

Cookeville Herald-Citizen 10/2/16

RedPlum 10/2 #1 (last coupon for both Red Plum inserts expires 1/31/2017, OK to discard after that date)

- \$2 off** Abreva product (exp 1/2/17)
- \$3 off** Advil children's item (exp 10/9)
- \$3 off** Advil Cold & Sinus, Sinus Congestion & Pain, Allergy Sinus or Allergy & Congestion Relief (exp 10/9)
- \$3 off** Advil PM, 80-ct.+ (exp 10/9)
- \$3 off** Advil product, 160-ct.+ (exp 10/9)
- \$1 off** Advil regular, menstrual pain or film-coated 40-ct.+ , or PM20-ct.+ (exp 10/9)
- \$3 off** Always Discreet incontinence liner or pad, excl trial size (exp 10/29)
- \$3 off** Always Discreet underwear, excl trial size (exp 10/29)
- \$1.50 off** Biotene product (exp 11/2)
- \$2 off** Breathe Right item (exp 10/31)
- \$4 off** Centrum MultiGummies, 70ct+ (10/17)
- \$4 off** Centrum or Centrum Silver, 60ct+ (10/17)
- \$4 off** Centrum Vitamins, 60ct+ (10/17)
- \$2/12** Cesar single trays OR (1) 12-ct multipack OR (1) 24-ct multipack (exp 11/27)
- \$2/2** Clairol Aussie shampoo, conditioner or styling items, excl trial size (exp 10/15)
- \$3/3** Clairol Aussie shampoo, conditioner or styling items, excl trial size (exp 10/15)
- \$4/2** Clairol Herbal Essences shampoo, conditioner or styling items, excl trial size (exp 10/15)
- \$3 off** Culturelle Probiotics (exp 1/31/17)
- \$1/2** Dial Complete or kids foaming hand wash 7.5 oz +, liquid hand soap refills 32 oz +, Advanced bar 2-pk+, or bar 3-pk.+ (exp 10/23)
- \$1/2** Dial or Tone body wash 12 oz +, Dial or Tone bar soap 6-pk. +, or Dial lotion 12 oz +, excl trial size (exp 10/23)
- \$3 off** Dimetapp Children's item (exp 10/9)
- \$1 off** Dry Idea deodorant (exp 10/23)
- \$2 off** Flonase, 60 spray & Children's (exp 10/30)
- \$4 off** Flonase, 120 spray+ (exp 10/30)
- \$2 off** Got2b styling item, excl trial size (exp 11/5)
- \$1/2** International Delight coffee creamer singles, pints, quarts + (exp 12/31)
- \$1 off** International Delight iced coffee (exp 12/31)
- .55/1** Jimmy Dean breakfast item, excl single serve sandwiches (exp 10/30)
- \$1 off** Jimmy Dean frozen breakfast item, excl single serve sandwiches (exp 10/30)
- \$1/3** Kellogg's cereals, 8.7oz+ (11/13)
- \$1 off** Nexium 24HR item (exp 11/27)
- \$10/2** Nexium 24HR item, 42-ct (exp 10/16)
- \$1/2** Pedigree treats for dogs (exp 11/30)
- .55/2** Pioneer gravy mixes (exp 1/2/17)
- .55/2** Pioneer Gluten Free gravy mixes (exp 1/2/17)
- \$2 off** Polident denture cleanser tablets, 120-ct.+ (exp 11/2)
- \$1 off** Purex liquid detergent, 128 oz + (exp 10/12)
- B4G2** Renuzit adjustables air fresheners, up to \$2.20 (exp 10/16)
- \$1 off** Renuzit oils or pearl scents (exp 10/16)
- \$1 off** Right Guard Xtreme Odor Combat deodorant, excl Sport (exp 10/23)

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\$3 off Robitussin adult item (exp 10/9)
\$3 off Robitussin children's item (exp 10/9)
\$3 off Schwarzkopf Color Ultime or Keratin color hair color item (exp 11/5)
\$5/2 Schwarzkopf Essence Ultime or Styliste Ultime hair care or styling items (exp 11/5)
.75/1 Scott's Liquid Gold wood care (exp 12/31)
\$1/2 Skittles or Starburst or LifeSavers gummies, 7 oz + bags (exp 10/31)
\$1 off Soft Scrub 4-in-1 toilet care item (exp 10/22)
\$1 off Soft Scrub product, 20 oz + (exp 10/22)
\$1 off Super Poligrip product, 2 oz + (exp 11/2)
\$3/2 Thermacare heatwraps 2-ct., or coldwrap 1-ct. (exp 10/9)
\$1.50 off Truvia Nectar (exp 11/30)
\$1.50 off Truvia Natural Sweetener, Baking Blend, Brown Sugar Blend, excl 7ct (exp 11/30)

RedPlum 10/2 #2

\$1 off ACT kids rinse, 16.9oz (exp 11/30)
\$1 off ACT product, excl trial size (exp 11/30)
\$4 off Allegra allergy 24HR, 24-ct.+ (exp 10/29)
\$10 off Allegra allergy 24HR 70-ct., or gelcaps 60-ct.+ (exp 10/8)
\$4 off Allegra children's allergy item (exp 10/29)
\$3 off Allegra-D allergy & congestion item (exp 10/29)
\$1/3 Balance individual bars (exp 11/30)
\$1.50 off Balance product, 6 or 10-ct box (exp 11/30)
.55/2 Bar-S franks, bologna, or ham or turkey lunchmeat (exp 11/13)
.75/1 Bar-S sausage, hot link or bacon (exp 11/13)
\$1 off Brach's or Trolli trick or treat pack or mixed bag, 10 oz + (exp 10/31)
\$4/3 Cesar or Sheba, Iams or Pedigree pet food multipacks (Target coupon) (exp 11/30)
B3G1 Cesar or Sheba, Iams, Dentastix or Temptations dog or cat treats or food, up to \$16.99 (Target coupon) (exp 11/30)
\$1.50 off Community Coffee, K-cup boxes or bag (exp 11/24)
\$4/2 Community Coffee, K-cup boxes or bags (exp 1/31/17)
\$1 off Cortizone-10 products, 1 oz + (exp 10/29)
\$1.50 off Curly's Kansas City Style Brisket Burnt Ends, Rio Grande Style Pulled Pork & Chorizo Sausage or West Coast IPA Style Pulled Pork (exp 12/31)
\$1.50 off Curly's Pulled Pork, Bold & Spicy Pulled Pork, Pulled Chicken, Pulled Beef Steak. Sauceless Pulled Pork, Sauceless Pulled Chicken or Baby Back Ribs (exp 12/31)
\$1 off Disney or Star Wars or Marvel gummy vitamins (exp 11/30)
\$3 off Ester-C product (exp 11/30)
\$1 off Garnier cleanser, excl trial size (exp 10/29)
\$1 off Garnier Fructis shampoo, conditioner or treatment, excl 2.9-3 oz (exp 10/29)
\$1 off Garnier Fructis styling item, excl 2 oz (exp 10/29)
\$3 off Garnier moisturizer, excl trial size (exp 10/29)
\$2 off Garnier Nutrisse or color styler (exp 10/29)

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\$2 off Garnier Olia oil-powered haircolor (exp 10/29)

\$1 off Gold Bond anti-itch item (exp 10/29)

\$1 off Gold Bond cream or lotion 2 oz +, excl 1 oz (exp 10/29)

\$1.50 off Gold Bond Eczema, Diabetics', Rough & Bumpy, Neck & Chest, Dark Spot Minimizing, or 13 oz Strength & Resilience, excl hand creams and 1 oz (exp 10/29)

\$1.50 off Gold Bond lotion 13 oz +, excl hand creams and 1 oz (exp 10/29)

.50¢ off Land O Lakes eggs (exp 1/2/17)

\$2 off Maybelline Superstay 24 item (exp 10/29)

\$2 off Maybelline Superstay Better Skin item (exp 10/29)

\$1/2 MET-Rx bars, or (1) value pack (exp 11/30)

\$2 off Nature's Bounty Optimal Solutions item (exp 11/30)

\$1 off Nature's Bounty product (exp 11/30)

\$5 off Osteo Bi-Flex Ease item, 28 ct.+ (exp 11/30)

\$5 off Osteo Bi-Flex item, 70-ct.+ (exp 11/30)

.50/1 Pure Protein bar (exp 11/30)

\$1.50/2 Pure Protein bars, or (1) bar or shake multipack, or (1) powder (exp 11/30)

\$1.50 off Roloids bottle tablets or liquid (exp 10/29)

\$3/2 Sundown Naturals adult gummies (exp 11/30)

\$1 off Sundown Naturals vitamin or supplement (exp 11/30)

Smart Source 10/2 #1 (last coupon for both Smart Source inserts expires 1/31/2017, OK to discard after that date)

- .50/1** Alberto VO5 Oil, Salon Series Shampoo, Conditioner or Styling (exp 11/13)
- .50/2** Alberto VO5 Shampoos or Conditioners (exp 11/13)
- .50/2** Alberto VO5 Solutions Shampoos or Conditioners (exp 11/13)
- \$1/2** Alexia frozen potatoes or onion rings (exp 11/20)
- \$2 off** Bausch+Lomb Soothe (exp 12/31)
- \$4 off** Bausch+Lomb BioTrue Contact Lens Solution, Twin Pack (exp 12/2)
- \$2 off** Bausch+Lomb BioTrue Contact Lens Solution (exp 12/2)
- \$1 off** Blue Diamond Almonds, 10oz+ (exp 12/4)
- \$1/2** Blue Diamond Almonds, 4oz+
- .40/4** Campbell's Condensed Soups (exp 11/27)
- .50¢ off** Campbell's Slow Kettle style soup (exp 11/27)
- .60/3** Campbell's Homestyle or Chunky soups (exp 11/27)
- .50¢ off** Campbell's Skillet, Slow Cooker or Oven Sauces (exp 11/27)
- \$1/2** Chicken of the Sea Salmon Items (exp 11/30)
- \$4 off** ClariSpray product (exp 10/30)
- \$4 off** Claritin product, 30-ct.+ (exp 10/30)
- \$4 off** Claritin Children Syrup, or Chewables 20-ct.+ (exp 10/30)
- \$4 off** Claritin-D product, 15-ct.+ (exp 10/30)
- \$4 off** Claritin-D product, 15-ct.+ (exp 11/30)
- \$1.50/2** Clorox Clean-Up, Disinfecting Wipes, Liquid Bleach or Toilet Bowl Cleaner (exp 11/2)
- \$1 off** Colgate Total, Optic White, Enamel Health, Max Fresh or Sensitive toothpaste, 3oz+ (exp 10/15)
- \$1 off** Colgate 360, Floss-tip manual toothbrush, excl Colgate Plus, Triple Action, Extra Clean and Classic Clean (exp 10/8)
- \$1 off** Colgate Mouthwash or Rinse, 236mL+ (exp 10/29)
- \$1/5** Dannon Greek Single Serve Cups, or (2) 4-pk.+ or (1) Quart (exp 11/12)
- B2G1** Dannon whole milk or light & fit single serve yogurt & get one free, 5.3oz (exp 11/2) (Publix coupon)
- \$1/4** Del Monte Diced, Stewed or Whole Tomatoes (exp 11/26)
- .50/1** Evian water, 750 ml, 1L, Single 1.5L or Multipack (exp 11/12)
- \$1 off** Fisher Recipe Nut item, 10oz+ (exp 12/5)
- \$1/2** Halls drops, 17ct+ (exp 11/12)
- \$1/2** Jolly Time Pop Corn (exp 11/30)
- .40¢ off** Karo syrup item, 16oz+ (exp 11/15)
- .50/1** Minute Ready to Serve Rice Product (exp 12/24)
- \$1/2** No Yolks Noodles Bags (exp 12/3)
- .40/2** Pace Salsa or Picante, 16oz+ (exp 11/27)
- \$1 off** Palmer's Product (exp 12/31)
- \$2 off** Bausch+Lomb PeroxiClear, 12 oz+ (exp 11/19)
- \$4 off** Bausch+Lomb PeroxiClear, Twin Pack (exp 11/19)
- \$1 off** PreserVision Areds 2 (exp 11/30)

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\$4 off PreserVision product (exp 11/30)
.25¢ off Reddi-Wip, 6.5-13oz (exp 11/05)
\$3 off Revlon Eye, Face or Lip Cosmetics (exp 10/16)
.55/1 Ritter Bar, 3.5oz (exp 10/30)
.40/2 Swanson Broths or Stocks, 24oz+ (exp 11/27)
\$1 off Tai Pei Single Serve Entrée or Multi Serve Appetizer, 11-46.5oz (exp 12/31)
B1G1 Tic Tac Mints or Mixers, Single Pack 60-ct., up to \$1.79 (exp 1/2/2017)
\$1/2 V8 100% Vegetable Juice, 46oz+ (exp 11/27)
\$1 off V8 Veggie Blends, 46oz+ (exp 11/27)

Smart Source 10/2 #2

\$1.50 off Air Wick Freshmatic Ultra Refills (exp 10/30)
B2G1 Air Wick Freshmatic Ultra Refills & get (1) free, up to \$5.49 (exp 10/30)
\$1.25 off Air Wick Scented Oil, Twin or Triple Refill (exp 10/30)
\$1/2 Air Wick products (exp 10/30)
\$1 off Ban Deodorant (exp 10/22)
\$1 off Ban Total Refresh Cooling Body Cloths Pack (exp 10/22)
\$1 off Biore Cleanser (exp 11/14)
\$1 off Biore Pore Strips (exp 11/14)
\$1/4 Canine Carry Outs dog snacks (exp 11/27)
\$1.50 off Curel product (exp 10/29)
\$2 off Delsym 12 hr Adult or Kids item (exp 11/13)
\$2 off Delsym Cough+ Adult or Kids item (exp 11/13)
\$3 off Depend product (exp 10/28)
\$1/2 Dinty Moore items (exp 11/28)
\$2/2 Ensure Multipacks (exp 11/27)
\$1/2 Fiore Bath Tissue Rolls 12pk, or Paper Towel Rolls 6pk (exp 11/18)
\$1/3 Fiore Facial Tissue (exp 11/18)
\$3 off Fleet Rectal Care Pain Relief Wipes (exp 11/30)
.40/1 Fleischmann's Yeast (exp 11/15)
\$4 off Florastor product, 20-ct (exp 10/17)
\$6 off Florastor product 50-ct., or Sachet 30-ct. (exp 10/17)
\$5 off Freestyle Precision Neo Meter (exp 11/27)
\$1.50 off Jergens Moisturizer, 7.5 oz+ (exp 10/30)
\$1 off Jergens Natural Glow item (exp 10/30)
\$2 off Jergens Wet Skin Moisturizer, 10 oz+ (exp 10/30)
\$3 off John Frieda Frizz Ease 10 Day Tamer (exp 10/29)
\$1 off John Frieda Frizz Ease item (exp 10/29)
\$3 off John Frieda Luxurious Volume (exp 10/29)
\$1 off John Frieda Sheer Blonde, Brilliant Brunette or Radiant Red (exp 10/29)
.40/1 Karo Syrup (exp 11/15)
.50/1 Lysol Disinfectant Spray or Max Cover Mist (exp 11/15)

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.50/2 Lysol Disinfecting Wipes (exp 11/15)

\$1 off Lysol No-Touch Hand Soap System Starter Kit or Refill (exp 11/15)

.50/1 Lysol Toilet Bowl Cleaner (exp 11/15)

\$2 off MagniLife Pain & Fatigue Relief or Tablets (exp 11/21)

\$1/2 Mean Green items, 32oz+ (exp 12/31)

\$1/2 Milk-Bone dog treats (exp 11/27)

\$1/2 Milo's Kitchen dog treats (exp 11/27)

\$2 off Mucinex Fast-Max (exp 11/13)

\$2 off Mucinex product (exp 11/13)

\$1/2 No Yolks Noodles Bags (exp 12/3)

\$2 off Phazyme product (exp 11/30)

\$3 off Poise pads or liners, excl 14-26ct liners or 10 ct pads (exp 10/29)

\$3 off Poise Impressa Bladder Supports sizing kit or size 1-3, 6ct+ (exp 10/29)

\$1/2 Pup-Peroni dog snacks (exp 11/27)

\$1 off Purina One Dry Cat Food Bag, 3.5lb (exp 1/31/2017)

\$5 off Refresh Optive Advanced or Gel Drops (exp 10/18)

\$4 off Refresh PM Nighttime Protective Ointment (exp 10/16)

\$3/2 Refresh Product (exp 11/13)

\$1 off Roto-Rooter item (exp 12/31)

\$1 off Tai Pei Single Serve Entrée or Multi Serve Appetizer (exp 12/31)