

Cookeville Herald-Citizen 9/25/16

Proctor & Gamble 9/25

(all expire 10/08 or 10/22, all exclude trial size)

\$3 off Align item, excl trial (10/22)

\$2 off (1) Always pads, 11ct+ & (1) Always pantliners, 30ct+, excl Discreet (exp 10/8)

\$1 off Bounty item, 6ct+ (exp 10/22)

.50¢ off Bounty Basic, Charmin Essentials or Charmin Basic item, excl single roll & trial (exp 10/22)

\$1 off Charmin item, 6ct+ (exp 10/22)

\$3 off CoverGirl + Olay family items, excl trial (exp 10/22)

\$1 off CoverGirl lip or nail item, excl trial (exp 10/22)

\$5 off Crest White Glamorous White, 1 Hr Express, Professional Effects, FlexFit, Gentle Routine or Monthly Whitening Boost whitestrips (exp 10/8)

\$1.25/2 Crest toothpaste or Liquid Gels, 3oz+, excl Reg., Cavity, Baking Soda, Tartar, Control, Kids & trial (exp 10/8)

\$1.25 off Crest Mouthwash, 237mL+/8oz+, excl Kids & trial (exp 10/8)

.25/1 Dawn product (exp 10/22)

\$1 off Downy items, excl Libre Enjuague, 12 load, dryer sheets 60ct or less & trial (10/8)

.50/1 Febreze product, excl Unstopables (exp 10/22)

\$1 off Fixodent adhesive 1.4 oz + (exp 10/8)

\$2 off Gain detergent, excl Fabric Enhancer, Fireworks, Flings & trial (exp 10/8)

\$1/2 Gillette deodorants 2.6 oz +, excl Clinical Strength (exp 10/8)

\$2 off Gillette or Venus or Satin Care shave gel 5.9 oz +, excl Foamy (exp 10/22)

\$4 off Gillette or Venus refill pack 4-ct.+ (exp 10/22)

\$3 off Gillette razor or disposable 2-ct.+ , excl Sensor2 2-ct (exp 10/22)

\$4/2 Head & Shoulders full size products 380 mL/12.8 oz +, excl treatments (exp 10/8)

\$2 off Luvs diapers (exp 10/8)

\$1 off Metamucil product, excl Meta Health Bar 1-ct. (exp 10/22)

\$1 off Olay bar soap 4-ct.+ or body wash (exp 10/8)

.50/1 Olay facial moisturizer or cleanser (exp 10/22)

\$5/2 Olay Pro-X, Regenerist or Luminous facial moisturizers or Eyes items (exp 10/8)

\$1 off Olay Total Effects facial moisturizer, excl Eyes (exp 10/22)

\$1/2 Old Spice deodorant body wash or bar soap items (exp 10/8)

\$1 off Old Spice shampoo, 2-in-1 or styling item (exp 10/8)

\$1.25/2 Oral-B adult manual toothbrushes, excl Healthy Clean, Kids (exp 10/8)

\$2 off Pampers Easy Ups or Underjams (exp 10/8)

Free Pampers wipes up to 72-ct., WYB (1) diapers or Easy Ups, up to \$3.99 (exp 10/8)

\$1 off Pantene 3 Minute Miracle Deep Conditioner or Expert item (exp 10/8)

\$2/2 Pantene products, excl 6.7 oz (exp 10/8)

\$5/3 Pantene products, excl 6.7 oz (exp 10/8)

\$1.50 off Pantene styler or treatment (exp 10/8)

.50/1 Pepto-Bismol product (exp 10/22)

\$8/2 Prilosec OTC product, 42-ct. (exp 10/8)

.50/1 Puffs facial tissues, excl single Puffs To Go packs (exp 10/22)

\$1/2 Secret deodorant ifems 2.6 oz +, excl Clinical Strength (exp 10/8)

\$2 off Secret or Gillette Clinical 1.6 oz + (exp 10/8)

Cookeville Herald-Citizen 9/25/16

\$2 off Swiffer refill or WetJet solution (exp 10/22)

\$2/2 Tampax Pearl or Radiant tampons, 16-ct.+ (exp 10/8)

\$2 off Tide Detergent, excl PODS, Simply clean & fresh, Simply clean & sensitive, 10oz & trial (exp 10/8)

\$2 off Tide PODS or Gain Flings, excl Simply clean & fresh, Simply clean & sensitive, PODS 5ct, Flings 5ct & trial (exp 10/8)

Free Downy fabric softener 41/51oz, Fresh Protect, Unstopables, Gain Fireworks, Dreft Blissfuls, Bounce Bursts, Beads 9.7oz+ or In Wash Scent Boosters wyb (2) Tide detergents 69/75oz+, up to \$4.50, excl Simply Clean & Fresh, Simply Clean & Sensitive, PODS, Downy Libre Enjuague & trial (exp 10/8)

\$3 off Venus razor, or Venus or Daisy disposable 2-ct.+, excl Daisy 2 2-ct. (exp 10/22)

\$1 off Vicks product, excl Sinex, VapoDrops, ZzzQuil (exp 10/22)

\$3/2 Vicks product, excl VapoDrops, ZzzQuil (exp 10/22)

\$1 off Vicks Sinex (exp 10/22)

\$2 off Vicks ZzzQuil (exp 10/22)

Cookeville Herald-Citizen 9/25/16

RedPlum 9/25 *(last coupon for this insert expires 9/25/2017, OK to discard after that date)*

Free Axe body spray 4 oz, up to \$5.99, WYB body wash (exp 10/9)

\$2 off Axe dry spray deodorant, excl trial size (exp 10/9)

\$1 off Axe hair care item, excl trial size (exp 10/23)

.40/1 C&H Organic 24 oz, or washed 32 oz raw sugar (exp 12/3)

\$1 off C&H Organic blue agave nectar (exp 12/3)

\$1 off C&H product in a flip-top canister (exp 12/3)

.50/1 C&H sugar item, 2 lb.+ (exp 12/3)

\$1 off Caress beauty bar 6-pk., or body wash 12 oz + (exp 10/9)

.65/2 Domino Sugar items, 2lb.+ (exp 12/3)

.30¢ off Domino Organic 24oz or Domino Demerara Sugar item (exp 12/3)

.75¢ off Domino Organic Blue Agave Nectar (exp 12/3)

.55¢ off Domino item in a flip-top canister (exp 12/3)

\$1.25 off Dove Advanced Care or Dry Spray deodorant, excl trial size (exp 10/9)

\$1 off Dove Beauty bar, 4-pk.+ (exp 10/9)

\$1 off Dove body wash, 22 oz + (exp 10/9)

\$2/2 Dove hair care, excl trial size (exp 10/23)

\$2 off Dove Men+Care bar, 6-pk.+ (exp 10/9)

\$2 off Dove Men+Care body wash, 13.5 oz + (exp 10/9)

\$1 off Dove Men+Care deodorant stick or solid, incl Clinical Protection, excl dry spray and trial size (exp 10/23)

\$1 off Dove Men+Care hair care or styling item, excl trial size (exp 10/23)

\$1.50/2 Dunkin' Donuts coffee items (exp 11/30)

\$1/2 Dunkin' Donuts creamer (exp 11/20)

.99¢ Dunkin' Donuts Medium Hot Chocolate (exp 10/31)

.25/1 Duracell Coppertop, Quantum, Ultra Photo Lithium, Specialty Batteries, Rechargeable Batteries, Charger, or 6-pk.+ hearing aid batteries, excl 1-ct. and trial size (exp 10/22)

\$5 off Fan Central item, WYB (3) AXE, Dove Men+Care, Degree Men, Suave or Vaseline items, excl trial size (Target coupon) (exp 11/12)

\$5 off FDgard product, 8 or 24-ct. (exp 9/25/2017)

.35¢ off Healthy Life bread & buns (exp 12/31)

.35¢ off Healthy Life Soft Style 100% Whole Grain bread (exp 12/31)

.60/1 I Can't Believe It's Not Butter! product, 15 oz + (exp 10/23)

\$2 off L'Oreal Excellence or Excellence Age Perfect haircolor (exp 10/22)

Free Lipton black, herbal or green tea item 20 ct., WYB (1) tea item, up to \$3.99, excl bottled teas (exp 10/9)

\$1.50/2 M&M's candies, 9.4oz+ (exp 11/6)

\$3 off Nasacort allergy 24HR item, 60-spray (exp 10/8)

\$5 off Nasacort allergy 24HR item, 120 or 2x120 multipack spray (exp 10/8)

\$1 off Persil ProClean laundry detergent, excl trial size (exp 10/23)

\$2 off Persil ProClean power-liquid 75 oz +, power-pearls 2 lb. 12 oz+, or power-caps 40-ct.+ (exp 10/23)

.50/1 Pure Silk shave cream, 8 oz or twin pack (exp 11/5)

\$1 off Purex liquid or powder detergent or Crystals, 18oz (Dollar General coupon) (exp 12/31)

Cookeville Herald-Citizen 9/25/16

- \$2 off** Purina Dog or Puppy Chow, 3.8 lb.+ (exp 12/25)
- \$4 off** Purina Dog or Puppy Chow, 32 lb.+ (exp 12/25)
- \$1/2 off** Purina dog treats (Target Coupon) (exp 10/15)
- \$10 off** Purina pet care purchase of \$50+ (Target coupon), excl dog or cat treats, wet cat food and litter (exp 10/15)
- \$2 off** Purina Tidy Cats litter (Target coupon), 8.5 lb+ (exp 10/15)
- B2 for \$1.50** Renuzit Single Adjustables (Dollar General coupon) (exp 12/31)
- \$1 off** Rimmel eye item (exp 11/30)
- \$1 off** Rimmel product (exp 11/30)
- \$1 off** Sensodyne ProNamel 6-12 years toothpaste for kids (exp 11/6)
- \$1 off** Sensodyne ProNamel toothpaste, 4 oz + (exp 11/8)
- \$1 off** Sensodyne toothpaste, excl 8 oz (exp 11/5)
- B5G5** Sheba Perfect Portions, up to \$4.45 (exp 11/6)
- \$1 off** Sheba Meaty Tender Sticks (exp 11/6)
- \$1 off** Silk Nutchello nut-based beverage (exp 11/25)
- \$2 off** Simple cleanser or moisturizer, excl trial size (exp 10/23)
- \$1 off** Simple wipes, excl trial size (exp 10/23)
- \$1.50 off** So Delicious Almondmilk, 48oz (exp 10/31)
- \$1 off** Soft Scrub item (Dollar General coupon) (exp 12/31)
- \$1.50 off** St. Ives body wash, scrub, lotion or face care item, excl trial size (exp 10/9)
- \$1 off** Stainmaster carpet, pet or rug stain remover, or carpet high traffic cleaner (exp 11/9)
- .50/1** Suave Essentials, men or kids body wash, 12 oz + (exp 10/9)
- \$1 off** Suave Kids hair care item, excl trial size (exp 10/9)
- \$1.50 off** Suave Kids Purely Fun hair care item, excl trial size (exp 10/9)
- \$1 off** Suave Men hair care item (exp 10/23)
- \$3/2** Suave Professionals Gold hair care items, excl Luxe Styling and 2 oz trial size (exp 10/9)
- \$2/2** Suave Professionals shampoo or conditioner 28 oz, or treatment items, excl trial size (exp 10/9)
- \$1 off** SuperPretzel Pretzel Dogs (exp 11/1)
- \$1 off** SuperPretzel Soft Pretzel (exp 11/1)
- \$5/2** TRESemme shampoo or conditioner, excl trial size (exp 10/9)
- \$1 off** TRESemme styling item, excl trial size (exp 10/23)
- \$1 off** Welch's Graham Slam PB&J snacks (exp 12/31)
- \$1/2** Welch's Juices, 64/96/10oz or multi-pack, any flavor (exp 11/30)

Cookeville Herald-Citizen 9/25/16

Smart Source 9/25 *(last coupon for this insert expires 12/31/2016, OK to discard after that date)*

\$1 off Alka-Seltzer item (exp 10/8)

Free Amope Gel Activ Insoles & Inserts with \$10 mail-in-rebate (exp 10/23)

\$1 off Aveeno item, excl cleansing bars, moisturizing bars, trial & 2.5 oz (exp 11/5)

.50/2 Betty Crocker Fruit Snacks (exp 11/19)

\$1.50 off Blue-Emu Lidocare (exp 11/30)

\$3 off Blue-Emu item (exp 11/30)

\$2 off Clairol hair color, excl Age Defy and trial size (exp 10/8)

\$6/2 Clairol hair color boxes, excl Age Defy, Balsam, Textures & Tones, and trial size (exp 10/8)

\$1 off Colgate mouthwash or mouth rinse, 236 mL+ (exp 10/22)

\$1 off Crunchmaster product (exp 10/25)

\$1 off Eight o'Clock coffee (exp 11/30)

.75/1 Energizer batteries or flashlight (exp 10/8)

\$1.50 off Energizer EZ Turn & Lock hearing aid batteries (exp 10/8)

.50/2 Fiber One chewy bars, 90 calorie products, protein chewy bars, streusel bars, cheesecake bars or cookies boxes (exp 11/19)

\$1/3 General Mills Big G cereals (exp 11/5)

\$1/2 Glade products, excl plugins scented oil warmer, solid air freshener and 8oz room spray (exp 11/6)

\$2/3 Glade products, excl plugins scented oil warmer, solid air freshener and 8oz room spray (exp 11/6)

\$1 off Gold'n Soft spreadable butter (exp 12/31)

\$1.25/3 Hershey's snack size, 9 oz + (exp 10/15)

\$4/2 Huggies diapers, 10-ct.+ (exp 10/15)

\$1.50 off Huggies Little Snugglers, Little Movers, or Overnites diapers, 10-ct.+ (exp 10/15)

.40/1 Huggies wipes, 56-ct.+ (exp 10/15)

Free King Arthur Flour Essential Goodness Baking Mix wyb (1) (exp 10/8)

\$1 off King Arthur Flour Essential Goodness Baking Mix (exp 12/31)

\$1/2 Land O'Frost deli snackers (exp 10/31)

\$2.50 off Lemon Grass Kitchen entree (exp 10/31)

\$2 off Lubriderm product, 13 oz + (exp 11/5)

.50/2 Nature Valley granola bars or backpacker chewy oatmeal bites (exp 11/19)

\$1 off Oscar Mayer lunch meat in zip-pak (exp 11/15)

\$20 off Philips Flexcare+, Flexcare Platinum or DiamondClean rechargeable toothbrush (exp 10/31)

\$10 off Philips Sonicare 2 Series, 3 Series, HealthyWhite+ or AirFloss (exp 10/31)

\$5 off Philips Sonicare brush head multipack, excl powerup brush heads (exp 10/31)

\$5 off Philips Sonicare for Kids rechargeable toothbrush (exp 10/31)

.50/2 Progresso products, excl pasta bowls (exp 11/19)

\$1.50/2 Rachael Ray Nutrish dog treats, 3 oz + bags (exp 11/20)

\$2 off Rachael Ray Nutrish dry cat food, 3 lb.+ bag (exp 11/20)

\$2 off Rachael Ray Nutrish dry dog food, 3.5 lb.+ bag (exp 11/20)

B3G1 Rachael Ray Nutrish wet cat food, up to \$1.29, 2.8 oz tubs (exp 11/20)

\$1/2 Rachael Ray Nutrish wet dog food, 8 oz tubs (exp 11/20)

.75¢ off Seapak item, 8oz+ (exp 12/31)

Cookeville Herald-Citizen 9/25/16

\$1 off Spice Islands seasonings bottle (exp 10/23)

\$1.50/2 Summer's Eve external items (exp 12/31)

.55¢ off Valley Fresh item (exp 11/21)