Asheville Citizen Times 9/18/16

Plain font means no variation. Strikeout means coupon not present. Italics means coupon varies slightly compared to the saved amount, expiration date, product specifics or DND status indicated in the Sunday Preview listing for this week. *DND will be indicated when the text says "DND" or similar, and when the barcode starts with 9.*

Smart Source 9/18 (last coupon for this insert expires 3/31/2017, OK to discard after that date)

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$1 off Atkins bar, treat or shake (exp 11/30)
$1 off Atkins frozen meal (exp 11/30)
$1/2 Belvita breakfast biscuits, 8.8 oz + box (exp 10/29)
$1/3 Capri Sun product, 10-ct. (exp 10/29)
$1.50 off Classico Riserva (exp 10/30)
$1/2 Classico white sauces (exp 10/30)
$3 off Colgate adult or kid's battery powered toothbrush (exp 10/8)
$5 off Dr. Scholl's Dreamwalk insole $7.95+ (exp 10/15)
$2 off Dr. Scholl's Dreamwalk item (exp 10/15)
$2 off Dr. Scholl's insole $7.95+ (exp 10/15)
$1/2 Duncan Hines perfect size or decadent cake mixes (exp 11/30)
$1 off Everpro Gray Away item (exp 10/9)
$1 off Frigo cheese heads cheese & meal kits, 8-ct.+ (exp 10/31)
$1 off General Electric GE lighting item, excl Reveal (exp 11/16)
$2 off General Electric GE Reveal lighting item (exp 11/16)
.75/2 General Mills Cheerios cereals (exp 10/29)
$1 off Go Organically fruit snacks, 8-ct. box (exp 11/12)
$1 off Irish Spring body wash, excl 2.5 oz trial size (exp 10/8)
.50/1 Irish Spring multi-bar soap packs, 6-pk.+ (exp 10/8)
.25/1 Palmolive dish liquid, 10 oz + (exp 10/8)
.50/1 Palmolive dish liquid, 22 oz + (exp 10/8)
$4/2 Pantene products, excl 6.7 oz and trial size (exp 10/1)
$1.50 off Pantene Styler or treatment item, excl trial size (exp 10/1)
$3 off PeroxiClear product, 12 oz+ (exp 11/30)
$1/3 Pillsbury refrigerated baked goods (exp 12/10)
$1/2 Premier Protein 30g or fiber bars (exp 12/18)
$3 off Premier Protein shake, 4-pk. (exp 12/18)
$2/2 Purina Beneful dog snacks(Target coupon) (exp 10/8)
$3 off Purina Beneful dry dog food 6.3 lb,+ (Target coupon) (exp 10/8)
$2 off Purina wet dog or cat food variety pack, excl Beneful and Friskies (Target coupon) (exp 10/8)
$3 off Schick disposable razor pack, excl 2-ct. and 10+2-ct. (exp 10/9)
.75/1 Softsoap body wash, 15 oz + (exp 10/8)
.50/1 Softsoap liquid hand soap premium pump 8-10 oz, or refill 28 oz+ (exp 10/8)
.50/1 Speed Stick Lady deodorant, 2.3 oz + (exp 10/8)
.50/1 Speed Stick Men's deodorant, 2.7 oz + (exp 10/8)
$1 off Speed Stick men's or lady deodorant twin pack (exp 10/8)
$1.50 off Starbucks K-cup pods, 6-ct.+ (exp 3/31/2017)
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Free Target $5 GiftCard with hair care purchase $15+ of Axe, Clear, Dove, Dove Men+Care, Nexxus,
Suave, Toni&Guy, Tresemme or Tigi (Target coupon), excl trial size (exp 9/24)
$1.50 off Tazo chai latte k-cup pods, 6-ct.+ (exp 12/31)
$1 off Theraflu severe Cold item (exp 10/15)
$2 off Theraflu Severe Cold item (exp 9/24)
$1 off Tillamook cheese slices, 7 oz + (exp 11/13)
$1 off Tillamook ice cream 56 oz, extra creamy ice cream 15.5 oz, frozen custard or farmstyle gelato
<del>(exp 11/13)</del>
$1/2 Tombstone pizzas (exp 10/31)
$1 off Tombstone Roadhouse pizza (exp 10/31)
$1 off Triaminic product (exp 10/15)
.75/1 Weber BBQ sauce, seasoning or rub, or (2) marinades (exp 11/6)
$1/2 Werther's Original caramels (exp 11/30)
$3 off Waggin' Train dog treats (exp 12/10)
.50/2 Dole fruit in gel (exp 12/11)
$1 off Mazola oil or spray (exp 10/30)
$1 off Celestial Seasonings tea (exp 11/27)
$1 off White Cloud bath tissue excl 4 & 6 roll packs DND (exp 11/30)
$2 off Cetaphil any (exp 10/16)
$1 off Cetaphil baby (exp 10/16)
$1/2 Wet N Wild (exp 10/1)
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