

Coupon Variation for the Post and Courier 07/09 below. You will get (2) inserts in your paper.

Be on the lookout for:

(1) Red Plum

(1) Smart Source

Red Plum 07/09

\$1 off Barbasol Pivot Twin razor, 10-ct (exp 8/19)

.50/1 Barbasol shaving cream, 10 oz (exp 8/19)

\$2 off Barbasol Ultra 3 4-ct, or Ultra 6 Plus 3-ct razor, excl Pivot Twin (exp 8/19)

\$3 off Boiron Arnicare bruise 1.5 oz gel, or Calendula cream 2.5 oz (exp 9/30)

\$3 off Covergirl Blast mascara, excl accessories and trial size (exp 8/5)

\$2 off Covergirl face product, excl Cheekers, accessories and trial size (exp 8/5)

\$1 off Covergirl product, excl accessories and trial size (exp 8/5)

\$1 off Crest kids toothpaste, 4.2 oz+, excl trial size (exp 7/22)

\$2 off Dermoplast product (exp 8/6)

Free Dove Men+Care body wash 13.5 oz+, up to \$5, WYB (1) Dove body wash or shower foam 13.5 oz+ (exp 7/30)

\$5/3 Gain Flings, Liquid or Powder, OR Fireworks, dryer sheets or liquid fabric enhancer; must include detergent and fabric enhancer, excl dryer sheets 40-ct or lower, Fireworks 6.4 oz, and trial size (exp 7/22)

\$1 off Garnier Fructis shampoo, conditioner or treatment, excl 2.9 & 3 oz trial size (exp 7/29)

\$4/2 Garnier Fructis shampoo, conditioner, treatment or styling products, excl 2 oz (exp 7/29)

\$2 off Garnier Nutrisse item (exp 8/5)

\$2 off Garnier skincare, excl trial size and masks (exp 7/29)

\$1 off Gold Bond men's essentials powder, excl 1 oz or smaller (exp 9/10)

\$1 off Gold Bond powder, excl 1 oz or smaller (exp 9/10)

\$3 off Hibiclens antiseptic skin cleanser, 8 oz+ (exp 9/30)

.55/1 Jimmy Dean Simple Scrambles product (exp 8/6)

.50/1 Kellogg's Cinnamon Frosted Flakes cereal, 13.6 oz+ (exp 8/20)

.50/1 Kellogg's Disney Princess cereal, 8.8 oz (exp 8/20)

.50/1 Kellogg's Krave cereal, 11 oz+ (exp 8/20)

.50/1 Kellogg's Pop Tarts toaster pastries, Jolly Rancher variety, 8-ct+ (exp 8/20)

.50/1 Kellogg's Raisin Branch Crunch Apple Strawberry cereal, 14.5 oz+ (exp 8/20)

.50/1 Kellogg's Special K Blueberry with Lemon Clusters cereal, 12.3 oz+ (exp 8/20)

\$4/2 L'Oreal Hair Expert shampoo, conditioner or Advanced hairstyle products, excl 3 oz trial (exp 7/29)

\$3 off L'Oreal Hair Expert treatment (exp 7/29)

\$1 off L'Oreal Magic Root Cover Up spray (exp 8/5)

\$2 off L'Oreal Superior Preference, Excellence or Age Perfect haircolor (exp 8/5)

\$6/2 L'Oreal Superior Preference, Excellence or Age Perfect haircolor (exp 7/22)

.50/1 Luigi's Real Italian Ice (exp 9/3)

\$2 off Mitchum product, excl trial and twin packs (exp 8/12)

\$1 off Pure Silk Pivot Twin razor, 10-ct (exp 8/19)

.50/1 Pure Silk shave cream, 8 oz or twin pack, excl trial size (exp 8/19)

\$2 off Pure Silk Three 4-ct or Contour 6 3-ct razor, excl Pivot Twin (exp 8/19)

B3G1 Renuzit Adjustables air freshener cones, up to \$1.10 (exp 7/23)

\$1.50/2 Renuzit Adjustables multipack, 3-pk+ (exp 7/23)

\$2/2 Renuzit Pearl Scents air freshener (exp 7/23)

.50/1 Stainmaster carpet pet stain remover or high traffic cleaner, 13 oz (exp 8/5)

\$1 off Stainmaster carpet stain remover, pet stain remover or high traffic cleaner, 22 oz+ (exp 8/5)

\$1 off Tide Simply detergent, Era detergent, Downy Fabric Enhancer, Bounce Sheets, Unstopables, Downy Fresh Protect, Downy Infusions In Wash Scent Booster, Bounce Bursts, Dreft Blissfuls or Gain Fireworks in wash scent boosters, excl Tide detergent and PODs, Downy Libre Enjuague, or liquid 12 load or sheets, Era detergent 6 load, and trial size (exp 7/22)

\$3 off TheraTears Product (exp 10/8)

.50/1 Ting product (exp 8/6)

Smart Source 07/09

.55/1 2000 Flushes Automatic Toilet Bowl Cleaner (exp 10/8)

\$2 off Aquaphor baby product, 2 x .35 oz – 25.4 oz, excl .25 oz mini jar and .35 oz lip item (exp 7/23)

\$2 off Aquaphor healing ointment item, 2 x .35 oz – 14 oz, excl .25 oz mini jar and .35 oz lip item (exp 7/23)

\$1 off Aquaphor lip item, excl .25 oz mini jar (exp 7/23)

\$1 off Ban roll-on deodorant, excl trial size (exp 8/6)

\$1 off Ban solid deodorant (exp 8/6)

\$3 off Bausch+Lomb OcuVite product (exp 9/9)

.50/2 Betty Crocker Suddenly Salad (exp 9/2)

\$2 off BIC disposable razor pack, excl trial size (exp 8/5)

\$2 off BIC Soleil disposable razor pack, excl trial size (exp 8/5)

\$1 off Biore cleanser or pore strip, excl trial size (exp 8/5)

B2G1 Campbell's SpaghettiOs, up to \$1.20, 15.6 oz+ can (exp 9/3)

.50/1 Colgate toothpaste, 3 oz+ (exp 7/22)

\$1.50 off Colgate twin pack or multi-pack, 4 oz+ (exp 7/22)

\$1.50 off Curel moisturizer, 6 oz+ (exp 8/5)

\$5 off Dr. Scholl's athletic insole, \$8.95+ (exp 7/23)

\$5 off Dr. Scholl's comfort & energy insole, \$8.95+ (exp 7/23)

\$5 off Dr. Scholl's pain relief orthotics or custom fit orthotics, \$8.95+ (exp 7/23)

\$4 off Dr. Scholl's stylish step insole, \$7.95+ (exp 7/23)

\$1 off Duracell coppertop or quantum, 6-pk+ (exp 8/5)

.55/3 Elmer's products, 2-ct/3oz+ (exp 8/3)

.50/2 Fiber One Chewy Bars, 90 Calorie Bars or Brownies, Protein Chewy Bars, Streusel Bars, Cheesecake Bars, Cookies, Layered Chewy Bars or Protein Nut Bars (exp 9/2)

\$1/3 General Mills Cheerios, Cinnamon Toast Crunch, Chex, Lucky Charms, Cocoa Puffs, Trix, Reese's Puffs, Fiber One, Cookie Crisp, Golden Grahams, Kix, Total, Wheaties, Dora the Explorer, Oatmeal Crisp, Raisin Nut Bran, Basic 4, Girl Scouts, Tiny Toast or Nature Valley boxed cereal (exp 8/19)

.50/2 General Mills Chex Mix or Bugles or Gardetto's snacks, 3.7 oz+ (exp 9/2)

.50/2 General Mills fruit flavored snacks from Betty Crocker, Mott's or Sunkist (exp 9/2)

.75/3 Helper or Ultimate Helper skillet dishes (exp 9/2)

.55/1 Hormel Premium Chicken Breast item, or (1) Valley Fresh item, 10 oz (exp 8/21)

\$1 off Hormel Simmer & Satisfy item (exp 9/4)

\$1 off Huggies baby wipes refill 168-864 ct (Publix coupon) (exp 8/9)

\$2 off Huggies Box diapers 42-172 ct. (Publix coupon) (exp 8/9)

\$3/2 Huggies diapers, 10-ct+ (exp 7/29)

\$3/2 Huggies Little Snugglers or Little Movers diapers, 10-ct+ (exp 7/29)

\$2 off Huggies Pull-Ups training pants, 7-ct+ (exp 7/29)

\$2 off Huggies Pull-Ups training pants 56-74 ct, or GoodNites box 24-32 ct. (Publix coupon) (exp 8/9)

\$1/2 Huggies wipes, 56-ct+ (exp 7/29)

\$1.50 off Jergens moisturizer 8 oz+, excl wet skin and soap (exp 8/5)

\$1 off Jergens natural glow product, excl trial size (exp 8/5)

\$3 off Jergens wet skin moisturizer, 10 oz+ (exp 8/5)

\$3/2 John Frieda hair care products, excl trial, appliances and tools (exp 8/5)

.50/3 Kleenex 50-ct+ boxes or (1) bundle pack, excl trial size (exp 8/19)

.50/1 Kleenex hand towels (exp 8/19)

\$2 off Lamisil OTC product (exp 10/9)

.50/1 Land O'Frost DeliSnackers (exp 8/12)

.50/1 Lysol disinfectant spray or disinfectant max cover mist, 12.5 oz+ (exp 8/22)

.50/2 Lysol disinfecting wipes, 35-ct+ (exp 8/22)

\$1 off Lysol laundry sanitizer, 41 oz+ (exp 8/22)

\$1 off Marvel cheese product (exp 9/24)

\$1.50 off Mr. Sketch product, 4-ct+ (exp 8/3)

.75/2 Nabisco Honey Maid grahams, 12 oz+ (exp 8/19)

\$5 off Natrol Cognium item (exp 9/10)

\$2 off Natrol product, excl Cognium (exp 9/10)

.50/2 Nature Valley granola bars, biscuits or granola cups, 5-ct+ (exp 9/2)

\$3 off Neutrogena suncare product, excl trial and clearance (exp 9/3)

\$3 off OxiClean laundry detergent (exp 8/10)

\$1 off OxiClean odor blasters or versatile stain remover, 3-lb+ (exp 8/10)

.50/1 OxiClean pre-treater (exp 8/10)

\$1 off OxiClean washing machine cleaner (exp 8/10)

\$1 off OxiClean White Revive laundry whitener + stain remover (exp 8/10)

.75/1 Paper Mate pens and mechanical pencils, 2-ct+ (exp 8/3)

.50/1 POM beverage (exp 8/20)

\$1 off POM juice, 24 oz+ (exp 8/20)

\$5 off Refresh optive mega-3 (exp 7/23)

\$3/2 Refresh products (exp 8/20)

\$1 off Riceworks Gourmet Rice Snacks 5.5 oz + (Exp 10/15)

.55/1 Sharpie highlighter pack, 3-ct+ (exp 8/3)

\$1 off Shelia G's Brownie Brittle (Exp 8/31)

\$2/2 Shelia G's Brownie Brittle 5 oz (Exp 8/31)

.55/1 Spot Shot instant carpet stain remover (exp 10/8)

\$1 off Sunsweet PlumSmart or PlumSmart Light (exp 10/15)

\$2.50 off TummyZen 30 ct or 50 ct (exp 8/31)

.50/1 Zest Fruitboost shower gel or body scrub (exp 8/21)

.50/1 Zest or Coast bar soap, 6-pk+ (exp 8/21)

.50/1 Zest or Coast body wash (exp 8/21)