

The Progress-Index 8/21/16

Red Plum 8/21 *(last coupon for this insert expires 11/30/2016, OK to discard after that date)*

\$1 off Advil regular 40-ct.+, PM 20-ct.+, or Thermacare 2-ct.+ (exp 10/16)

\$1 off Centrum multivitamin, or Caltrate product, 40-ct.+ (exp 10/16)

\$2 off (12) Cesar single trays or any (1) 24 ct multipack or any (1) 24 ct multipack (exp 10/16)

\$1 off ChapStick total hydration or hydration lock item (exp 10/16)

\$3/2 Dove hair care items, excl trial size (exp 9/18)

\$3/2 Dove Men+Care hair care items, excl trial size (exp 9/18)

\$1 off Emergen-C vitamin supplement drink mix, 8-ct.+ (exp 10/16)

\$5 off Estroven product (exp 11/30)

\$2 off Garnier Nutrisse or Color Styler (exp 9/17)

.55/1 International Delight iced coffees (exp 9/30)

.40/1 International Delight Simply Pure coffee creamer (exp 9/30)

\$1 off Invisible Glass EZ grip aerosol (exp 10/31)

.55/1 Invisible Glass spray bottle (exp 10/31)

\$1 off L'Oreal eyebrow item (exp 9/17)

\$3 off L'Oreal eyeliner item (exp 9/17)

\$1 off L'Oreal root cover up spray (exp 9/17)

\$2 off L'Oreal Superior Preference or Excellence haircolor (exp 9/17)

\$6/2 L'Oreal Superior Preference or Excellence haircolor items (exp 9/3)

\$5 off Mederma product (exp 10/31)

\$3 off Nexium 24HR product (exp 10/16)

\$1 off **Perdue Perfect Portions or Harvestland Perfect Portions** (exp 10/3)

\$1 off **Perdue Frozen Fully Cooked Product (Perdue or Perdue Simply Smart item)** (exp 10/3)

\$ 1/2 **Perdue Refrigerated Fully Cooked items (Perdue or Perdue Simply Smart item)** (exp 10/3)

\$1 off Persil ProClean laundry detergent, excl trial size (exp 9/18)

\$2 off Persil ProClean power liquid 75 oz +, power pearls 2 lb. 12 oz, or power-caps 40-ct. + (exp 9/18)

\$1 off Preparation H product (exp 10/16)

\$1/4 **Pringles Full Size cans, incl tortillas** (exp 10/2)

\$2/3 Quaker ready to eat or hot cereals, excl single serve (exp 10/1)

\$1/3 **Quaker Chewy Bars** (exp 9/30)

The Progress-Index 8/21/16

Smart Source 8/21 *(last coupon for this insert expires 11/30/2016, OK to discard after that date)*

.50/1 Arrid or Arm & Hammer UltraMax deodorant, excl roll-ons, twin packs and trial size (exp 9/24)

\$1 off Arrid or Arm & Hammer UltraMax dry spray deodorant (exp 9/24)

\$1.50 off Alka-Seltzer Heartburn Relief Gummies or (1) Heartburn ReliefChews item 32 ct + (exp 9/25)

\$1 off Alka-Seltzer item 12 ct + (exp 9/25)

.55/1 Arnold Bread item (exp 11/30)

\$1/2 Aunt Jemima Griddle Poppers (exp 11/21)

\$1/2 Aunt Jemima Frozen Waffles, Pancakes or French Toast (exp 11/21)

\$1 off BC item 18 ct + (exp 10/2)

\$1 off BIC stationery item (exp 9/10)

\$1 off BIC Velocity mechanical pencil (exp 10/1)

\$1 off Chock Full O'Nuts coffee (exp 9/30)

\$3 off Clarispray product (exp 9/18)

\$5 off Clarispray product, 120 spray (exp 8/28)

\$2 off Claritin Children's, syrup 4 oz or chewables 20-ct.+ (exp 8/28)

\$6 off Claritin Children's, syrup 8 oz or chewables 30-ct.+ (exp 8/28)

\$4 off Claritin product **Non Drowsy**, 30-ct.+ (exp 9/18)

\$9 off Claritin product **Non Drowsy**, 70-ct.+ (exp 8/28)

\$4 off Claritin-D product, 15-ct.+ (exp 9/18)

\$6 off Claritin-D product, 15-ct.+ (exp 8/28)

\$1 off Clorox 2 product, excl Pen (exp 9/25)

.75/1 Dannon Light & Fit regular 4-pk., or (3) Light & Fit regular single serve (exp 9/19)

.75/1 Dole Dippers (exp 11/20)

\$1.25 off Dole Smoothie Shakers (exp 11/20)

\$1 off Edge or Skintimate or Schick Hydro shave gel, excl 2.75 oz (exp 9/11)

\$1.50 Farm Rich Meatballs 28 oz (exp 10/31)

\$2 off Finish Quantum Max or Max in 1, 14 ct + (exp 9/18)

\$1 off Frigo Cheese Heads snack cheese, 8-ct.+ (exp 9/30)

\$1/2 General Mills Fiber One, Multi-Grain Cheerios, Wheaties, Basic 4, Raisin Nut Bran, Oatmeal Crisp or Total cereal (exp 10/1)

.55/1 Glade product, excl solid air freshener, and room spray 8 oz (exp 9/25)

\$1/2 Glade products, excl PlugIns scented oil warmer, solid freshener and room spray 8 oz (exp 9/25)

\$2/3 Glade products, excl PlugIns scented oil warmer, solid freshener and room spray 8 oz (exp 9/25)

\$1 off Goody's item, excl 2 ct and 6 ct (exp 10/30)

\$2 off Goody's item, excl 2 ct and 6 ct (exp 9/4)

.75/1 Hormel Natural Choice deli sandwich meat (exp 10/17)

.55/1 Juicy Juice item, excl 4 pack Juice Boxes (exp 10/10)

.55/1 Kikkoman stir-fry sauce, sweet & sour sauce, orange sauce or teriyaki baste & glaze sauce (exp 11/30)

.75/1 LA Looks styling gel, 20-26 oz (exp 9/30)

\$1/2 Land O'Frost Deli Snacker (exp 9/24)

\$1/2 Lysol bathroom cleaners (exp 10/3)

The Progress-Index 8/21/16

\$1/2 Lysol toilet bowl cleaners, 24 oz (exp 10/3)

\$2 off MagniLife leg & back pain relief, or any tablet (exp 9/12)

.55/1 McCain item (exp 11/30)

\$1 off MJB coffee (exp 9/30)

.75/2 Nabisco Oreo Thins, 10.1 oz (exp 10/8)

\$1/2 Ocelo items (exp 9/30)

.50/1 Old El Paso taco boats dinner kits or flour tortillas or bold flavored stand 'n stuff dinner kits or taco shells (exp 10/15)

.55/1 Oroweat bread item (exp 11/30)

\$2 off Playtex Gentle Glide tampons, 14-ct.+ (exp 10/2)

\$1/2 Purina dog snacks 6 oz (exp 10/21)

\$1/2 Purina Friskies cat treats (exp 10/21)

\$2 off Schick Hydro 5 razor or disposables pack, excl 2-ct. and women's razors (exp 9/11)

\$2 off Schick Hydro refill, excl women's refills (exp 9/11)

.75/1 StarKist pouch (exp 10/2)

\$2/2 StayFree products (exp 10/2)

\$2 off Wet n Wild 1 Step Wondergel nail color (exp 9/3)

\$1 off Wet n Wild face item (exp 9/3)

.50/1 Wet n Wild product (exp 9/3)

\$1/2 Wheat Thins snack crackers, 8 oz (exp 10/2)

\$2 off Whole Blends shampoo, conditioner or treatment, excl 40 oz, banded packs and trial size (exp 9/17)