

Chattanooga Times Free Press 9/18/16

Smart Source 9/18 (last coupon for this insert expires 12/31/2016, OK to discard after that date)

- \$1 off** Atkins bar, treat or shake (exp 11/30)
- \$1 off** Atkins frozen meal (exp 11/30)
- \$1/2** Belvita breakfast biscuits, 8.8 oz + box (exp 10/29)
- \$1/3** Capri Sun product, 10-ct. (exp 10/29)
- \$1.50 off** Classico Riserva (exp 10/30)
- \$1/2** Classico white sauces (exp 10/30)
- \$3 off** Colgate adult or kid's battery powered toothbrush (exp 10/8)
- \$5 off** Dr. Scholl's Dreamwalk insole \$7.95+ (exp 10/15)
- \$2 off** Dr. Scholl's Dreamwalk item (exp 10/15)
- \$2 off** Dr. Scholl's insole \$7.95+ (exp 10/15)
- \$1/2** Duncan Hines perfect size or decadent cake mixes (exp 11/30)
- \$1 off** Everpro Gray Away item (exp 10/9)
- \$1 off** Frigo cheese heads cheese & meal kits, 8-ct.+ (exp 10/31)
- \$1 off** General Electric GE lighting item, excl Reveal (exp 11/16)
- \$2 off** General Electric GE Reveal lighting item (exp 11/16)
- .75/2** General Mills Cheerios cereals (exp 10/29)
- \$1 off** Go Organically fruit snacks, 8-ct. box (exp 11/12)
- \$1 off** Irish Spring body wash, excl 2.5 oz trial size (exp 10/8)
- .50/1** Irish Spring multi-bar soap packs, 6-pk.+ (exp 10/8)
- .25/1** Palmolive dish liquid, 10 oz + (exp 10/8)
- .50/1** Palmolive dish liquid, 22 oz + (exp 10/8)
- \$4/2** Pantene products, excl 6.7 oz and trial size (exp 10/1)
- \$1.50 off** Pantene Styler or treatment item, excl trial size (exp 10/1)
- \$3 off** PeroxiClear product, 12 oz+ (exp 11/30)
- \$1/3** Pillsbury refrigerated baked goods (exp 12/10)
- \$1/2** Premier Protein 30g or fiber bars (exp 12/18)
- \$3 off** Premier Protein shake, 4-pk. (exp 12/18)
- \$2/2** Purina Beneful dog snacks(Target coupon) (exp 10/8)
- \$3 off** Purina Beneful dry dog food 6.3 lb.+ (Target coupon) (exp 10/8)
- \$2 off** Purina wet dog or cat food variety pack, excl Beneful and Friskies (Target coupon) (exp 10/8)
- \$4 off** Rhinocort Allergy Spray product (exp 10/16)
- \$10 off** Rhinocort product (exp 10/02)
- \$3 off** Schick disposable razor pack, excl 2-ct. and 10+2-ct. (exp 10/9)
- .75/1** Softsoap body wash, 15 oz + (exp 10/8)
- .50/1** Softsoap liquid hand soap premium pump 8-10 oz, or refill 28 oz+ (exp 10/8)
- .50/1** Speed Stick Lady deodorant , 2.3 oz + (exp 10/8)
- .50/1** Speed Stick Men's deodorant, 2.7 oz + (exp 10/8)
- \$1 off** Speed Stick men's or lady deodorant twin pack (exp 10/8)
- \$1.50 off** Starbucks K-cup pods, 6-ct.+ (exp 3/31/2017)
- Free** Target \$5 GiftCard with hair care purchase \$15+ of Axe, Clear,Dove, Dove Men+Care, Nexxus, Suave, Toni&Guy, Tresemme or Tigi (Target coupon), excl trial size (exp 9/24)
- \$1.50 off** Tazo chai latte k-cup pods, 6-ct.+ (exp 12/31)
- \$1 off** Theraflu severe Cold item (exp 10/15)
- \$2 off** Theraflu Severe Cold item (exp 9/24)
- \$3 off** Theratears (exp 11/30)
- \$1 off** Tillamook cheese slices, 7 oz + (exp 11/13)
- \$1 off** Tillamook ice cream 56 oz, extra creamy ice cream 15.5 oz, frozen custard or farmstyle gelato (exp 11/13)

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\$1/2 Tombstone pizzas (exp 10/31)

\$1 off Tombstone Roadhouse pizza (exp 10/31)

\$1 off Triaminic product (exp 10/15)

\$3 off 11oz+ Waggin Train (treats for dogs) (exp 12/18)

.75/1 Weber BBQ sauce, seasoning or rub, or (2) marinades (exp 11/6)

\$1/2 Wet N Wild Products (exp 10/01)

\$1/2 Werther's Original caramels (exp 11/30)

\$1 off Werther's Original Caramel Popcorn (exp 11/30)

\$1 off White Cloud Bath Tissue exl 4 and 6 rolls (exp 11/30)

\$10 off 1 Zyrtec 70 ct or larger (exp 09/25)

\$4 off 1 Zyrtec 24-30ct product (exp 10/16)