

Coupon Variations for the Post and Courier for 8/28 below. You will get (3) inserts in your paper.

Be on the lookout for:

(1) Red Plum

(1) Smart Source

(1) Proctor & Gamble

RedPlum 8/28

\$1 off ACT product, excl trial size (exp 10/31)

\$2 off ACT product, 33 oz + (exp 10/31)

\$4 off Allegra allergy , 24 ct.+ (exp 9/10)

\$4 off Allegra Children's allergy item (exp 9/10)

\$3 off Allegra-D allergy & congestion item (exp 9/10)

.50/1 Best Foods mayonnaise jar 30 oz, squeeze 20 oz, organic 15 oz, or Carefully Crafted 24 oz (exp 9/25)

\$1.50 off Born Sweet Zing stevia sweetener (exp 11/13)

\$4 Centrum Vitamins (Exp 9/11)

.50/1 Degree Men dry protection or fresh deodorant item, excl trial size (exp 9/10)

\$2 off Degree Men dry spray deodorant, excl trial size (exp 9/10)

\$1.25 off Degree Women Motionsense, Ultra Clear, Clinical Protection or Dry spray item, excl trial size

(exp 9/10)

Free Dove Men+Care bodywash 13.5 oz + up to \$5.50, WYB (1) Dove body wash 22 oz + (exp 9/18)

.25/1 Duracell coppertop, quantum, ultra photo lithium, specialty batteries, rechargeable batteries, charger or 6pk+ hearing aid batteries, excl 1-ct and trial size (exp 9/24)

B1G1 Eckrich rope or links smoked sausage, up to \$2.50, 10-14 oz (exp 9/25)

.55/1 Florida Crystals natural cane, organic or demerara sugar item (exp 11/12)

\$1 off Garnier Fructis shampoo, conditioner, treatment or style item, excl 1.7-3 oz (exp 9/24)

\$3/2 Garnier Fructis shampoo, conditioner, treatment or style items, excl 1.7-3 oz (exp 9/24)

\$1 off Garnier Fructis Style item, excl trial size (exp 9/24)

\$2 off Garnier Olia haircolor (exp 9/24)

.50/1 Hellmann's Mayonnaise Jar 30 oz, Squeeze 20 oz, Organic 15 oz or Carefully Crafted 24 oz (exp 9/25)

\$1 off Hefty large black trash bags (exp 10/31)

\$1 off Hefty tall kitchen trash bags (exp 10/31)

\$2 off IBgard product, 12 or 48-ct. (exp 2/28/17)

.55/1 Jimmy Dean breakfast item, excl single serve sandwiches (exp 9/25)

.75/1 Jimmy Dean pancakes & sausage on a stick item (exp 9/25)

\$2 off L'Oreal Advanced haircare shampoo or conditioner item, excl 1.7-3 oz (exp 9/10)

\$3 off L'Oreal Advanced haircare treatment or family size 25.4 oz shampoo or conditioner, excl 1.7-3 oz (exp 9/10)

\$2 off L'Oreal Advanced hairstyle item, excl 1.7-3 oz (exp 9/10)

\$2 off L'Oreal skin care item, excl trial size (exp 9/24)

\$1/2 Mars Harvest bags (exp 10/31)

\$1 off Mayfield Ice Cream 48 oz + (Exp 11/27)

\$1 off Mayfield Frozen Novelty (Exp 11/27)

\$5 off Nasacort allergy 24HR spray (exp 9/10)

\$1 off Nylabone Healthy Edibles (Exp 10/1)

\$1 off Nylabone Nutri Dent (exp 10/1)

\$1 off Nylabone Toys (Exp 10/1)

\$1 off Nylabone Nubz(exp 10/1)

\$1 off Purex Liquid or powder laundry detergent or Purex Crystals 18 oz (exp 12/31) DOLLAR GENERAL

\$1 off Purina Cat Chow, 3.15 lb + (exp 11/30)

\$2 off Purina Cat Chow, 13 lb.+ (exp 11/30)

\$1½ Scotties Facial Tissue or 1 multipack (Exp 9/25)

\$1 off Soft Scrub item (Exp 12/31) DOLLAR GENERAL

\$1.50 off Tum's Chewy Delights 32 ct (Exp 9/12)

\$1.50/2 Tum's products 32 ct + (Exp 9/26)

\$¼ UNcle Ben's brand rice products (Exp 10/23)

Smart Source 8/28

\$2 off Air Wick Freshmatic Ultra automatic spray starter kit, excl free item packs (exp 9/25)

\$2 off Air Wick Freshmatic Ultra refill (exp 9/25)

\$1 off Air Wick Life Scents room mist, excl aerosol 8 oz (exp 9/25)

\$1/2 Air Wick products, excl aerosol 8 oz (exp 9/25)

\$1 off Air Wick Scented Oil twin or triple refill (exp 9/25)

Free Air Wick Scented Oil Warmer, WYB (1) Air Wick Scented Oil twin refill, up to \$1.50, excl free item packs (exp 9/25)

.25/1 Ajax Dish Liquid (exp 9/17)

\$1/2 Annie Chun's organic seaweed snacks (exp 11/30)

.75/1 Annie Chun's seaweed crisps (exp 11/30)

\$1/2 Annie Chun's seaweed snacks (exp 11/30)

\$1/2 Blue Diamond Nut-thins crackers, 4.25 oz (exp 10/30)

\$1 off Blue Diamond Nut-thins crackers, 90-calorie packs, 6-ct. (exp 10/30)

\$1 off Colgate 360 or Floss-Tip manual toothbrush, excl Plus, Triple Action, Extra Clean, Classic, and trial size (exp 9/17)

\$1 off Colgate mouthwash or mouth rinse, 236 mL+ (exp 9/24)

\$1 off Colgate Total, Optic White, Enamel Health, Max Fresh or Sensitive toothpaste, 3 oz + (exp 9/10)

\$1.50 off Cooked Perfect meatballs (exp 10/24)

\$3 off Depend product, 8-ct.+ (exp 10/1)

\$3 off Dr. Scholl's insole \$7.95+ (exp 9/18)

\$3 off Dr. Scholl's massaging gel insole \$7.95+ (exp 9/18)

\$1 off Dr. Scholl's product (exp 9/18)

.75/1 Energizer batteries or flashlight (exp 9/24)

\$1.50 off Energizer EZ turn & lock hearing aid batteries (exp 9/24)

\$2/2 Ensure multipacks (exp 10/23)

.50/1 Fiber One cheesecake bars (exp 10/22)

\$5 off Freestyle Neo Meter (Exp 10/23)

\$1/3 General Mills Big G cereals (exp 10/8)

.75/3 Helper or Ultimate Helper skillet dishes (exp 10/22)

\$1.50 off Huggies diapers, 10-ct..+ (exp 9/24)

\$2 off Huggies Little Snugglers or Little Movers diapers, 10-ct. + (exp 9/24)

\$2 off Huggies Overnites diapers, 10-ct. + (exp 9/24)

\$5 off HydroxyCut product over \$17.88, excl drink mix, lean protein shakes or bars, and drops (exp 10/30)

\$2 off Johnson's head-to-toe extra moisturizing wash or cream (exp 9/4)

\$1.50/2 Johnson's or Desitin products, excl Johnson's 1-4 oz and Desitin 1 oz (exp 10/14)

\$1/2 off Ken's dressing, 16 oz + (exp 9/30)

\$½ off Ken's dressing, 9oz + (exp 9/30)

\$1 off Land O'Frost Premium Bistro Favorites or Canadian bacon (exp 10/16)

\$1 off Land O'Frost sub sandwich kit (exp 10/16)

.75/1 Marie Callender's Dessert Pie 26 oz + exp 10/30

.25/1 Maxwell House coffee item (exp 10/9)

\$5 off MuscleTech Pro Series items (exp 10/30)

\$3 off OxiClean HD laundry detergent (exp 9/28)

\$5 off Poise Impressa bladder supports, 10-ct. (exp 10/1)

\$3 off Poise pads or liners, excl liners 14-26 ct., and pads 10-ct. (exp 10/1)

\$3 off Rachael Ray Dish Dry Dog Food 3.75 lb (Exp 10/23)

\$1 off Sauer's spice, griller or rub (Exp 9/25)

\$½ Sauer's marinades (exp 9/25)

.50/1 Sargento natural cheese snacks, 4.5 oz + (exp 10/9)

.50/2 Sargento shredded natural cheese, 5 oz + (exp 10/2)

.50/2 Sargento sliced natural cheese (exp 10/9)

.50/1 Sargento snack bites cheese snack (exp 10/23)

.50/1 Speed Stick Lady deodorant, 2.3 oz + (exp 9/17)

.50/1 Speed Stick Men deodorant, 2.7 oz + (exp 9/17)

\$1 off Speed Stick Men's or Lady deodorant, twin packs (exp 9/17)

B1G1 Sprout baby food pouch (Exp 11/30)

\$1 off Sprout Snack (Exp 11/30)

\$1 off Suave Kids hair care item, excl trial size (exp 9/24)

\$1.50 off Suave Kids Purely Fun hair care item, excl trial size (exp 9/24)

\$1.50 off Suave Professionals Gold hair care item, excl Luxe Styling items and 2 oz trial size (exp 9/24)

\$1 off Suave Professionals shampoo or conditioner 28 oz, or treatment item, excl 2 oz trial size (exp 9/24)

.50/1 SunnyD product (Exp 10/31)

.55/1 Texas Pete Hot Sauce or Wing Sauce (exp 10/31)

.60/1 Texas Pete Sabor 5 oz (exp 10/31)

\$½ Tropicana pure premium bottles 59 oz (Exp 10/30)

\$1 off The Good Table freezer to plate kit for frozen chicken (exp 10/22)

.75/3 Totino's Pizza Rolls, Blasted Crust Rolls, Pizza Sticks or Stuffed Nachos, 12.3 oz + (exp 10/22)

\$1 off Velveeta dip cups (exp 10/23)

\$1 off Velveeta mini blocks, 20 oz (exp 10/23)

\$1/2 Vlasic pickles, peppers or relish (exp 11/28)

Proctor & Gamble 8/28

(all expire 9/24, or 9/10 as marked, all exclude trial size)

\$2 off Always Discreet incontinence liner or pad (exp 9/24)

\$2 off Always Discreet underwear (exp 9/24)

\$3/2 Always pads 11-ct. +, excl Discreet (exp 9/10)

.50/1 Bounty Basic item, excl single rolls (exp 9/24)

.25/1 Bounty product, excl Basic (exp 9/24)

.50/1 Charmin Essentials or Basic item, excl single rolls (exp 9/24)

.25/1 Charmin product, excl single rolls (exp 9/24)

\$3 off Clairol Natural Instincts haircolor (exp 9/10)

Free Clairol Root Touch-Up up to \$6.99, WYB (1) Nice 'N Easy hair color box, excl Age Defy (exp 9/10)

\$2 off CoverGirl Contour Palette item, excl accessories (exp 9/24)

\$1 off CoverGirl product, excl accessories (exp 9/24)

\$5 off Crest 3D White Glamorous White, 1 HR Express, Professional Effects, Flexfit, Gentle Routine, or monthly touch-up whitestrips (exp 9/10)

\$1.50 off Crest mouthwash 237 mL or 8 oz + (exp 9/10)

.50/1 Crest toothpaste 3 oz +, liquid gel or kids toothpaste, excl twin packs (exp 9/10)

\$1.50 off Crest twin toothpaste pack 3 oz +, excl Cavity, Baking Soda, Tartar Control, Kids (exp 9/10)

.50/1 Downy PProduct (exp 9/10)

B1G1 Febreze product up to \$3.29, excl Unstopables (exp 9/10)

\$1 off Febreze Unstopables, excl in-wash scent booster (exp 9/24)

\$1 off Fixodent adhesive 1.4 oz +, excl twin packs (exp 9/10)

\$2.50 off Fixodent adhesive 1.4 oz twin pack + (exp 9/10)

\$1 off Gillette deodorant, 1.6 oz + (exp 9/10)

\$3 off Gillette razor or disposable 2-ct.+, excl sensor2 2-ct. (exp 9/24)

\$3/2 Head & Shoulders full size items 380 mL/12.8 oz +, excl treatments (exp 9/10)

\$2 off Luvs diapers (exp 9/10)

\$2 off Metamucil Meta appetite control item (exp 9/24)

\$2 off Metamucil product, excl Health Bar 1 ct.. (exp 9/24)

.75/1 Mr. Clean liquid item (exp 9/24)

.50/1 Mr. Clean magic eraser, excl 1-ct. (exp 9/24)

\$2/2 Olay bar 4-ct. +, or body wash (exp 9/10)

.75/1 Olay bar 4-ct. +, or body wash (exp 9/10)

\$2 off Olay Eyes item (exp 9/24)

\$1 off Olay facial moisturizer or cleanser (exp 9/24)

\$2 off Olay Pro-X, Regenerist or Luminous facial moisturizer (exp 9/24)

\$1 off Olay Total Effects facial moisturizer, excl Olay eyes (exp 9/24)

\$1 off Old Spice deodorant, body wash or bar soap (exp 9/10)

\$1 off Old Spice shampoo, 2-in-1 or styling item (exp 9/10)

.50/1 Oral-B adult or kids manual toothbrush, excl Healthy Clean, twin or quad packs (exp 9/10)

\$5 off Oral-B Nighttime Dental Guard (exp 9/24)

\$1.50 off Oral-B twin glide floss pack (exp 9/10)

\$1.50 off Oral-B twin or quad manual 3D white, Pro-Health or Complete toothbrush pack (exp 9/10)

\$3 off Pampers diapers or pants (exp 9/10)

\$1 off Pantene 3 Minute Miracle Deep Conditioner, or Expert item (exp 9/10)

\$2/2 Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz (exp 9/10)

\$5/3 Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz (exp 9/10)

\$1.50 off Pantene styler or treatment item (exp 9/10)

\$5 off Pampers Easy Ups or Underjams (exp 9/10)

.50/1 Pepto-Bismol product (exp 9/24)

\$5 off Prilosec OTC, 28-ct. + (exp 9/10)

.25/1 Puffs product, excl single Puffs to Go (exp 9/24)

.25/1 Puffs softpack, excl single Puffs to Go (exp 9/24)

\$1 off Secret Outlast, Scent Expressions, Destinations deodorant or body spray, excl 1.7 oz (exp 9/10)

\$2 off Sinex product (exp 9/24)

\$1 off Swiffer refill or solution (exp 9/24)

\$3 off Swiffer Wetjet, Sweep & Trap, Steamboost or Sweep & Vac starter kit (exp 9/24)

\$3/2 Tampax Pearl or Radiant tampons, 16-ct.+ (exp 9/10)

\$3 off Venus razor or Venus/Daisy disposable 2-ct.+, excl Daisy2 2-ct. (exp 9/24)

\$2 off Vicks product, excl Vapodrops and ZzzQuil (exp 9/24)

\$4/2 Vicks products, excl Vapodrops and ZzzQuil (exp 9/24)

\$2 off Vicks ZzzQuil product (exp 9/24)

\$4/2 Vicks ZzzQuil products (exp 9/24)