

Coupon Variation for the Post and Courier for 02/26 below. You will get (3) inserts in your paper.

Be on the lookout for:

(1) Smart Source

(1) Red Plum

(1) Proctor & Gamble

Proctor & Gamble 02/26

\$3 off Align product, excl trial size (exp 3/25)

\$3 off Always Discreet incontinence liner or pad, excl 24-26 ct. liners, and trial size (exp 3/25)

\$3 off Always Discreet underwear, excl trial size (exp 3/25)

\$1 off Always Radiant or Infinity pad, 11-ct.+, excl trial size (exp 3/11)

.50/1 Bounty Basic or Charmin Essentials, excl single roll, and trial size (exp 3/25)

.25/1 Bounty product, excl trial size (exp 3/25)

.25/1 Charmin product, excl trial size (exp 3/25)

\$5 off Crest 3d white glamorous white, 1 hr express, professional effects, flexfit, gentle routine, monthly whitening boost or whitestrips with light, excl trial size (exp 3/11)

\$1 off Crest mouthwash, 473 mL./16 oz+, excl trial size (exp 3/11)

\$1 off Crest toothpaste 3 oz+, liquid gel or kids toothpaste, excl Cavity, Baking Soda, Tartar Control, and trial size (exp 3/11)

.25/1 Dawn product, excl trial size (exp 3/25)

\$1/2 Dawn scrubber sponges, 3-pk.+ (exp 4/1)

.50/1 Downy fabric softener/enhancer, Unstopables fabric care, Bounce sheets and Bursts, Downy Fresh Protect, Dreft Blissfuls or Gain Fireworks in wash scent boosters, excl Downy Libre Enjuague and liquid 12 load, dryer sheets 25-ct. or less, and trial size (exp 3/11)

B1G1 Febreze products, up to \$3.29. excl Unstopables, and trial size (exp 3/11)

\$1 off Febreze Unstopables, excl in-wash scent booster, and trial size (exp 3/25)

\$1 off Fixodent adhesive 1.4 oz+, excl twin packs, and trial size (exp 3/11)

\$2.50 off Fixodent adhesive twin packs 1.4 oz+, excl trial size (exp 3/11)

\$1 off Gain detergent, excl fabric enhancer, Fireworks, Flings and trial size (exp 3/11)

\$1 off Gillette deodorant 1.6 oz+, excl trial size (exp 3/11)

\$1 off Gillette or Venus or Satin Care shave gel 5.9 oz+, excl Foamy (exp 3/25)

\$4 off Gillette or Venus refill pack 4-ct.+, excl trial size (exp 3/25)

\$3 off Gillette razor or disposable 2-ct.+, excl Sensor2 2-ct., and trial size (exp 3/25)

\$4/2 Head & Shoulders product 380 mL/12.8 oz+, or Clinical Solutions, excl trial size (exp 3/11)

\$2 off Luvs diapers, excl trial size (exp 3/11)

\$2 off Metamucil product, excl Meta Health Bar 1 ct. (exp 3/25)

.75/1 Mr. Clean liquid, excl trial size (exp 3/25)

.50/1 Mr. Clean Magic Eraser, excl trial size (exp 3/25)

\$1.50 off Olay bar 4-ct., or body wash, excl 1 bar, and trial size (exp 3/11)

\$1 off Olay facial moisturizer or facial cleanser, excl trial size (exp 3/25)

\$2 off Olay ProX, Regenerist or Luminous facial moisturizer, or Olay Eyes item, excl trial size (exp 3/25)

\$2 off Olay Total Effects facial moisturizer, excl Olay Eyes, excl trial size (exp 3/25)

\$1 off Old Spice deodorant body wash or bar soap, excl trial size (exp 3/11)

\$2/2 Old Spice product, excl trial size (exp 3/11)

\$1 off Old Spice shampoo, 2-in-1 or styling item, excl trial size (exp 3/11)

\$1 off Oral-B adult or kids manual toothbrush, excl Healthy Clean, Cavity Defense, Indicator, and trial size (exp 3/11)

\$3 off Pampers (2) bags or (1) box of diapers or Easy Ups, excl trial size (exp 3/11)

\$3 off Pampers (2) bags or (1) box of Easy Ups or UnderJams, excl trial size (exp 3/11)

\$1 off Pantene Expert or Gold Series item, excl trial size (exp 3/11)

\$1/2 Pantene products, excl 6.7 oz, and trial size (exp 3/11)

\$5/3 Pantene products, must include shampoo, and conditioner or styler, excl 6.7 oz, and trial size (exp 3/11)

\$1.50 off Pantene styler or treatment item, excl trial size (exp 3/11)

.50/1 Pepto-Bismol product (exp 3/25)

\$2 off Prilosec OTC item (exp 3/25)

.25/1 Puffs product, excl single Puffs To Go packs, and trial size (exp 3/25)

\$1 off Secret Outlast, Fresh Collection, Scent Expressions, Destinations deodorant or body spray, excl 1.6-1.7 oz, and trial size (exp 3/11)

\$2 off Swiffer refill or WetJet solution, excl trial size (exp 3/25)

\$2 off Swiffer starter kit, excl duster 360 1-2 ct., and trial size (exp 3/25)

\$1 off Tampax Pearl or Radiant tampons 16-ct.+ (exp 3/11)

\$2 off Tide Detergent, excl PODS 5-ct., Simply Clean & Fresh, Simply Clean & Sensitive, detergent 10 oz, and trial size (exp 3/11)

\$2 off Tide PODs or Gain Flings, excl Tide Simply Clean & Fresh or Simply Clean & Sensitive, Gain Flings or Tide PODs 5-ct., and trial size (exp 3/11)

\$3 off Venus razor or Venus/Daisy disposable 2-ct., excl Daisy2 2-ct. (exp 3/25)

\$1 off Vicks product, excl Sinex, VapoDrops and ZzzQuil, and trial size (exp 3/25)

\$1 off Vicks Sinex, excl trial size (exp 3/25)

\$2 off Vicks ZzzQuil, excl trial size (exp 3/25)

Red Plum 02/26

\$1 off ACT product (exp 4/30)

\$2 off ACT product, 33 oz+ (exp 4/30)

\$10 off Allegra allergy, 60 or 70-ct. (exp 3/4)

\$3 off Allegra allergy (exp 3/11)

\$5 off Allegra allergy 24-HR, 24-ct.+ (exp 3/11)

\$5 off Allegra children's allergy, 8 oz or 24-ct. (exp 3/4)

\$3 off Allegra-D product (exp 3/11)

.50/1 Barbasol shaving cream, 10 oz (exp 4/30)

\$2 off Barbasol Ultra 3 or Ultra 6 Plus razor , 2-ct., excl Pivot Twin (exp 4/30)

\$3 off Boiron Arnicare gel 2.6 oz, or cream 2.5 oz (exp 4/20)

.25/1 Brawny paper towel (exp 3/29)

Free Clairol (1) Root Touch-up, up to \$6.99, WYB (1) Nice 'N Easy hair color, excl Age Defy, Balsam, Textures & Tones, and trial size (exp 3/11)

\$2 off Clairol Natural Instincts hair color, excl trial size (exp 3/11)

\$1 off Covergirl eyebrow or eyeliner item, excl accessories and trial size (exp 3/25)

\$3 off Covergirl Lashblast mascara, excl accessories and trial size (exp 3/25)

\$1 off Covergirl Lashblast mascara (Target coupon) (exp 3/26)

\$1 off Covergirl products, excl accessories and trial size (exp 3/25)

\$3/2 Covergirl products, excl accessories and trial size (exp 3/25)

\$1 off Covergirl products (Target coupon) (exp 3/26)

\$1 off Dove beauty bar, 4-pk.+, excl Men+Care and trial size (exp 3/12)

\$1 off Dove body wash, 22 oz+, excl Men+Care and trial size (exp 3/12)

\$2 off Dove Dermacare item, excl trial size, Men+Care, and non-Dove DermaCare Women's items (exp 3/18)

\$3/2 Dove hair care items, excl Dermacare, Men+Care, and trial size (exp 3/18)

\$2 off Dove shower foam, 22 oz+, excl Men+Care and trial size (exp 3/12)

\$1 off Giovanni Rana refrigerated pasta (exp 5/31)

\$1 off Giovanni Rana refrigerated sauce (exp 5/31)

\$1/3 Kellogg's cereals, 7 oz + (Publix coupon) (exp 3/10)

\$1/3 Kellogg's Pop-Tarts toaster pastries, 8-ct.+ (Publix coupon) (exp 3/10)

\$2 off Konsyl fiber (exp 5/30)

\$6/2 Konsyl fibers (exp 5/30)

B1G1 Mars M&M's chocolate candies 1.14-3.27 oz, up to \$2.09, wyb M&M 9.4 oz+ (exp 4/9)

\$5 off Mederma product (exp 3/31)

\$10 off Nasacort allergy 24-HR, 2×120 multi-pack spray (exp 3/4)

\$3 off Nasacort allergy 24-HR, 60-spray (exp 3/11)

\$5 off Nasacort allergy 24-HR, 120 spray (exp 3/11)

\$1 off Preparation H product (exp 4/22)

.50/1 Pure Silk shave cream 8 oz, or twin pack (exp 4/30)

\$2 off Pure Silk Three or Contour 6 razor 2-ct.+, excl Pivot twin (exp 4/30)

.50/1 Quilted Northern bath tissue, 6+ double rolls (exp 3/26)

\$1 off Quilted Northern bath tissue, 6+ mega roll (exp 3/26)

\$2 off Stainmaster carpet stain remover, pet stain remover or high traffic cleaner (exp 3/26)

.75/1 Suave body lotion, excl trial size (exp 3/18)

B1G1 Suave body wash up to \$3, 12 or 18 oz (exp 3/12)

\$1 off Suave kids hair care item, excl trial size (exp 3/18)

\$1 off Suave Men hair care item, excl trial size (exp 3/18)

\$1 off Suave Professionals Avocado and Olive Oil shampoo, conditioner or treatment, excl 2 oz trial size (exp 3/18)

\$1 off Suave Professionals hair care styling item, excl 2 oz trial size (exp 3/18)

\$2/2 Suave Professionals shampoo, conditioner or treatment items, excl 2 oz trial size (exp 3/18)

B1G1 TRESemme Expert item up to \$5.99, excl trial size (exp 3/12)

\$2 off TRESemme styling item, excl trial size (exp 3/26)

\$1 off Vaseline lotion 10 oz+, excl Aloe, serums and trial size (exp 3/26)

.50/1 Zatarain's Frozen entree (exp 4/8)

.50/2 Zatarain's Rice or Pasta Dinner Mixes (exp 4/8)

Smart Source 02/26

\$2 off Amope inserts (exp 3/26)

\$3 off Amope insoles (exp 3/26)

.55/1 Arnold bread (exp 5/26)

\$3 off Aveeno body yogurt item (exp 3/12)

\$3 off Aveeno Positively Radiant item (exp 3/12)

\$1 off Aveeno product (exp 4/1)

\$1.50 off Blue Diamond 90-calorie nut-thins crackers, 6-ct. (exp 4/26)

\$1 off Blue Diamond Chilled Almond Breeze, 96 oz (exp 4/26)

\$1 off Blue Diamond Nut-Thins crackers, 4.25 oz (exp 4/26)

\$1.50/2 Blue Diamond Nut-Thins crackers, 4.25 oz (exp 4/26)

\$1 off C&H maple flavored granules in a flip-top canister (exp 5/14)

\$1 off C&H product in a flip-top canister (exp 5/14)

\$10 off ClariSpray product, 120 sprays (exp 3/5)

\$4 off ClariSpray product (exp 3/26)

\$2 off Claritin Children's item, 4 oz or 20-ct.+ (exp 3/26)

\$4 off Claritin Children's item, 8 oz or 20-ct.+ (exp 3/5)

\$10 off Claritin product, 70-ct. (exp 3/5)

\$4 off Claritin regular or D, 15-ct.+ (exp 3/26)

.75/1 Clorox Scentiviva item (exp 3/27)

\$2 off Delsym 12-HR adult or cough+ item (exp 4/9)

\$2 off Delsym 12-HR kids or cough+ item (exp 4/9)

\$2 off Depend product, 8-ct.+ (exp 4/1)

\$2 off Depend Real Fit or Silhouette item, 8-ct.+ (exp 4/1)

\$2 off Depend Shields or Guards for men, or bed protectors, 8-ct.+ (exp 4/1)

\$1 off Domino maple flavored granules in a flip-top canister (exp 5/14)

.75/1 Domino product in a flip-top canister (exp 5/14)

\$2/2 Ensure multipacks (exp 4/23)

\$1/2 Farmer John hot dogs (exp 4/26)

\$1 off Farmer John smoked sausage (exp 4/26)

\$1 off Fiber Choice flavor drops liquid (exp 4/30)

\$2 off Fiber Choice tablet or gummy (exp 4/30)

\$5 off FreeStyle Precision Neo Meter (exp 4/23)

\$2 off Fresh Step cat litter, 25 lb. (exp 3/18)

.75/1 Hidden Valley Original Seasoned Crinkle Cut Fries (Exp 5/26)

\$1 off Hormel refrigerated entrees (exp 4/24)

\$3/2 Huggies diapers, 10-ct.+ (exp 3/25)

\$3/2 Huggies Little Snugglers or Little Movers, 10-ct.+ (exp 3/25)

\$2 off Huggies Overnites diapers, 10-ct.+ (exp 3/25)

\$1/2 Huggies wipes, 56-ct.+ (exp 3/25)

\$1 off Kauai coffee (exp 4/16)

\$4 off Kerasal fungal nail renewal (exp 4/30)

\$2 off Kerasal intensive foot repair (exp 4/30)

.75/1 LA Looks hair gel, 20 or 26 oz (exp 4/23)

\$2.50 off Lemon Grass Kitchen entree (exp 3/10)

.75/1 Lime-A-Way trigger or toggle (exp 4/26)

\$1 off Listerine adult mouthwash 1 L+, or Healthy White item 16 oz+ (exp 3/19)

.55/1 Milka Oreo chocolate candy bar, 1.44 oz (exp 4/8)

\$3 off Mucinex DM item, 28-ct.+ (exp 4/9)

\$3 off Mucinex product, 28-ct.+ (exp 4/9)

.75/2 Nabisco Teddy Grahams graham snacks 10 oz+, or soft baked filled snacks 6-ct.+ (exp 4/8)

\$2.50 off Neutrogena Hydro Boost item, excl Hydrating Cleansing Gel, lip shine or lip treatment, or trial size or clearance (exp 3/5)

\$2/2 Neutrogena products, excl bar soap, lip care, foot care, light therapy acne mask and activator, makeup remover cleansing towelettes 7-ct., or trial size or clearance (exp 4/16)

.55/1 Oroweat bread (exp 5/26)

\$1 off Pledge furniture care item (exp 4/9)

\$4 off Poise Impressa bladder supports sizing kit, or size 1-3 6-ct. (exp 4/1)

\$2 off Poise pads or liners, excl 14-26 ct., liners and 10-ct.. pads (exp 4/1)

.75/2 Post Honey Bunches of Oats, 13 oz+ (exp 4/8)

.50/2 Progresso products, excl pasta bowl (exp 4/22)

\$3 off Purina Beneful dry dog food (exp 3/26)

\$1/4 Purina Beneful wet dog food, 10 oz tubs or 3-ct. 3 oz sleeves (exp 3/26)

\$1 off Purina Cat Chow, 3.15 lb. bag (exp 5/31)

\$2 off Purina Cat Chow, 13+lb.+ bag (exp 5/31)

.60/3 Red Gold canned tomato items, 10 oz+ (exp 4/30)

\$1/4 Red Gold tomato items, 10 oz+ (exp 4/30)

.50/1 Rid-X product (exp 4/26)

.75/1 Rid-X product (exp 4/26)

\$1 off Seapak product, 8 oz+ (exp 5/30)

.50/2 Southeastern Mills gravy mix items (exp 4/30)

.50/1 Speed Stick Lady item, 2.3 oz+ (exp 3/18)

B1G1 Speed Stick Overtime or Irish Spring item, up to \$3.49, excl .5 and 1.8 oz (exp 3/18)

.50/1 Speed Stick product, 2.7 oz+ (exp 3/18)

\$2 off TummyZen product, 30 or 50-ct. (exp 4/15)

.55/1 Valley Fresh product (exp 4/24)

\$1.50 off White Cloud bath tissue (exp 4/30)

\$1 off White Cloud paper towel or face tissue (exp 4/30)