (exp 8/13)

**.50/1** Crest kids toothpaste 4.2 oz +, or Pro-Health Jr mouthwash 458 mL +, excl trial size (exp 8/13)

**\$1.25 off** Crest mouthwash 237 mL/8 oz+, excl Pro-Health Jr, and trial size (exp 8/13)

**\$2 off** Crest toothpaste 3 oz +, excl Cavity, Regular, Baking Soda, Tartar Control, Kids, and trial size (exp 8/13)

**\$1.25 off** Crest twin toothpaste pack 3 oz +, excl Cavity, Regular, Baking Soda, Tartar Control, Kids, and trial size (exp 8/13)

**.50/1** Downy Fresh Protect, Unstopables fabric care, or Bounce sheets or Bursts, or Dreft Blissfuls or Gain Fireworks; excl Downy Libre Enjuague, Liquid 12 load and dryer sheets 25-ct, or less, and trial size (exp 8/13)

**\$1 off** Febreze product, excl trial size

**\$1 off** Febreze Unstopables, excl in-wash scent booster, and trial size

**\$2 off** Gain detergent, excl fabric enhancer, Fireworks, Flings, and trial size (exp 8/13)

**\$1 off** Gillette deodorant 2.6 oz +, excl Clinical, and trial size (exp 8/13)

**\$3 off** Gillette razor or disposable 2-ct+., excl Sensor2 2-ct., and trial size

**\$3/2** Head & Shoulders full size products 380 mL/12.8 oz +, excl treatments, and trial size (exp 8/13)

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**\$2 off** Luvs diapers, excl trial size (exp 8/13)

**\$3 off** Meta Daily Support product

**\$2 off** Metamucil appetite control item, excl trial size

**\$2 off** Metamucil product, excl Meta Health Bar 1-ct., and trial size

**.75/1** Mr. Clean liquid item, excl trial size

**.50/1** Mr. Clean Magic Eraser, excl 1-ct., excl trial size

**\$2 off** Olay bar soap 4-ct.+, WYB body wash, excl trial size (exp 8/13)

**\$1 off** Olay facial moisturizer or cleanser, excl trial size

**\$2 off** Olay Pro-X, Regenerist or Luminous facial moisturizer or eye item, excl trial size

**\$1 off** Olay Total Effects facial moisturizer, excl eyes, and trial size

**\$1 off** Old Spice deodorant, body wash or bar soap, excl trial size (exp 8/13)

**\$1 off** Old Spice shampoo or 2-in-1 styling item, excl trial size (exp 8/13)

**\$2 off** Oral-B adult battery toothbrush, excl trial size (exp 8/13)

**\$1.25/2** Oral-B adult manual toothbrushes, excl Healthy-Clean, Pulsar, Stages, Pro-Health Jr., kids, and trial size (exp 8/13)

**.50/1** Oral-B Pro-Health Stages, Pro-Health Jr or kids manual or power toothbrush, excl trial size (exp 8/13)

**\$1.50 off** Oral-B Pulsar toothbrush, excl trial size (exp 8/13)

**\$3 off** Oral-B replacement brush heads, 3-ct.+, excl trial size (exp 8/13)

**\$3/2** Pampers bags, or (1) box diapers or pants, excl trial size (exp 8/13)

**.50/1** Pampers wipes, 56-ct.+, excl trial size (exp 8/13)

**\$1 off** Pantene 3 Minute Miracle Deep Conditioner or Expert item, excl trial size (exp 8/13)

**\$2/2** Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz, and trial size (exp 8/13)

**\$5/3** Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz, and trial size (exp 8/13)

**\$1.50 off** Pantene styler or treatment item, excl trial size (exp 8/13)

**.50/1** Pepto-Bismol product, excl trial size

**\$5 off** Prilosec OTC item, 28-ct.+, excl trial size (exp 8/13)

**.25/1** Puffs product, excl single Puffs to Go, and trial size

**\$2 off** Secret or Gillette Clinical, 1.6 oz +, excl trial size (exp 8/13)

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**\$1 off** Secret Outlast, Scent Expressions or Destinations deodorant or body spray, 2.6 oz +, and trial size (exp 8/13)

**.50/1** Swiffer refill, solution or Dust & Shine item, excl Steamboost starter kits and refills, and trial size

**\$1.50/2** Swiffer refill, solution or Dust & Shine items, excl Steamboost starter kits and refills, and trial size

**\$2/2** Tampax Pearl or Radiant tampons, 16-ct.+, excl trial size (exp 8/13)

**\$2 off** Tide detergent, excl PODs, Simply Clean & Fresh, Simply Clean & Sensitive, 10 oz, and trial size (exp 8/13)

**\$2 off** Tide PODs or Gain Flings, excl 5-ct., and trial size (exp 8/13)

**\$3 off** Venus razor or Venus/Daisy disposable 2-ct.+, excl Daisy2 2-ct., and trial size

**\$1 off** Vicks product, excl Sinex, Vapodrops, Zzzquil, and trial size

**\$3/2** Vicks products, excl Vapodrops, Zzzquil, and trial size

**\$1 off** Vicks ZzzQuil item, excl trial size

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Red Plum delivered by mail

**Red Plum 7/31** *(last coupon for this insert expires 10/31/2016, OK to discard after that date)*

**\$1 off** ACT product, excl trial size (exp 9/17)

**\$2 off** Advil children's suspension, 4 oz or chewable tablets, 24-ct or infants', 0.5-1 oz (Publix coupon) (exp 8/24)

**\$10 off** Allegra 24HR item, regular 70-ct. or gelcaps 60-ct. (exp 8/6)

**\$4 off** Allegra 24HR item, 24-ct.+ (exp 8/27)

**\$3 off** Allegra D or children's item (exp 9/17)

**\$2 off** Aspercreme or Icy Hot lidocaine item, excl 1.75 oz (exp 9/30)

**\$3/2** Aveeno or Desitin baby product, 2-18 oz or 1 or 5-ct (Publix coupon) (exp 8/24)

**\$4/2** Cetaphil facial cleanser or moisturizing lotion 8-16 oz, or cloth 25-ct. (exp 9/11)

**\$2 off** Cetaphil product, excl trial size, single vars and baby (exp 9/11)

**\$1 off** Cortizone 10 product, 1 oz + (exp 9/17)

**\$1 off** Duracell coppertop aa or aaa 8-pk., c4, d4 or 9v2+, or Quantum aa or aaa 6-pk., c3, d3, or 9v2+, excl trial size (exp 8/27)

**.50/1** Duracell rechargeable batteries, charger or hearing aid batteries, 6-pk.+, excl 1-ct. and trial size (exp 8/27)

**\$5/3** Enfamil or Nutramigen ready to use infant formula, 32 oz can or bottle, 8 oz 6-pk or 2 oz 6pk (Publix coupon) (exp 8/24)

**\$5/2** Enfamil infant formula powder, Nutramigen, Enfagrow Next Step milk drink or Toddler Transitions, 19.8-24 (Publix coupon) (exp 8/24)

**\$2 off** Garnier Olia oil-powered haircolor (exp 8/27)

**\$5/2** Garnier Olia oil-powered haircolor (exp 8/27)

**\$1/2** Gerber cereal, organic, with fruit or DHA, 8 oz (Publix coupon) (exp 8/24)

**\$1/2** Gerber Graduates baby food, 1-6.8 oz or 3.5 oz 4-pk (Publix coupon) (exp 8/24)

**\$1 off** Gold Bond cream or lotion, 2 oz + (exp 8/28)

**\$1.50 off** Gold Bond Neck & Chest, Dark Spot, Strength & Resilience 13 oz, Rough & Bumpy, Eczema Relief, Diabetics' Dry Skin Relief or lotion 13 oz +, excl hand creams (exp 8/28)

**\$1 off** Gold Bond product, excl 1 oz (exp 9/17)

**\$1/2** Hefty Slider bags 12-ct+ (exp 9/30)

**\$2/3** Hefty Slider bags 12-ct+ (exp 9/30)

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**\$2.50 off** Huggies wipes, 368 or 552-ct (Publix coupon) (exp 8/24)

**\$2 off** Icy Hot or Aspercreme, Capzasin, ARthritis Hot, Flexall, or Sportscreme product, excl 1-ct. patch and 1.75-3 oz (exp 9/17)

**\$6 off** Icy Hot SmartRelief pain therapy kit, excl refill kit (exp 9/30)

**\$2 off** L'Oreal Advanced Haircare treatment item (exp 8/13)

**\$2 off** L'Oreal Advanced Hairstyle item, excl 1.7-3 oz (exp 8/13)

**\$2 off** L'Oreal Advanced Haircare shampoo or conditioner, excl 1.7-3 oz (exp 8/13)

**\$2 off** L'Oreal cosmetic face item, excl Magic Perfecting base 0.17 oz (exp 8/27)

**\$2 off** L'Oreal Everstrong, Oleotherapy, Everpure, Evercurl, Eversleek or Evercreme shampoo, conditioner or treatment item (exp 8/27)

**\$10 off** Nasacort Allergy 24HR, 2x120 spray multipack (exp 8/7)

**\$2 off** Nasacort product (exp 9/17)

**\$1 off** Nature's Truth aromatherapy item (exp 9/30)

**\$1 off** Nexium 24HR package (exp 9/25)

**\$4 off** Nexium 24HR package, 28 or 42-ct. (exp 8/14)

**\$2 off** Pampers wipes, 168-448-ct (Publix coupon) (exp 8/24)

**\$1 off** Pedialyte product, 33.8 oz bottle, 16-pk, 2.1 oz or 8-ct (Publix coupon) (exp 8/24)

**\$1.50 off** Polident denture cleanser tablets, 84-ct.+ (exp 8/31)

**\$1 off** Purina Alpo dry dog food bag, 4 lb.+ (exp 10/31)

**B5G1** Purina Alpo Tbonz dog treats 4.5 oz, up to \$1 (exp 9/30)

**\$1.25/8** Purina Alpo wet dog food cans, or (1) variety pack 12-ct. (exp 10/31)

**\$2 off** Purina DentaLife daily oral care dog treats, 17 oz + (exp 10/1)

**B1G1** Purina DentaLife daily oral care dog treats 7.8 oz, up to \$4.29 (exp 9/30)

**\$1/2** Purina DentaLife dental treats for cats (exp 10/1)

**\$3 off** Purina Dog or Puppy Chow, 15.5 lb. bag+ (exp 10/30)

**\$1/10** Purina Fancy Feast broths complement (exp 10/31)

**\$1 off** Purina Fancy Feast gourmet dry cat food (exp 10/31)

**\$1/10** Purina Fancy Feast Medleys cans (exp 10/31)

**\$1/4** Purina Fancy Feast Purely wet cat food trays, 2 oz (exp 10/31)

**\$3 off** Purina Natural Dog or Puppy Chow, 3.8 lb. bag+ (exp 10/30)

**\$2 off** Purina Tidy Cats clumping cat litter (exp 10/31)

**\$3/2** Roloids bottles, 60-ct.+ or 12 oz + (exp 9/17)

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**\$5/3** Similac Ready to Feed infant formula, 2 oz 8-pk, 8 oz 6-pk or 32 oz (Publix coupon) (exp 8/24)

**\$3/10** Sprout organic baby food stages 1, 2 and 3, 3.17-4.5 oz pouch (Publix coupon) (exp 8/24)

**\$1 off** Super Poligrip product, 2 oz + (exp 8/31)

**\$1 off** Unisom product (exp 9/17)

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Smart Source 7/31 *(last coupon for this insert expires 11/30/2016, OK to discard after that date)*

**\$2 off** Advil Children's or Infants', Dimetapp Children's or Robitussin Children's (Publix coupon) (exp 8/31)

**.50/1** Alberto VO5 oil, Salon Series shampoo, conditioner or styling item (exp 9/4)

**.50/2** Alberto VO5 shampoos or conditioners 12.5-26.5 oz, or body washes 15 oz (exp 9/4)

**.50/2** Alberto VO5 Solutions shampoos or conditioners, 11 oz (exp 9/4)

**\$1.50/2** Apple & Eve juice boxes, 8-pk. (exp 10/31)

**\$2/3** Band-Aid Adhesive Bandages 10-100 ct, First Aid Products Tapes, Covers or Wraps, Neosporin 0.1-1 oz, Children's Zyrtec or Children's Benadryl (Publix coupon) (exp 8/31)

**\$2 off** Bausch+Lomb PeroxiClear, 12 oz + (exp 9/30)

**\$4 off** Bausch+Lomb PeroxiClear, twin pack (exp 9/30)

**\$2 off** Bausch+Lomb Soothe lubricant eye drops (exp 9/30)

**\$1.50/2** Betty Crocker decorating items (exp 9/30)

**\$2 off** Bio-Oil product (exp 10/2)

**\$2 off** Biotrue contact lens solution, 10 oz + (exp 9/30)

**\$4 off** Biotrue contact lens solution, twin pack (exp 9/30)

**\$1/5** Buddig Original items, 2 oz (exp 11/30)

**.75/1** Buddig Original or Premium deli item, 8 oz + (exp 11/30)

**\$1/2** Cape Cod Multipacks, 6 oz+ (exp 9/10)

**\$1/2** Cascadian Farm granola bars, protein bars or soft-baked oatmeal squares (exp 9/24)

**\$2.50 off** Clorox toilet wand starter kit, excl refills (exp 8/31)

**.50/1** Cottonelle flushable cleansing cloths, 42-ct.+ (exp 9/10)

**.50/1** Cottonelle toilet paper, 6+ rolls (exp 9/10)

**\$1/3** Dannon Oikos single serve cups or drinks, 4-pk. or 1-qt. (exp 9/30)

**\$2 off** Depend product, 8-ct.+ (exp 8/27)

**\$2 off** Depend Real Fit or Silhouette items, 8-ct.+ (exp 8/27)

**\$2 off** Depend Shields, Guards for men or Bed Protectors, 8-ct.+ (exp 8/27)

**\$1/2** Dole Fruit Bowls in 100% juice, Gel Fruit Bowls or Parfaits (exp 10/23)

**.75 off** Dole Fruit Bowls no sugar added (exp 10/23)

**.75/2** Dole Mandarin Oranges or Tropical Fruit cans (exp 9/30)

**\$2 off** Efferdent product, 78-ct.+ (exp 9/30)

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**.75/1** Energizer batteries or flashlight (exp 8/27)

**\$1.25 off** Energizer EcoAdvanced, Ultimate Lithium, Advanced Lithium, Recharge Power Plus or Recharge Universal batteries, AA or AAA 4-pk.+ (exp 8/27)

**\$1.50 off** Energizer EZ Turn & Lock hearing aid batteries (exp 8/27)

**\$2/2** Ensure multipacks (exp 9/25)

**\$2 off** Five Star binder, incl Flex and Sewn Zipper varieties (exp 9/30)

**\$1/2** Five Star products, incl student planning (exp 9/30)

**\$2/2** Five Star reinforced filler paper and printer paper items (exp 9/30)

**\$2 off** Flintstones Vitamins or Claritin Children's (Publix coupon) (exp 8/31)

**\$3 off** Glade Automatic Spray starter kit (exp 9/10)

**\$1/2** Glade PlugIns scented oil twin or triple refill, Wax Melt 6-ct. refills or automatic spray refills, excl warmer (exp 9/10)

**\$1/2** Glade PlugIns scented oil warmers (exp 9/10)

**\$2 off** Glade Wax Melt warmer (exp 9/10)

**\$2/2** Glucerna multipacks (exp 9/25)

**\$1.50/2** Kemps Frozen Yogurt or Frozen Yogurt Shop (exp 9/10)

**\$4 off** Kerasal Fungal Nail Renewal (exp 9/18)

**\$3 off** Kerasal Intensive Foot Repair (exp 9/18)

**.50/3** Kleenex boxes 5-ct.+ , or (1) bundle pack facial tissue, excl trial size (exp 9/10)

**\$1/2** Kleenex facial tissue 4-pk.+ , Viva paper towels 8-pk.+ , Cottonelle bath tissue 9-pk.+ , Scott bath tissue 15-pk.+ , or Cottonelle Moist Wipes 42-ct.+ , excl trial size (Target coupon) (exp 8/27)

**\$3/4** Kleenex facial tissue 4-pk.+ , Viva paper towels 8-pk.+ , Cottonelle bath tissue 9-pk.+ , Scott bath tissue 15-pk.+ , or Cottonelle Moist Wipes 42-ct.+ , excl trial size (Target coupon) (exp 8/27)

**\$1/2** Lance sandwich cracker, 8 oz + (exp 9/10)

**.50/1** Lysol disinfectant spray, 12.5 oz (exp 9/20)

**.50/2** Lysol disinfectant wipes, 35-ct.+ (exp 9/20)

**\$1 off** Lysol No-Touch hand soap system or refill (exp 9/20)

**.50/2** Lysol toilet bowl cleaners, 24 oz+ (exp 9/20)

**\$1 off** Meow Mix Bistro Recipes cat food, 3 lb.+ (exp 9/25)

**.55/1** Meow Mix brushing bites treats (exp 9/25)

**\$1/4** Meow Mix wet cups, or (1) variety pack (exp 9/25)

**\$1 off** Mr. Sketch crayons, 6-ct.+ (exp 9/24)

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**\$1 off** Mr. Sketch product, 4-ct.+ (exp 9/24)

**\$5 off** MyCharge product (exp 9/30)

**\$1.50 off** Nutella hazelnut 13 oz jar, or mini cups 10-ct. (exp 9/25)

**\$5 off** O'Cedar EasyWring Spin Mop & Bucket System (exp 9/30)

**\$2 off** O'Cedar Power Corner Broom (exp 9/30)

**\$1 off** Odom's Tennessee Pride Breakfast Sandwich box or bag (exp 9/11)

**.75/1** PaperMate Inkjoy, 2-ct.+ (exp 9/24)

**.55/1** PaperMate pen or pencil pack, 2-ct.+ (exp 9/24)

**\$2 off** Poise Impressa bladder supports sizing kit, or size 1-3 6-ct+ (exp 8/27)

**\$2 off** Poise pads or liners, excl liners 14-26 ct., and pads 10-ct. (exp 8/27)

**.50/1** Rave hairspray, 7 oz +, excl trial size (exp 9/4)

**\$1/2** Revlon haircolor (exp 9/4)

**\$2 off** Revlon Luxurious Buttercream item (exp 9/4)

**\$1 off** Rubbermaid beverage item (exp 9/18)

**\$1 off** Rubbermaid food storage container, excl TakeAlongs (exp 9/18)

**.75/1** Scott Naturals flushable cleansing cloths (exp 8/28)

**.75/1** Scott bath tissue, 8+ rolls (exp 8/28)

**.65/1** Scott towels, 6+ rolls (exp 8/28)

**\$1 off** Scott tube-free bath tissue, 9+ rolls (exp 8/28)

**\$1 off** Sharpie Clear View highlighter pack, 2-ct.+ (exp 10/8)

**.50 off** Skippy products (exp 9/26)

**\$1/2** Snyder's of Hanover pretzels, 7 oz + (exp 9/10)

**\$1.50 off** Tyson chicken strips or Any'Tizers item (exp 9/4)

**\$2.50/2** Tyson chicken strips or Any'Tizers items (exp 10/2)

**.75/1** Viva regular or Vantage paper towels, 6-pk.+ (exp 9/11)

**\$1 off** Wet 'n Wild 1 Step Wondergel nail color (exp 8/13)

**\$1 off** Wet 'n Wild Max Mascara (exp 8/13)

**\$1/2** Wet 'n Wild products (exp 8/13)

**\$3 off** Zantac Duo Fusion 20-ct.+ , or regular Zantac 24-ct.+ (exp 8/31)

**\$6 off** Zantac Duo Fusion 34-ct.+ , or regular Zantac 50-ct.+ (exp 8/7)

**\$1 off** Zest Fruitboost shower gel or body scrub (exp 9/10)

**\$1 off** Zest or Coast body wash, or bar soap 3-pk.+ (exp 9/10)